

June/July 2023 Premedical Division Summer Edition Newsletter



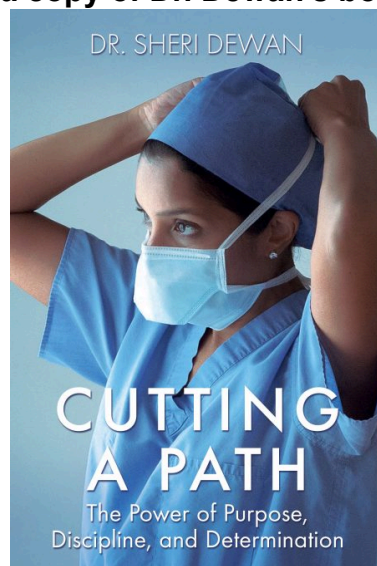
Upcoming Events

**The Power of Purpose, Discipline, and Determination: Author
Dr. Sheri Dewan Shares Her Journey Discussion**

JUNE 5 | 7:00-8:00 pm ET

Watch the recording [here](#)

Order a copy of Dr. Dewan's book [here](#)



Dr. Sheri Dewan is a full-time, board-certified neurosurgeon practicing in the metro Chicago area, affiliated with Northwestern Medicine. She is one of roughly 200 board-certified women neurosurgeons in the US. She completed her neurosurgery residency at Brown University and graduate degree at Northwestern University. She is a proud board

Advocacy Committee Application

If you are a premedical AMWA member interested in advocacy and hoping to get more involved with us at the national level, this committee is perfect for you! This committee will become a place where your advocacy ideas can be implemented in a group setting with the support of a national organization. If this sounds exciting to you, please fill out [this application](#) in order to be contacted for an interview to join this new

member of Women in Neurosurgery (WINS), Congress of Neurological Surgeons, & American Association of Neurological Surgeons. She specializes in spine surgery & is an advocate of Kundalini yoga for spine health.

Thanks to the AMWA Premedical Mentorship Committee for organizing this event!

"My Dad Stephanie": Movie and Discussion

JUNE 26 | 8:00-10:00pm ET

Watch the recording [here](#)

MY DAD, *Stephanie*

A documentary short by Lisa Singer and Harry Haese

In 2013, before most people knew what it meant to be transgender, there was 71 year old Phil, just a “regular” dad who finally revealed to family and friends that she was transgender – a secret she had kept hidden her entire life. Taken by surprise, her daughter and son-in-law immediately began filming to capture Stephanie’s life as a man, her transition, and their reactions over the next five years. *My Dad Stephanie* follows the joy, heartache, and humor of Stephanie’s transition from her life as a man to living full-time as a woman. Following the film, there will be a discussion with Stephanie and her daughters, Lisa and Julie.

See the [Event Calendar](#) for more!

Opportunities

New AMWA Mentoring Program

The American Medical Women’s Association (AMWA) launched a [new Mentoring Program](#) for National Mentoring Month with a commitment to sustained mentorship throughout the year.

This platform provides members with a single location in which to meet, learn, share, and develop meaningful connections – and is accessible through a mobile app.

[Click here to sign up!](#)

Scholarships

Membership Scholarship (Need-based fee waiver)

committee. Please forward any questions or concerns to advocacy@amwa-premed.org.

Lunar Doula Collective Committee Application

Lunar Doula Collective (LDC), is 501(c)3 SE Michigan-based nonprofit organization which provides volunteer doula support to people experiencing miscarriage, stillbirth, and abortion. Our work focuses on training doulas to support patients before, during, and after procedures associated with pregnancy loss and abortion in clinics and hospitals throughout southeast Michigan. Most importantly, the mission of LDC is centered around honoring the reproductive justice framework; our organization strives to emphasize this framework by creating a nonjudgmental space in which sexual and reproductive health equity is essential for all human beings regardless of sexual, racial, and gender identities.

AMWA understands that the cost of joining professional organizations such as AMWA can be a burden when taking into consideration the cost of applying to medical school and other expenses. In an effort to be more inclusive and break down financial barriers, AMWA has created a need-based membership scholarship for students interested in joining AMWA. Recipients of the scholarship will be chosen on a rolling basis based on extenuating circumstances and personal embodiment of AMWA's goals.

[Click to learn more and apply!](#)

[Click here to see other awards and scholarships AMWA offers!](#)

Programs & Initiatives

Sex and Gender Health Collaborative

AMWA Student Branches host [Ms. Diagnosed Film Screenings](#). Get involved in AMWA's [Reproductive Health Coalition](#). Learn more [here](#).

[New Fertility Program Supports Option for Women Surgery Residents](#)

[AMWA Promotes Education of Lifestyle Medicine and Food as Medicine](#)

[AMWA Joins HealthyWomen Coalition for Women's Health in Midlife](#)

Advocacy

Support the American Women's Hospitals Service relief funds for [Pakistan](#) and [Ukraine](#) relief efforts. [AMWA AWHS partners to help Turkey and Syria](#). [Learn about AWHS](#).

[Sign the March Fourth Medical Petition to Ban Assault Weapons](#).

[AMWA commended the U.S. House of Representatives for passing life saving gun safety legislation & called on U.S. Senate to do the same](#)

[AMWA joined #KeepKidsSafe Coalition supporting Ethan's Law](#)

Menstrual Equity. Period.

MenstrualEquity.Period is AMWA's campaign to help address period poverty at home and abroad. [Support our campaign for reusable menstrual products for girls in Suriname](#).

Support Paid Family Leave

Contact your senators. [Support the Right to Build Families Act](#).

Support Afghan Aid

"The need is great – but the power of humanity, even greater."
[Hear from Afghan Women Physicians](#) (please don't post to social).

See the [AMWA Advocacy Timeline](#) for latest initiatives.

Updated regularly.

Check out:

[Listen to Your Patients](#)

[Diversity Dialogues Podcast](#)

[Fertility Advocacy & Seminars](#)

Apply to the committee [here!](#)

Global Health Committee Application

Are you passionate about global health and want to make a difference at the national level? Please fill out [this form](#) if you are interested in becoming a part of the AMWA Premedical Division Global Health Committee!

Domestic Violence Prevention Committee Co-Chair Application

[Apply here](#) if you are passionate about domestic violence awareness and prevention and have ideas you would like to share with the premed community!

Welcome to our newest branches!

Welcome to
AMWA! 

- UNIVERSITY OF MISSOURI – COLUMBIA
- UNIVERSITY OF NORTH FLORIDA

We're so excited you joined the AMWA family and can't wait to see what you do!

Join us in welcoming our newest AMWA branches!

- University of Missouri - Columbia

More From Your Division

AMWA Premedical Brochure

Are you taking advantage of all that the AMWA Premedical Division has to offer? Have questions about AMWA and what it means to be a member? Interested in becoming more involved with AMWA?

Read and share our [brochure](#) to learn all about our division. Learn about our task forces, committees, blog, virtual shadowing, workshops, mentorship program, and more!

Member Spotlight Form

Please fill out this [form](#) to nominate a Premedical AMWA Member to be spotlighted by our National Premedical Division!

We want to recognize and celebrate all of the phenomenal work our premedical members do to change the future of medicine.

Feature your work on the Premedical Division Blog

The Premedical Division welcomes talented writers who are passionate about sharing their experiences as premedical students - and helping others, too! If you would like to contribute to our Premedical Blog, please fill out [this form](#).

[Click here](#) to read our premedical blogs!

Leader Highlight

Michelle Tanumiharja, Premedical Division Treasurer



Michelle Tanumiharja is an undergraduate junior/senior at UNLV pursuing a BS in Biological Science with a minor in Neuroscience. She plans on taking a gap year after graduating this semester and going to medical school because she is interested in becoming a cardiothoracic surgeon, a plastic surgeon, or an orthopedic surgeon. As a first generation, she largely advocates for first generation individuals and is the Vice President of the First Generation Club at UNLV. She not only extends her support to minorities, but also to those who are underrepresented such as women and children. Michelle loves AMWA and believes it is very important to recognize the issues that many women physician or aspiring physicians struggle with. One of her main concerns aside from the gender disproportion is the idea of balancing a family and my studies.

A little more about her is that she is a certified medical assistant and works as a cardiology scribe in an outpatient clinic. She also devotes most of her time tutoring children because education has been a concern of hers, especially post-pandemic. This past year, she has become a researcher in the Tenrec ecaudatus lab studying hibernation in basoendomorphic mammals and she hopes to continue research throughout medical school. Whenever she has some down-time, she ventures into her many passions

(Region 7)

- University of North Florida (Region 4)

MedPrep AI



MedPrep AI is based on their team's two years of helping over 100 students as they apply to medical school and uses artificial intelligence to provide feedback on applicants' admissions essays. Try it for free [here!](#)

Order AMWA Merch!

Want to rep AMWA? Order a t-shirt, pin, bag, or more from AMWA's storefront [here!](#)

Member Benefits [Premeds](#)

Be an activist and spread awareness in June & July!

Observances include:
Alzheimer's and Brain Awareness Month (June)
World Sickle Cell Day (6/19)
National HIV Testing Day (6/27)
Zero HIV Stigma Day (7/21)
World Hepatitis Day (7/28)

such as playing volleyball recreationally after exams, traditional art,
gaming, watching kdramas/anime, and playing piano.

and many more! Learn
more [here](#).

Follow us on social media!

Fun Fact: Michelle lived in Indonesia as a child and went to school there at

Facebook

Twitter

LinkedIn

Instagram

YouTube

American Medical Women's Association

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(847) 517-2801

associatedirector@amwa-doc.org

Interested in partnering with AMWA?

Email president@amwa-premed.org



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