

Profile of Mrs. India International 2014 – Dr.Arthy Saravanan

Dr.Arthy Saravanan was crowned Mrs. India International 2014 in Atlanta, Georgia on May 3, 2014. She will be the face of married Indian women in the global finals of Mrs. International 2014 in Florida, the oldest pageant in the world for married women. The pageant will be showcasing the accomplishments of today's married women.

Arthy competed against 13 finalists over two days that involved a rigorous interview process with a 5 judge panel on the first day. The final competition involved three rounds that were scored individually by the judges including an aerobic wear round, ethnic wear round and evening gown round. After being selected as one of the top 5 finalists, Arthy's confidence shined as she answered the on-stage question about her platform. This culminated in her winning the title of Mrs. India International 2014. Arthy represented the city of Toronto, Canada in the Mrs. India International 2014 competition and also won the city title Mrs. India Toronto International 2014.

As the newly crowned Mrs. India International 2014, Arthy hopes to promote her platform, which is about healthcare disparities among underprivileged children. According to the World Health Organization, 6.6 million children under the age of 5 died in 2012. Among these, more than half of the early child deaths were due to a preventable or easily treatable condition. Arthy believes that health care should be made available equally to children worldwide, not discriminating on their socioeconomic status. She hopes to raise awareness on this issue, fundraise and donate to charities that support this cause, and volunteer her services and time as a physician to help underprivileged children receive adequate health care.

Arthy is actively involved in the American Medical Women's Association on the Resident Division board. She continues to pursue medical research with numerous publications in academic journals. She has presented at local and international medical conferences on a variety of medical subjects.

Arthy was born in Kanyakumari, a small village in the southern tip of India and a popular tourist spot. She did her primary schooling in Muscat, Oman and subsequently moved to Toronto, Canada to pursue further studies. She graduated from the University of Toronto with a Bachelor of Science in Human Biology with minors in Zoology and Psychology. She completed her medical education at the prestigious Indiana University and earned her MD in 2011. She is currently completing her residency specialty training in radiology and is anticipated to graduate in 2016. She hopes to pursue her fellowship sub-specialty training in Women's Imaging.

Arthy has been happily married to Ranjith Varadarajan for 5 years and is the proud mother of 1 year old daughter Anya. Her parents Perumal Pillai and Bhama Saravanan operate a tax and accounting business in Toronto. She has one older brother, Rohith Saravanan who is currently a practicing family physician.

Arthy is also an excellent Indian classical dancer, having learned Bharatnatyam professionally for 10 years. She continues to perform in shows and cultural events to promote her proud Indian culture. Additionally, Arthy is a volunteer Bollywood Zumba instructor, and believes in fitness being fun through dance. Arthy enjoys playing badminton, and running. She ran her first half marathon only 3 months after delivering her baby. With her busy schedule as a resident physician, and a new mother, it is impressive that Arthy has managed to find time to pursue her dreams. There is no doubt that Dr. Arthy Saravanan has earned and well deserves the title Mrs. India International 2014.