

WHAT'S A WHAT'S HAPPENING IN

Volume XV, Number 3/Winter 1990

75th Anniversary Meeting

More than 600 AMWA members gathered in Philadelphia October 31 to November 4 and celebrated the Association's 75th Anniversary in style. History was also made at this very special meeting by the inauguration of AMWA's first African-American president, Roselyn Payne Epps, MD, and the launching of the AMWA Foundation. A full report and meeting photo scrapbook will apear in the January/February 1991 JAMWA. In the meantime, we wanted to bring you some of the most important news.

A major task at each annual meeting is the election of new leadership by the House of Delegates. The following were chosen by the House to serve in 1991: President-Elect, Lillian Gonzalez-Pardo, MD; Vice-President, Suzanne Allen Widrow, MD; Secretary, Betty Mathieu, MD; Director of MITs, Janet Freedman, MD; Councilor of Organization, Kathryn Bemmann, MD; and MIT Board Representative, Nancy Church, MD.

Keynote speaker Antonia Novello, MD, the first woman physician to serve as Surgeon General of the United States, thrilled and inspired her audience, who welcomed her with a standing ovation and a sense of pride that was palpable. It was a moment for all women in medicine to cherish.

While honoring their Association's past, AMWA members also looked to the future. Women physicians and medical students have come forward to pledge more than \$100,000 to the AMWA Foundation. This new effort is a critical step in building the resources to extend our reach, our influence, and our impact. Pledges received by the end of November will be formally acknowledged in the January/February 1991 JAMWA.

News Flash: Lobbying Day Set

In conjunction with the 1991 Board of Directors Retreat, but open to all members, there will be an AMWA Lobbying Day on February 4, 1991. If you would like to take this opportunity to visit your members of Congress, contact Lois Schoenbrun at the national office for more information (703-838-0500).

Region I Repeats Successful Conference

Marylou Buyse, MD

AMWA's Region I conference on "Achieving Personal and Career Satisfaction in the 1990s," held September 7–9 in Sturbridge, Massachusetts, opened with an address from AMWA President Susan C. Stewart, MD. Dr. Stewart gave a history of AMWA and an overview of its mission. With this in mind, Janet Bickel, director of women's programs for AAMC, presented statistics on where women in medicine are today. It was interesting to learn that, statistically, male applicants *still* have an easier time gaining acceptance to medical school than females. The discouraging news was the low number of senior women faculty. Patricia Falcoa, MD, demystified the demographics and showed the trends of practice for women, especially in obstetrics/gynecology.

A superb panel on achieving personal satisfaction was chaired by Anne E. Bernstein, MD, and included Marylou Buyse, MD; Lois Katz, MD; Allison Batchelor, MD; Debra Solomon, MD; Beatrice Smith Desper, MD; and Lydia Shapiro, MD. Panel members described how they had made the choices in their personal and professional lives that made them the happiest. Participants heard about many different approaches and learned that there is no right or wrong way. One must always ask "What is best for me at this time?"

Three workshops tempted participants away from the beautiful fall weather and historic Sturbridge Village. Miriam Schuchman, MD, a psychiatrist and columnist for the Los continued on page 2



Drs. Elizabeth Karlin, Jeanne Arnold, and Leah Dickstein, l-r, address women physicians' life choices, Region VI Conference.

REGION I CONFERENCE, continued

Angeles Times, conducted a workshop on communicating to the public that helped the audience hone their writing skills. Mary Jane England, MD, AMWA past president, gave excellent advice on negotiating employment contracts. Sharyn Lenhart, MD, and Anne Bernstein, MD, gave their successful parenting workshop to help attendees achieve a meaningful balance between career and family, a critical issue for women physicians today.

Dr. Mary Jane England gave a thought-provoking after dinner presentation on changing strategies for changing times. The Prudential Insurance Company vice-president reviewed the trends in health care policy and reimbursement and provided a glimpse into how medical care will be paid for in the not too distant future.

The next day a panel on achieving career satisfaction, chaired by Kate Jennison, MD, explored different practice options for academia, solo practice, group practice, and managed care. Joanna Pearlmutter, MD, discussed the skills needed for an academic career. Leslie Cashell, MD, of Rhode Island Group Health Associates, gave the participants a clear idea of what HMO practice is like. Asha Wallace, MD, a solo practitioner, described the joys and frustrations of being in business for and by yourself. Lastly, Lydia Mayer, MD, described what it was she liked about being in group practice.

The panelists generated a lively discussion that continued into the brunch that ended a most enjoyable weekend. Dr. Anne Bernstein, in summing up at the end of the conference, said it best, "We have done this weekend what AMWA does best—renewed old friendships and made new ones. We learned from each other in both formal and informal presentations and openly shared both personal and professional information. This was done in a way that could never have happened in a male-sponsored group."

The Great 1990 Region VI Conference

Kathryn Bemmann, MD

A grand gathering of more than 75 women physicians and medical students took place August 10–12, 1990 at the Pfister Hotel in Milwaukee, Wisconsin. It was the first AMWA



Trudy Wong, MSIII, and Kathryn Bemmann, MD, Region VI conference organizers.

Region VI conference, entitled "The Life and Times of Women Physicians: Challenges for the '90s."

After a welcome reception on Friday, the conference opened Saturday morning with a keynote address from Patricia Santy, MD, psychiatrist at the NASA Johnson

Space Center in Houston. She spoke about women's contributions to the space program, describing the great need for continuing research on vital gender-related scientific issues. Her greatest personal investment, however, is with the space station: when it becomes a reality, Dr. Pat Santy will be on it.

A panel discussion of women physicians' personal and professional life choices included AMWA Vice-President Leah J. Dickstein, MD, speaking on opportunities in medicine for women. Elizabeth Karlin, MD, internist/endocrinologist of Madison, Wisconsin, asked and answered the question "Is there life after doctoring?" with depth and humor. Janet Freedman, MD, AMWA's director of MITs, spoke on residency survival, changes in working hours and maternity leave policies. And AMWA Director of Students Jeanne Arnold, MD, did a fine job in organizing the reports of the many student attendees.

Saturday's luncheon speaker was Lauree Thomas, MD, assistant dean for minority affairs at the Medical College of Wisconsin, whose topic was "Ethnic, Cultural, and Gender Diversity in Medical Schools Today." Dr. Thomas prevailed despite time pressures and an obstreperous microphone.

The afternoon program on "Recognition and Treatment of Abuse Patterns" featured Michigan family physician Mary Elizabeth Roth, MD, who gave a comprehensive description of hidden ways victims of physical or sexual abuse come for help, and Jean Goodwin, MD, professor of psychiatry, Medical College of Wisconsin, who discussed the more severe psychiatric syndromes and underlying mechanisms of defense and camouflage for the abuse. Last, Judge Janine Geske expanded our knowledge of how courts handle abuse and assault, focusing on gender, minority status, and victim bias.

That evening we heard from Carol Smart, who performed a moving excerpt from her play "Bouquets," about the incredible life of her grandmother, Lillie Rosa Minoka-Hill, MD. And AMWA President Susan C. Stewart, MD, gave a moving account of AMWA's involvement in forwarding the causes of women physicians and women's health.

Sunday morning featured a potpourri of medicosocial issues. Severa Austin of Planned Parenthood said in her talk, "Reproductive Health in the '90s: The Threat and the Promise," that there was more threat than promise. Janet Rose Osuch, MD, breast surgeon of East Lansing, stressed the unique role of the woman physician in early detection of breast cancer. Cassandra Pollard Welch, MD, of Milwaukee, looked at "the third wave" (women and children) of the AIDS epidemic. Vanessa Northington Gamble, MD, of Madison, Wisconsin, gave a superb talk on the history of black women physicians. The previously ignored problem of heart disease in women was the topic of Joan Gnadt, MD, of Milwaukee. State Representative Barbara Notestein dealt with the challenge of adolescent sexuality. Last, Katherine Kalmer gave us a glimpse into the vast need for physicians in third world countries.

We had a great time, and by conference end, were convinced of two things: the absolute need for all women in health care to advocate for women's health and that women physicians especially have the knowledge and power to accomplish much in the decade ahead.

LEGISLATIVE ALERT

NIH Reauthorization

AMWA members should contact their representatives and encourage them to support the NIH reauthorization bill, recently marked up by the House Subcommittee on Health and the Environment. A companion bill, with some differences, passed the Senate on October 19. This legislation (HR 5661) includes several provisions AMWA has supported in the past. It includes, for example, a major new contraceptive research initiative, previously embodied in the Contraceptive and Infertility Research Centers Act, introduced by Representatives Pat Schroeder (D-CO) and Olympia Snowe (R-ME). The current bill would establish five new university based centers for applied research into new contraceptives and infertility treatments, all under the auspices of NIH. The Senate bill does not include this provision.

The bill would also guarantee equitable treatment of women in NIH-funded research by establishing an office of women's health. The office would have responsibility for coordinating and enhancing research in women's health. Just before the House mark up of this bill and possibly in response to it, the NIH announced the formation of just such an Office of Women's Health Research. Women's health activists in Congress believe that specific legislative authority for the office is necessary to ensure its strength and survival, so the plank remains in the bill.

Unlike the Senate version, the House bill would also end the administration's moratorium on federal funding of fetal tissue research, in place since 1988. HR 5661 does include certain safeguards separating research activities from the abortion procedure itself. AMWA just passed a resolution in support of fetal tissue research at the 1990 Annual Meeting.

The bill no doubt faces lively debate and discussion when it gets to the House floor, and President Bush has already declared his intention to veto it because of the fetal tissue provision. The contraceptive research centers and office of women's health are vitally needed to improve the health and quality of life for American women. If Congress adjourns before the House considers HR5661, its contents will be reintroduced in a new bill in January and should be supported then.



To Write

Honorable John or Jane Doe US House of Representatives Washington, DC 20515

Honorable John or Jane Doe US Senate Washington, DC 20510



The Making of an Activist

Last summer, the state of Louisiana came very close to passing the most restrictive abortion law in the US (and filling the antiabortionists' coveted role of providing the ammunition needed to overturn Roe v Wade). The bill was being debated—and splashed across newspapers all across the country—as AMWA members convened in Washington for the 1990 Interim Meeting. These two events had a profound impact on one AMWA member: obstetrician/gynecologist Diana Dell, MD, of Baton Rouge.

The Louisiana law was of particular interest to AMWA members because the 1991 Annual Meeting was slated for New Orleans (it has since been moved to Dallas). As the Program Committee and Board debated whether or not to move the meeting, Dr. Dell found herself feeling "terminally embarrassed for my state." She also had her "consciousness raised" by AMWA's legislative program. "I guess I just pulled my head out of the sand," she said. "And when I returned from Washington, I called one of the most vocal women's groups and asked what I could do." The reply: Can you testify at legislative hearings tomorrow?

Dr. Dell "sat up half the night" drafting her testimony and the next morning warned her two partners of her plans. "I sat them down and said, look, this is something I just *have* to do." Fortunately, they were behind her one hundred percent. "They told me they were glad I was going to do what they weren't sure they had the courage to do."

Dr. Dell was one of only two physicians to testify in what she characterized as "a very hostile environment." (The chair of the committee taking the testimony was the author of the antiabortion bill.) "I tried to stress quality of life issues," she said. "It seems to me that whether you consider the fetus a human life from conception or not, a government cannot put the rights of potential citizens before those of existing ones. It just can't."

Although the Louisiana bill was vetoed, Dr. Dell felt her testimony had little effect. "For the most part, sides were drawn long ago," she said, "and the neutral remained so." Her experience had a powerful impact on her, however. After a period of despondency and feeling that "I can't even live in this state," Dr. Dell returned to the fray. "I joined NARAL and NOW. I've made myself available to them as we make plans for next year."

It took tremendous resolve and courage to stand up alone and speak out as Dr. Dell did—especially in a state that was ready to punish physicians with ten years at hard labor for performing abortions. But her story shows what one woman physician can do. Let her be a model for us all.

STUDENT SENATE

Consortium Action

Katherine Schneider

Serving as your national student coordinator for the past two years has been a pleasure, and a wonderful educational experience to boot. In Los Angeles last fall, you gave me the privilege of serving a second term as NSC. My goal in seeking this was to put my experience to use; by providing continuity of leadership, I hoped to be able to move AMWA's students not only through the day-to-day organizational quagmire, but onto new ground as well. One of my major responsibilities has been representing you at quarterly meetings of the Consortium of Medical Student Organizations. Our membership criteria are simple: all national, multispecialty groups are welcome to participate in this forum for communication and action on issues of interest to medical students. Nowhere else has the benefit of my extended term been more apparent. Because of high turnover within the Consortium, my relative stability has dramatically increased AMWA's visibility within the group. I have been able to forge strong ties with other student leaders and help the group organize itself better by arranging funding for AMWA's national office to serve as its administrative "hub."

Over the past few years, AMWA has been able to learn from and influence Consortium disucssions on many topics. Recently, legislation on student **loans** has been a major topic of concern. We have joined lobbying efforts at restoration of tax deductibility of interest on student loans. An exciting new development is the introduction of bills that would extend loan deferment throughout all of the residency years. The outcome of these issues will have a big impact on the financial health of the majority of you; I urge you to join forces with all other student groups on your campus and lobby your legislators for support (up-to-date details are available from any of the organizations).

Did you know that different states use different cutoffs of **National Board**

scores for licensing requirements (ie, higher than the designated "pass" score)? The Consortium is concerned that this fact is not known to many students; we are trying to compile a list of these and other requirements for widespread distribution to students. In addition, you may be aware that although the Boards were designed for licensure purposes, they are routinely requested by residency programs and used to evaluate candidates for admission, sometimes even as a screening tool so as to eliminate candidates below a certain score without any other consideration of their applications. Pass-fail report of Board results would prevent this abuse, and has long been discussed. The Consortium is rallying for strong, unified support from students on this

Fourth-years will be receiving a long "Graduation Questionnaire" compiled by the AAMC. This is your chance to formally comment on your medical education, so complete it with care. The Consortium successfully lobbied for inclusion of questions on discriminatory practices in residency interviews; the documentation of these events is the first step toward decreasing their alarmingly high prevalence. Similarly, "medical student abuse" has been this year's buzzword among all student groups following publication of several articles on the subject. Clearly, harassment and humiliation do not belong in medical education, and you can help break the cycle by not inflicting them on your students as you go through residency and beyond. Look for AMWA's involvement in this issue in the future.

Your new national student coordinators will be able to represent you in a more active, involved Consortium. The first Consortium-sponsored event, still in the planning stages, will be a roundtable discussion on **affirmative action**, tentatively scheduled for the 1991 AMA annual meeting in Chicago.

Finally, remember that your voice counts, but only if you take the time to speak up. If you have any concerns or projects that you would like brought to the Consortium, contact your national student coordinators. Get involved in the issues at any level by organizing local events, writing resolutions (which become AMWA policy) for consideration at the next annual meeting, or running for national office. These experiences have personal rewards that outweigh the commitment of time and energy, as I have found over the last two years. I am grateful for having had the opportunity to work with hundreds of committed, motivated, and inspirational students and physicians, and the friendships and support generated by these contacts will live on long after I have returned to the "quieter" life of full-time pursuit of my PhD, MD, and family.

Loan Deadline Approaching

AMWA offers loans to its student life members. Loans are made in the amount of \$2,000 and each student may receive two loans during her medical school career. Payment begins nine months after graduation and must be completed in three years. Applications will be sent out in January 1991; completed forms must be postmarked no later than April 15, 1991. To request a form, call or write: Marie Glanz, AMWA, 801 North Fairfax St, Suite 400, Alexandria, VA 22314; 703-838-0500.

New Reporter Appointed

In addition to the national and regional student coordinators, AMWA student members are served and represented by the *JAMWA* national student reporter. Sarah Pressman, the newly appointed reporter, is a second-year student at Rush Medical College in Chicago, where she is president of her branch. If you have an interesting branch project, a burning local issue, or a hot idea that you think would be the basis of a "Student Perspective" column, get in touch with Sarah: Sarah Pressman, 1030 West Chicago Ave, #201, Oak Park, IL 60302; 708-848-5277.

Message from the Director of Students



What do students want? What do students need? Listening to medical students, one hears concerns about the high debt load they incur during their years in medical school. One hears that they despair of ever getting out from under the burden. One also hears fear of the impending internship or residency trial by fire. One hears anxiety about the post-training years and their ability to manage professional and private lives. Our medical schools provide excellent science based education. They

are making an effort to respond to the societal call for more humanistic physicians. Still, these personal concerns persist.

In St. Louis as in West Virginia, in Milwaukee and Peoria, AMWA student members are developing opportunities for students to hear from female role models who have survived these anxieties. The opportunity for networking that AMWA offers physicians, MITs, and students is highly valued. This is borne out in the responses by members to the student survey. Student branches need contact with the local physician network.

In visiting with students in the regions, I hear a wonderful energy behind the efforts expended by the leadership in planning and organizing the interactions between students and role models. I also hear anxiety about the "right format." Believe me, they are doing it right! If student leaders send me their program plans, I promise to collate and share them.

—Jeanne F. Arnold, MD

Student Awards

Carroll L. Birch Award

The Carroll L. Birch Award, sponsored by the Chicago Branch, is presented for the best original research paper written by a student member of AMWA. The recipient receives a cash prize of \$500. The Award is presented only if there is a deserving manuscript. To enter, send three copies of the manuscript, a letter from your faculty research sponsor, and a cover letter stating your medical school, graduation date, permanent mailing address and telephone number to: Carroll L. Birch Award, AMWA, 801 North Fairfax St, Suite 400, Alexandria, VA 22314. The deadline for submission of manuscripts is June 30, 1991.

Janet M. Glasgow Essay Award

The Janet M. Glasgow Essay Award is presented to an AMWA student life member for the best essay about a significant woman physician role model. The author of the winning essay will receive a cash award of \$1,500. Essays should be approximately 1,000 words long. Send entries to: Glasgow Essay Award, AMWA, 801 North Fairfax St, Suite 400, Alexandria, VA 22314. The deadline for receipt of manuscripts is **May 15, 1991**.

1991 Coordinators Elected

Frieda Hulka and Julie Zimmerman were elected to serve as 1991 national student coordinators at AMWA's 75th Annual Meeting, held October 31 to November 4 in Philadelphia. Nearly 200 student members attended the historic 75th Anniversary meeting, where the Student Senate convened to discuss student business and elect new leadership. (See the January/February 1991 JAMWA for a full report on the 1990 Annual Meeting.)

Frieda and Julie will be coordinating regional activities, writing this column in the newsletter, and representing you on the AMWA Board of Directors and

in the Consortium of Medical Student Organizations. If you need information, want to get involved, or have ideas to share, be sure to contact them.

> Frieda Hulka 905 Eden Court, #6 Reno, NV 89509 702-825-2876

Julie Zimmerman 5506 Green St, #2R Philadelphia, PA 19144 215-849-5931

Legislative Interns Wanted

AMWA is offering four one-month legislative internships to student life members in 1991. Interns will work in the national office on public policy issues under the direction of Deputy Director Lois Schoenbrun. Housing will be provided and \$500 will be paid toward expenses for each medical student

In 1991, student interns will update the list of Congressional members and aides, meet with selected Congressional aides to discuss when and how women physicians can best influence legislation and to acquaint them with AMWA, track current legislation, attend hearings (if scheduled during the internship), and attend meetings of coalitions regarding targeted legislation.

Interested student life members should submit the following as soon as possible:

- letter of interest, including how the internship fits in with her future plans and the month she would like to serve the internship;
- resume or curriculum vitae;
- medical school transcript;
- at least one letter of recommendation from a faculty member.

For additional information or to send your application, contact Marcia Saumweber, AMWA, 801 North Fairfax St, Suite 400, Alexandria, VA 22314; 703-838-0500.

Resident Rounds

After four years of medical school, one year of internship, two to five years of residency, and possibly one to three years of fellowship, it is finally time to look for a "real job." Here's your chance to find the right position in one of a myriad of settings that include solo or group practice, health maintenance organizations, hospitals, universities, or emergency room services. In order to define where you will fit most comfortably, you will need to consider life-style, location, and practice type, as well as what patient population you will serve. Once you have applied for and been offered a position, you will need to finalize your working agreement or contract.

Most physicians emerging from training are timid and naive about the legal document called an employment contract. What is written in a contract dictates your responsibilities and obligations to an employer and the employer's responsibilities and obligations to you. Don't assume that a handshake sets an agreement in stone. As you know, some people are not as good as their word.

Basically, a contract is meant to protect both you and your employer by outlining the agreement between the two of you and making it binding by law. Regardless of the specific contract you are considering, there are certain rules to follow in negotiation:

- **1.** Read the contract carefully. Get an explanation for anything you don't understand.
- **2.** Be assertive about job description, responsibilities, reporting relationships, on-call time, and coverage schemes. Make sure you understand and agree with what is expected of you before you sign.
- **3.** Be sure benefits are paid by your employer rather than included as reimbursement in your paycheck. Otherwise you will have to pay income tax on that money. Don't be afraid to ask about specific benefits such as health insurance for you and your family; life insurance; disability insurance; malpractice insurance, including appropriate tail coverage after you leave that position; CME time and expenses—make sure that *you* decide which courses and conferences you attend; hospital staff and professional dues; medical license fees; retirement plans; vacation time; moving expenses, including premove trips for house hunting, mover costs, and travel expenses.
- **4.** Be sure to clarify parental leave policies. If you work for a hospital or HMO as a full-time employee, you must be covered under their standard employee policies. If not, be sure that specific leave of absence procedures and time allotments are clarified in writing.
- **5.** Be sure that details of contract termination are included in writing. Know how much notice both you and the employer must give to end the agreement and under what circumstances termination is possible.
- **6.** Have a lawyer review your contract and interpret legal jargon for you. It is worth the money to have formal legal counsel. If necessary, your lawyer can work out difficult aspects of the contract with your employer's lawyer on your behalf.
 - 7. Speak to your mentors about contract negotiation. You

can learn a lot from more experienced physicins in AMWA. Once again, it pays to be a part of the AMWA network.

8. Remember, once you sign a contract, it is binding. Changes need to be made *before you sign*.

Looking for and finalizing your first position is an exciting culmination of many training years. Best of luck in your endeavors.



Branch 59

The Santa Cruz County Branch (#59) had several luncheon seminar meetings and one dinner colloquy during 1990 on the following topics:

Michael Aminoff, MD, of the University of California, San Francisco, spoke on "Update on the Treatment of Parkinson's Disease."

David Plourd, MD, of the Santa Clara Valley Medical Center, spoke on "Estrogen Replacement—Long-Term Therapy."

Stanley Deresinski, MD, of Stanford University, spoke on the treatment of urinary tract infections.

Ronald Kaye, MD, also of UCSF, spoke on "Pearls and Pitfalls of Nonsteroidal Anti-Inflammatory Drugs."

Sue Massey, MD, of Branch 59, spoke on the role of GnRH agonists in the treatment of endometriosis and fibroids.

The Annual Santa Cruz County Women Doctors and Lawyers Spring Colloquy—our fourth—used a panel discussion format to explore the issues of "The Addicted Woman and Pregnancy—A Medical/Legal Dilemma."

Rosalind G. Shorenstein, MD, PhD President, Branch 59

Branch 87

AMWA in North Dakota is alive and well: as of September 1990, 39% of women physicians practicing in the state are national and/or branch members! The membership of this branch is far flung over the sparsely populated state with members spread as much as 300 miles apart.

Branch 87 was chartered in 1989. Its goals are: personal and social support, support of students and residents, and, possibly, a public health project. Our March 1990 meeting, held in Fargo, included discussion of a membership programming survey. Members met in May for breakfast and socializing in conjunction with the North Dakota Medical Association annual meeting in Williston.

At our September meeting, two AMWA members who have recently moved to the state and two new branch members were introduced. President Jane Dietz, MD, announced her resignation, as she is moving out of the state. Vice-president Shari Orser, MD, agreed to serve as president until regularly scheduled officer elections in May 1991.

Jane Dietz, MD
President, Branch 87

Bulletin Board

You May Know a 1991 AMWA Award Winner

Someone you know and admire may be among the recipients of AMWA's Elizabeth Blackwell, Camille Mermod, Bertha Van Hoosen, or Calcium Nutrition Education Awards for 1991. You can help make it happen. Take a moment to look at the accomplishments of your colleagues, AMWA members, and friends, and send your nominations to the Awards Committee via the national office **no later than December 15, 1990**. The Awards Committee will submit the name of the top candidate for each 1991 award to the Board of Directors for approval at their January meeting. It is most important to enclose personal letters in support of your nominations along with CVs or other supporting documents.

A brief description of each award is listed below:

Elizabeth Blackwell Medal

This award is presented annually to that physician who has made the most outstanding contribution to the cause of women in medicine.

Bertha Van Hoosen Award

The Bertha Van Hoosen Award, named for the co-founder and first president of AMWA, honors a woman physician who has been an active member of the Association for at least five years and who has demonstrated exceptional leadership and service to AMWA.

Doctora Available

Doctora, the 1983 documentary film about the life and work of Ruth W. Tichauer, MD, is available for student and physician branch programs. With the support of AWHS funds, Dr. Tichauer has provided health care to the indigent residents of the mountains of Bolivia for most of her working life. "Doctora," as her patients call her, gives them hope and the only medical care they receive; she gives us hope and inspiration. The hour-long documentary is in videocassette form (VHS) and rents for \$10. To arrange a showing, call or write Marie Glanz, AMWA, 801 North Fairfax St, Suite 400, Alexandria, VA 22314; 703-838-0500.

Camille Mermod Award

This award is given to a nonphysician who has rendered exceptional service to the Association.

Calcium Nutrition Education Award

The Calcium Nutrition Education Award of \$5,000, supported by the Procter and Gamble Company, recognizes the AMWA member who has done the most to educate the public about the need for good calcium nutrition to help achieve maximum peak bone mass, thus reducing the risk of osteoporosis.

Health Executives Program

Cornell University has announced its 34th annual Health Executives Development Program, to be offered on the Ithaca, New York campus May 12-18, 1991. More than 20 distinguished faculty will present the most current thinking on health policy, regulation, planning, and management in both the United States and abroad. The program is open to health care executives from the United States, Canada, and overseas. For more information, contact Health Executives Development Program, N222 Martha Van Rensselaer Hall, Cornell University, Ithaca, NY 14853; 607-255-8013.

Sports Medicine Meeting

A CME conference on "Medical Issues of Active and Athletic Women" will be held in Seattle, Washington on April 26-27, 1991. The faculty, internationally known physicians trained in primary care sports medicine, will examine the effects of exercise on female physiology and psychology. Tuition is \$150 for physicians and \$95 for residents and other health professionals. To receive a detailed brochure (in early 1991), write Division of CME, Dl-CME, Virginia Mason Medical Center, 1100 9th Ave, Seattle, WA 98101; 206-223-6898.

Poster Available

Student members of AMWA joined with members of AMSA's Women in Medicine Task Force in a joint project to design a poster commemorating women in medicine, 2000 BC to 2000 AD. Pictured on the poster are women such as Selkhet, the Egyptian goddess associated with childbirth; Hygea, the Greek goddess of cleanliness; Elizabeth Blackwell, the first woman to earn a degree from an American medical school; Marie Curie, the first person to win two Nobel Prizes; and our new Surgeon General Antonia Novello, MD. Physician members of AMWA helped to make the project possible by sponoring women on the poster. Proceeds will be donated to a group chosen by both AMWA and AMSA.

The poster measures 19" x 25" and is printed in four colors. It is available as an offset print and as a serigraph. The serigraphs are high-quality, hand-screened prints. They are printed on pH balanced paper and have the advantages of sharper imagery and greater longevity. Each serigraph is numbered and signed by the artist. Included with each poster are biographical sketches of the women commemorated.

Offset prints are \$12 each and serigraphs are \$40; please include \$3 for postage and handling with each order. Make checks payable to AMWA/WIM Commemoration and mail your orders to: AMWA/WIM Commemoration, c/o Barthauer, 2450 Huntington Dr, Pittsburgh, PA 15241.

AMWA MEMBERSHIP APPLICATION

	☐ Member-In-Training \$50
NAME	_
ADDRESS	Student Member \$40four years including
CITYSTATEZIP	subscription to Journal
PHONE (HOME) (WORK)	☐ Check Enclosed
MEDICAL SCHOOL GRAD YEAR	□ VISA/MC#
SPECIALTY(S)	
LICENSE(S)	
SPECIALTY BOARD CERTIFICATION(S)	(\$40 minimum charge)
MAIL TO: AMERICAN MEDICAL WOMEN'S ASSOCIATION	Exp. Date
MAIL TO: AMERICAN MEDICAL WOMEN'S ASSOCIATION 801 NORTH FAIRFAX ST., ALEXANDRIA, VA 22314	☐ Local Dues

Newsletter Committee and Staff

Roselyn Payne Epps, MD, President Lillian Gonzalez-Pardo, MD, President-Flect

Suzanne Widrow, MD, Vice-President Jean Fourcroy, MD, PhD, Newsletter Advisor

Marjorie Braude, MD, Legislative Chair Jeanne Arnold, MD, Director of Students Frieda Hulka, National Student Coordinator

Julie Zimmerman, National Student Coordinator

Debra Judelson, MD, Regional Governor Nancy Church, MD, MIT Representative Eileen McGrath, JD, Executive Director Jane Williamson, Managing Editor



☐ Regular Member \$175



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