



April 2023 Premedical Division Newsletter



Upcoming Events

Time to Develop a Financial Wellness Plan
MAY 3 | 8:00-9:00 pm ET
Register [here](#)

Time to Develop a Financial Wellness Plan
nav.it

May 3, 2023 at 8pm ET

Register: bit.ly/4ooi0kj

In this live event, learn how to:


- Define your relationship with money
- Create better financial habits
- Plan for your future




Financial Freedom Panel



Jen Sapel,
Founder of
Utor Wealth LLC,
ChFc, Financial
Advisor



Erin Papworth,
Co-Founder & CEO,
Nav.it



See the [Event Calendar](#) for more!

Opportunities

Grab your AMWA grad cord!

Are you graduating? Don't forget to order your AMWA graduation cord ahead of time to ensure that you get to represent your dedication to

AMWA 108th Annual Meeting Survey

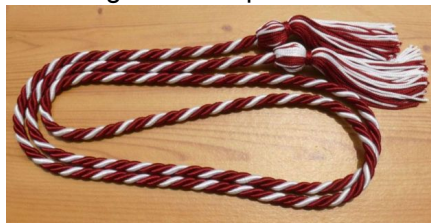
Did you attend the 108th Annual Meeting in-person or virtually? If so, please fill out [this survey](#) from the AMWA Board of Directors to help improve annual meetings going forward!

2023-2024 Premedical Leadership Team

Congratulations to the newly elected leadership team!

President
Kaylee Travis
president@amwa-premed.org

advancing women in medicine during your ceremony and in your graduation photos!



[Shop here!](#)

New AMWA Mentoring Program

The American Medical Women's Association (AMWA) launches a [new Mentoring Program](#) for National Mentoring Month with a commitment to sustained mentorship throughout the year.

This platform provides members with a single location in which to meet, learn, share, and develop meaningful connections – and is accessible through a mobile app.

[Click here to sign up!](#)

Scholarships

Membership Scholarship (Need-based fee waiver)

AMWA understands that the cost of joining professional organizations such as AMWA can be a burden when taking into consideration the cost of applying to medical school and other expenses. In an effort to be more inclusive and break down financial barriers, AMWA has created a need-based membership scholarship for students interested in joining AMWA. Recipients of the scholarship will be chosen on a rolling basis based on extenuating circumstances and personal embodiment of AMWA's goals.

[Click to learn more and apply!](#)

[Click here to see other awards and scholarships AMWA offers!](#)

Programs & Initiatives

Sex and Gender Health Collaborative

AMWA Student Branches host [Ms. Diagnosed Film Screenings](#). Get involved in AMWA's [Reproductive Health Coalition](#). Learn more [here](#).

[New Fertility Program Supports Option for Women Surgery Residents](#)

[AMWA Promotes Education of Lifestyle Medicine and Food as Medicine](#)

[AMWA Joins HealthyWomen Coalition for Women's Health in Midlife](#)

Advocacy

Support the American Women's Hospitals Service relief funds for [Pakistan](#) and [Ukraine](#) relief efforts. [AMWA AWHS partners to help Turkey and Syria](#). [Learn about AWHS](#).

[Sign the March Fourth Medical Petition to Ban Assault Weapons](#).

Immediate Past President

Courtney Chau
cachau@berkeley.edu

President Elect

Sophia Hai
presidenelect@amwa-premed.org

Vice President of Recruitment

Iris Dupanovic
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Secretary

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Treasurer

Michelle Tanumiharja
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Advocacy Chair

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Awards Chair

Michelle Zhao
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Conference Co-Chairs

Layla Aboufares & Yara Akiel
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External Relations Chair

Shrithika Logeshwaran
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Global Health Chair

Sneha Magesh
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Social Media Chair

Jessica John
socialmedia@amwa-premed.org

Program Chair

Alivia Hardman
programming@amwa-premed.org

Mentorship Chair

Adrienne Gefre
mentorship@amwa-premed.org

[AMWA commended the U.S. House of Representatives for passing life saving gun safety legislation & called on U.S. Senate to do the same](#)

[AMWA joined #KeepKidsSafe Coalition supporting Ethan's Law](#)

Menstrual Equity. Period.

MenstrualEquity.Period is AMWA's campaign to help address period poverty at home and abroad. [Support our campaign for reusable menstrual products for girls in Suriname.](#)

Support Paid Family Leave

Contact your senators. [Support the Right to Build Families Act.](#)

Support Afghan Aid

"The need is great – but the power of humanity, even greater."
[Hear from Afghan Women Physicians](#) (please don't post to social).

See the [AMWA Advocacy Timeline](#) for latest initiatives.

Updated regularly.

Check out:

[Listen to Your Patients](#)

[Diversity Dialogues Podcast](#)

[Fertility Advocacy & Seminars](#)

More From Your Division

AMWA Premedical Brochure

Are you taking advantage of all that the AMWA Premedical Division has to offer? Have questions about AMWA and what it means to be a member? Interested in becoming more involved with AMWA?

Read and share our [brochure](#) to learn all about our division. Learn about our task forces, committees, blog, virtual shadowing, workshops, mentorship program, and more!

Member Spotlight Form

Please fill out this [form](#) to nominate a Premedical AMWA Member to be spotlighted by our National Premedical Division!

We want to recognize and celebrate all of the phenomenal work our premedical members do to change the future of medicine.

Feature your work on the Premedical Division Blog

The Premedical Division welcomes talented writers who are passionate about sharing their experiences as premedical students - and helping others, too! If you would like to contribute to our Premedical Blog, please fill out [this form](#).

[Click here](#) to read our premedical blogs!

Leader Highlight

Kaylee Travis, Premedical Division President

High School Liaison

Harshita Mongia
hsliasion@amwa-premed.org

Region 1 Director

Mina Kaddache
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Region 2 Director

Nede Ovbiebo
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Region 3 Director

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Region 6 Director

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Region 7 Director

Dana Shuaibi
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Region 8 Director

Bhumika Mellachervu
region8@amwa-premed.org

Region 9 Director

Lillian Levy
region9@amwa-premed.org

Member Benefits

[Premeds](#)

Be an activist and spread awareness in April!

Observances include:
National Minority Health Month

Alcohol Awareness Month
National Public Health Week (April 3rd-9th)
and many more! Learn more [here](#).



Kaylee Travis is a graduate premedical student pursuing her MS in Anatomical Sciences at The Ohio State University. Kaylee graduated from The Ohio State University in May of 2022 with a BS in Biological Sciences with a minor in General Psychology. She plans to pursue a job in Orthopedic Surgery and sports medicine as it combines her two passions of sports and medicine. She is currently the Marketing Chair of Mindveristy's Ohio State branch where she helps advocate for the destigmatization of mental health and promotion of mental health resources for those in the BIPOC and LGBTQ communities, a role she has held since 2020. She also works as the Marketing and Public Relations Chair of the Federation Of Student Anatomists at The Ohio State University. Kaylee is a research assistant at the James Cancer Hospital and Oncology Research Institute where she helps study geriatric lung cancer. In her free time, Kaylee enjoys

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[YouTube](#)

her and is looking forward to continuing to spread AMWA's mission and possibilities with other pre-medical students!

Fun Fact: Kaylee has an identical twin sister!

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Interested in partnering with AMWA?

Email president@amwa-premed.org



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[Amazon Smile](#)

[Donate](#)