

# ALZHEIMER'S DISEASE

## EARLY WARNING SIGNS



### SYMPTOM

### WHAT DOES THIS LOOK LIKE?

**MEMORY LOSS IMPACTING DAILY LIFE**



FORGETTING THINGS, USING MORE MEMORY AIDS LIKE NOTES  
REPEATING YOURSELF

**DIFFICULTY WITH PROBLEM SOLVING**



CHALLENGES WITH EXECUTIVE FUNCTION,  
INCLUDING PROBLEM SOLVING

**TROUBLE WITH DAILY TASKS**



TROUBLE COOKING OR DOING NORMAL CHORES

**ISSUES WITH TIME OR PLACE**



LOSING TRACK OF DATE OR GETTING EVENTS MIXED UP

**VISUAL AND SPATIAL DIFFICULTIES**



TRIPPING, SPILLING THINGS, BALANCE ISSUES

**CHALLENGES WITH WORD FINDING**



HAVING WORDS "ON THE TIP OF YOUR TONGUE" OR NOT ABLE TO FIND THE WORD YOU ARE LOOKING FOR IN CONVERSATION

**MISPLACING OR LOSING BELONGINGS**



MISPLACED CAR KEYS OR OTHER COMMON ITEMS

**DECREASED JUDGMENT**



CHALLENGES WITH EXECUTIVE FUNCTION, INCLUDING JUDGEMENT

**WITHDRAWAL FROM SOCIAL ACTIVITIES**



CHANGE IN PERSONAL HYGIENE OR NOT ABLE TO CARE FOR PET LIKE YOU USED TO

**CHANGES IN MOOD OR PERSONALITY**



MORE ANGRY THAN USUAL, MORE FEARFUL