

amwa-doc.org/amwa107





"My mission in
life is not merely to
survive, but to thrive; and to
do so with some passion, some
compassion, some humor, and
some style."

Maya Angelou

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AMWA Virtual Meeting Webpage: bit.ly/amwa2022
AMWA Store: bit.ly/amwastore
AMWA Meeting Public Page: amwa-doc.org/amwa107
Free Coaching Sessions (1:1 and Group): bit.ly/amwa2022coaching

### AMWA PRESIDENT



Dear AMWA Members and Attendees:

Welcome to AMWA's 2022 Annual Meeting: Thriving with Tenacity, Humor, and Hope. Our talented Program Committee has created a production that I think you will find enlightening, edifying, and well-timed. We have a great faculty covering a wide range of topics like physician wellness, equity, fertility, diversity, male allyship,

surviving the Covid pandemic, and the ever-popular hot topics - with even a little humor sprinkled in. As always, this meeting is an opportunity to support and learn from one another, develop skills, and achieve that sense of community, so well-known to AMWA meeting attendees.

It has been my honor to serve as your President this year. I could not have done it without the help of my colleagues on AMWA board, and our irreplaceable Executive Director, Dr. Eliza Chin. Working together, and within the confines imposed by the Covid pandemic, we have grown membership, added important programming, advocated for women physicians' causes, and we will soon launch a mentoring program and a Speakers Bureau for our members.

It has been a distinct honor and a privilege to serve as your president, and I extend a warm welcome and my sincere thanks to all of you for your service to your patients, your communities, AMWA, and each other. I look forward to working together in the future.

Sincerely,

Janice Werbinski, MD, FACOG, FAMWA

Janice Werbinski, MD has long advocated for changes in the way that we deliver healthcare to women, taking into consideration the many ways in which women, their health, and their needs differ from men's. A board-certified Ob/Gyn in practice for 40 years, she retired in 2013. She is founding director of the Sex and Gender Health Collaborative and Clinical Associate Professor Emerita at Western Michigan University Homer Stryker SOM. She teaches sex and gender specific medicine and has written an iBook and several peer-reviewed articles on that topic.

### AMWA PRESIDENT-ELECT



Dear AMWA Members and Supporters,

Having another opportunity to lead is indeed an honor and a privilege. Another pivotal time in our history, the next year will have many challenges and we will need each to work with each other to succeed. As our founders recognized, women physicians bring a unique focus to the field of medicine and AMWA has been committed to the

advancement of women in medicine since 1915. This year we come together to continue this mission. With leadership programs such as Elevate, Evolve and Ignite, we provide a structure and content that empowers women to develop their own leadership styles and skills.

With our advocacy efforts, AMWA seeks to change the dynamic by which decisions are made. AMWA is dedicated to making our communities healthier and supporting women as they manage their careers and lives.

My presidency goal is to empower our physicians and trainees to love their career choice and provide opportunities for personal and professional growth.

Sincerely,

Theresa Rohr-Kirchgraber, MD, FACP, FAMWA

Dr. Theresa Rohr-Kirchgraber is Professor of Medicine, AU/UGA Medical Partnership in Athens, GA, and a teaching faculty member. Throughout her career, she has continued to lead efforts to improve the health of women and their families. A Hispanic woman physician, she appreciates the need for diversity in leadership. With an emphasis on prevention, she cares for adults and adolescents and as a medical educator, she ensures that our future physicians are well-rounded, understanding the social determinants that affect the health and wellbeing of their future patients.

Dr. Rohr-Kirchgraber graduated from California State University, Long Beach with a degree in Chemistry, received her medical degree from Weill College of Medicine at Cornell, and completed her residency in Internal Medicine at University Hospitals of Cleveland.

### AMWA RESIDENT PRESIDENT



your continued hard work throughout this year in the future. the second year of the pandemic. It has

Our division has accomplished many in medicine.

amazing things throughout the past year. We contributed to numerous letters to Congress and optimized the mentorship All my best, platform for AMWA. Additionally, we helped to create a brand- Brette Harding, MD

Dear Residents and Fellows of AMWA, new leadership course for trainees, EVOLVE, which focuses on how to be a leader as a trainee and beyond. I know that you will I cannot express how proud I am of all continue to reap the benefits of the excellent work of our board

definitely been a hard year for us all, and As my term as President comes to a close, I want to thank you for I want to thank you for everything you allowing me to serve you all in this role. I look forward to seeing what our division will do in the future, and have high hopes that you all will continue to do amazing work to help promote women

Dr. Brette Harding is a Chief Resident of Otolaryngology-Head and Neck Surgery at Mizzou, with plans to go on to fellowship in Head and Neck Surgical Oncology and Microvascular Reconstruction. She has served as the Advocacy Chair, before becoming President-Elect and President. She enjoys advocacy, teaching, and improving health literacy. Her priorities are HPV-related cancer, gender differences in medicine, and organized medicine.

### AMWA STUDENT PRESIDENT



Dear AMWA Members,

It has been a privilege and an honor to serve as your Student Division president over the past year. We have done incredible work to move AMWA forward toward a more inclusive organization that welcomes all, and I am incredibly proud of my leadership team who made that happen in the midst of the COVID

pandemic. We have also started to build a foundation to support our historically excluded student members with the goal to decrease the barriers Under-represented in Medicine students face in the pursuit of their healthcare professions. I'm excited to see how our division continues to push for equity in the years to come.

Sincerely, Lawren Wooten

Lawren Wooten (she/hers) was born and raised in the Washington DC area and is a 4th year medical student at Georgetown University School of Medicine applying into pediatrics. She is the current President of the American Medical Women's Association student division, co-founder of DC COVID Sitters and former Clinical Case Co-Chair for the American Academy of Pediatrics. She received her BS from Cornell University College of Human Ecology and MS from the George Washington University School of Medicine and Health Sciences. She is the 2021 AMSA Paul Ambrose Outstanding Student Activist

### AMWA PREMEDICAL PRESIDENT



Dear AMWA Members,

It's been a true honor serving as National AMWA's Premedical President. A couple of years ago, I would not have imagined where I am today, especially within AMWA. I am extremely grateful for my mentors, friends, and family that supported me throughout this journey. I would also like to thank each leader on our leadership

team and recognize the hard word and dedication they put into

AMWA this term. I look forward to seeing how Courtney will lead the next term and what the premedical division will continue to do in the future within AMWA and beyond.

Sincerely, Anna Vardapetyan

Anna Vardapetyan is a fourth-year, undergraduate premedical student at the University of California, Berkeley pursuing a degree in Molecular and Cell Biology with an emphasis on Cell and Developmental Biology and minoring in Data Science. She has been involved in AMWA since her first year by joining her local UC Berkeley Branch and served as the Mental Health Committee Head before shortly joining the executive board as Program Director. She is super active in her AMWA Berkeley Branch and is most proud of the #I'mNotMyGPA Initiative that she launched in 2019. She also served as the 2019-2020 National AMWA Premedical Co-Conference Chair leading the premedical Conference Committee planning the 105th Annual Conference in Indianapolis as well as serving as the past National President-Elect this 2021-2022 term. She loves AMWA's mission and strong network of empowering physicians and hopes to use AMWA as the backbone for her future career as an academic physician.

### AMWA RESIDENT PRESIDENT-ELECT



Dear AMWA Members,

These past two years have been unprecedented times, and many of us have gone through personal trials - whether it be loss of loved ones, dealing with our own physical illness, burnout, etc. But I continue to be inspired by our members who continue to persevere, be advocates in our community, and

of this organization where I work with and learn from these amazing women. Although I wish we could all meet in person for the annual meeting, I look forward to attending and meeting everyone on the virtual platform. As your incoming President of the Resident and Fellow Division, I hope to be a source of support and resource for our members.

Best, Monique Mun, MD

make a positive impact in peoples' lives. I am proud to be a part

Monique Mun, MD is a child and adolescent psychiatry fellow at University of Texas, Austin. She completed her psychiatry residency at Henry Ford Hospital in Detroit, Michigan. Her involvement in AMWA started in medical school, where she was vice-president of the AMWA branch at her medical school. She is also on the board of editors for Literary AMWA, a quarterly online publication that publishes writing pieces from physicians and medical students sharing their experience and perspective as a female in medicine. Through AMWA, she hopes to encourage leadership, scholarship, and mentorship among women in medicine.

### AMWA STUDENT PRESIDENT-ELECT



To the Medical Students of AMWA,

Welcome to the 107th Annual AMWA Meeting! I am so pleased you are joining us this weekend, to learn together and to celebrate women thriving in medicine and beyond. I am thrilled and honored to be your incoming president this year. I look forward to working collaboratively with our wonderful leadership team and

with you, leaders and future leaders all, to share our voices and vision, to continue to advocate for inclusivity and diversity in medicine, and to work together to build a welcoming, vibrant, and powerful community. Be well, be strong, and have a fabulous conference. Remember to network!

Yours sincerely, Alexandra Bowman Pincus, PhD

Alexandra Pincus (she/her) is an MD/PhD student at Oregon Health & Science University. She is the former Region 9 Director for AMWA and was a founder and executive board member of the OHSU AMWA branch. In recognition of her work towards strengthening the community of women in medicine, she was honored to receive the Anne C. Carter Student Leadership Award in 2021. She loves working with programs that affirm, engage, and empower her community of women leaders.

### AMWA PREMEDICAL PRESIDENT-ELECT



Dear AMWA Premedical Members,

Thank you for giving me the opportunity to serve as your President-Elect for 2021-2022. It has been a pleasure and honor to play such an integral role in our division. Nonetheless, I want to emphasize that you, our premedical members, are what makes all of our phenomenal opportunities possible. Meeting so many of you and learning

about your ambitions, passions, and experiences has been one of my biggest inspirations. Thank you for making the AMWA Premedical Division what it is today.

As we continue through these unprecedented times, I look forward to seeing all of you continue advocating for what you believe in. I am thrilled about what is in store for the Premedical Division next year!

Warmly, Courtney Chau

Courtney Chau is a third-year, undergraduate student at the University of California, Berkeley. She is majoring in Nutritional Sciences: Toxicology and minoring in Global Public Health and Data Science. Before serving as Premedical President-Elect for 2021-2022, she served as one of the Premedical Co-Conference Chairs in 2020-2021. Additionally, Courtney co-chairs AMWA's Domestic Violence Prevention Committee. At her local AMWA branch, she serves as External Vice President. Apart from AMWA, Courtney enjoys dancing and watching Marvel movies.





# THURSDAY, MARCH 24

All times ET \*\*No CME

**Program Co-Chairs:** Susan Hingle, MD Stacy Sattovia, MD, MBA

Jointly provided by





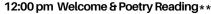
Susan Hingle, MD

Zainab Mabizari, MD, MSc

### Moderator

Susan Hingle, MD

Professor of Medicine, Associate Dean for Human and Organizational Potential Director of Faculty Development, Southern Illinois University School of Medicine

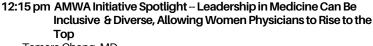


Eliza Lo Chin, MD, MPH

AMWA Executive Director Zainab Mabizari, MD, MSc

AMWA Artist-in-Residence 2021-2022

Resident, Montefiore Primary Care and Social Internal Medicine Program



Tamara Chang, MD

AMWA ELEVATE Program Director

Clinical Assistant Professor of Medicine, University of Washington Author of Boundaries for Women Physicians

Pamela Ludmer, MD

AMWA ELEVATE Program Co-Associate Director

Associate Dean for Curriculum Integration, New York Medical College

### 12:30 pm Keynote: Healing with Intention

Rana Awdish, MD

Associate Professor of Medicine, Wayne State University School of Medicine Author of *In Shock* 

### 1:30 pm Break, Exhibits, Posters

### 1:45 pm Add Laughter to Your Medical Bag: How Humor Inspires Better Health Outcomes

Carrie Horwitch, MD, MPH

Clinical Associate Professor of Medicine, University of Washington

# 2:30 pm AMWA Initiative Spotlight -- Mental Health: Humans Before Heroes Kim Templeton, MD

Co-Chair, AMWA Wellbeing and GME Committees, Professor & Vice-Chair for Diversity, Equity, and Inclusion, Department of Orthopedic Surgery and Sports Medicine Kansas University Medical Center



Eliza Lo Chin, MD, MPH



Pamela Ludmer, MD



Tamara Chang, MD



Kim Templeton, MD



Carrie Horwitch, MD, MPH





# **THURSDAY, MARCH 24**

All times ET

\*\*No CME



Charlene M. Dewey, MD, MEd

Vidhya Prakash, MD

Christine Todd, MD

### 2:45 pm Workshop: Shifting from Surviving to Thriving--Creating Psychological Safety and a Culture of Wellness

Charlene M. Dewey, MD, MEd

The Joseph A. Johnson Jr., Distinguished Leadership Professor, Assistant Dean for Educator Development, Director, Center for Professional Health, Vanderbilt University

### 3:45 pm Break, Exhibits, Posters

# 4:00 pm Maintaining Wellness in Medicine: The Unique Challenges of Women with Intersectional Identities

Cheri Blauwet MD

Associate Professor of Physical Medicine and Rehabilitation, Harvard Medical School Director, Kelley Adaptive Sports Research Institute

# 5:00 pm AMWA Initiative Spotlight - The Value of Membership: The Power of One Voice Among Many

Vidhya Prakash, MD

AMWA Membership Chair, Clinical Professor, Southern Illinois University School of Medicine Author of *Learning to Listen* 

### 5:30 pm Break, Exhibits, Posters

### 8:00 pm Running on Empty: A Discussion on Resident Burnout\*\*

Christine Todd, MD

Assistant Professor, Department of Internal Medicine, Chair, Medical Humanities SIU School of Medicine

Kerri Lockhart, MD

EDI & Health Equity Leader, Consultant Speaker Educator, Lodestar - Associate Faculty

### 8:00 pm Student Oral Poster Presentations \*\*

Kate Stampler, DO (Moderator)

Poster Chair, Division Chair of Gynecology, Sect. Chief of Minimally Invasive Gynecologic Surgery, Assist. Program Director, Ob Gyn Residency Program, Einstein Healthcare Network



Cheri Blauwet, MD



Kate Stampler, DO



Kerri Lockhart, MD

# FRIDAY, MARCH 25

All times ET \*\*No CME



Janice Werbinski, MD

### 12:00 pm Welcome & Poetry Reading \*\*

Zainab Mabizari, MD, MSc - AMWA Artist-in-Residence

Janice Werbinski, MD

AMWA President 2021-2022

Clinical Associate Professor Emerita, Western Michigan Univ. Homer R. Stryker, MD SOM

Brette Harding, MD

Resident Division President 2021-2022

 ${\it Resident in Otolarygology/Head} \ and \ {\it Neck Surgery, University of Missouri}$ 

Lawren Wooten, MS

Medical Student Division President 2021-2022

Medical student, Georgetown University School of Medicine

Anna Vardapetyan

Premedical Division President 2021-2022, Premedical Student, UC Berkeley



Brette Harding, MD





# FRIDAY, MARCH 25

All times EST \*\*No CME



C. Noel Bairey Merz, MD



Jennifer Mieres, MD



Torie Comeaux Plowden, MD, MPH



Aman Samrao, MD



Eileen Barrett, MD, MPH

# 12:30 pm Keynote: What We Know About the Leading Killer of Women and What We Should Do About It

C. Noel Bairey Merz, MD

Irwin & Sheila Allen Chair in Women's Health Research; Director, Barbra Streisand Women's Heart Center; Professor of Medicine, Cedars-Sinai Medical Center

### 1:30 pm Break, Exhibits, Posters

# 1:45 pm Fireside Chat: Heart to Heart - Considering Sex, Gender, and Diversity in CVD Can Save a Woman's Life!

C. Noel Bairey Merz, MD

Jennifer Mieres, MD

Professor of Cardiology, Donald & Barbara Zucker School of Medicine, Hofstra/Northwell Univ. Jan Werbinski, MD (Moderator)

# 2:30 pm AMWA Initiative Spotlight - Turning Fertility Challenges into Change

Torie Comeaux Plowden, MD, MPH
AMWA Fertility Committee Co-Chair
Chief Papartment of Cymaeologia Syrana (Cobatchica

Chief, Department of Gynecologic Surgery & Obstetrics, Womack Army Medical Center

### 2:45 pm Break, Exhibits, Posters

# **3:00 pm Hot Topics in Clinical Medicine Session I: Common Conditions** Eleanor Chu, MD (Moderator)

Assistant Clinical Professor, Neuroradiology, Univ. of California, Irvine School of Medicine

 Obesity in Women Across the Life Span: Strategies to Address the Disease Fatima Cody Stanford, MD, MPH, MPA

Associate Professor of Medicine and Pediatrics, Harvard Medical School and Massachusetts General Hospital

Ischemic Colitis in Young Women
 Challes Chaudhar MP

Cuckoo Choudhary, MD

 $\label{thm:local_problem} Associate \ Professor \ of \ Medicine, \ Sidney \ Kimmel \ Medical \ College, \ Thomas \ Jefferson \ Univ.$ 

 Hair Loss in Women – Treatment Review and Updates Aman Samrao, MD

Dermatologist, Hair Loss Sub-Specialist, Kaiser Permanente Northern California

 Unintended Consequences of COVID Precautions on the Care of Female Patients

Shruti Gohil, MD

 $\label{thm:local_problem} \textbf{Assistant Professor Medicine in Infectious Diseases, UC Irvine School of Medicine}$ 

 Harm Reduction with Opioid Use Eileen Barrett, MD, MPH AMWA Advocacy Committee Chair



Shruti Gohil, MD



Sara La Grange, MD



Lawren Wooten, MS



Anna Vardapetyan



Eleanor Chu, MD



Fatima Cody Stanford, MD, MPH MPA



Cuckoo Choudhary, MD



# FRIDAY, MARCH 25

All times EST \*\*No CME



Amanda Saraf, DO



Juliana Kling, MD, MPH



Christina Boyd, MD



Admiral Rachel Levine, MD



Darilyn V. Moyer, MD

### 3:00 pm Hot Topics in Clinical Medicine II: Gynecological Conditions

Sara La Grange, MD (Moderator)

Attending Surgeon, Associate Trauma Director, Good Samaritan Medical Center

- Fertility Preservation in Pre-Pubertal Patients with Cancer: A Review of Experimental Options
   Amanda Saraf. DO
- Assistant Professor of Pediatrics, Indiana University School of Medicine

  Check In On Menopause: A Dedicated Telehealth Approach to Care
- Juliana Kling, MD, MPH

  Associate Professor of Medicine: Chair Division of Western Health
  - Associate Professor of Medicine; Chair, Division of Women's Health Associate Chair of Equity, Inclusion and Diversity, Department of Medicine Mayo Clinic Arizona
- Uterine Artery Embolization for Treatment of Fibroids: When and for Whom?
   Christina Boyd, MD
  - Assistant Clinical Professor of Medicine, University of California, Irvine School of Medicine
- Patient Guidance in Family Planning Following Early Pregnancy Loss Aishat Olatunde, MD, MS
   Complex Family Planning Specialist, Einstein Medical Center, Philadelphia
- The State-of-the-Art in Gender-Affirming Surgery
  Blair Peters. MD
  - Assistant Professor, Division of Plastic and Reconstructive Surgery and Department of Urology Oregon Health Sciences University

### 4:00 pm Hot Topics in Clinical Medicine--Session I and Session II (repeated)

### 4:00 pm Exhibits, Posters

5:00 pm Break, Posters

### 8:00 pm AMWA GALA - Keynote Fireside Chat \*\*

Music Performance by AMWA Music and Medicine Committee Poetry Reading by Zainab Mabizari, MD, MSc -- AMWA Artist-in-Residence AMWA Presidential Awards Presentation by Jan Werbinski, MD Keynote Fireside Chat

Admiral Rachel L. Levine, MD

HHS Assistant Secretary for Health

Darilyn V. Moyer, MD

Executive Vice-President and Chief Executive Officer

American College of Physicians

Theresa M. Rohr-Kirchgraber, MD

AMWA President-Elect 2021-2022

Professor of Medicine, Augusta University/University of Georgia Medical Partnership Elizabeth Garner, MD, MPH

AMWA Treasurer

Chief Medical Officer, ObsEva



Aishat Olatunde, MD



Blair Peters, MD



Zainab Mabizari, MD, MSc



Theresa Rohr-Kirchgraber, MD



Elizabeth Garner, MD, MPH

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# SATURDAY, MARCH 26

All times EST \*\*No CME



Kimberly Manning, MD



Melissa Begay, MD



Molly Timmerman, DO



Ursula Lang, MD, PhD



Kim Templeton, MD

### Moderator

Stacy Sattovia, MD, MBA Associate Professor of Clinical Medicine, Medical Director, Office of Continuing Professional Development, Certified Culinary Medicine Specialist, SIU School of Medicine

### **Poetry Reading**

Zainab Mabizari, MD, MS - Artist-in-Residence

### 12:00 pm KEYNOTE: Connectedness in Medicine: How Do We Mind the Gap?

Kimberly Manning, MD

Professor of Medicine and Associate Vice Chair of Diversity, Equity, and Inclusion Emory Department of Medicine, Emory University School of Medicine

### 1:00 pm Fireside Chat - Overcoming Blindspots

Michael Sinha, MD, JD, MPH

Adjunct Professor of Law, Northeastern University School of Law, Visiting Scholar NUSL Center for Health Policy and Law

Melissa Begay, MD

Assistant Professor of Medicine, University of New Mexico, Albuquerque Narjust Duma, MD

Associate Director of Cancer Care Equity, Thoracic Oncologist, Lowe Center for Thoracic Oncology, Dana-Farber Cancer Institute

### 1:45 pm AMWA Initiative Spotlight - The Many Ways We Are **Advocating for Gender Equity**

Molly Timmerman, DO

AMWA Gender Equity Task Force Co-Chair; Clinical Assistant Professor (Affiliated) PM&R and Orthopedic Surgery, Stanford University School of Medicine; Medical Director of Regional Amputation Center and Polytrauma Network Site, Palo Alto VA

### 2:00 pm Break, Exhibits, Posters

### 2:15 pm Empowered Leadership: Creating a Thriving Culture for Diverse Women in Medicine

Nora Vasquez, MD

CEO & Founder of Renew Your Mind, MD; Certified Professional Physician Coach Ursula Lang, MD, PhD

Adjunct Assistant Professor of Pathology, University of California, San Francisco Vanessa Calderon, MD, MPP

Wellness Champion and Resiliency Director, Vituity CEO, VCMD Coaching

### 3:15 pm AMWA Initiative Spotlight - Graduate Medical Education

Kim Templeton, MD

Co-Chair, AMWA Well-Being & GME Committees, Prof. & Vice-Chair for Diversity, Equity, & Inclusion, Dept. of Orthopedic Surgery & Sports Med, Kansas Univ. Med Ctr



Stacy Sattovia, MD



Michael Sinha, MD, JD, MPH



Narjust Duma, MD



Nora Vasquez, MD



Vanessa Calderon, MD, MPP



# SATURDAY, MARCH 26

All times EST \*\*No CME





Allison Ashford, MD



Theresa Rohr-Kirchgraber, MD



Connie Newman, MD



Monique Mun, MD

### 3:30 pm Did That Really Just Happen? De-Escalating Conflict Eileen Barrett, MD, MPH

AMWA Advocacy Committee Chair Allison Ashford, MD Assistant Professor, Internal Medicine-Pediatrics Program Director University of Nebraska Medical Center

Nicole Lee, MD Internal Medicine Resident, University of New Mexico, Albuquerque

Rachna Rawal, MD

Clinical Assistant Professor of Medicine, University of Pittsburgh School of Medicine



Nicole Lee, MD



4:30 pm Presidential Inaugural Speech \*\* Theresa Rohr-Kircharaber, MD

AMWA President 2022-2023 Professor of Medicine, Augusta University/University of Georgia Medical Partnership Moniaue Mun, MD Resident Division President 2022-2023

Fellow in Child and Adolescent Psychiatry, University of Texas, Austin Alexandra Pincus, PhD

Medical Student Division President 2022-2023 Medical Student, Oregon Health and Science University Courtney Chao

Premedical Division President 2022-2023 Premedical Student, University of California, Berkeley



Rachna Rawal, MD

### 8:00 pm Awards Ceremony \*\*

Culinary Demonstration Stacy Sattovia, MD, MBA

Associate Professor of Clinical Medicine, Medical Director, Office of Continuing Professional Development, Certified Culinary Medicine Specialist, SIU School of Medicine

Presentation of AMWA Annual Awards

Farzanna Haffizulla, MD (Moderator)

Chair, Department of Internal Medicine, Nova Southeastern University Dr. Kiran Patel College of Osteopathic Medicine

Presentation of AMWA Fellows

Suzanne Harrison, MD (Moderator)

Professor of Medicine, Florida State University College of Medicine

Connie Newman (Introduction)

Adjunct Professor of Medicine, New York University Grossman School of Medicine



Stacy Sattovia, MD



Suzanne Harrison, MD



Farzanna Haffizulla, MD



Alexandra Pincus, PhD



Courtney Chau





MEDICAL STUDENT SPECIAL TRACK SUNDAY, MARCH 27

All times EST No CME



Jennifer Svahn, MD



Amelia Kelly, MD



Jennifer Talbott, MPH



Michelle Benedict, MS

### 10:00 am Keynote: Lady Surgeon

Jennifer Svahn, MD Director of Vein Surgery, Northwell Health

# 11:00 am Quick Shot Presentations Infertility & Birth Control in Medical School

Amelia Kelly, MD
Resident in Obstetrics and Gynecology at New York University
Ashley S. Kim, MD
Fellow, Reproductive Endocrinology and Infertility, University of Oklahoma

### Finding and Fostering a Mentoring Relationship

Katherine Sharkey, MD, PhD

AMWA Mentorship Ćhair, Associate Professor of Medicine and Psychiatry & Human Behavior, Associate Dean for Gender Equity, Alpert Medical School of Brown Univ. Morgan Levy

MDMPH Student, University of Miami Miller School of Medicine
Nataly Montano
Premedical Division Mentorship Chair

### **Integrative Medicine**

Preetha lyengar, MD

Resident in Internal Medicine, University of California, Los Angeles

### Non-Traditional Pathways in Medicine

Jennifer Talbott, MPH (MPH Pathway)
Medical Student, Mayo Clinic Arizona
Michelle Benedict, MS (MBA Pathway)
MD/MBA Student, University of Michigan Medical School
Adrienne Kambouris (PhD Pathway)
MD/PhD Student, University of Maryland School of Medicine



Adrienne Kambouris



**Nataly Montano** 



Katherine Sharkey, MD, PhD



Ashley S. Kim, MD



Preetha lyengar, MD



Morgan Levy





# MEDICAL STUDENT SPECIAL TRACK SUNDAY, MARCH 27

All times EST No CME



Juliana Gomez, DDS



Alyssa Brown



Hannah Case



Naomi Cole

### Non-Traditional Pathways in Medicine (continued)

Neha Panigrahy (Research Pathway)
Medical Student, Carle Illinois College of Medicine
Juliana Gomez, DDS (DDS Pathway)
Resident, Department of Oral and Maxillofacial Surgery at Ascension MacombOakland Hospital; Medical Student, Wayne State University School of Medicine

### 12:00 pm Quick Shot Presentation Discussions

### 12:30 pm Break

### 1:00 pm Succeeding throughout Medical School

Introduction & Breakouts

Alvssa Brown

MD-PhD student, University of Louisville School of Medicine and Mayo Clinic School of Biomedical Sciences

Hannah Case

Medical Student, Mayo Clinic Alix School of Medicine

Naomi Cole

Medical Student, Geisel School of Medicine at Dartmouth College Nina Madier

Medical Student, University of Medicine and Health Sciences in St. Kitts Lauren Nesi, MD

Urology Resident, Detroit Medical Center

Rachel Safeek, MPH

Medical Student, University of Louisville School of Medicine

Tahne Vongsavath

Medical Student Touro University Nevada College of Medicine

- · Surviving and Thriving on Clerkships
- Away Rotations: Where to Apply and What to Expect (Surgery, ENT, Plastics, Pediatrics, Internal Medicine, Orthopedics)
- Applying to Residency: An International Medical Graduate Perspective
- Virtual Interview Skills: Succeeding in the Modern Virtual Match
- · What is Match? A Beginner's Guide to What it all Means

### 2:00 pm Adjourn



**Tahne Vongsavath** 



Neha Panigrahy



Nina Madjer



Lauren Nesi, MD



Rachel H. Safeek, MPH





# PREMEDICAL MEMBER SPECIAL TRACK FRIDAY, SATURDAY, SUNDAY, MARCH 24-27 All times EST.

Naz Karim, MD, MHA, MPH



Alicia Genisca, MD



Daisy Sanchez, MD



Anjali Malik, MD



Lauren Robinson, MD, MPH

FRIDAY, MARCH 25, 6:30-9:00 pm Medical School Fair SATURDAY, MARCH 26, 7:00-8:30 pm Medical School Fair SUNDAY, MARCH 27

9:30 am Premedical Division Welcome & Awards

10:00 am Bring AMWA to Your Campus: Examples from Our Branches 10:45 am Break

11:00 am Global Emergency Medicine: A Case Study Exploration

Naz Karim MD, MHA, MPH Director, Global Emergency Medicine Fellowship, Assistant Professor of Emergency

Medicine, Warren Alpert Medical School of Brown University
Allicia Genisca, MD

Assistant Professor of Emergency Medicine and Pediatrics Warren Alpert School of Medicine of Brown University

### 11:50 am Break

12:00 pm Thriving with Tenacity, Humor & Hope: Medicine & Social Media

Daisy Sanchez, MD General Surgery Resident PGY-3 Anjali Malik, MD Radiologist, Breast Imaging & Intervention Puneet Kaur, BA

Medical Student, Mayo Clinic Alix School of Medicine Kenia Gonzalez

Senior at Arizona State University McKenna Waller

Emergency Medical Room Scribe Social Media Coordinator, Medical School HQ & Mappd Social Media Influencer

### 1:00 pm Virtual Suture & Knot-Tying Clinic

Brette Harding, MD

Chief Resident Department of Otolaryngology - Head and Neck Surgery University of Missouri AMWA Resident and Fellows Division President

### 2:00 pm Wellness Break: Virtual Yoga

Lauren Robinson, MD, MPH
Assistant Professor of Psychiatry, Northwestern Feinberg School of Medicine

### 2:30 pm Lifestyle Medicine

Poonam Desai, DO

Emergency Medicine and Lifestyle Medicine, Physician Assistant Professor, Weill Cornell Medical College, New York Presbyterian Queens

3:15 pm Lunch Break



Puneet Kaur, BA



Kenia Gonzalez



McKenna Waller



Brette Harding, MD



Poonam Desai, DO





# PREMEDICAL MEMBER SPECIAL TRACK SUNDAY, MARCH 27

All times EST No CME



Wendy Bernstein, MD, MBA



Alana Munger, MD



Kate Stampler, DO



Lauren Walter, MD



Katherine Sharkey, MD, PhD

### 4:00 pm Open Networking Session - Medical Students/Gap-Year Panel, AMWA Physician and Premedical Leaders

4:50 pm Break

### 5:00 pm Innovation that Excites

Wendy Bernstein, MD, MBA Chair of Anesthesiology, Critical Care and Pain Medicine, St. Elizabeth's Medical Center Elizabeth Garner, MD, MPH Chief Medical Officer, ObsEva Michelle Benedict, MS MD/MBA Student, University of Michigan Medical School

### 6:00 pm Specialty Speed-Dating Session

Alana Munger, MD

Resident, Dept. of Orthopaedics & Rehabilitation, Yale School of Medicine Kate Stampler, DO

Division Chair of Gynecology and Section Chief, Minimally Invasive Gynecology at Einstein Medical Center Philadelphia

Lauren Walter, MD

Associate Professor, University of Alabama at Birmingham

Katherine Sharkey, MD, PhD

AMWA Mentorship Chair, Associate Professor of Medicine and Psychiatry & Human Behavior, Associate Dean for Gender Equity, Alpert Medical School of Brown University

Amy Davis, DO, MS

Clinical Associate Professor, Drexel College of Medicine

Neelum T. Aggarwal, MD

AMWA Chief Diversity Officer: Associate Professor

Department of Neurological Sciences, Rush Medical College

### 8:00 pm Two Doctor Families: A Discussion of Family & Lifestyle **Dynamics in Medicine**

Renee Rodriguez-Paro, MD

Outpatient Pediatric Cardiologist, Co-founder, Doctor Vegetable

Heather Bell-Williams, MD

Orthopedic Hand Surgeon Associate Professor Indiana University, Department of Orthopedics Veteran's Hospital Indianapolis, Indiana, Riverview Hospital Westfield, Indiana

Eliza Lo Chin, MD, MPH **AMWA Executive Director** 

### 9:00 pm Closing Remarks



Amy Davis, DO, MS



Eliza Lo Chin, MD, MPH



Elizabeth Garner, MD, MPH



Michelle Benedict, MS



Neelum T. Aggarwal, MD



Renee Rodriguez-Paro, MD



Heather Bell-Williams, MD

amwa-doc.org/amwa107



### Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of Southern Illinois University School of Medicine and the American Medical Women's Association. The SIU School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

### Credit

SIU School of Medicine designates this live activity for a maximum of 14.25 AMA PRA Category 1 credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity

American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for

AMA PRA Category 1 Credit<sup>TM</sup> from organizations accredited by ACCME. Physician assistants may receive a maximum of 14.25 AAP Category 1 CME credits for completing this program.

American Academy of Nurse Practitioners National Certification Board (AANPCB) accepts AMA PRA Category 1 Credit<sup>TM</sup> issued by organizations accredited by the ACCME as an equivalent number of hours of participation.

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All other attendees will receive a Certificate of Attendance.

### Disclosure Policy

It is the policy of Southern Illinois University School of Medicine that speakers, planners and providers disclose real or apparent conflicts of interest relating to the topics of this activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). The SIU School of Medicine Office of Continuing Professional Development has policies in place that will identify and mitigate all conflicts of interest prior to this activity. Detailed disclosure will be provided prior to the start of the activity.

# **American Medical Women's Association**



# 107<sup>th</sup> Annual Meeting: Thriving with Tenacity, Humor, and Hope March 24-27, 2022

### **How to Claim CME Credit**

- Within a few days, you will receive an email containing the link to the evaluation and information on how to download your certificate.
- All attendees must be logged in to the virtual platform in order to document attendance. If you registered and viewed the conference with someone else who logged in, please send an email to <a href="mailto-ocpd@siumed.edu">ocpd@siumed.edu</a> to document your attendance.
- ➤ Go to <u>www.siumed.edu/cpd</u> In the dropdown under Learners, click on 'My Credits'
- Log in to your **Existing Account** using the username provided in the evaluation email received from <a href="mailto:noreply@highmarksce.com">noreply@highmarksce.com</a> and the password you'll receive by clicking 'Get it now!'
  - 1. Choose our activity (AMWA 107th Annual Meeting: Thriving with Tenacity, Humor, and Hope) in the 'Claim Credit' drop-down.
  - 2. Click 'List Sessions by Activity'.
  - 3. Click 'Add Credit' next to the day(s) you attended.
- Credit will only be available to those who are registered with AMWA, and AMWA reports to SIU School of Medicine. Be sure to provide the same email address with which you are registered.

### THANK YOU FOR ATTENDING!



For questions related to CME credit, please contact SIU School of Medicine Office of Continuing Professional Development at <a href="mailto:ocpd@siumed.edu">ocpd@siumed.edu</a>.

# American Medical Women's Association 2022 AWARDS



### Presidential Award - C. Noel Bairey Merz, MD, FACC, FAHA, FESC

C. Noel Bairey Merz, MD, holds the Irwin and Sheila Allen Chair in Women's Heart Research and is Director of the Barbra Streisand Women's Heart Center, the Linda Joy Pollin Women's Heart Health Program, the Erika J Glazer Women's Heart Research Initiative, and the Preventive Cardiac Center at the Cedars-Sinai Heart Institute. She is also Professor of Medicine at Cedars-Sinai Medical Center. Dr. Bairey Merz's research interests include women and cardiovascular disease, mental stress and heart disease, and the role of exercise and stress management in reversing disease. A prolific lecturer and member of many professional organizations, Dr. Bairey Merz, has received

numerous investigational grants and chairs the National Institutes of Health (NIH)-sponsored WISE (Women's Ischemic Syndrome Evaluation) initiative. Dr. Bairey Merz has received numerous awards and honors, and her extensive scientific publication record spans 425+ scientific papers, 315+ abstracts, myriad book chapters, and countless peer-reviewed journals.



### Presidential Award - Khawaja Shams

A leader in the high-tech industry for the last 25 years, Khawaja has moved industries forward by creating innovative products with his distinct management and leadership style. He holds multiple patents in mobile wireless technologies at Apple, where he founded the Applied Machine Learning team. Khawaja has created multiple organizations from scratch focused on applying Machine Learning and behavioral analytics in fraud detection, Apple hardware diagnostics, risk management, mobile payments, cyber security & threat intelligence, healthcare, digital health, privacy, search, and recommendations. He has developed teams of hundreds of people, serving billions of

users and creating multi-billion dollars per year in value. He has broad industry experience ranging from Manufacturing, Media, Retail, Banking, HealthCare, and Technology. He is currently a Senior Director of Engineering at Google where he leads multiple teams applying ML to benefit billions of users. Khawaja has brought his ML and engineering expertise and vision to be a key driver for the advancement of consumer health ML, security, and privacy. He is married with two children whom he encourages to pursue their own creative ventures, in addition to a network of mentees and partners he sponsors to fulfill their own potential.



### Elizabeth Blackwell Award - Julie K. Silver, MD

Dr. Silver is an Associate Professor and Associate Chair in the Department of Physical Medicine and Rehabilitation at Harvard Medical School and is on the staff of Massachusetts General, Brigham and Women's, and Spaulding Rehabilitation Hospitals. She is an expert on diversity, equity, and inclusion and has published many reports specifically focused on gender equity. She also conducts research on workforce and patient care disparities focused on race/ethnicity and has published in high-impact journals and across numerous specialties. Dr. Silver also developed national strategic initiatives such as the Her Time Is Now Campaign, Be Ethical Campaign, Need Her Science Campaign, and the Walls Do Talk Challenge. She directs the successful Harvard Medical School women's leadership CME course "Career Advancement for Women in Health Care" which has trained thousands of women in medicine. Her work has been featured in many media outlets.



### Bertha Van Hoosen Award – Laurel Waters, MD, FCAP, FASCP, FAMWA

Dr. Laurel Waters has been involved in AMWA since 1987 in the local SF Bay Area Branch 30. She became the President of the Branch and co-chaired a Regional AMWA meeting which featured a satellite download of Madeline Albright and Hillary Clinton speaking about the Beijing conference on the status of women. She subsequently became involved in National AMWA as a Regional Governor. This gave her a seat on the Board of Directors. After a reorganization, she returned to the Board, initially as an at-large member and subsequently as Treasurer which gave her a seat on the Executive Committee. She served on many committees and chaired some including Membership and Governance. She was the Founding Chair of the LGBTQiA Taskforce. In 2021 she was selected to become President-Elect but became ill and stepped aside for the capable leadership of Dr. Theresa Rohr-Kirchgraber.



### Lila Wallis Women's Health Award – Donnica Moore, MD

Donnica Moore, MD is highly regarded as a women's health expert. She is President, Sapphire Women's Health Group, hosts DrDonnica.com, and is Editor-in-Chief of the book Women's Health for Life. Known as "Dr. Donnica," she has done more than 850 television appearances including "The Today Show" and "Good Morning America." She has received more than 30 awards for her work in women's health including an Honorary Doctorate of Science from the State University of NY. She is a member of the AMWA Board of Directors and served on Medical Advisory Boards for several companies. Her work has been featured in numerous periodicals including *Business Week, The New York Times*, and *The Wall Street Journal*. Dr. Moore graduated from Princeton University and SUNY Buffalo School of Medicine. She did residency training in obstetrics & gynecology & family medicine. She is the mother of two young adults.



### Woman in Science Award - Elizabeth Garner, MD, MPH

Elizabeth Garner is a physician focused on addressing unmet needs in women's health and brings wide expertise in drug and vaccine development. She is currently Chief Medical Officer (CMO) of ObsEva, a Swiss women's health company. Her previous positions include CMO of Agile Therapeutics, VP Medical Affairs at Myriad Genetics, Senior Director Clinical Research at Abbott, and Director Clinical Research at Merck. Dr. Garner's corporate board positions include Kezar Life Sciences and Sermonix Pharmaceuticals. Her non-profit board roles include the American Medical Women's Association, the Drug Information Association, and CorStone. Dr. Garner received MD and MPH degrees from Harvard Medical School and Harvard School of Public Health and trained in Ob/Gyn and gynecologic oncology at Brigham and Women's Hospital. She was a 2019 awardee of PharmaVoice's 100 most inspiring individuals in the life-sciences and is a frequent speaker on women's health, leadership, and diversity.



### Ester Pohl Lovejoy Award – Shelley Ross, MD, CCFP, FCFP, ICD.D

Dr. Shelley Ross has spent her career as a full-service family physician in Vancouver, Canada, with a special interest in family practice obstetrics. She is no stranger to leadership roles, having been President of the Federation of Medical Women of Canada (FMWC), the President and later Secretary General of the Medical Women's International Association (MWIA), and President of her provincial medical association, the Doctors of BC. It is through her work with MWIA that she has promoted women's health internationally. She has been a strong supporter of AMWA since 1984, when she was President of the FMWC. She was intimately involved in the development of the 2019 MWIA International Congress, hosted by AMWA. She often states that you cannot put a value on the connections and friendships made through AMWA and MWIA that last a lifetime.



### Larry Zaroff Man of Good Conscience Award - Douglas DeLong, MD, MACP, FRCP

Dr. DeLong recently retired as Chief of the Division of General Internal Medicine at Bassett Hospital in Cooperstown, New York. He held the academic rank of Associate Clinical Professor of Medicine in the Vagelos College of Physicians and Surgeons at Columbia University. Dr. DeLong is emeritus past-Chair of the Board of Regents of the American College of Physicians. Prior to his term on the ACP's Board of Regents he served as Chair of the Board of Governors. He was the Governor of the New York Hudson Valley Chapter 2012-2016. He spent four decades practicing general internal medicine; never in a town with more than one traffic light. He lives with his wife Lynn on a 250 acre tree farm in upstate New York and loves Nordic skiing, sailing and good eats.



### Camille Mermod Award – Mary K. Rojek, PhD

Mary K. Rojek, PhD is a medical sociologist and a co-founder of the Sex and Gender Health Collaborative (SGHC) which is a committee of AMWA. She is a former President and former Chair of SGHC. She is currently SGHC's Co-Chair. Dr. Rojek's support of AMWA began as a member of an initial women's health in medical education working group in 2008, the precursor to SGHC. She led SGHC as its focus broadened from women's health to sex and gender based health, and then to addressing intersectionality. She is leading AMWA's national efforts in advancing interprofessional education, research, and practice with a sex and gender lens to improve health equity. Dr. Rojek brings her expertise in interprofessional health education, collaboration, community based participatory research, educational program development and management, and program evaluation to her work for AMWA.



### Anne C. Carter Student Leadership Award – Sweta Adhikary

Sweta Adhikary is a current MD/PhD student at Oregon Health and Science University. She received her Bachelors degree in Integrative Physiology and Psychology, and her PhD in Neuroscience. She wants to pursue a career in academic medicine as a Pediatric Physician Scientist studying long-term effects of opioids and sedative pharmacotherapy in children. Additionally, she is passionate about making space for women identified individuals and historically excluded members in academic medicine through focused mentorship and education opportunities. In her free time she likes to run, read books, and watch Netflix with her husband and cat.

### **Exceptional Mentor Award Recipients**

Eftikhar A. Akam, DO, MS Hyattsville, MD Kathleen L Davenport, MD Fort Lauderdale, FL

Roberta E. Gebhard, DO, FAMWA Grand Island, NY

Farzanna S. Haffizulla, M.D., FACP FAMWA Davie, FL

Deborah Korenstein MD, FACP New York, NY

Laura Liberman, MD New York, NY

Miriam Zylberglait Lisigurski, MD, FACP Aventura, FL

Melodie J. Mope, MD Winter Garden, FL Anne G. Rizzo, MD, FACS, DABS Sayre, PA

Amit Sapra, MD Springfield, IL

Eric H. Shapiro, MD Fairfax, VA

Errin Weisman, DO Winslow, IN

Hanna Zafar MD MHS Philadelphia, PA

### **Inspire Award Recipients**



Monica Broome, MD, FACP, FAACH, FAMWA Assistant Professor of Medicine Director of Communication Skills Program University of Miami Miller School of Medicine Miami, Florida



Doris Hardacker, MD
Associate Professor of
Clinical Anesthesia
Indiana University School of
Medicine
Indianapolis, Indiana



Suzanne L. Harrison, MD, FAAFP, FAMWA Professor, Department of Family Medicine & Rural Health Director of Clinical Programs Florida State University College of Medicine Tallahassee, Florida



Susan Y. Lee, MD, FACP Associate Professor of Clinical Medicine SUNY, Stony Brook Medical Director, Stony Brook Primary Care Stonybrook, New York



Lonzetta Neal, MD FACP
Assistant Professor of
Internal Medicine
Mayo Clinic
Rochester, Minnesota



Ankita Sagar, MD, MPH, FACP Associate Professor of Medicine Zucker School of Medicine Hofstra/Northwell Health Hempstead, New York



Molly A. Uhlenhake, DO, FACP Assistant Professor of Internal Medicine and Pediatrics Truman Medical Center University of Missouri Kansas-City Kansas City, Missouri



Ruchika S. Yusufji, MBBS, MD Psychiatry and Addiction Medicine Shreveport, Louisiana

### **Resident Division Awards**



### Charlotte Edwards Maguire, MD Outstanding Resident Mentor Award – Laura Vater, MD, MPH

Laura Vater, MD, MPH is an oncology fellow, writer, and advocate for medical trainees. She has published a number of narrative medicine essays and is working on her first novel.



### Susan L. Ivey, MD Courage to Lead Award - Selena Park, MD

Selena is a third year OBGYN resident at Rutgers Robert Wood Johnson Medical School in New Jersey. She began her involvement in AMWA as a medical student, was elected as the External Relations Chair in 2018, and is currently serving as the Mentorship Chair. Her interests in OBGYN include reproductive medicine, teaching, and education. Her goal through AMWA is to contribute building a supportive community for female residents and physicians.



### Elinor T. Christiansen, MD Altruism Award – Zainab Mabizari, MD

Zainab Mabizari is a writer, poet, and physician of Algerian descent. She received her medical degree from Baylor College of Medicine and master's degree in Narrative Medicine from Columbia University. She is currently completing a social justice focused medical residency at Montefiore's Primary Care and Social Internal Medicine program in the Bronx, where she will serve as a future chief resident. You can find her words and poetry on publications such as TEDx and the Intima.



### Susan Love Writing Contest – Bridget Findlay, MD

Dr. Findlay is a third-year urology resident at the Mayo Clinic. She is passionate about promoting women pursuing surgical specialties and research regarding gender parity in surgical training. She earned her undergraduate degree in Biochemistry from the University of Rochester and medical degree from Rutgers Robert Wood Johnson Medical School.

### **Medical Student Division Awards**



### Haffizulla Family Scholarship and Education Scholarship - Stephanie Rocha

Stephanie Rocha is a second-year medical student at Edward Via College of Osteopathic Medicine (VCOM – Louisiana). AMWA is dedicated to advancing women in medicine and improving women's health which is why she became interested in this organization. Her goal is to be a community-focused physician treating diverse and socioeconomically disadvantaged people placing great emphasis on preventative interventions. Her hope is to continue bringing awareness to underserved communities by educating people on how to prevent illness and encourage a healthy lifestyle. Becoming Vice President of her local AMWA chapter and being accepted into medical school is only the beginning in making a positive difference and a

stride toward this effort. As a first-generation Latina physician, it her hope to achieve AMWA's mission and vision in her own medical practice of advocating for women and ensuring excellence in women's health care. Outside of school she enjoys spending time with her husband, Anthony Rocha, and their fur baby, Max. She also loves spending time with both of their families and friends, baking, running, and traveling.



### Medical Education Scholarship - Tannaz Safari

Tannaz Safari is a Stanford HCOP and LEAP program alumni currently in her 2nd year of medical student at AUA College of Medicine. She is an honor student who is also a Teacher's Assistant and provides academic help and mentorship to lowerclassmen. She received her BS in Molecular, cell and development biology from University of California, Santa Cruz. Thereafter, she pursued her MPH from the University of New England. Before starting medical school, Tannaz served as research coordinator at UC San Francisco where she published two articles on implementing Telehealth services to admitted palliative care and oncology patients who wish to see their own provider. She has been a TA since her 1st year of medical

school and also strives to serve as a mentor to those in need of it. As an active member of the American Medical Women's Association, she knows the importance of guidance in medical academia and hopes to be a reminder to others that they can achieve and be anything they want to be if they work hard for it.



### Heller Outstanding Branch Award - Oakland University William Beaumont

The Oakland University William Beaumont School of Medicine AMWA Branch's

goal this year was to foster a supportive network of empowered student doctors by creating opportunities for our members to strengthen their awareness of social justice in medicine, mentor younger generations, and support our community partners through service and fundraising. Some of their proudest achievements for the year include: (1) Strengthening the OU pre-medical mentorship program to pair 77 medical students with pre-health undergraduates; (2) Donating nearly 1500 cloth and surgical masks to HAVEN, a local shelter and empowerment center for survivors of intimate

partner violence, and (3) Recruiting more National AMWA members than ever before and establishing a relationship with other Michigan medical school AMWA branches.

### **Pre-medical Student Division Awards**



### Student of the Year Award - Sarah Barhouma

Sarah is concurrently working on a Bachelor's in Health and the Human Sciences and a Master of Health Administration at the University of Southern California. She hopes to fuse her MHA education in health economics and policy with her goal of becoming a physician in order to address quality and access of care from both clinical and administrative standpoints. Sarah served as secretary for USC AMWA her sophomore year and is now serving as Vice President of Administration. During her time as VP, she has established a shadowing and mentorship program between LAC + USC and USC AMWA, and has over sought the establishment of an alumni outreach program and tutoring program. Her other extracurriculars include

conducting research for a translational immunology lab at the USC Keck School of Medicine, volunteering at a pediatric orthopedic clinic, and tutoring underserved children in the Los Angeles community through Teach for Los Angeles.



### Premedical Branch Member of the Year Award - Krupa Patel

Krupa Patel is a senior at the University of Michigan studying neuroscience on a pre-med track, with a strong interest in pursuing neurosurgery. She currently serves as the AMWA President of her university chapter. Krupa is also President of Pre-Surgical Club, Professional Development Chair of Michigan Neuroprosthetics, and Chief Operations Officer of non-profit Lunar Doula Collective. She volunteers as a Cancer Research Assistant, Spine Surgery Scribe, Crisis Counselor, Art Therapist, and COVID-19 Trilingual Contact Tracer. Additionally, Krupa spends each week helping veteran and hospice patients. Outside

of medicine, Krupa enjoys tutoring students, being a FIRST Robotics mentor, and serving as a Camp Kesem Counselor.



### Eliza Lo Chin Unsung Hero Award - Farheen Jamshed

Farheen Jamshed is a first-year MPH student at the Columbia University Mailman School of Public Health studying infectious disease epidemiology. She graduated from the University of California, Berkeley in Spring 2021 where she earned a degree in Integrative Biology and minors in Ethnic Studies and Global Public Health. She joined AMWA through her local branch at UC Berkeley and has been an active member ever since. During her time in AMWA, she has worked closely with her fellow AMWA members at the local and national level. Farheen has previously served as National AMWA's Premedical Global

Health Chair, as well as UC Berkeley AMWA Secretary. This year as Premedical Advocacy Chair, she founded the premedical advocacy committee and organized several advocacy projects. She has deeply appreciated her experience as a member and leader in AMWA and has cherished AMWA as being an immensely supportive community.



### Shobha S. Krishnan HPV and Cervical Cancer Champion Award - Lori Horhor

In May of 2020, Lori Horhor graduated from the University of California, Berkeley, where she studied Medical Biology and Physiology and minored in music. Some of her passions include music, medicine, and serving underserved communities. She loves to work with children and tutor underprivileged students through School on Wheels, Inc. She is also heavily involved with the Hidden Road Initiative, a nonprofit organization that works to improve access to education to low-income students living in the rural villages of Armenia. She was a research assistant for the Kristin Scott Laboratory in Berkeley's Molecular

and Cell Biology Department, studying gustatory circuitry in Drosophila melanogaster. She works as a medical assistant and scribe at Bloom Obstetrics and Gynecology, Inc, where she has witnessed how misinformation can prevent patients from taking the easy, but necessary, steps to protecting themselves from cervical cancer. She was first introduced to GIAHC through the American Medical Women's Association, where she has served as a leader both locally and nationally for four years. She is ecstatic to explore ways in which music and the arts can be utilized to help spread awareness about HPV and cervical cancer.



### Premedical Education Scholarship – Tyra-Lee Brett

Tyra-Lee Brett recently emigrated to the USA from Johannesburg, South Africa. She attends Hillsborough Community college. She is currently studying Biomedical Sciences as her pre-med major and is in the FUSE program to graduate from the University of South Florida. Her medical career goal is to become an Emergency Medicine physician, and Trauma surgeon. Tyra is an undergraduate researcher at James. A. Haley Veterans hospital and loves all things sport as she is a Japanese

recognized Black belt in Karate and has represented South Africa at two world championships. She also is a Personal trainer and a sports nutritionist.



### Premedical Education Scholarship - Srinikhila Karri

I am a sophomore in the 7-year BA/MD program and the University Honors Program at George Washington University. I am the sole student representative on the University's Post-COVID Academic Innovations Task Force and have also been on the Dean's Advisory Council for the past 2 years. I have patient care experience from working at a nursing home throughout my high school years and have also been working as the Medical Research Intern Team Lead and the Medical Affairs Committee Intern at the Hypertrophic Cardiomyopathy Association for the past 5 years. I am EMT, OSHA, First Aid, and CPR certified as

well as a TaeKwonDo Black Belt holder and instructor. My goal is to become a cardiologist and serve underprivileged communities in remote areas. I am very thankful for the opportunities and resources AMWA has provided me with and look forward to future years as a member of this incredible organization.



### Most Creative Pandemic Relief Initiative - Abagail Morris

My name is Abagail Morris and I am a freshman biology (pre-med) major at Youngstown State University. When I get out of school my dream is to work as a physician in maternal-fetal medicine (high-risk pregnancy). I have always had an interest in fetal development, and I am so grateful that there is a field where I can explore that every day. When I am not studying hard, you can usually find me at a local coffee shop with friends or playing with my kitten, Squish. I am so thankful for AMWA and the opportunity to be their Volunteer Coordinator at Youngstown State University where we have just started a branch, as well as having the honor of receiving the 2021 AMWA Most Creative Pandemic Relief Initiative Award.



### Most Impactful Diversity and Inclusion Advocacy/Initiative – Sahara Rahman

My name is Sahara Rahman, and I am currently a fourth-year student at Arizona State University. I am majoring in Biological Sciences and minoring in Studio Art. I am hoping to get a Master's in Health Care Delivery this fall. And during this time, I hope to take the MCAT and apply for medical school!



### Mental Health Advocacy Award - Aveena Desai

Aveena Desai is a freshman at Stony Brook University. She joined AMWA at the beginning of her freshman year. Aveena conducted pancreatic oncology research for almost two years, and co-authored Mutational profile analysis and related outcomes in primary and metastatic pancreatic cancer (PC). Aveena recently earned her Girl Scouts Gold Award, and she is passionate about social justice advocacy. In her free time, Aveena loves to read and compete for her school's Bollywood-fusion dance team, Junoon.



### AMWA Outstanding Branch Award – University of North Carolina at Charlotte

AMWA at Charlotte was founded in April 2020 by three women who recognized a need for gender equity in pre-health and leadership fields at their university. The founding team was taxed with finding a way to build the branch from afar during the pandemic. Focusing on providing virtual opportunities and ways for members to connect, we established our mentorship program within the first semester, and it has flourished since. Giving back to the community was a top priority, especially during the pandemic. We were able to fundraise and volunteer to benefit a local women and

children's shelter, ICU workers, and donate bouquets made by our members. This year we made over 50 bouquets for patients who spent the holidays in the hospital. In fall of 2021 we decided it was time to take on the big initiative to fight period poverty and bring free menstrual products to campus.



### AMWA Active Branch Award - University of Pennsylvania

UPenn AMWA is the official division of the American Medical Women's Association at the University of Pennsylvania. We support Penn students' personal and professional development as they become healthcare professionals. With an exciting calendar of events, we offer panels and roundtable discussions, networking, mentorship, hospital shadows, and social events. We also provide insight to the myriad resources offered at our University and Hospital. All specialties are welcome, as are all genders!



### Best Branch Event Award - Bowling Green State University

Bowling Green State University is a newer AMWA branch, founded in the summer of 2020. Despite the challenges of the ongoing pandemic, BGSU's branch has grown to be the largest pre-health organization on their campus and the favorite organization of so many of its members. BGSU is dedicated to including members of all pre-health students, including nursing, occupational and physical therapy, physician assistant, dental, and more. We are incredibly honored

to have received this award while only in our second year and we look forward to even more new and exciting events in the future.



### AMWA International Outreach Award - University of Puerto Rico - Rio Piedras Campus

The American Medical Women's Association University of Puerto Rico, Río Piedras Chapter, is the first pre-medical branch established in the Caribbean. It was founded in 2020 and houses more than 100 members. Throughout the past year, this branch has distinguished itself for its countless community service activities, such as animal shelter maintenance, distribution of products in local food banks, and beach cleanups. It also aims to foster the development of the members, which is why AMWA UPRRP focuses on organizing and providing lectures, seminars, and discussions pertinent to the expansion of knowledge of each participant. Whether it be related to medical education or women's health, there is something suitable for each member.



### Humanitarian Branch Award - University of Southern California

The AMWA Pre-Med Chapter at USC, established in Spring 2020, focuses on advocacy, education, and mentorship to support women in medicine and improve health care. Our branch provides valuable opportunities, such as three different mentorship programs, guest speaker events with health care professionals, and weekly volunteering at the St. Francis Center. We have also implemented a pipeline program with Women of Radiology at Keck for members to

explore the field of radiology. We are continually educating ourselves and others about various local and global issues as well as speaking up for what we believe in as a branch.

### SCIENTIFIC POSTERS

### Physicians, Residents, and Fellows

Au C, Che M, Tsai C. "Chicken Congee for the Soul: Aligning Cultural Context in Patient Care."

Abdullah N, Stampler K, Goldberg J. "Case Report: Posterior Uterine Rupture."

Curtice H. "Sexist, Racist, and Homophobic Bias is Common in Verbal Abuse Directed Toward Staff in a Large, Urban Emergency Department."

Gomez J, Golnipath A, Fernandes RP. "First case of a collision tumor composed of basal cell adenocarcinoma and squamous cell carcinoma in the head and neck: A case report."

Kuwahara RK. "Telehealth and the Delivery of High Value Care in Primary Care: Benefits and Limitations of Virtual Visits during the COVID-19 Pandemic."

Makkar B, Emil S. "A rare case of Felty's Syndrome with an unusual presentation."

### **Medical Students**

Addis V, Hua C, Turpin S, Werbinski J. "The Need to Include Human Trafficking Simulations in the Medical School Curriculum."

Ali Y, Hartenstein B, Meyer G, Consuegra, Wilson A, Flohr M, Smith U, Cheung N, Fleischer C. "Life Support in Obstetrics Potential to Address Obstetric Disparities in Developing Countries."

Ali, A. "Fevers of Unknown Origin: Potential Network for Psychogenic Fevers."

Alzouhayli S, Bernardo S, Rea S, Booza J, Opara IN. "The Role of Gender and Specialty Interest in Mentorship."

Aukerman EA, Johnson ME, Hemmerlein TA, Gill M, Mehta RP. "Pica: Predicting the need for IV iron in the setting of severe iron deficiency anemia during pregnancy."

Avery C, Hoseus S, Cox N, Pauly A, Hege K. "Managing Primary Ovarian Insufficiency in Patients with Increased Risk for Thromboembolism."

Avery CC, Lawson KE, Kinney KA, Salmon CM, Yeagley TJ. "Robot Assisted Hysterectomy and Risk Assessment of Vaginal Cuff Dehiscence."

Brown A, Polites SF, Moir C, Potter DD, Ishitani M, Chattha A, Klinkner DB. "Electrocautery vs. Ligasure: Does Instrument Choice Matter in Ovarian Preservation?."

Brown L, Heitz A, Cox N, Hulsman L, Christman M. "The Case of the Vanishing Yoni Pearl."

Burger T, Koester J, Noel J, Crowley E. "Effects of Maternal Depression on Fetal Health."

Burns C, Dauterman L, Dawes A, Gallagher C, Jansen S, Solderholm B. "Endometriosis mimicking a gynecologic cancer presentation."

Buss K, Montgomery S, Shah P. "Opioid Medication Assisted Therapy During Pregnancy - Case Study."

Campbell M, Chaudhary A, Pandhiri T, Tominack H, Rouse CE. "Multidisciplinary Approach to Treatment of Cervical Pregnancy: A Case Report."

Campbell N, Locke, H. "Insurance Considerations for LGBTQ+ Patients Receiving Sex-Specific Care."

Chaudhary A, Vinjimoor S, Michaud A, Elzey K, Troitino I, Neal CM. "Hoosier Health Hub: Bridging the Gender Gap Through Early Medical Leadership Opportunities."

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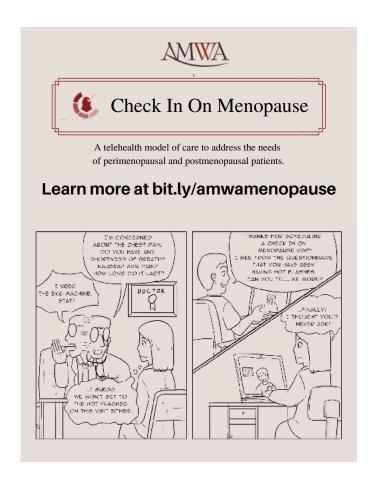
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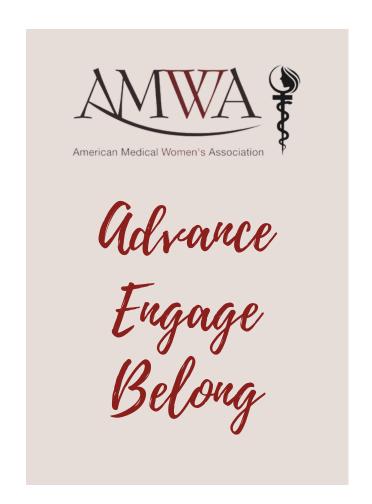
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### MOCKTAIL/COCKTAIL RECIPE

# SIU Culinary Medicine Raspberry-Jalapeño Fizz

This mocktail from John deBary, a mixologist in New York City and the author of "Drink What You Want," "is all about the interplay of jalapeño, banana and raspberry, which is an unexpected but excellent combination," Mr. deBary said.<sup>1</sup>

If you would like to move this delight from mocktail to cocktail status, try sparkling wine in place of sparkling water.

### INGREDIENTS

- 1 lime wedge
- 1 thin slice of jalapeno, seeded
- 1 slice of ripe banana, 1" thick
- 1 tsp kosher salt, divided
- 1 1/2 ounces chilled verjus\*
- ½ ounce raspberry preserves (about 1 TBSP, more if you like sweet)
- 34 ounce fresh lime juice
- 1 ½ ounce sparkling water or sparkling wine
- Salt for glass rim

### STEPS

- Use lime wedge to moisten rim of chilled glass, sip one side of rim into salt to coat it.
- 2. Place glass in freezer to chill while you make your drink.
- 3. Combine the jalapeno and banana in a cocktail shaker and muddle together until jalapeno is crushed.
- 4. Add verjus, raspberry preserves and lime juice.
- 5. Add ice and shake for 15 seconds.
- 6. Strain into prepared glass and top with sparkling water or sparkling wine.
- 7. Enjoy!

### **NOTES**

Verjus is the unfermented, pressed juice of unripened grapes. It is acidic but less harsh than vinegar. As a substitute, you can try chilled white grape juice or your favorite earthy white wine. If you want a dash of sour, you can add a few drops of apple cider vinegar.

1. deBary, John. "Raspberry-Jalapeno Fizz." Recipe. *The New York Times* 11 Jan 2022: Online, https://www.nytimes.com/2022/01/11/style/mocktail-recipes-for-your-wedding.html.

## **AMWA Fellowship**

Fellowship in the American Medical Women's Association is an honor achieved by those recognized for their integrity, professional excellence, scholarship, teaching and mentoring activities, leadership, public service and commitment to the mission of AMWA.

### **AMWA Fellowship Pledge**

As a Fellow of the American Medical Women's Association, I affirm my commitment to the highest traditions of the medical profession, to the ethical practice of medicine, to my professional integrity, and my pursuit of knowledge.

I will continue to act in the best interests of my patients, seek advice when needed, and respect my colleagues. I will provide assistance to those in need to the best of my ability. I pledge to support the mission and vision of the American Medical Women's Association, to strive to improve the health of women and all people, to help advance women in medicine, to serve and respect this Association, and to uphold the highest standards of this Association and the medical profession.

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### IN MEMORIAM - LILA AMDURSKA WALLIS, MD, MACP AMWA PAST PRESIDENT



Dr. Lila Amdurska Wallis, known as the "godmother of women's health" for her pioneering research on and advocacy for women's health issues, passed away at age 100 on January 3, 2022.

A long-time New York City resident, Dr. Wallis served as a Clinical Professor of Medicine at New York Hospital-Cornell Medical Center for 55 years.

Lila was born on June 1, 1921 to Jewish parents Samuel and Barbara Amdurski in Grodno, Poland. The family later moved to Vilna, where Lila met and married Benjamin Weintraub. After the Nazis invaded Vilna, Ben and Lila's brother, Izia, were deported to the Klooga concentration camp where Izia was murdered. Ben was one of 85 survivors, and later recounted his experience to John Hersey for an article titled Prisoner 339. Lila's mother went into hiding while Lila escaped to the countryside and was sheltered by a Polish woman, Janina Mejnartowicz, who was posthumously recognized in 2021 by Yad Vashem as a Righteous Person Among the Nations.

After the war, Lila was miraculously reunited with her mother and husband. The three then emigrated to New York to join Lila's father. Lila graduated from Barnard College in 1947 and from Columbia University's medical school in 1951. She helped develop the teaching model for breast and pelvic exams that

is used in medical schools today and authored numerous articles and textbooks on women's health. She was elected a Master of the American College of Physicians and served as president of the American Medical Women's Association (AMWA), president of the Women's Medical Association of New York (WMANYC), and founder and inaugural president of the National Council on Women's Health.

Dr. Wallis is predeceased by her husband of 74 years, who passed away in 2015. She is survived by her sons, Dr. James (Kathleen) and Dr. Jeffrey (Mary Beth), as well as her grandchildren Caroline, Grace, and Jack. Dr. Lila Wallis will be remembered as a model of perseverance, a loving mother and grandmother, and a pioneer in the medical profession.

Even in her late 90's, Dr. Wallis continued to take an avid interest in AMWA, engaging in "armchair research" and sharing ideas about how the organization could grow and expand. AMWA leaders were honored to be included in her 95th birthday celebration and enjoyed many visits where she continued to mentor and offer sage advice. In her message to the AMWA community in 2019, she charged future generations to continue blazing trails, advancing women in medicine, and improving healthcare. May we all follow the path she set for us.

Please read more about Dr. Wallis in AMWA's Blackwell Award Film, Blackwell Award Exhibit, and Faces of AMWA Exhibit. Share your memories and consider making a donation to AMWA in honor of Dr. Wallis.

My Dear Colleagues,

I am Lila A. Wallis MD, MACP, AMWA President in 1988 – 89.

On June 21, I will be 98 years old.

Our numbers are increasing.

What will happen if we put them to work? If we use our knowledge, skills and imagination to come up with ideas on better health for everyone? To increase the number and status of women physicians? To improve women's health? To build enduring peace?

Get into your "armchair research" chair.

Put on your "thinking caps"!!!!

And send your ideas to ExecutiveDirector@amwa-doc.org.

With warm regards, Dr. Lila Wallis

### IN MEMORIAM - ANNE BARLOW RAMSAY, MD AMWA PAST PRESIDENT



Dr. Anne Barlow Ramsay "was born in Yorkshire, England on 28 January 1925 to Scottish parents, both doctors. Anne studied in London during WWII, where she washed a great many dishes for the British Red Cross, the YMCA and the American Red Cross. She was also an Air Raid Warden for the Paddington District.

After graduation, she went to Toronto as a Rotary Foundation Scholar. She later moved to the United States, and in 1963 joined Abbott Laboratories as a Medical Writer. Over the next years, while climbing up the corporate ladder to Vice-President of Medical Affairs for the Hospital Products Division." (1)

Dr. Barlow was president of AMWA in 1982-1983. Following her presidency, she remained active in AMWA, serving as chair of the American Women's Hospitals Service (AWHS), an AMWA program providing global aid and grants to help areas of need around the world. The number of women physician leaders at the helm of AWHS have been few and far between—less than a dozen over the past 105 years. The dedication of these leaders is a testament to just how special this program is (see Certain Samaritans). Dr.

Barlow was no exception. Were it not for her steadfast leadership during the late 20th to early 21st Century, AWHS would surely have fallen by the wayside. Because of her efforts – and the efforts of others, AWHS celebrated its centenary in 2017. Today, the program remains as vibrant as ever before, this past year raising \$40,000+ in response to pandemic needs, PPE shortages, and famine in areas around the world.

Dr. Barlow has been referred to as a Renaissance woman, and indeed she was. While we in AMWA knew her as a physician and former VP at Abbott, she was also a writer, public health volunteer, and accomplished equestrian with a passion for dressage and horse breeding. She is survived by her daughter, Barbara Caldwell.

Please read more about Dr. Barlow in AMWA's Blackwell Award Film, Blackwell Award Exhibit, and Faces of AMWA Exhibit. Share your memories and consider making a donation to AWHS in honor of Dr. Barlow.

(1) https://eurodressage.com/2021/05/09/anne-barlow-ramsay-us-breeder-and-dressage-sponsor-passed-away

### IN MEMORIAM - PAUL FARMER, MD, PHD



Last year, AMWA was deeply honored to have the late Paul Farmer deliver one of our Gala keynotes. It was one year into the pandemic and eight months after the death of George Floyd – a time which he aptly characterized as one of "awakening and loss... a tectonic level of change." He shared with us a profound message of hope and inspiration and reminded us of the importance of resisting a "guild mentality, in order to fight for what our patients deserve and what we need to serve them."

Most importantly, he posed this question, "Where do we go as a healing profession in the midst of all this pain?"

His heartfelt answer would become a guiding light for us: "...leadership, allyship, and looking out for each other are a big part of what we most need right now. We are certainly humans before heroes, but many of those gathering virtually for the AMWA meeting are

nonetheless heroes to me, working as you do to make medicine truly humane and inclusive but also clearly on the right side of history's ledger."

At only 62 years of age, Dr. Farmer's work was far from over. And so, it is left to those of us who remain to follow the path that he forged, to carry on his work to fight inequality on behalf of not only our patients but those less visible in all corners of the world.

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**Medical Student Learning Platform Partners**  Medical School Fair:

Friday, March 25, 6:30-9:00 pm ET

Loyola University Stritch School of Medicine (6:30-7:00 PM EST) University of Rochester School of Medicine (7:00-7:30 PM EST) Indiana University School of Medicine (7:30-8:00 PM EST) University of Colorado School of Medicine (8:00-8:30 PM EST)

Meharry Medical College (8:30-9:00 PM EST)

Saturday, March 26, 7:00-8:30 pm ET

Exhibitor: PrepMatch + CASPer Exam Information Session (5:30-6:00 PM EST)

Exhibitor: Blueprint MCAT Prep Workshop (6:00-7:00 PM EST) Duke University School of Medicine (7:00-7:30 PM EST)

Washington University in St. Louis School of Medicine (7:30-8:00PM EST)

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### **ABOUT AMWA**

MISSION: To advance women in medicine, advocate for equity, and ensure excellence in health care.

*VISION:* A healthier world where women physicians achieve equity in the medical profession and realize their full potential.

VALUES: Integrity, Diversity, Equity, Inclusion, Collaboration, Mentorship

### PILLARS OF WORK

# ADVANCE WOMEN IN MEDICINE

Career Development Physician Well-being

### ADVOCATE FOR EQUITY

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### **EDUCATION**

Sex/Gender Specific Health Women's Health Public Health

### KATHRYN KO, MD, MFA, AMWA ARTIST IN RESIDENCE



Kathryn Ko, MD, MFA, AMWA Artist in Residence 2021-2022: Zainab Mabizari, MD, MS

Zainab Mabizari, MD, MSc is a writer, poet, and physician of Algerian descent. She received her medical degree from Baylor College of Medicine and master's degree in Narrative Medicine from Columbia University. She is currently completing a social justice focused medical residency at Montefiore's Primary Care and Social Internal Medicine program in the Bronx, where she will serve as a future chief resident. You can find her words and poetry on publications such as TEDx, PEN America, Doximity, and the Intima.

During her year as artist-in-residence, Zainab has published and performed poetry and prose on topics such as the culture of residency training, being a woman in medicine, striving for health equity and patient advocacy, and embracing diversity and intersectional identities. She has created a small collection of poems reflective of her experience as a physician in the midst of her residency training that will be performed at the annual AMWA conference. One of her poems has been included below.

Mechanical Ventilation Zainab Mabizari, MD, MSc

We are spirits floating through walls anchored to earth, transparent in grief.

Teach us to hold space in this Neverland ominous machines push secrets into air

The transitioning surrender to clouded sensorium, grasp onto the sound of mechanical dissonance,

Sing — oh humanity what an elegant collection of cells A masterpiece of timed affliction, a canvas that fades into beautiful oblivion.

This year, Studio AMWA has chosen two artists to serve as the Kathryn Ko, MD, MFA, AMWA Artist -in-Residence 2022-2023.



Kathryn Ko, MD, MFA, AMWA Artist in Residence 2022-2023: Sami Ali, M.D.

Sami Ali, MD is a physician Board Certified in Emergency Medicine. She practices at the busiest emergency room in Alaska. and serves as the Business Manager for Alaska Emergency Medicine Associates. Sami is a visual artist whose painting focus includes landscapes and portraits. www.samialiart.com



Kathryn Ko, MD, MFA, AMWA Artist in Residence 2022-2023: Leana Pande

Leana Pande is currently a medical student at the Touro College of Osteopathic Medicine with a background in Neuroscience and Psychology. She will be the first female physician in her family and the first woman have a self-chosen career. She is a self-taught visual artist with an eye for detail, an interest in feminine detail in design, and a focus on anatomical drawings.

www.instagram.com/leanas art

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Dr. Shobha Krishnan, Dr. Donnica Moore Dr. Tina Schade Willis, Khawaja Shams

Dr. Brette Harding, Dr. Monique Mun Lawren Wooten, Alexandra Pincus Anna Vardapetyan, Courtney Chau

### Staff

Executive Director – Dr. Eliza Lo Chin Deputy Director - Jodi Godfrey Associate Director – Danielle Carrier Assistant Director – Katherine Ross Director of Strategic Partnerships - Lisa Tate Director of Communications - Heather Van Ness Social Media Consulting Assistant – Caitlin Norman Membership Coordinator - Haritha Ponduri Member Engagement Director - Charlotte Tomic Member Engagement Coordinator - Hannah Workman

### **Regional Governors**

Dr. Jodi Frances Abbott – Region 1 Governor Dr. Akwi W. Asombang - Region 1 Lt. Governor Dr. Poonam Desai – Region 2 Governor Dr. Robin Faye - Region 3 Governor Dr. Nicole Bentze – Region 4 Governor Dr. Lauren Walter – Region 5 Governor Dr. Ruqiya Shama Tareen – Region 6 Governor Dr. Kellie C Lease Stecher – Region 7 Governor Dr. Molly A. Uhlenhake - Region 7 Lt. Governor

### Dr. Gloria Wu - Region 9 Governor **Residency Division Leadership**

Dr. Kelli Cohen Fein - Region 8 Governor

President – Dr. Brette Harding President-Elect – Dr. Monique Mun Treasurer – Dr. Alexandra Goodwin Secretary – Dr. Kia O'Nea Advocacy Chair - Dr. Mary Beth Gadarowski Awards Chair - Dr. Madeleine Manka Conference Co-Chair - Dr. Anagha Nagaraj Conference Co-Chair – Dr. Subhjit Sukhon Diversity Chair - Dr. MerryJean Losso Mentorship Chair - Dr. Selena Park Recruitment Chair - Dr. Theodora (Swenson) Tran

**Student Division Leadership** President - Lawren Wooten President-Elect – Dr. Alexandra Pincus Treasurer – Rachel McCann Treasurer-Elect - Syeda Akily Ally Secretary - Casey Gilman Advocacy Chair – Yeonsoo Sara Lee Awards Chair – Maria Perez Conference Co-Chair - Alyssa Brown Conference Co-Chair - Juliana Gomez External Relations Chair - Bukola Toyobo Global Health Chair - Pooja Pandita Program Chair - Lauren Jones Mentorship Chair - Morgan Levy

Recruitment Chair - Krisha Gupta Philanthropy Chair - Aashna Mehta Social Media Chair – Elizabeth Kim Region 1 Director – Jessica Shi Region 2 Director - Alana Parker Region 3 Director – Julia Burns Region 4 Director - Monali Shah Region 5 Director – Christy Collins Region 6 Director – Christi Brown Region 7 Director – Madeline A. Sauer Region 8 Director - Brittany DK Gratreak

### Region 9 Director – Alexandra Calderon **Premedical Student Division**

President - Anna Vardapetyan President-Elect - Courtney Chau Treasurer – Tiffany Vereen Secretary - Lori Horhor Advocacy Chair – Farheen Jamshed Awards Chair - Kendyl Naugle Conference Co-Chair - Hannah Chan Conference Co-Chair - Maya Roytman External Relations Chair - Bri'Ana Gardiner Global Health Chair - Johanna Alicia Angeles Mentorship Chair - Nataly Montano Program Chair – Flora Jin Recruitment Chair - Vikasni Mohan Social Media Chair – Brianna McKenzie Region 1 Director – Iris Dupanovic Region 2 Director - Sai Chelluri

Region 3 Director – Varshini Vakulabharanam

Region 4 Director – Tyra Gravesande Region 5 Director - Jessica Hoff

Region 6 Director - Kaylee Travis Region 7 Director - Angela Belous

Region 8 Director - Krupa Chodabadya

Region 9 Director - Cailin Born

Region 1 CT, ME, MA, NH, RI, VT Region 2 NJ, NY

Region 3 DC, DE, MD, PA, VA, WV

Region 4 FL, GA, NC, SC

Region 5 AL, LA, MS, TN, The Caribbean

Region 6 IL, IN, KY, MI, OH

Region 7 AR, IA, KS, MN, MO, NE, ND, OK, SD, WI Region 8 AZ, CO, ID, MT, NM, NV, TX, UT, WY

Region 9 AK, CA, HI, OR, WA

### **Committee and Task Force Chairs** PILLAR: DEVELOPMENT

Leadership Council – Dr. Connie Newman, Dr. Monica Broom

Mentoring -Dr. Kate Sharkey, Dr. Amy Davis Physician Wellness Mental Health - Dr. Kimberly Templeton, Dr. Loice Swisher

Action Coalition for Equity - Dr. Michael Sinha Humans Before Heroes - Dr. Kimberly Templeton, Dr. Loice Swisher

International Medical Graduates - Dr. Sheila Toro, Dr. Nilufer Yalcin

Physician Fertility - Dr. Hina Talib, Dr. Cindy Duke, Dr. Torie Comeaux

Medical Humanities

Dance, Theater, and Medicine - Lara Rostomian, Maya Roytman Literary AMWA - Dr. Anju Goel, Cristina Go

Media AMWA - Dr. Eliza Chin Music in Medicine - Dr. Mary Rorro

Studio AMWA - Dr. Karen Poirier-Brode

Artist in Residence - Dr. Zainab Mabizari

### PILLAR: ADVOCACY

Gender Equity - Dr. Wendy Bernstein, Dr. Molly Timmerman

Advocacy Committee - Dr. Eileen Barrett, Dr. Rita Kuwahara

Diversity and Inclusion Task Force - Dr. Neelum Aggarwal, Dr. Jane Petro, Dr. Mollie Marr, Dr. Janelle Marra, Dima Elissa, Dr. Vidhya Prakash, Dr. Chyanne Brown, Dr. Nicole Sandhu

### PILLAR: EDUCATION

AMWA COVID Lead - Dr. Saralyn Mark Sex and Gender Health Collaborative - Dr. Mary Rojek, Dr. Caroline Paul Program Committee - Dr. Susan Hingle, Dr. Stacy Sattovia

Global Health - Dr. Padmini Murthy HPV and Cervical Cancer - Dr. Shobha Krishnan, Dr. Donnica Moore

Opioid Addiction in Women - Dr. Connie Newman, Dr. Kim Templeton

Gun Violence Prevention - Dr. Nina Agrawal Physicians Against the Trafficking of Humans (PATH) - CAPT Liz Berdan, MD, Dr. Traci Kurtzer Graduate Medical Education - Dr. Joan Lo. Dr. Kim Templeton, Dr. Theresa Rohr-Kirchgraber

### **INTERNAL COMMITTEES**

Finance Committee - Dr. Beth Garner Governance - Dr. Roberta Gebhard American Women Hospitals Services - Dr. Laura Helfman, Dr. Sara Schwanke Khilji, Dr. Arielle

Awards - Dr. Farzanna Haffizulla, Corporate Advisory Board - Dr. Eliza Chin, Lisa Tate Development – Khawaja Shams, Dr. Donnica Moore

Dr. Linda Brodsky Fund Advisory Board – Dr. Roberta Gebhard Fellowship Program - Dr. Connie Newman,

Dr. Suzanne Harrison IGNITE – Dr. Julia Files

Leadership Program - Dr. Tammy Chang,

Dr. Pamela Ludmer

Membership - Dr. Vidhya Prakash Social Media - Dr. Cherilyn Cecchini, Alyssa Brown, AMWA WWI Exhibit - Victoria Sefcsik, Iris Dupanovic

### 2022-2023 Board of Directors President – Dr. Theresa Rohr-Kirchgraber President-Flect - Dr. Flizabeth Garner

Immediate Past President – Dr. Janice Werbinski Treasurer – Khawaja Shams Secretary - CAPT Paulette Cazares, MD Directors -Dr. Bisi Alli, Dr. Eileen Barrett Dr. Shobha Krishnan, Dr. Donnica Moore Dr. Chung Sang Tse, Dr. Arghavan Salles Dr. Monique Munn, Dr. Alexandra Pincus Courtney Chau Resident, Medical Student, and Premedical

**Division President-elect TBD** 

### **AMWA HISTORY**

### **AMWA Presidents**

1915-18 Bertha Van Hoosen, MD

1918-19 Angenette Parry, MD

1919-20 Etta Grav, MD

1920-21 Martha Tracy, MD

1921-22 Elizabeth Bass, MD

1922-23 Grace Kimball, MD

1923-24 Kate Campbell Hurd-Mead, MD

1924-25 Katherine C. Manion, MD

1925-26 Anna E. Blount, MD

1926-27 Frances E. Rose, MD

1927-28 Elizabeth B. Thelberg, MD

1928-29 Louise Tayler-Jones, MD

1929-30 Ellen C. Potter, MD

1930-31 Olga Statsny, MD

1931-32 L. Rosa H. Gantt, MD

1932-33 Esther Pohl Lovejoy, MD

1933-34 Mary O'Malley, MD

1934-35 Lena K. Sadler, MD

1935-36 S. Josephine Baker, MD

1936-37 Catharine Macfarlane, MD

1937-38 Mabel M. Akin, MD

1938-39 Kate B. Karpeles, MD

1939-40 Nelle S. Nobel, MD

1940-41 Elizabeth Mason-Hohl, MD

1941-42 Emily D. Barringer, MD

1942-43 Helena T. Ratterman, MD

1943-44 Zoe A. Johnston, MD

1944-45 Alice S. Wooley, MD

1945-46 Kate Savage Zerfoss, MD

1946-47 Helen Johnston, MD

1947-48 Mabel E. Gardner, MD

1948-49 Elise S. L'Esperance, MD

1949-50 Dorothy Wells Atkinson, MD

1950-51 Elizabeth S. Waugh, MD

1951-52 Amey Chappell, MD

1952-53 Evangeline Stenhouse, MD

1953-54 Judith Ahlem, MD

1954-55 Camille Mermod, MD

1955-56 Esther C. Marting, MD

1956-57 Camille Mermod, MD

1957-58 Elizabeth S. Kahler, MD

1958-59 Katherine W. Wright, MD

1959-60 Jessie L. Brodie, MD

1960-61 Claire F. Ryder, MD 1961-62 Edith P. Brown, MD

1962-63 Ruth Hartgraves, MD

1963-64 Rosa Lee Nemir, MD

1964-65 Bernice Sachs, MD

1965-66 Margaret J. Schneider, MD

1966-67 Elizabeth A. McGrew, MD

1967-68 Alice D. Chenoweth, MD

1968-69 Laura E. Morrow, MD

1969-70 Josephine E. Renshaw, MD

1970-71 Minerva S. Buerk, MD

1971-72 Frances K. Harding, MD 1972-73 Ruth Fleming, MD

1973-74 Margaret P. Sullivan, MD

1974-75 Carolyn S. Pincock, MD

1975-76 Catherine W. Anthony, MD

1976-77 Claudine M. Gay, MD

1977-78 Charlotte H. Kerr, MD

1978-79 A. Lois Scully, MD

1979-80 Joanne L. Linn, MD

1980-81 Vivian K. Harlin, MD

1981-82 Christine Haycock, MD

1982-83 Anne Barlow Ramsay, MD

1983-84 Lila Kroser, MD

1984-85 Clair Callan, MD, MBA

1985-86 Constance Battle, MD

1986-87 Mary Jane England, MD

1987-88 Doris Bartuska, MD

1988-89 Lila Wallis, MD, MACP

1989-90 Susan Stewart, MD

1990-91 Roselyn Epps, MD

1991-92 Lillian Gonzalez-Pardo, MD

1992-93 Leah Dickstein, MD

1993-94 Kathryn C. Bemmann, MD

1994-95 Diana Dell, MD

1995-96 Jean Fourcroy, MD, PhD

1996-97 Debra Judelson, MD

1997-98 Sharyn Lenhart, MD

1998-99 Clarita Herrera, MD

1999-2000 Catherine Henry, MD

2000-02 Omega Silva, MD, MACP

2002-03 Elinor Christiansen, MD

2003-04 Lynn Epstein, MD

2004-05 Diane Helentjaris, MD

2005-06 Carolyn Webber, MD

2006-07 Susan Ivev, MD, MHSA

2007-08 Diana Galindo, MD

2008-09 Claudia Morrissey, MD, MPH

2009-10 Beatrice S. Desper, MD

2010-11 Eliza Lo Chin, MD, MPH

2011-12 Mary Guinan, PhD, MD

2012-13 Gayatri Devi, MD

2013-14 Eleni Tousimis, MD

2014-15 Farzanna S. Haffizulla, MD

2015-16 Theresa Rohr-Kirchgraber, MD

2016-17 Kim Templeton, MD

2017-18 Suzanne L. Harrison

2018-19 Connie B. Newman, MD

2019-20 Roberta E. Gebhard, DO

2020-21 Nicole Sandhu, MD, PhD

2021-22 Janice Werbinski, MD

### **AMWA Historic Landmarks**



Bertha Van Hoosen, M.D. Historic Marker Location where AMWA was founded 410 South Michigan Avenue, Chicago, IL



Rochester Hills Museum at Van Hoosen Farm Home of Dr. Bertha Van Hoosen 1005 Van Hoosen Rd, Rochester, MI 48307 http://www.rochesterhills.org



AMWA Legacy Exhibit - Legacy Center Drexel University School of Medicine http://archives.drexelmed.edu

### **On-line Exhibitions & Resources**

www.amwa-doc.org

Faces of AMWA

Studio AMWA (Art) Literary AMWA (Writing)

Media AMWA (Film)

Music & Medicine

Dance, Theater, and Medicine

Women Physicians in WWI

Women Physician Suffragists Elizabeth Blackwell Medal Awardees

AMWA Centennial Book and AMWA Centennial Video - www.amwa-doc.org

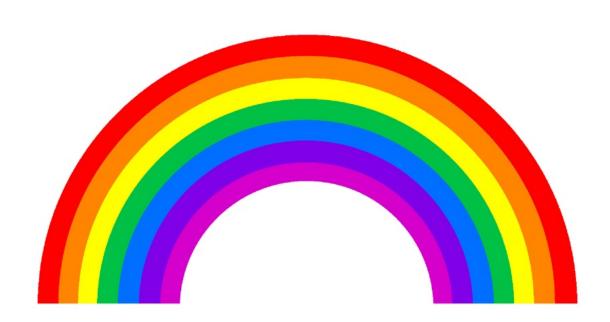
### AMWA Legacy Quilt

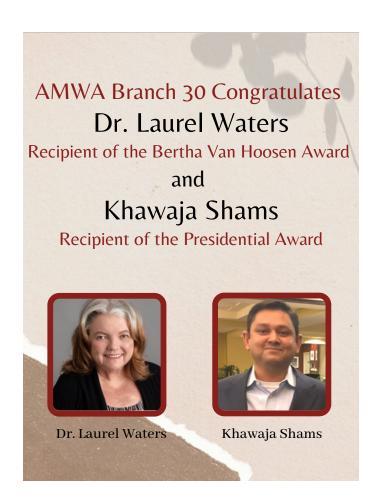
### Documentaries:

- Pioneer Family: On Van Hoosen Farmhttp://www.dptv.org/video/pioneer-family-van-hoosen-farm
- At Home and Over There: American Women Physicians in WWI.

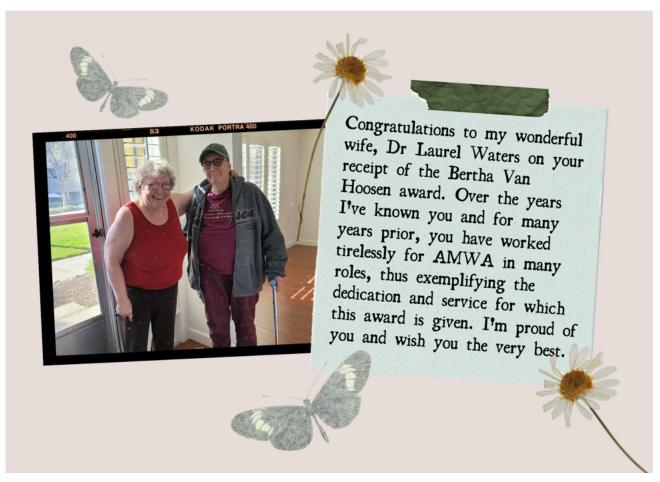
The LGBTQIA+ Subcommittee
Extends their congratulations to
Laurel Waters on the occasion of her
receiving the Bertha Van Hoosen
Award!!!!!

Jane Petro, Mollie Marr, Patty Robertson, Marie Bustillo, Yiran Wang and the rest of the gang!!









The AMWA ELEVATE Leadership Certification Program is designed for women physicians seeking career satisfaction and advancement in medicine and healthcare. This 6-month, multifaceted competency-based program will position you to achieve the recognition you deserve and the confidence to seek out and accept opportunities as a confident and effective leader.

AMWA Elevate—Fundamentals in Self-Leadership for Women Physicians is the right answer for anyone who is ready and open to enhancing the leader within through skills-building and deeper insights. AMWA launched this leadership program to invite a more diverse pool of women physicians to excel as leaders. Participants will be prepared to accept opportunities with confidence and to seek positions that fulfill individual aspirations.

And a parallel program for trainees....



bit.ly/amwaleaders

### **WOMEN IN MEDICINE**

Setting an Agenda for Change 2021 & Beyond

> Korn Ferry & AMWA Partnership

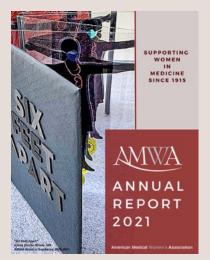


KF Leadership U for Humanity has leveraged 50 years of experience developing and placing leaders in management and executive positions. This program was established to accelerate the preparation of a more representative leadership pool reflecting a greater range of perspectives, experiences, and backgrounds - women and individuals from underrepresented communitieswho will champion conscious inclusion and greater responsiveness to their teams. Program includes selfguided learning, live (virtual) courses, individual coaching, and career support.

### Requirements:

- Have 4-15 years of work experience
- 9 hours of course study a month over 6 months

### **READ THE ANNUAL REPORT...**



bit.ly/amwa2021ar

TOGETHER, WE ARE CHANGING THE CULTURE OF MEDICINE





The Foster School of Medicine provides a fully integrated, innovative curriculum that combines both experiential and classroom learning environments in small class sizes, with access to the only accredited clinical simulation center in the state by the Society for Simulation Healthcare.

- Patient exposure from day one.Designated as a Hispanic Serving Institution.
- Spanish curriculum with summer immersion.

All of this at an affordable rate, in one of the safest cities in the nation.



TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER. EL PASO





TTUHSCEP @TTUHSCEP







# Honoring our Co-Chair

Mary Rojek, PhD

with the Camille Mermod Award



...because sex and gender matter. Thank you for being our champion.

# The story of the American Women's Hospital Service

This Women's History Month, watch the film, view the exhibit, and make a donation. amwa-doc.org/wwi-film

More than 100 years ago, women physicians refused to be left out of the war service. An effort which began as two volunteer hospital units during WWI has continued over the past century--and our work has not stopped. Thanks to generous donations this past year, AWHS provided over \$40,000 in funds for supplies in response to COVID-19, famine, and war.

# AMWA Past Presidents wish Dr. Theresa Rohr-Kirchgraber much success as she begins her 2<sup>nd</sup> presidency!



"To acknowledge our ancestors means we are aware that we did not make ourselves, that the line stretches all the way back..." —Alice Walker

# SO PROWD OF OUR VERY OWN DR. JULIE SILVER 2022 RECIPIENT OF AMWA'S BLACKWELL MEDAL

#QuoteHer

#WallsDoTalk

**#BeEthical** 



**#NeedHerScience** 

#HerTimeIsNow

#GiveHerAReason toStay

# THANK YOU FOR ALL YOU DO TO SUPPORT WOMEN IN MEDICINE!

**#PROWD Promoting and Respecting Our Women Doctors**