



OWN THE BONE FRAGILITY FRACTURE SYMPOSIUM AND WORKSHOP

WORKSHOP:
THURSDAY, JUNE 28, 2018
6:00PM – 8:00PM

SYMPOSIUM:
FRIDAY, JUNE 29, 2018
9:00AM – 5:30PM

PROGRAM CO-CHAIRS:
EERIC TRUUMES, MD, FAOA
DEBRA SIETSEMA, PhD, RN

WORKSHOP THURSDAY, JUNE 28

6:00pm—6:05pm

Welcome & Introductions

Debra Sietsema, PhD, RN *The CORE Institute*

6:05pm—6:15pm

Identifying patients

Debra Sietsema, PhD, RN *The CORE Institute*

Kathleen Forti-Gallant, FNP, RNFA

Eastern Maine Medical Center

Laura Boineau, MSN, APRN, FNP-BC

Greenville Health Systems

6:15pm—6:55pm

Completing a Bone Health Assessment

Kathleen Forti-Gallant, FNP, RNFA

Eastern Maine Medical Center

Laura Boineau, MSN, APRN, FNP-BC

Greenville Health Systems

6:55pm—7:25pm

Balance Assessment & Exercises

Cheryl Curtis, PT, WCS, BCB-PMD *Saint Vincent Hospital*

7:25pm—7:55pm

Break-out stations

a. Calcium in Foods

b. FRAX

c. Own the Bone

d. Ask the Expert

e. Additional PT discussion

7:55pm—8:00pm

Evaluations & Closing

All faculty participate

SYMPOSIUM FRIDAY, JUNE 29

9:00am—9:10am

Welcome and Overview

Debra Sietsema, PhD, RN, Eeric Truumes, MD, FAOA

9:10am—9:30am

Introduction to Secondary Fracture

Prevention Programs – What's the Problem?

Doug Dirschl, MD, FAOA *University of Chicago*

9:30am—10:00am

What can an NP or PA do for a
Bone Health Program?

Debra Sietsema, PhD, RN *The CORE Institute*

10:00am—10:50am

Multidisciplinary Secondary Fracture
Prevention Programs

- An Overview of Own the Bone

- Examples from various care settings

Moderator:

Eeric Truumes, MD, FAOA *Seton Brain and Spine Institute*

Speakers: Fredrick Redfern, MD, FAOA *Sunrise Hospital*

Debra Sietsema, PhD, RN *The CORE Institute*

Kathleen Forti-Gallant, FNP, RNFA *Eastern Maine Medical Center*

10:50am—11:00am

Break

11:00am—12:30pm

AOA General Session Symposium 5:
Bone Health Optimization

Paul Anderson, MD, FAOA *University of Wisconsin*

Neil Binkley, MD *University of Wisconsin*

Joe Lane, MD, FAOA *HSS*

Kyle Jeray, MD, FAOA *Greenville Health System*

12:30pm—1:15pm

Lunch

1:15pm—1:50pm

Vitamin D for Fragility Fracture Patients

Michael Holick, MD, PhD *Boston University Medical Center*

1:50pm—2:25pm

PT and Rehabilitation for Fragility
Fracture Patients

Cheryl Curtis, PT, WCS, BCB-PMD *Saint Vincent Hospital*

2:25pm—3:20pm

Pharmacologic Management of Osteoporotic
Fracture Patients: Current Options and Drugs
in Development

Susan Bukata, MD, FAOA *UCLA*

3:20pm—3:30pm

Break

3:30pm—4:15pm

Introduction to DXA Testing -
Inaccuracies in DXA; How to read DXA

Neil Binkley, MD *University of Wisconsin*

4:15pm—5:10pm

Case Study in Post-Fracture
Osteoporosis Management

Moderator: Debra Sietsema, PhD, RN

Speakers: All faculty participate

5:10pm—5:30pm

Q&A & Evaluations

All faculty participate

LEARNING OBJECTIVES/OUTCOMES:

1. Discuss the fragility fracture epidemic and how secondary fracture prevention efforts help solve the problem.
2. Analyze multidisciplinary implementation considerations for a Fracture Liaison Service (FLS) model of care for secondary fracture prevention.
3. Investigate and practice completing a patient work-up for osteoporosis.
4. Discuss current and potential pharmacologic management strategies for the patient with or at risk for osteoporosis.
5. Investigate multidisciplinary post-fracture management and prevention strategies related to bone health through case studies.

TARGET AUDIENCE:

Nurses, nurse practitioners, physician assistants, physicians, physical and occupational therapists and other allied health professionals who care for orthopaedic patients in the acute care setting, office and outpatient clinics.

REGISTER BY MAY 15TH TO RECEIVE A DISCOUNTED EARLY REGISTRATION RATE

Symposium Only: \$150 for Members | \$200 for Non-Members
Symposium and Workshop: \$200 for Members | \$265 for Non-Members

TO REGISTER, VISIT WWW.OWNTHEBONE.ORG/SYMPOSIUM

Make your housing reservations at the Westin Copley Place by **June 4, 2018** for a discounted rate of \$357 for Single/Double occupancy rooms, plus state and local taxes.

This symposium is jointly provided by The American Orthopaedic Association and the National Association of Orthopaedic Nurses. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Academy of Orthopaedic Surgeons and The American Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians. The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™ for the symposium and 2 AMA PRA Category 1 Credits™ for the workshop. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The National Association of Orthopaedic Nurses (NAON) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

There are 7.5 Category A nursing contact hours available for the symposium, and an additional 2.0 Category A nursing contact hours available for the workshop.