



March 2024 Premedical Division Newsletter



Upcoming Events

AMWA 109th Annual Meeting
Friday, March 22nd - Sunday, March 24th | Virtual
Register [here](#)

Community Clinic Spotlight

Shifa Clinic
Charleston, SC

"Supported by ICNA Relief, Shifa Clinic provides compassionate medical care to uninsured, indigent populations across the lifespan and supports efforts towards reducing food insecurity for the well-being of the South Carolina community regardless of identity and to put into practice the Islamic teachings of compassion, mercy, and service to humanity."

SEX AND GENDER IMPACT ON HEALTHCARE

Saturday, March 23

Unveiling Health through the Lens of Sex and Gender
AMWA-Sex & Gender Health Collaborative



Kimberly Templeton, MD
Prof. & Vice Chair, Orthopaedic
Surgery, Assoc. Dean CME,
Univ. Kansas Med. Center



Janice Werbinski, MD
Assoc. Clinical Prof. emerita
Western Michigan U SOM



Connie Newman, MD
Adjunct Prof. of Medicine, NYU
School of Medicine
MWIA, Vice-President



Deborah Kwolek, MD
Asst. Prof of Medicine
Harvard Medical School



Alyson McGregor, MD, MA
Assoc. Dean, Clin. Faculty Affairs
Univ. South Carolina, Greenville, SOM



PANEL

Sunday, March 24

**Navigating Your Path to Medicine:
Insights from AMWA Physician Leaders on What
Matters Most**



Theresa Rohr-Kirchgraber, MD
Past President, AMWA
Prof. of Medicine, AU/JGA Med. Partnership



Roberta Gebhard, DO
Past President, AMWA
Co-Founder, Gender Equity Task Force



109th Annual Meeting
Virtual March 22-24, 2024

REGISTER HERE

bit.ly/amwa109

AMWA Premedical Division Region 4 Conference

Saturday, March 30th | Tampa, FL

Register [here](#)

Model of Care:

- Patient-focused care
- Comprehensive care
 - Integrated and coordinated care
- Safe and quality care
- Accessible care

National Mentorship Program

Register [here!](#)

Join the Premedical Division Advocacy Committee

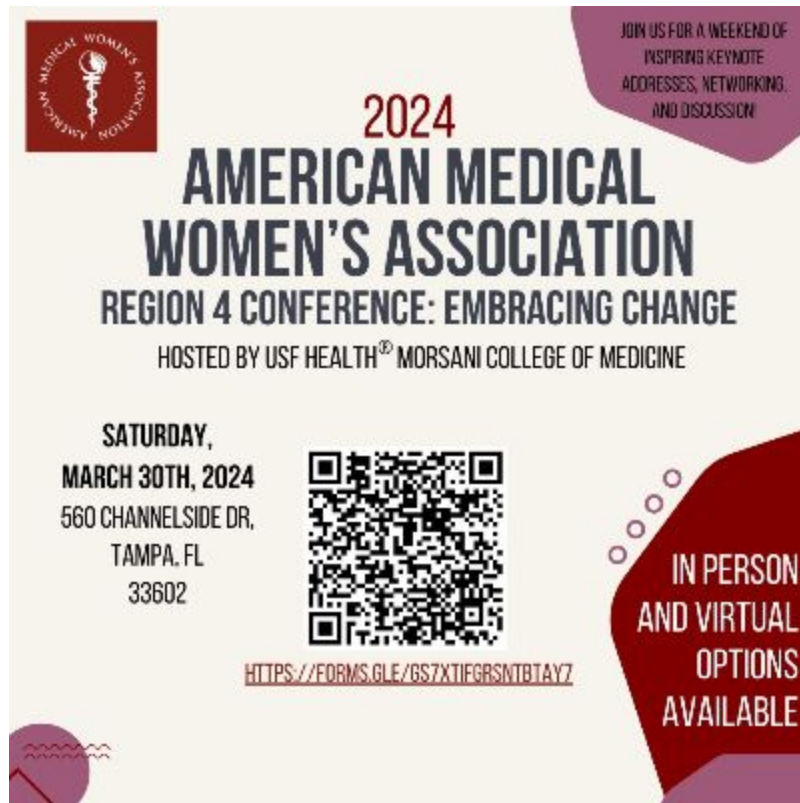
If you are a premedical AMWA member interested in advocacy and hoping to get more involved with us at the national level, this committee is perfect for you! This committee will become a place where your advocacy ideas can be implemented in a group setting with the support of a national organization. If this sounds exciting to you, please fill out this application in order to be contacted for an interview to join this new committee.

Please forward any questions or concerns to advocacy@amwa-premed.org.

Sign up [here](#).

Medical Mentor

AMWA is collaborating with a group that has a program to assist students, especially women and people of color, to get in to medical



**AMSA x AMWA Future Physicians for Change Conference
May 30th - June 1st | Washington D.C.**

Register [here](#)



View other webinar recordings:

[Empowering Voices: Addressing Domestic Violence in Marginalized Communities](#)

[Student Membership Info Session](#)

[Northwestern Pritzker School of Law Presents: The Law Degree for Healthcare Professionals: Master of Science in Law](#)

[National Injury Prevention Day "Unifying Voices" Kick-Off Webinar](#)

**[Pre-Med Student Division & Pandia Health Present:
#PeriodsOptional](#)**

school. You must have applied to medical school at least once and not gotten in.

View their website [here](#).
Read more [here](#).

The National LGBTQ+ Curriculum

[The National LGBTQ+ Curriculum](#) is an in-depth library of on-demand LGBTQ+ education modules covering a variety of topics, including history, mental health, primary care, and gender-diverse health, all with the goal of improving LGBTQ+ affirming care delivery for healthcare providers. The Curriculum is on-demand and completed at your own pace. Participants are awarded 4 CEU credits and an OutCare Certificate upon completion.

Follow these simple steps to access your free curriculum today:

1. **[Fill out the application.](#)**
2. **[Access the curriculum anytime on the \[account dashboard\]\(#\).](#)**
3. **[Complete the curriculum within 90 days](#)**

AMWA Volunteer Opportunities

[More...](#)

Event Calendar

Opportunities

Grab your AMWA grad cord!

Are you graduating? Don't forget to order your AMWA graduation cord ahead of time to ensure that you get to represent your dedication to advancing women in medicine during your ceremony and in your graduation photos!



[Shop here!](#)

Host a Ms. Diagnosed film screening for your branch!

The American Medical Women's Association has obtained an expanded limited license to screen *Ms. Diagnosed: The Movie* through AMWA medical and premedical branches.

This documentary reveals the inequities in medicine that can result from lack of understanding sex and gender differences in healthcare.

Specifically, it follows the journeys of several patients and how their misdiagnosis led to potentially life-threatening situations. The film also showcases AMWA leader, Dr. Alyson McGregor, author of *Sex Matters: How Male-centric Medicine Endangers Women's Health and What We Can Do About It*.

[Click here to register your branch!](#)

[View trailer](#)

Awards & Scholarships

Scholarship Opportunity for Black Women in STEM

BestColleges is excited to announce our newest scholarship opportunity - The 2nd annual BestColleges Scholarship for Black Women in STEM.

As you may know, Black women remain underrepresented in STEM fields, despite the growing demand for talent in these industries. This year, we'll be giving away **five \$6,000 scholarships** to Black women who are currently pursuing careers in STEM.

As of March 15th, our scholarship is open to Black women who are currently enrolled or intend to enroll in a degree program in science, technology, engineering, and mathematics (STEM) fields. You can find

We are excited to announce volunteer and internship opportunities at AMWA, the oldest multi-specialty organization dedicated to advancing women in medicine and improving women's health.

This call is open exclusively to our National AMWA members, and we invite you to be a part of our over a century-long legacy of advocacy, mentorship, and leadership development.

Internship Program Overview:

- Commitment: 5-10 hours per week for a minimum of 4-6 weeks.
- Eligibility: Organized, driven individuals with the ability to take initiative.
- Application Process: Apply through [\[this form\]](#)
- Rolling Applications: We accept applications on a rolling basis.

For any questions or further information, please feel free to contact us at volunteer@amwa-doc.org.

We look forward to your applications and to having you join our team of dedicated volunteers and interns.

Participate in a Research Study

Title of Project:
Pre-medical Students' Perception of Physical Medicine and Rehabilitation (PM&R)

Institution:
Columbia University

the details and application [here](#)! Applications are due July 15th, 2024 at 11:59 PM ET.

AMWA Awards and Scholarships

All AMWA premed individual and branch award applications have closed as of October 30th, 2023 at 11:59 PM PT.

Programs & Initiatives

Advancing Women in Medicine

[Networking](#)

[Mentorship](#)

[Speakers Bureau](#)

Advocate for Equity

[Position Papers and Statements](#)

[Take Action Now](#)

[Antiracism Resources and Initiatives](#)

[Gender Equity Task Force](#)

[Gun Violence Solutions](#)

[Join the Advocacy Committee](#)

See the [AMWA Advocacy Timeline](#) for latest initiatives.

Improving Healthcare

[American Women Hospital's Service](#)

[COVID-19 Updates and Resources](#)

[Physicians Against Trafficking Humans \(PATH\)](#)

[Global Health](#)

[Medical Humanities](#)

[Public Health Campaign](#)

[Reproductive Healthcare](#)

[Sex and Gender Health Collaborative](#)

[Women's Health](#)

[View the full list of AMWA initiatives!](#)

Check out:

[Diversity Dialogues Podcast](#)

[AMWA News](#)

[AMWA Blog](#)

More From Your Division

AMWA Premedical Brochure

Are you taking advantage of all that the AMWA Premedical Division has to offer? Have questions about AMWA and what it means to be a member? Interested in becoming more involved with AMWA?

Read and share our [brochure](#) to learn all about our division. Learn about our task forces, committees, blog, virtual shadowing, workshops, mentorship program, and more!

Member Spotlight Form

Please fill out this [form](#) to nominate a Premedical AMWA Member to be spotlighted by our National Premedical Division!

Study Description:

Anonymous survey (less than 10 minutes).

Students will be asked questions ranging from perceived barriers to medical school, perception of PM&R, interest level of certain initiatives, and demographic questions.

End Product: Determine ways to increase engagement and interest in the specialty and understand barriers to medical school.

Student Contact Information:

Deji Adeniyi
(ama2329@cumc.columbia.edu)

Study Link:

https://cumc.co1.qualtrics.com/jfe/form/SV_eVD2cckfrg59Bem

Mental Health Resources

Find resources [here](#).

Member Benefits

[Premeds](#)

Be an activist and spread awareness in March!

Observances include:

National Nutrition Month

National Colorectal Cancer Awareness Month

National Women and Girls HIV/AIDS Awareness Day (3/10)

Learn more [here](#).

We want to recognize and celebrate all of the phenomenal work our premedical members do to change the future of medicine.

Branch Highlight Form

Be featured in our monthly newsletter and social media to inspire your fellow premedical students! Fill out [this form](#).

Feature your work on the Premedical Division Blog

The Premedical Division welcomes talented writers who are passionate about sharing their experiences as premedical students - and helping others, too! If you would like to contribute to our Premedical Blog, please fill out [this form](#).

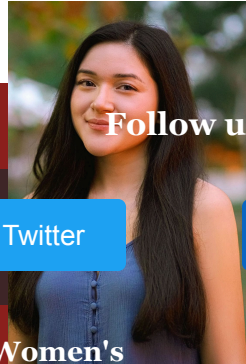
[Click here](#) to read our premedical blogs!

Project Idea Form

If you have a project idea (e.g. advocacy campaign) that you would like National AMWA to pursue, please fill out [this form](#)! You will also have the opportunity to lead the project.

Leader Highlight

Sophia Hai, Premedical Division President-Elect



Follow us on social media!

Facebook

Twitter

LinkedIn

Instagram

YouTube

American Medical Women's Association

Sophia Hai is a second-year premedical student at the University of Southern California studying a B.S. in Human Biology with a double minor in Health Care Studies and Performance Arts Studies. She joined AMWA in Fall 2021 and served in 2022-23 as the Region 2 Director for the national leadership team and the National Liaison for the USC branch. Outside of AMWA, she is a Research Assistant for Keck Medical Center's Department of Radiology as well as Emergency Medicine, she works as an EMT both on campus and for American First Responder children's football games, and she volunteers with USC's arts and humanities initiative Visions and



[AMWA Online Store](#)

[Amazon Smile](#)

[Donate](#)

Interested in partnering with AMWA?

Email president@amwa-premed.org

Voices. In her free time you'll find her drinking matcha, cooking, or watching movies! My advice to young AMWA members would be to find community in AMWA! Learning and growing with the lovely ladies of AMWA has made my premedical journey so much fun and given me a network of people to lean on throughout every step of my undergraduate career.

Fun Fact:

I got the opportunity to perform on a Royal Caribbean Cruise and open for a Broadway show!