



Mayo Clinic
Department of Anesthesiology and Perioperative Medicine
Division of General Internal Medicine

GRIT Growth, Resilience, Inspiration, & Tenacity for WOMEN IN MEDICINE 2019



OJAI VALLEY INN
OJAI, CALIFORNIA
SEPTEMBER 19–21, 2019

COURSE DIRECTORS: ANJALI BHAGRA, MD & SUSAN MOESCHLER, MD

REGISTER TODAY! [GIMEDUCATION.MAYO.EDU/GRIT2019](https://gimeducation.mayo.edu/grit2019)

COURSE HIGHLIGHTS

This course will empower women and men in medicine with the skills and resources to remove barriers and bias of women in leadership positions specific to the challenges in healthcare. Leaders in business and healthcare will present evidence-based strategies to promote professional development and enhance personal well-being. Nationally, there is large number of female clinicians reporting burnout which has a potential effect on patient experience, compliance, and outcomes. This course will address the growing need for improved clinician wellness and development for a gender balanced leadership healthcare team.

TARGET AUDIENCE

This course is intended for professional women and men in healthcare interested in developing a gender balanced leadership healthcare team: clinicians, administrators, and allied health staff.

LEARNING OBJECTIVES

- Describe how to enhance communication with colleagues and team members to improve team based care and to better manage conflict
- Identify symptoms of burnout in themselves and will be able to describe strategies to manage these symptoms
- Formulate action plans to create and support a diverse healthcare team.

COURSE DIRECTORS

Anjali Bhagra, M.D.

Susan Moeschler, M.D.



ONLINE REGISTRATION

[GIMEDUCATION.MAYO.EDU/GRIT2019](https://gimeducation.mayo.edu/grit2019)

LODGING & ACCOMMODATIONS

Guest rooms have been reserved for attendees and their guests with special course rates at Ojai Valley Inn. In order to receive the special rate, reservations must be made before the room block is filled or before the expiration date of August 27, 2019 whichever comes first. Reservations will be taken following this date based on space and rate availability.

Ojai Valley Inn Phone: 888-697-9116

Reference Mayo Clinic 2019 GRIT when making your reservation.

PROGRAM SCHEDULE AT-A-GLANCE

For a detailed program schedule, visit gimeducation.mayo.edu/grit2019.

Thursday 9/19/19	Keynote: Pathways to Succeeding and Thriving in Healthcare Leadership Styles and Growth Men As Allies “How We Rise” Poster Sessions GRIT Ambassador Networking Tables
Friday 9/20/19	Resilience Tenacity Communication Strategies “How We Rise” Poster Sessions Workshops on Leadership and Career Development Skills
Saturday 9/21/19	Feedback Innovative Change Financial Reporting Networking and Mentoring

REGISTRATION FEES: Thursday 9/20/19 – Saturday 9/22/19 (\$1,125)

Registration fee includes tuition, electronic course syllabus, continental breakfasts, break refreshments, and Networking Social on Friday, September 20, 2019.

“HOW WE RISE” POSTER SESSION

GRIT will host its first poster session with the goal of sharing your knowledge to inspire leaders in healthcare to rise to situations and achieve success. We invite you to take advantage of the unique opportunity and submit an abstract to be presented as a poster during GRIT for Women in Medicine: Growth, Resilience, Inspiration, & Tenacity 2019. Abstracts will be accepted March 1, 2019–May 1, 2019.

NETWORKING SOCIAL – SEPTEMBER 20, 2019

Attendees are cordially invited to join the course faculty for a Networking Social on Friday, September 20, 2019. This social event offers you the perfect opportunity to make connections with existing and new colleagues. Pre-registration is requested.

ACCREDITATION STATEMENT



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 20.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Health Care Professionals – A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

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Rochester, MN 55905

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