



VCU Institute for
Women's Health

Women's Health 2018

Translating Research into Clinical Practice

May 4-6, 2018

Crystal Gateway Marriott

1700 Jefferson Davis Highway, Arlington, VA

Presented by the VCU Institute for Women's Health and VCU Health Continuing Medical Education, in collaboration with

JOURNAL OF
Women's Health





Drs. Kornstein, Ellis, and Klein have created another premier event filled with interdisciplinary Women's Health topics you won't want to miss, featuring leading experts in the field. Topics include primary care of women, menopause and reproductive health, cardiovascular disease, bone health, diabetes, gynecologic oncology, mental health, and much more. Come together in the nation's capital with hundreds of healthcare providers and researchers dedicated to advancing women's health.

Course Directors

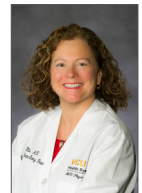
Chair | Susan G. Kornstein, MD

Professor of Psychiatry and
Obstetrics/Gynecology
Executive Director
Institute for Women's Health
Virginia Commonwealth University
Editor-in-Chief, Journal of Women's Health



Co-Chair | Lisa Ellis, MD, MACP

Chief Medical Officer, MCVP
Ambulatory Clinics
Associate Professor of
Obstetrics/Gynecology and
Internal Medicine
Virginia Commonwealth University



Co-Chair | Wendy S. Klein, MD, MACP

Associate Professor Emeritus of
Internal Medicine & Obstetrics/Gynecology
School of Medicine and
Institute for Women's Health
Virginia Commonwealth University



Target Audience

This activity is for primary care physicians, nurse practitioners, nurses, physicians assistants and other healthcare professionals focused on women's health in family practice, internal medicine, and obstetrics and gynecology.

Course Objectives

1. Describe recent advances in screening and treatment on a variety of topics related to women's health.
2. Explain current data that will facilitate the prevention, diagnosis and management of disorders and diseases in women.
3. Identify evidence-based approaches to address the management of a variety of strategies for treatment.
4. Apply the discussions on controversies that surround areas of treatment and diagnosis in women's health to the bedside/clinic discussions with their patients and as well with adult learners.

Disclosure Statement

In compliance with ACCME Standards, all planner and presenter relationships with commercial supporters have been resolved according to VCU's Policy on Conflict of Interest. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations in the activity evaluation.

Register Now | cme.vcuhealth.org/wh2018

Faculty

Neelum T. Aggarwal, MD

Associate Professor of Neurology
Rush University Medical Center

Phoebe A. Ashley, MD, FACC

Assistant Clinical Professor, Department of Internal Medicine
Division of Cardiovascular Medicine
Virginia Commonwealth University

Kathleen T. Brady, MD, PhD

Distinguished University Professor
Associate Provost, Clinical and Translational Science
Director of Clinical and Translational Research Institute (SCTR)
Medical University of South Carolina

Carol L. Brown, MD, FACS

Gynecologic Oncologist
Director, Office of Diversity Programs
Memorial Sloan Kettering Cancer Center

Victoria Cargill, MD, MSCE, AAHIVS

Associate Director of Interdisciplinary Research
Office of Research on Women's Health
National Institutes of Health

Catherine S. Giess, MD

Assistant Professor of Radiology
Brigham and Women's Hospital
Harvard Medical School

Kristen Gill Hairston, MD, MPH, FAHA

Associate Professor, Endocrinology and Metabolism
Wake Forest Baptist Health

Kara L. Hall, PhD

Director, Science of the Team Science & Theories Initiative
Program Director, Health Behaviors Research Branch
National Cancer Institute
National Institutes of Health

Christine R. Isaacs, MD

Associate Professor and Division Head
General Obstetrics and Gynecology
Medical Director of Midwifery Services
Department of Obstetrics and Gynecology
Virginia Commonwealth University

Marjorie Jenkins, MD, FACP

Director of Medical Initiatives and Policy Advancement
FDA Office of Women's Health

Ana C. Krieger, MD, MPH

Associate Professor of Clinical Medicine
Medical Director, Center for Sleep Medicine
Weill Cornell Medical Center

Gregary D. Marhefka, MD, FACC, FACP

Associate Professor of Medicine
Associate Director, Cardiovascular Intensive Care Unit
Jefferson Heart Institute
Sidney Kimmel Medical College at Thomas Jefferson
University Hospital

Catherine A. Matthews, MD

Professor of Female Pelvic Medicine and
Reconstructive Pelvic Surgery
Departments of Obstetrics/Gynecology and Urology
Co-Director, Female Pelvic Health Unit
Wake Forest University Baptist Health

Carolyn M. Mazure, PhD

Norma Weinberg Spungen and Joan Bildner Professor of Psychiatry
Professor of Psychology
Director, Women's Health Research
Yale University of Medicine

Melissa A. McNeil, MD, MACP

Professor and Associate Chief
Division of General Internal Medicine
Chief, Section of Women's Health
Director, Comprehensive Women's Health Program
University of Pittsburgh Medical Center

Elizabeth Miller, MD, PhD

Professor of Pediatrics
Chief, Division of Adolescent and Young Adult Medicine
Children's Hospital of Pittsburgh
University of Pittsburgh Medical Center

Paula M. Neira, JD, MSN, RN, CEN

Clinical Program Director
Center for Transgender Health
Johns Hopkins

Michelle A. Petri, MD, MPH

Professor of Medicine, Division of Rheumatology
Co-Director, Hopkins Lupus Center
Johns Hopkins University School of Medicine

JoAnn V. Pinkerton, MD, FACOG, NCMF

Professor of Obstetrics and Gynecology
Division Director of Midlife Health
The University of Virginia Health System
Executive Director, The North American Menopause Society

Jo Robins, PhD, RN, ANP-BC, AHN-C

Associate Professor
School of Nursing
Virginia Commonwealth University

Andrea J. Singer, MD, FACP, CCD

Associate Professor, Department of Medicine and
Obstetrics and Gynecology
Chief, Division of Women's Primary Care
Director of Bone Densitometry
MedStar Georgetown University Hospital
Clinical Director, National Osteoporosis Foundation

Elizabeth Spencer, RN

Deputy Director, Office of Research on Women's Health
Executive Secretary, ACRWH
National Institutes of Health

Susan C. Taylor, MD

Associate Professor of Dermatology
Perelman School of Medicine
University of Pennsylvania

Katherine L. Wisner, MD, MS

Norman and Helen Asher Professor of Psychiatry and
Behavioral Sciences and Obstetrics and Gynecology
Director, Asher Center for the Study and Treatment of
Depressive Disorders
Northwestern Feinberg School of Medicine

CAPT Patrick E. Young, MD, FACP, FASGE

Director, Division of Digestive Diseases
Professor of Medicine, Uniformed Services University

Call for Abstracts
cme.vcuhealth.org/wh2018

*Accepted abstracts are to be published in the
Journal of Women's Health.*

Schedule | May 3-6, 2018

Thursday, May 3, 2018

PRE-CONFERENCE SYMPOSIUM | Addressing Health Challenges of Women Across the Life Course
Presented by the National Institutes of Health Office of Research on Women's Health, pending approval.

AFTERNOON

- 1:00 **Pre-Conference Symposium Registration**
- 1:30 **Welcome and Introduction**
Elizabeth Spencer, RN
- 1:45 **Multidisciplinary, Interdisciplinary, Transdisciplinary - Oh My!**
Victoria Cargill, MD, MSCE, AAHIVS
- 2:05 **Team Science - Building Solid Collaborations that Produce Results**
Kara L. Hall, PhD
- 2:30 **Real Women, Real Research - Innovative Research Methods and Studies in Women's Health**
Carolyn M. Mazure, PhD
- 3:00 **Questions by Panel for Drs. Cargill, Hall, and Mazure**
- 3:35 **Break**
- 3:55 **Keynote Address | Substance Use Disorder and Opioids in Women: The Intersection of Biology, Culture, Gender, and Sex**
Kathleen T. Brady, MD, PhD
- 4:30 **Questions and Answers**
- 4:50 **Closing Remarks**
Victoria Cargill, MD, MSCE, AAHIVS
- 5:00 **Adjourn**

Friday, May 4, 2018

MORNING

- 6:30 **Conference Registration & Breakfast with Exhibitors**
- 7:45 **Welcome**
Susan G. Kornstein, MD
- 8:00 **Trudy Bush Lecture | Changing the Conversation about Hormone Therapy for Menopausal Women**
JoAnn V. Pinkerton, MD, FACOG, NCMP
- 8:45 **Diabetes in Women: Best Practices, Best Outcomes**
Kristen Gill Hairston, MD
- 9:30 **The Annual Gynecological Exam: Deconstructing Everything You Once Understood**
Christine R. Isaacs, MD
- 10:15 **Break with Posters and Exhibitors**
- 10:45 **Women, Sleep, and Stress**
Ana C. Krieger, MD, MPH
- 11:30 **Transgender 101: Fundamentals for Clinicians**
Paula M. Neira, JD, MSN, RN, CEN
- 12:15 **Lunch Symposium**

AFTERNOON

- 1:30 **Clinical Pearls in Gynecology and Rheumatology**
Christine R. Isaacs, MD and Michelle A. Petri, MD, MPH
- 2:30 **Diagnosis and Treatment of Common Dermatologic Disorders**
Susan C. Taylor, MD
- 3:15 **Break with Posters and Exhibitors**
- 3:45 **Advances in the Management of Lupus in Women**
Michelle A. Petri, MD, MPH
- 4:30 **Endometrial Cancer: Detection, Screening, and Treatment**
Carol L. Brown, MD, FACS
- 5:30 **POSTER SESSION & AWARDS RECEPTION**

Saturday, May 5, 2018

MORNING

- 7:00 **Breakfast Symposium**
- 8:30 **Hormones and the Heart: The Best of Times, The Worst of Times**
Phoebe A. Ashley, MD, FACC
- 9:15 **Common GI Problems in Women**
CAPT Patrick E. Young, MD, FACG, FASGE
- 10:00 **Breakwith Posters and Exhibitors**
- 10:30 **Vivian Pinn Women's Health Research Keynote | Antidepressant Treatment During Pregnancy: Research Synthesis and Clinical Care Principles**
Katherine L. Wisner, MD, MS
- 11:15 **Understanding Fracture Risk: No Bones About It**
Andrea J. Singer, MD, FACP, CCD
- 12:00 **Lunch Symposium**

AFTERNOON

- 1:30 **Breast Cancer Screening with Digital Mammography and Digital Breast Tomosynthesis**
Catherine S. Giess, MD
- 2:15 **News You Can Use: Recent Studies That Have Changed My Practice**
Melissa A. McNeil, MD, MACP
- 3:00 **Break with Exhibitors**
- 3:30 **Evaluating Cognitive Impairment in Women**
Neelum T. Aggarwal, MD
- 4:15 **Sexual Violence Prevention and Interventions in the Clinical Setting**
Elizabeth Miller, MD, PhD

Sunday, May 6, 2018

MORNING

- 7:00 **Breakfast Symposium**
- 8:30 **FDA Women's Health: Advances, Opportunities, and Challenges**
Marjorie Jenkins, MD, FACP
- 9:15 **Hypertension in Women: What's With All the Guidelines?**
Gregary D. Marhefka, MD, FACC, FACP
- 10:00 **Break with Exhibitors**
- 10:30 **Integrative Women's Health: Putting it All Together For Optimal Health**
Jo W. Robins, PhD, RN, ANP-BC, AHN-C
- 11:15 **Urinary Incontinence Management: Tips and Tricks for the Non-Specialist**
Catherine A. Matthews, MD
- 12:00 **Adjourn**

Be sure to attend the Awards Reception during the Poster Session on Friday evening, where we will honor three leaders in the field of Women's Health.

Vivian Pinn Award for Research in Women's Health
Katherine L. Wisner, MD, MS

Bernadine Healy Award for Visionary Leadership in Women's Health | **Melissa A. McNeil, MD**

Award for Public Policy & Advocacy in Women's Health
Marjorie Jenkins, MD, FACP

Registration | Online at cme.vcuhealth.org/wh2018

Registration Fees

Early Registration ends February 15, 2018 | Registration is non-refundable after April 3, 2018

Physician/PhD/Polymaker/Industry	\$625	Early Registration	\$575
Nurse/Allied Health Professional	\$525	Early Registration	\$450
Student/Intern/Resident	\$325	Early Registration	\$275
VCU Physician	\$575	Early Registration	\$525
VCU Nurse/Allied Health Professional	\$475	Early Registration	\$425
VCU Student/Intern/Resident	\$275	Early Registration	\$225

Syllabus | **Free digital syllabus available to download** \$60 Printed \$25 USB

Cancellation Policy

Registration fee, less a \$60.00 non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to cmeinfo@vcuhealth.org **on or before April 3, 2018**. There will be no refunds after that date.

Lodging

Conference Hotel | Crystal Gateway Marriott 1700 Jefferson Davis Highway, Arlington, VA 22202

Rates | King and Double Bed Standard Rooms, and Junior Suites, are offered at \$209.00 per night, plus prevailing taxes currently 13.25%. Discounted room rate is available three days prior to and three days following the conference (April 30 through May 9).

Reserve online | Reserve your room at <https://aws.passkey.com/e/49470714>

Reserve by phone | Call 1-800-228-9290

Identify yourself as attending "VCU Women's Health 2018" to receive the reduced rate.

Hotel conference rate reservation cutoff | April 10, 2018

Questions and Information

VCU Health Continuing Medical Education
Box 980048 | Richmond, VA 23298-0048 | 804.828.3640 or 800.413.2872 | cmeinfo@vcuhealth.org

If special accommodations are needed, please contact us at the phone or email address above.

VCU is an equal opportunity/affirmative action employer.

Accreditation and Educational Credit

Physicians

VCU Health Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of 21.5 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, Women's Health 2018: Translating Research into Clinical Practice, with a beginning date of 05/03/2018, has been reviewed and is acceptable for up to 18.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

This program will provide up to 21.5 contact hours which includes up to 7.0 pharmacotherapeutic contact hours. VCU Health is approved as a provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Physician Assistants

AAPA accepts certificates of participation for educational activities certified for **AMA PRA Category 1 Credits™** from organizations accredited by the ACCME or a recognized state medical society.