



AMWA Resident Quarterly



March 2026

Resident Division President's Message



Subhjit Sekhon MD MS

Dear AMWA Members,

I invite you to join us at the 111th AMWA Annual Meeting, where this year's theme, *Thriving, Leading, Transforming: Rooted in Purpose, Rising in Power, Committed to Service*, reflects both the challenges and the promise of this moment in medicine. Our annual meeting has always been more than a conference; it is an opportunity to be in community with physicians from every specialty to connect, learn, and share experiences to sustain our careers. For residents, especially, this is a unique opportunity to step outside your institution, find mentors, ask honest questions about career paths, and connect with peers who understand the realities of training and the possibilities that are ahead. The program blends practical clinical updates in the health of women with insights in leadership, communication, and advocacy—skills we all need but rarely have time to focus on during training. You will leave with knowledge you can apply immediately in patient care, but also with a clearer sense of your professional direction and a network to nurture your growth in the months ahead. I hope you will be able to attend in person (or participate online – select sessions will be streamed), share your voice, and become part of a national community committed to advancing women in medicine. Your perspective matters, and your participation strengthens all of us. Register: bit.ly/amwameeting

PROFESSIONAL DEVELOPMENT

LIVE VIRTUAL FILM SCREENING

1001 Cuts, a groundbreaking documentary and discussion

April 21 at 7:30 pm ET [REGISTER](#)

Invite your program director to attend

[View the trailer](#)

Navigating Conversations in Reproductive Health: Special Free Trainings

Learn how to reshape the discussion of polarizing healthcare topics through shared values. [Navigating Conversations in Reproductive Care](#) trainings introduces strategies for empowering dialogue with patients, legislators, even family. Bonus: Get \$30 off the AMWA EVOLVE leadership certification fee.

JOB BOARD

Curious about the job market?
Check out career opportunities
and Make Use of Contract Tools

[View all job postings](#)

EVENTS

March 19, 2 pm ET

[Finding Funds for Research/QI](#)

April 7; May 12, 7 pm ET

[Navigating Reproductive Care
Conversations Training Part 2](#)

April 21, 7:30 ET | Live, Virtual

[Film Screening: 1001 CUTS](#)

ANNUAL MEETING

Join us at [AMWA's 111th](#)

[Annual Meeting](#) near San
Francisco, CA, March 27-29.

CLINICAL CARE

Enhance your knowledge of
[medical advances in the health
of women](#), then take a 30-
second survey for a chance to
win a \$50 Amazon Gift Card.

GRANTS

Apply for [Innovation Grants](#),
and [Global Travel Grants](#)

ARTICLES

[Fair Pay](#) in Academic Medicine

Position Statement [Patient
Interference](#)

Issue Statement: [Death of Alex
Pretti, RN](#)

NEWS HIGHLIGHTS

Congratulations - Resident Division Award Winners

AMWA recognizes these residents for their exemplary mentorship, advocacy, leadership, research, and creative writing. We congratulate the 2026 Awardees:

Susan Love Writing Award - Dr. Oyepeju Abioye, Allegheny Health Network Internal Medicine Residency

Charlotte Edwards Maguire Outstanding Resident Mentor Award - Dr. Joanna Georgakas, Mass General Brigham/Harvard Medical School Geriatric Psychiatry Fellowship

Elinor T. Christiansen Altruism Award - Dr. Vaishnavi Patel, U of Texas at Austin Dell Medical School, Family Medicine Residency

Susan L. Ivey, MD, Courage to Lead Award - Dr. Joanna Georgakas, Mass General Brigham/Harvard Medical School Geriatric Psychiatry Fellowship

LEADERSHIP DEVELOPMENT

AMWA EVOLVE Certificate in Leadership

Wondering if this is for you? Alumni say:

- "EVOLVE reminded me that I belong in leadership spaces."
- "This wasn't just a course — it changed how I see myself as a physician."
- "For the first time, I felt intentional about my leadership path."
- "EVOLVE helped me move from surviving residency to shaping my future."
- "I learned from inspiring women and gained practical leadership skills...I only wish I had done it earlier in my residency."

Through interactive learning, strategic professional development, and a focus on core leadership competencies, residents will gain strategies to navigate with greater insight and intention. Connect with women physician leaders across all specialties, and take the next step in shaping your future. [Reserve your spot](#) - Next Cohort Begins Oct 2026. [Flyer](#)

TEACH 2026–2027 Northern California Leadership Fellowship.

Two fellows will be selected to develop advanced clinical expertise in abortion and contraception. [Learn more](#): Deadline April 19

Financial "Rules of Thumb" Every Medical Resident Should Know

[READ](#)

LOAN OFFER

AMWA members receive a waived origination fee (\$1,000 savings)

Missed the last ARQ? [Read the highlights](#): Protect Your Worth. Get help with contracts

[Meet Your Division Leaders](#)

Doc2Doc offers personal loans up to \$100,000, specifically for physicians, including IMGs and O-1/H-1B visa holders. Use funds for: Relocation or role transitions, tax planning, consolidating high-interest debt, and unexpected expenses. No prepayment penalties. Check your rate with no impact to your credit and apply in minutes: Physician-founded. Physician-focused. '

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