



AMWA Resident Quarterly



November 2025

Resident Division President's Message



Dear AMWA Members,
We are living through extraordinary times. Each day seems to bring new challenges and unexpected obstacles, yet through it all, AMWA remains steadfast in a commitment to advancing gender equity in healthcare. I am continually inspired by the strength and determination of our members. May we continue to lead with compassion—for ourselves and for one another—as we work together toward our shared goal: a more equitable, just, and hopeful world for generations to come. - *Dr. Subhjit Sekhon, Maternal-Fetal Medicine Fellow at NYU Grossman School of Medicine*

Want to step into national leadership? AMWA nominations open for next year's leaders.
Deadline 11/15. [Apply Now](#)

Resident Leadership 2025-2026



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Subhjit Sekhon, MD



President-elect
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Naveena Daram, MD



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Awards
Crystal Joseph, MD



Recruitment Chair
Emily Forester, DO



Mentorship
Paola Loreto-Palacio, MD, MS

Professional Growth

Navigating Challenging Conversations in Medical Spaces

Careers in healthcare can be high stakes, and a physician's ability to navigate difficult conversations isn't just a soft skill—it's a critical professional competency. For women in medicine, this challenge is often magnified and further complicated by persistent gender bias and systemic barriers to equity.

[Read about the CRYSTAL framework - a strategic approach to challenging conversations](#)

And Around Reproductive Care

Learn how to reshape public understanding of reproductive care through empathy and effective communication. [Navigating Conversations in Reproductive Care](#) is an on-demand or virtual training that offers tools to turn polarizing topics into empowering dialogue. Plus, get \$30 off the AMWA EVOLVE leadership program.

JOB BOARD

Curious about the job market?
Check out career opportunities
listed by employers interested
in our membership!

[View all job postings](#)

EVENTS

Dec. 5-7 | On-demand

[Film Screening: 1001 CUTS](#)

Dec. 9 at 7:30 ET (Live Virtual)

[Navigating Reproductive Care
Conversations Training Part 2](#)

Mar 27-29 | San Francisco

[AMWA Annual Meeting](#)

GRANTS

Apply for [Innovation Grants](#),
and [Global Travel Grants](#)

How to Cope With Grief During
Residency? [Medpage Q&A](#)

TOP 5 NEWS HIGHLIGHTS

[AMWA's 2026 Annual Meeting](#) will be near San Francisco, CA,
March 27-29. [Poster deadline extended](#) to Nov. 15. (Late
posters may still be submitted later, if space is available.)

Missed the groundbreaking film 1001 CUTS? We'll be screening
the film again on demand in December. [Sign up](#) here!

AMWA's [Breakthrough Women in Science and Medicine](#)
features new episodes on PBS - highlighting the incredible
contributions of AMWA members Dr. Carey Anderson (breast
cancer) and Dr. Fatima Cody Stanford (obesity care). [Watch now!](#)

Update your CV! Did you know that as an AMWA member, you
have membership in the Medical Women's International Association
(MWIA)? Read [AMWA's report from the recent Congress in Egypt](#).

AMWA joined First Lady Dr. Jill Biden at the [Milken Institute
Women's Health Network launch](#) and Future of Health Summit.
AMWA is one of many partners in this network lead by Dr. Biden.
Advance our work [by writing blogs](#) about osteoporosis, menopause,
migraine, obesity, dementia, caregiving, rare disease, and more.

AMWA HISTORY

AMWA turns 110 in November! [Learn about our impact in World
War I](#) and the enduring legacy of the [American Women's Hospitals](#).

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