

# CAREGIVING SUPPORT

## Dementia Care for Patients through the GUIDE Model

**The GUIDE (Guiding an Improved Dementia Experience) Model, introduced by CMS, emphasizes whole-person, home-centered and community-based dementia care—aiming to improve outcomes for patients and their caregivers..**

### Key Features Include:

- Care Navigators to guide patients and caregivers through medical, private-pay and community-based services, and referrals to legal and financial experts.
- Enhanced caregiver support, including evidence-based education, training, and access to respite services.
- A focus on helping people with dementia remain at home longer, improving quality of life and reducing Medicare and Medicaid expenditures by avoiding unnecessary facility-based and acute care.

### What Physicians Need to Know

Despite its prevalence, dementia care remains highly fragmented. Many patients do not receive coordinated, high-quality care, resulting in frequent hospitalizations, emergency visits, post-acute care use, poor management of comorbidities, and high rates of depression and behavioral symptoms.

Family and unpaid caregivers—often older adults themselves—provide extensive support, from personal care to medical coordination. This responsibility places them at risk for depression, stress-related health issues, and increased mortality.

**Learn more: [bit.ly/cmscaregiverguide](https://bit.ly/cmscaregiverguide)**