

WHY DO WE NEED TO GET INVOLVED?

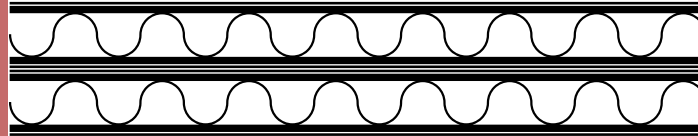
- 2.3 million people around the world live without basic sanitation services.
- In India, only 12% of menstruators have access to sanitary products, leaving the rest to use old rags and sawdust.
- 35 US states have a tax on menstrual products because they are considered "non-essential goods."
- 25 million women in the US live below the poverty line, yet menstrual products are not covered by food stamps.
- Lack of access to private facilities to maintain feminine hygiene can pose a threat to a women's health.



Join the fight against period poverty today.

REFERENCES

flare.com
forbes.com
globalcitizen.org
period.org
womensenews.org



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AMWA The Vision and Voice of
Women in Medicine
Since 1915
American Medical **Women's** Association

PERIOD POVERTY

AND WHAT WE CAN DO ABOUT IT



American Medical
Women's Association



WHAT IS PERIOD POVERTY?

Period poverty is defined as the lack of access to sanitary products, toilets, menstrual hygiene education, hand washing facilities, and, or, waste management. Currently, in the United States, only four states require that schools provide free menstrual products for students from grades six through twelve. Additionally, federal prisons made menstrual products free for inmates for the first time just last year.

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WHEN I SEE THAT TOILET PAPER, HAND SOAP, AND PAPER TOWELS ARE AVAILABLE AND ARE PROVIDED TO STUDENTS FREE OF COST, I WONDER WHY MENSTRUAL PRODUCTS AREN'T TOO.

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-Shruti Sathish, a high school senior from Madison, WI

WHAT WE CAN DO: NATIONALLY

WRITE A LETTER TO CONGRESS

Scan this code to send either a prewritten letter or write your own!



SIGN A PETITION

Scan this code to sign a national petition to the Department of Education.



LOCALLY

ASK YOUR SCHOOL TO FUND MENSTRUAL PRODUCTS

Contact a leader at your school (i.e. a principal or chancellor) by writing a letter or writing and gathering signatures for a petition.

PUT ON A DRIVE

Put on a drive to collect menstrual products that you can donate to your school, a local shelter, etc.