

Counterfeit Drugs: What Physicians Need to Know

The Facts:

- The growing use of counterfeit drugs is a global problem. 1
- Counterfeit drugs may not have the required therapeutic agent or may contain other active compounds. ^{2,3}
- Counterfeit drugs may contain toxic contaminants, some of which have caused patient deaths. 4,5
- 88% of patients who purchase prescription drugs online do not discuss it with their provider.⁶
- 96% of online pharmacies operate illegally.
- Patients most likely to consider purchasing medications online are those who are younger, have higher incomes, and purchase other items online.⁸
- Physicians and clinics may have unknowingly purchased counterfeit drugs.

What Physicians Can Do:

- Instruct patients to only fill prescriptions at licensed pharmacies.
- Inform patients that buying prescription medications on-line is risky, even from what appears to be a Canadian pharmacy. There is no guarantee of the quality, efficacy or safety of the medication. ^{5,10}
- Distribute FDA literature on counterfeit drugs. (fda.gov/downloads/Drugs/ResourcesForYou/UCM196293.pdf)
- Educate patients about red flags concerning on-line pharmacies:¹¹ (1) allowing medication purchase without a valid prescription, (2) pharmacist unavailable, (3) low prices too good to be true, (4) spam email offering discounts, and 5) location outside of the U.S. or offer of worldwide shipping.
- When ordering medications, verify the pharmacy vendor's license with the state board of pharmacy.
- Report suspicious activity and adverse events:
 fda.gov/Safety/ReportaProblem/ucm059315.htm
 fda.gov/safety/medwatch,

How Patients Can Verify an On-line Pharmacy: 12

- Check the pharmacy's license with the state board of pharmacy (or equivalent state agency).
- Ensure that the pharmacy requires a valid prescription from a licensed provider, provides a physical address and telephone number in the U.S., and has a licensed pharmacist to answer questions.
- Check the National Association of Boards of Pharmacy's "List of Not Recommended Websites." (Not being listed does not necessarily mean it is safe.)
- Look for the National Association of Boards of Pharmacy's (NABP) Verified Internet Pharmacy Practice Sites (VIPPS®) Seal. This seal indicates satisfaction of state licensure requirements and other NABP criteria. These sites will have a ".pharmacy" domain.

¹http://www.who.int/medicines/regulation/ssffc/publications/GSMS_Report.pdf

 $^{^2\}underline{fda.gov/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/CounterfeitMedicine/ucm338283.htm^3\underline{https://www.fda.gov/Drugs/DrugSafety/ucm431071.htm}$

³https://www.fda.gov/Drugs/DrugSafety/ucm431071.htm

⁴http://www.who.int/bulletin/volumes/88/4/10-020410/en/

⁵https://www.dea.gov/docs/Counterfeit%20Prescription%20Pills.pdf

⁶https://buysaferx.pharmacy/public-awareness-campaigns/canadian-online-pharmacies/factsheets/online-pharmacy-consumer-behavior-and-perception-survey/

⁷https://nabp.pharmacy/called-canadian-pharmacies-danger-consumers-nabp-reports

⁸https://buysaferx.pharmacy/public-awareness-campaigns/canadian-online-pharmacies/factsheets/online-pharmacy-consumer-behavior-and-perception-survey

https://www.cbsnews.com/news/counterfeit-cancer-drug-avastin-circulating-in-us-company-warns

¹⁰https://nabp.pharmacy/called-canadian-pharmacies-danger-consumers-nabp-reports

https://www.fda.gov/ForConsumers/ConsumerUpdates/ucm048396.htm

¹² https://www.fda.gov/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/BuyingMedicineSOvertheInternet/BeSafeRx KnowYourOnlinePharmacy/ucm318487.htm