American Medical Women's Association 2022 AWARDS



Presidential Award – C. Noel Bairey Merz, MD, FACC, FAHA, FESC

C. Noel Bairey Merz, MD, holds the Irwin and Sheila Allen Chair in Women's Heart Research and is Director of the Barbra Streisand Women's Heart Center, the Linda Joy Pollin Women's Heart Health Program, the Erika J Glazer Women's Heart Research Initiative, and the Preventive Cardiac Center at the Cedars-Sinai Heart Institute. She is also Professor of Medicine at Cedars-Sinai Medical Center. Dr. Bairey Merz's research interests include women and cardiovascular disease, mental stress and heart disease, and the role of exercise and stress management in reversing disease. A prolific lecturer and member of many professional organizations, Dr. Bairey Merz, has received numerous

nvestigational grants and chairs the National Institutes of Health (NIH)-sponsored WISE (Women's Ischemic Syndrome Evaluation) initiative.)r. Bairey Merz has received numerous awards and honors, and her extensive scientific publication record spans 425+ scientific papers, 315+ obstracts, myriad book chapters, and countless peer-reviewed journals.



Presidential Award - Khawaja Shams

A leader in the high-tech industry for the last 25 years, Khawaja has moved industries forward by creating innovative products with his distinct management and leadership style. He holds multiple patents in mobile wireless technologies at Apple, where he founded the Applied Machine Learning team. Khawaja has created multiple organizations from scratch focused on applying Machine Learning and behavioral analytics in fraud detection, Apple hardware diagnostics, risk management, mobile payments, cyber security & threat intelligence, healthcare, digital health, privacy, search, and recommendations. He has developed teams of hundreds of people, serving billions of users and creating multi-billion dollars per year in value. He has broad industry experience ranging from Manufacturing, Media, Retail, Banking,

HealthCare, and Technology. He is currently a Senior Director of Engineering at Google where he leads multiple teams applying ML to benefit sillions of users. Khawaja has brought his ML and engineering expertise and vision to be a key driver for the advancement of consumer health ML, security, and privacy. He is married with two children whom he encourages to pursue their own creative ventures, in addition to a network of mentees and partners he sponsors to fulfill their own potential.



Elizabeth Blackwell Award - Julie K. Silver, MD

Dr. Silver is an Associate Professor and Associate Chair in the Department of Physical Medicine and Rehabilitation at Harvard Medical School and is on the staff of Massachusetts General, Brigham and Women's, and Spaulding Rehabilitation Hospitals. She is an expert on diversity, equity, and inclusion and has published many reports specifically focused on gender equity. She also conducts research on workforce and patient care disparities focused on race/ethnicity and has published in high-impact journals and across numerous specialties. Dr. Silver also developed national strategic initiatives such as the Her Time Is Now Campaign, Be Ethical Campaign, Need Her Science Campaign, and the Walls Do Talk Challenge. She directs the successful Harvard Medical School women's leadership CME course "Career Advancement for Women in Health Care" which has trained thousands of women in medicine. Her work has been featured in many media outlets.



Bertha Van Hoosen Award – Laurel Waters, MD, FCAP, FASCP, FAMWA

Dr. Laurel Waters has been involved in AMWA since 1987 in the local SF Bay Area Branch 30. She became the President of the Branch and co-chaired a Regional AMWA meeting which featured a satellite download of Madeline Albright and Hillary Clinton speaking about the Beijing conference on the status of women. She subsequently became involved in National AMWA as a Regional Governor. This gave her a seat on the Board of Directors. After a reorganization, she returned to the Board, initially as an at-large member and subsequently as Treasurer which gave her a seat on the Executive Committee. She served on many committees and chaired some including Membership and Governance. She was the Founding Chair of the LGBTQiA Taskforce. In 2021 she was selected to become President-Elect but became ill and stepped aside for the capable leadership of Dr. Theresa Rohr-Kirchgraber.



Lila Wallis Women's Health Award - Donnica Moore, MD

Donnica Moore, MD is highly regarded as a women's health expert. She is President, Sapphire Women's Health Group, hosts DrDonnica.com, and is Editor-in-Chief of the book Women's Health for Life. Known as "Dr. Donnica," she has done more than 850 television appearances including "The Today Show" and "Good Morning America." She has received more than 30 awards for her work in women's health including an Honorary Doctorate of Science from the State University of NY. She is a member of the AMWA Board of Directors and served on Medical Advisory Boards for several companies. Her work has been featured in numerous periodicals including *Business Week*, *The New York Times*, and *The Wall Street*

ournal. Dr. Moore graduated from Princeton University and SUNY Buffalo School of Medicine. She did residency training in obstetrics & synecology & family medicine. She is the mother of two young adults.



Woman in Science Award – Elizabeth Garner, MD, MPH

Elizabeth Garner is a physician focused on addressing unmet needs in women's health and brings wide expertise in drug and vaccine development. She is currently Chief Medical Officer (CMO) of ObsEva, a Swiss women's health company. Her previous positions include CMO of Agile Therapeutics, VP Medical Affairs at Myriad Genetics, Senior Director Clinical Research at Abbott, and Director Clinical Research at Merck. Dr. Garner's corporate board positions include Kezar Life Sciences and Sermonix Pharmaceuticals. Her non-profit board roles include the American Medical Women's Association, the Drug Information Association, and CorStone. Dr. Garner received MD and MPH degrees from Harvard Medical School and Harvard School of Public Health and trained in Ob/Gyn and gynecologic oncology at Brigham and Women's Hospital. She was a 2019 awardee of PharmaVoice's 100 most inspiring individuals in the life-sciences and is a frequent speaker on women's health, leadership, and diversity.



Ester Pohl Lovejoy Award - Shelley Ross, MD, CCFP, FCFP, ICD.D

Dr. Shelley Ross has spent her career as a full-service family physician in Vancouver, Canada, with a special interest in family practice obstetrics. She is no stranger to leadership roles, having been President of the Federation of Medical Women of Canada (FMWC), the President and later Secretary General of the Medical Women's International Association (MWIA), and President of her provincial medical association, the Doctors of BC. It is through her work with MWIA that she has promoted women's health internationally. She has been a strong supporter of AMWA since 1984, when she was President of the FMWC. She was intimately involved in the development of the 2019 MWIA International Congress, hosted by AMWA. She often states that you cannot put a value on the connections and friendships made through AMWA and MWIA that last a lifetime.



Larry Zaroff Man of Good Conscience Award - Douglas DeLong, MD, MACP, FRCP

Dr. DeLong recently retired as Chief of the Division of General Internal Medicine at Bassett Hospital in Cooperstown, New York. He held the academic rank of Associate Clinical Professor of Medicine in the Vagelos College of Physicians and Surgeons at Columbia University. Dr. DeLong is emeritus past-Chair of the Board of Regents of the American College of Physicians. Prior to his term on the ACP's Board of Regents he served as Chair of the Board of Governors. He was the Governor of the New York Hudson Valley Chapter 2012-2016. He spent four decades practicing general internal medicine; never in a town with more than one traffic light. He lives with his wife Lynn on a 250 acre tree farm in upstate New York and loves Nordic skiing, sailing and good eats.



Camille Mermod Award – Mary K. Rojek, PhD

Mary K. Rojek, PhD is a medical sociologist and a co-founder of the Sex and Gender Health Collaborative (SGHC) which is a committee of AMWA. She is a former President and former Chair of SGHC. She is currently SGHC's Co-Chair. Dr. Rojek's support of AMWA began as a member of an initial women's health in medical education working group in 2008, the precursor to SGHC. She led SGHC as its focus broadened from women's health to sex and gender based health, and then to addressing intersectionality. She is leading AMWA's national efforts in advancing interprofessional education, research, and practice with a sex and gender lens to improve health equity. Dr. Rojek brings her expertise in interprofessional health education, collaboration, community based participatory research, educational program development and management, and program evaluation to her work for AMWA.



Anne C. Carter Student Leadership Award – Sweta Adhikary

Sweta Adhikary is a current MD/PhD student at Oregon Health and Science University. She received her Bachelors degree in Integrative Physiology and Psychology, and her PhD in Neuroscience. She wants to pursue a career in academic medicine as a Pediatric Physician Scientist studying long-term effects of opioids and sedative pharmacotherapy in children. Additionally, she is passionate about making space for women identified individuals and historically excluded members in academic medicine through focused mentorship and education opportunities. In her free time she likes to run, read books, and watch Netflix with her husband and cat.

Exceptional Mentor Award Recipients

Eftikhar A. Akam, DO, MS Hyattsville, MD Kathleen L Davenport, MD Fort Lauderdale, FL

Roberta E. Gebhard, DO, FAMWA Frand Island, NY

arzanna S. Haffizulla, M.D., FACP FAMWA Davie, FL

Deborah Korenstein MD, FACP New York, NY

aura Liberman, MD Jew York, NY

Miriam Zylberglait Lisigurski, MD, FACP wentura, FL

√elodie J. Mope, MD Vinter Garden, FL Anne G. Rizzo, MD, FACS, DABS Sayre, PA

Amit Sapra, MD Springfield, IL

Eric H. Shapiro, MD Fairfax, VA

Errin Weisman, DO Winslow, IN

Hanna Zafar MD MHS Philadelphia, PA

nspire Award Recipients



Monica Broome, MD, FACP, FAACH, FAMWA Assistant Professor of Medicine Director of Communication Skills Program University of Miami Miller School of Medicine Miami, Florida



Doris Hardacker, MD
Associate Professor of
Clinical Anesthesia
Indiana University School of
Medicine
Indianapolis, Indiana



Suzanne L. Harrison, MD, FAAFP, FAMWA Professor, Department of Family Medicine & Rural Health Director of Clinical Programs Florida State University College of Medicine Tallahassee, Florida



Susan Y. Lee, MD, FACP Associate Professor of Clinical Medicine SUNY, Stony Brook Medical Director, Stony Brook Primary Care Stonybrook, New York



Lonzetta Neal, MD FACP
Assistant Professor of
Internal Medicine
Mayo Clinic
Rochester, Minnesota



Ankita Sagar, MD, MPH, FACP Associate Professor of Medicine Zucker School of Medicine Hofstra/Northwell Health Hempstead, New York



Molly A. Uhlenhake, DO, FACP Assistant Professor of Internal Medicine and Pediatrics Truman Medical Center University of Missouri Kansas-City Kansas City, Missouri



Ruchika S. Yusufji, MBBS, MD Psychiatry and Addiction Medicine Shreveport, Louisiana

Resident Division Awards



Charlotte Edwards Maguire, MD Outstanding Resident Mentor Award – Laura Vater, MD, MPH
Laura Vater, MD, MPH is an oncology fellow, writer, and advocate for medical trainees. She has published a number of narrative medicine essays and is working on her first novel.



Susan L. Ivey, MD Courage to Lead Award – Selena Park, MD

Selena is a third year OBGYN resident at Rutgers Robert Wood Johnson Medical School in New Jersey. She began her involvement in AMWA as a medical student, was elected as the External Relations Chair in 2018, and is currently serving as the Mentorship Chair. Her interests in OBGYN include reproductive medicine, teaching, and education. Her goal through AMWA is to contribute building a supportive community for female residents and physicians.



Elinor T. Christiansen, MD Altruism Award – Zainab Mabizari, MD

Zainab Mabizari is a writer, poet, and physician of Algerian descent. She received her medical degree from Baylor College of Medicine and master's degree in Narrative Medicine from Columbia University. She is currently completing a social justice focused medical residency at Montefiore's Primary Care and Social Internal Medicine program in the Bronx, where she will serve as a future chief resident. You can find her words and poetry on publications such as TEDx and the Intima.



Susan Love Writing Contest – Bridget Findlay, MD

Dr. Findlay is a third-year urology resident at the Mayo Clinic. She is passionate about promoting women pursuing surgical specialties and research regarding gender parity in surgical training. She earned her undergraduate degree in Biochemistry from the University of Rochester and medical degree from Rutgers Robert Wood Johnson Medical School.

Medical Student Division Awards



Haffizulla Family Scholarship and Education Scholarship – Stephanie Rocha

Stephanie Rocha is a second-year medical student at Edward Via College of Osteopathic Medicine (VCOM – Louisiana). AMWA is dedicated to advancing women in medicine and improving women's health which is why she became interested in this organization. Her goal is to be a community-focused physician treating diverse and socioeconomically disadvantaged people placing great emphasis on preventative interventions. Her hope is to continue bringing awareness to underserved communities by educating people on how to prevent illness and encourage a healthy lifestyle. Becoming Vice President of her local AMWA chapter and being accepted into medical school is only the beginning in making a positive difference and a

tride toward this effort. As a first-generation Latina physician, it her hope to achieve AMWA's mission and vision in her own medical practice of advocating for women and ensuring excellence in women's health care. Outside of school she enjoys spending time with her husband, and their fur baby, Max. She also loves spending time with both of their families and friends, baking, running, and traveling.



Medical Education Scholarship - Tannaz Safari

Tannaz Safari is a Stanford HCOP and LEAP program alumni currently in her 2nd year of medical student at AUA College of Medicine. She is an honor student who is also a Teacher's Assistant and provides academic help and mentorship to lowerclassmen. She received her BS in Molecular, cell and development biology from University of California, Santa Cruz. Thereafter, she pursued her MPH from the University of New England. Before starting medical school, Tannaz served as research coordinator at UC San Francisco where she published two articles on implementing Telehealth services to admitted palliative care and oncology patients who wish to see their own provider. She has been a TA since her 1st year of medical

chool and also strives to serve as a mentor to those in need of it. As an active member of the American Medical Women's Association, she nows the importance of guidance in medical academia and hopes to be a reminder to others that they can achieve and be anything they want o be if they work hard for it.



Heller Outstanding Branch Award - Oakland University William Beaumont

The Oakland University William Beaumont School of Medicine AMWA Branch's

goal this year was to foster a supportive network of empowered student doctors by creating opportunities for our members to strengthen their awareness of social justice in medicine, mentor younger generations, and support our community partners through service and fundraising. Some of their proudest achievements for the year include: (1) Strengthening the OU pre-medical mentorship program to pair 77 medical students with pre-health undergraduates; (2) Donating nearly 1500 cloth and surgical masks to HAVEN, a local shelter and empowerment center for survivors of intimate

partner violence, and (3) Recruiting more National AMWA members than ever before and establishing a relationship with other Michigan nedical school AMWA branches.

Pre-medical Student Division Awards



Student of the Year Award - Sarah Barhouma

Sarah is concurrently working on a Bachelor's in Health and the Human Sciences and a Master of Health Administration at the University of Southern California. She hopes to fuse her MHA education in health economics and policy with her goal of becoming a physician in order to address quality and access of care from both clinical and administrative standpoints. Sarah served as secretary for USC AMWA her sophomore year and is now serving as Vice President of Administration. During her time as VP, she has established a shadowing and mentorship program between LAC + USC and USC AMWA, and has over sought the establishment of an alumni outreach program and tutoring program. Her other extracurriculars include

conducting research for a translational immunology lab at the USC Keck School of Medicine, volunteering at a pediatric orthopedic clinic, and utoring underserved children in the Los Angeles community through Teach for Los Angeles.



Premedical Branch Member of the Year Award - Krupa Patel

Krupa Patel is a senior at the University of Michigan studying neuroscience on a pre-med track, with a strong interest in pursuing neurosurgery. She currently serves as the AMWA President of her university chapter. Krupa is also President of Pre-Surgical Club, Professional Development Chair of Michigan Neuroprosthetics, and Chief Operations Officer of non-profit Lunar Doula Collective. She volunteers as a Cancer Research Assistant, Spine Surgery Scribe, Crisis Counselor, Art Therapist, and COVID-19 Trilingual Contact Tracer. Additionally, Krupa spends each week helping veteran and hospice patients. Outside

of medicine, Krupa enjoys tutoring students, being a FIRST Robotics mentor, and serving as a Camp Kesem Counselor.



Eliza Lo Chin Unsung Hero Award – Farheen Jamshed

Farheen Jamshed is a first-year MPH student at the Columbia University Mailman School of Public Health studying infectious disease epidemiology. She graduated from the University of California, Berkeley in Spring 2021 where she earned a degree in Integrative Biology and minors in Ethnic Studies and Global Public Health. She joined AMWA through her local branch at UC Berkeley and has been an active member ever since. During her time in AMWA, she has worked closely with her fellow AMWA members at the local and national level. Farheen has previously served as National AMWA's Premedical Global

lealth Chair, as well as UC Berkeley AMWA Secretary. This year as Premedical Advocacy Chair, she founded the premedical advocacy committee and organized several advocacy projects. She has deeply appreciated her experience as a member and leader in AMWA and has therished AMWA as being an immensely supportive community.



Shobha S. Krishnan HPV and Cervical Cancer Champion Award – Lori Horhor

In May of 2020, Lori Horhor graduated from the University of California, Berkeley, where she studied Medical Biology and Physiology and minored in music. Some of her passions include music, medicine, and serving underserved communities. She loves to work with children and tutor underprivileged students through School on Wheels, Inc. She is also heavily involved with the Hidden Road Initiative, a nonprofit organization that works to improve access to education to low-income students living in the rural villages of Armenia. She was a research assistant for the Kristin Scott Laboratory in Berkeley's Molecular

Ind Cell Biology Department, studying gustatory circuitry in Drosophila melanogaster. She works as a medical assistant and scribe at Bloom Distetrics and Gynecology, Inc, where she has witnessed how misinformation can prevent patients from taking the easy, but necessary, steps o protecting themselves from cervical cancer. She was first introduced to GIAHC through the American Medical Women's Association, where he has served as a leader both locally and nationally for four years. She is ecstatic to explore ways in which music and the arts can be utilized to help spread awareness about HPV and cervical cancer.



Premedical Education Scholarship - Tyra-Lee Brett

Tyra-Lee Brett recently emigrated to the USA from Johannesburg, South Africa. She attends Hillsborough Community college. She is currently studying Biomedical Sciences as her pre-med major and is in the FUSE program to graduate from the University of South Florida. Her medical career goal is to become an Emergency Medicine physician, and Trauma surgeon. Tyra is an undergraduate researcher at James. A. Haley Veterans hospital and loves all things sport as she is a Japanese

ecognized Black belt in Karate and has represented South Africa at two world championships. She also is a Personal trainer and a sports autritionist.



Premedical Education Scholarship - Srinikhila Karri

I am a sophomore in the 7-year BA/MD program and the University Honors Program at George Washington University. I am the sole student representative on the University's Post-COVID Academic Innovations Task Force and have also been on the Dean's Advisory Council for the past 2 years. I have patient care experience from working at a nursing home throughout my high school years and have also been working as the Medical Research Intern Team Lead and the Medical Affairs Committee Intern at the Hypertrophic Cardiomyopathy Association for the past 5 years. I am EMT, OSHA, First Aid, and CPR certified as

vell as a TaeKwonDo Black Belt holder and instructor. My goal is to become a cardiologist and serve underprivileged communities in remote reas. I am very thankful for the opportunities and resources AMWA has provided me with and look forward to future years as a member of his incredible organization.



Most Creative Pandemic Relief Initiative – Abagail Morris

My name is Abagail Morris and I am a freshman biology (pre-med) major at Youngstown State University. When I get out of school my dream is to work as a physician in maternal-fetal medicine (high-risk pregnancy). I have always had an interest in fetal development, and I am so grateful that there is a field where I can explore that every day. When I am not studying hard, you can usually find me at a local coffee shop with friends or playing with my kitten, Squish. I am so thankful for AMWA and the opportunity to be their Volunteer Coordinator at Youngstown State University where we have just started a branch, as well as having the honor of receiving the 2021 AMWA Most Creative Pandemic Relief Initiative Award.



Most Impactful Diversity and Inclusion Advocacy/Initiative – Sahara Rahman

My name is Sahara Rahman, and I am currently a fourth-year student at Arizona State University. I am majoring in Biological Sciences and minoring in Studio Art. I am hoping to get a Master's in Health Care Delivery this fall. And during this time, I hope to take the MCAT and apply for medical school!



Mental Health Advocacy Award – Aveena Desai

Aveena Desai is a freshman at Stony Brook University. She joined AMWA at the beginning of her freshman year. Aveena conducted pancreatic oncology research for almost two years, and co-authored Mutational profile analysis and related outcomes in primary and metastatic pancreatic cancer (PC). Aveena recently earned her Girl Scouts Gold Award, and she is passionate about social justice advocacy. In her free time, Aveena loves to read and compete for her school's Bollywood-fusion dance team, Junoon.



AMWA Outstanding Branch Award – University of North Carolina at Charlotte

AMWA at Charlotte was founded in April 2020 by three women who recognized a need for gender equity in pre-health and leadership fields at their university. The founding team was taxed with finding a way to build the branch from afar during the pandemic. Focusing on providing virtual opportunities and ways for members to connect, we established our mentorship program within the first semester, and it has flourished since. Giving back to the community was a top priority, especially during the pandemic. We were able to fundraise and volunteer to benefit a local women and

hildren's shelter, ICU workers, and donate bouquets made by our members. This year we made over 50 bouquets for patients who spent the iolidays in the hospital. In fall of 2021 we decided it was time to take on the big initiative to fight period poverty and bring free menstrual products to campus.



AMWA Active Branch Award - University of Pennsylvania

UPenn AMWA is the official division of the American Medical Women's Association at the University of Pennsylvania. We support Penn students' personal and professional development as they become healthcare professionals. With an exciting calendar of events, we offer panels and roundtable discussions, networking, mentorship, hospital shadows, and social events. We also provide insight to the myriad resources offered at our University and Hospital. All specialties are welcome, as are all genders!



Best Branch Event Award - Bowling Green State University

Bowling Green State University is a newer AMWA branch, founded in the summer of 2020. Despite the challenges of the ongoing pandemic, BGSU's branch has grown to be the largest pre-health organization on their campus and the favorite organization of so many of its members. BGSU is dedicated to including members of all pre-health students, including nursing, occupational and physical therapy, physician assistant, dental, and more. We are incredibly honored

o have received this award while only in our second year and we look forward to even more new and exciting events in the future.



AMWA International Outreach Award – University of Puerto Rico - Rio Piedras Campus

The American Medical Women's Association University of Puerto Rico, Río Piedras Chapter, is the first pre-medical branch established in the Caribbean. It was founded in 2020 and houses more than 100 members. Throughout the past year, this branch has distinguished itself for its countless community service activities, such as animal shelter maintenance, distribution of products in local food banks, and beach cleanups. It also aims to foster the development of the members, which is why AMWA UPRRP focuses on organizing and providing lectures, seminars, and discussions pertinent to the expansion of knowledge of each participant. Whether it be related to medical education or women's health, there is something suitable for each member.



Humanitarian Branch Award – University of Southern California

The AMWA Pre-Med Chapter at USC, established in Spring 2020, focuses on advocacy, education, and mentorship to support women in medicine and improve health care. Our branch provides valuable opportunities, such as three different mentorship programs, guest speaker events with health care professionals, and weekly volunteering at the St. Francis Center. We have also implemented a pipeline program with Women of Radiology at Keck for members to

explore the field of radiology. We are continually educating ourselves and others about various local and global issues as well as speaking up or what we believe in as a branch.