

WHAT'S HAPPENING IN

Volume XVII, Number 6/October-November 1997

AMWA

New CHD and
Nutrition
Materials!



Deborah Smith, MD, Branch 1 President; Nancy Dickey, MD, AMA President-Elect; and Roselyn Payne Epps, MD, AMWA Past President, at Medical Society of DC Reception for Nancy Dickey, MD.

Join AMWA in Chicago

It's not too late to register for AMWA's 82nd Annual Meeting, "Women Empowering Women: The Female Face of Medicine," to be held November 5-9, 1997, at The Fairmont Hotel in Chicago, Illinois. The opening ceremony gets under way on Thursday, November 6, with keynote speaker Ellen Malcolm, founder and president of EMILY's List. EMILY's List (EMILY is an acronym for "Early Money Is Like Yeast" because it makes the dough rise) is the Nation's largest resource for federal candidates, supporting pro-choice Democratic women campaigning for governor and Congress.

This year's annual meeting will provide insights into how women have changed medicine and how choosing to practice medicine has influenced the lives of women physicians. Saturday's Plenary Session will feature Carol Aschenbrener, MD, exploring how women will have an impact upon health care delivery in the new millennium; Debra Roter, DrPH, will examine the effects of gender on physician-patient communication; Erica Frank, MD, MPH, will report on the results of a 5-year study on the personal health and clinical practices of women physicians in the

continued on p. 5

AMWA Experts Discuss Women and Depression

In New York, AMWA recently sponsored a "Women for Women" summit that brought together a panel of AMWA members from different branches of medicine to discuss an important, multifaceted topic: women and depression in midlife (between the ages of 35 and 65). Panel members included moderator Donnica Moore, MD, president of Sapphire Women's Health Group and AMWA Vice President, Membership; AMWA President-Elect Sharyn Lenhart, MD, a clinical instructor of psychiatry at Harvard Medical School and associate clinical professor of psychiatry at the University of Massachusetts Medical School; Patricia Davidson, MD, a cardiologist and Chair, AMWA's Ethnic Women's Health Task Force; Diana Dell, MD, AMWA Past President, assistant professor of obstetrics and gynecology at Duke University Medical Center, and resident in psychiatry; Donna R. Shelley, MD, a practicing primary care physician at Mt. Sinai Women's Health Program, instructor at Mt. Sinai School of Medicine in New York, and Chair, AMWA Publications Committee; Dominique Musselman, MD, assistant professor of psychiatry at Emory University School of Medicine; Teri Pearlstein, MD, assistant professor of psychiatry and human behavior at Brown University School of Medicine; and Elizabeth Weller, MD, professor of psychiatry and pediatrics at the University of Pennsylvania School of Medicine. Ivan Gergel, MD, group director of clinical research, development, and medical affairs at SmithKline Beecham also participated.

Twice as many women as men suffer from depression, with the higher incidence first appearing in adolescence and continuing through adulthood. Though the reason for these gender differences are not clear, ongoing clinical research offers some clues. The panel discussed the various biological and environmental factors, pinpointing the depression danger zones that women pass through, such as pre-menstrual syndrome, pre-menstrual dysphoric disorder, post-partum depression, and menopause. The panel also explored the relationship between depression and

continued on p. 5

PRESIDENT'S MESSAGE

Reflections on AMWA's Presidency

Debra R. Judelson, MD, President
judelsondr@amwa-doc.org



As my term as President of AMWA draws to a close, I can't help but reflect upon my experiences in this wonderful position. I was initially fearful that the role as President, so tantalizing from afar, would disappoint me when reached. I smile now when those distant and remote fears are remembered. I was

fortunate to follow Past President Jean Fourcroy, MD, PhD, who was able to accomplish so much during her term and who helped me understand the prominence of this position. I was also trained well for the role by AMWA's capable staff and our Executive Director, Eileen McGrath, and was given the opportunity as President-Elect to speak on behalf of AMWA on a number of occasions and wave AMWA's banner during my talks on heart disease in women.

Once I became President, the flurry of invitations began. Conflicts prevented me from attending them all, but I did represent AMWA at the Annual Meetings of ACOG, APA, and AAFP, as well as the AMA and ASIM where I participated as a delegate/alternate delegate. I attended the first few invitations to White House briefings and press events before realizing that most were media driven with little relevance to AMWA. I traveled widely during the year, visiting cities and conferences, often as a conference moderator or speaker on women's health, heart disease in women, medical education, or research in women. On each occasion, I was able to raise awareness about AMWA and the role we play for women physicians and the health community at large.

I received hundreds of media requests during the year. Many were requested of AMWA's President for our organization's point of view. Others were associated with my role as Project Leader of our Education Project on Coronary Heart Disease (CHD) in Women. CHD has moved to the forefront of women's health issues for the media, and AMWA's leadership in this area and my position as President and spokesperson on CHD in women provided us double coverage. I gave countless interviews and press conferences, experienced a thrill with my appearance and AMWA's in major national magazines

and newspapers, on national television and radio, and as co-author with Past President Diana Dell, MD, of our soon-to-be-released *The Women's Complete Wellness Book*.

I wisely cut back my medical practice during my tenure and gratefully thank my partners at Cardiovascular Medical Group for covering my patients when I was unavailable and thank my patients for putting up with my frequent travels. My family has been extremely understanding and forgiving and even accompanied me on my President's Trip to France and Italy.

I most appreciate the fact that I felt I made a difference during my term as President of AMWA. AMWA is better known each year among the medical profession with our prominence in so many areas of women's health, Congress and the White House, and our press and media sources. We've made countless contacts with new friends, students, and new doctors. We have refined AMWA's mission, crafted our vision statement, helped several bills in Congress, and raised our voice against smoking, domestic violence, and anti-choice groups. During all this, we stayed true to our ideals. I am grateful for the opportunity that AMWA's membership has given me to serve as President and will cherish the memories lifelong. Thank you!

Product Acceptance Update

Recently the Scientific Evaluation Council (SEC) of the American Medical Women's Association (AMWA) reviewed and awarded the AMWA Acceptance Seal and Statement to several products determined to be of benefit to women. InSync Miniform, a unique innovation in feminine protection manufactured by A-Fem Medical Corporation, was recently approved by AMWA. InSync is a small, absorbent pad that is held in place naturally and securely by a woman's anatomy. The disposable soft menstrual cup Instead was also approved. This form of feminine protection, manufactured by Ultrafem, Inc., is worn internally to collect, not absorb, the menstrual flow. NatureMade Essential Balance Multivitamin and Minerals, Vitamin E and Vitamin E synthetic (200iu and 400 iu only), Calcium Carbonate, and Calcium with Vitamin D, all of which are made by Pharmavite Corporation, were also accepted by the Council. According to the SEC, inSync miniforms, Instead, and the NatureMade products listed have been accepted by AMWA as products which enhance women's health and well-being.

For more information contact Tangie Newborn at the National Office (703) 838-0500, sec@amwa-doc.org.

GRANT PROJECT UPDATE

New Materials Available on CHD and Nutrition

A new section entitled "Diet Therapy as Prevention and Treatment" was added to AMWA's Coronary Heart Disease in Women Education Project this year, complementing the latest information on risk factors, symptoms and treatment issues, and diagnostic testing. Because dietary therapy is the first line of defense in preventing CHD, this up-to-date information will provide physicians with an even broader understanding of how to prevent and treat CHD in women.

As part of AMWA's effort to improve physicians' knowledge of nutrition and its impact on CHD, this section of the education project will be available to all members via a loan program. You can receive the "Nutrition and Heart Disease" education packet, which includes slides, a lecture guide, and a patient education brochure - "Guide to Heart Healthy Eating" - by contacting Sue Taylor of the National Association of Margarine Manufacturers. Please FAX (404-252-0774) or email (taylor-su@assnhq.com) her with your name, address, phone number, fax number, and email address, and how you plan to use the education packet. Because a limited number of packets are available for loan at any time, requests will be fulfilled on a first-come, first-served basis, and the loan packets must be returned after one month. Contact Sue Taylor as soon as possible if you would like to use the loaner kit for giving a talk in your local community.

In the most recent membership mailing, all AMWA members received a new patient education brochure, "Guide to Heart Healthy Eating." This brochure was designed as a "master" that can be easily reproduced to provide your patients with suggestions on improving eating habits to reduce their risk of CHD. An area on the back of the brochure has been left blank for you to add your name, address, and phone number, or to add other information or contacts who could provide nutrition guidance for your patients. "Guide to Heart Healthy Eating" can also be found on AMWA's web site (<http://www.amwa-doc.org>). *This brochure and the loan program was made possible by an unrestricted educational grant from the National Association of Margarine Manufacturers.*

Armed with the latest information on coronary heart disease in women, AMWA's Master Faculty for this education project will continue presenting workshops to large national audiences. AMWA President Debra R. Judelson, MD, primary author of the updated workshop materials, spoke to an enthusiastic audience at the Arizona Heart Institute Foundation on September 6. Drs. Debra Judelson,

Susan Ivey, and Christine Mueller presented the workshop in September at the annual scientific assembly of the American Academy of Family Physicians. Upcoming workshops include AMWA's Annual Meeting in Chicago and the Gerontological Society of America's Annual Scientific Meeting in Cincinnati, both in November.

The Education Project on Coronary Heart Disease in Women is funded by an unrestricted educational grant from DuPont Radiopharmaceuticals, a division of the DuPont Merck Pharmaceutical Company, as part of its Difference in a Woman's Heart Program.

AMWA's Reproductive Health Curriculum Making a Difference Today

The Model Reproductive Health Curriculum has received rave reviews not only from medical schools that have used the curriculum but also from organizations that have purchased it for use as a resource. Judith Winkler, Vice President for Communications with IPAS (an international reproductive health care organization), commented, "The basics of sound reproductive clinical care for women are cogently presented through each module in a manner designed to maximize delivery of the best possible care to patients." She added, "all pieces of the curriculum are well-integrated, providing physicians with an important and often overlooked overall message: many varied facets must be considered in order to provide women with the best options and most effective reproductive health."

Dr. D.W. Williamson, Medical Director of Cascade Family Planning in Tacoma, Washington, stated, "The depth of resource material provided, the 'how-to' sections, the evaluations questions, and the comprehensive materials placed in manageable modules makes this a unique and extremely valuable set of guides for all who would aspire to excellence in teaching."

The model curriculum covers aspects of reproductive health that medical schools often do not teach thoroughly such as contraception, STDs, abortion, infertility, and improving physician/patient communication. AMWA is working with faculty and students from more than 30 medical schools to establish reproductive health electives using the model curriculum. This year, fourth-year medical students took reproductive health electives in April and March at Emory University School of Medicine, in Atlanta, Georgia; in July at Columbia University College of Physicians and Surgeons, in New York City; and in

continued on p. 6

BULLETIN BOARD

News from Cyberspace

Angela R.C. Tiberio, MD, atiberio@aol.com

Are YOU on the Internet? Whether you own a computer or not....YOU may be on the Internet! There are now many sites on the World Wide Web that offer searchable databases of addresses, phone numbers, and email addresses. These databases are created from a variety of sources; the most common being your own telephone directory. But even if you have an "unlisted" number, some sites can list you anyway. While the ability to locate someone online is very convenient, the potential for misuse of information is obvious. Many physicians, for example, would prefer that their patients not have their home phone numbers or home addresses. Yet, any computer-savvy person can potentially find your information on the Internet.

Many of these search services allow you to "edit" your listing or remove it altogether. It is also sometimes possible to include other information. For example, Switchboard (www.switchboard.com) allows you to edit out data that you do not want publicly available. It also allows you to provide a direct link to your email address and to add a "personal profile" of information that might help identify you to those who know (or knew) you. As an added "perk," you can even send someone a card or letter (for \$3.75 and \$2.95, respectively) directly once you have found them.

I spent some time "testing" several of the larger databases currently available on the web. New ones appear so frequently that by no means is this an exhaustive or statistically valid study, but I did attempt to test the following:

1. Sensitivity, i.e., did the database list people I knew were listed in telephone directories?
2. Specificity, i.e., did the database NOT list people I knew were unlisted?
3. Was there a geographic limit to the database?

Here is what I found:

Switchboard (www.switchboard.com) Sensitivity: Y, Specificity: Y Comments: best personalizations; can send cards/letters; very user friendly.

InfoSpace (www.infospace.com) Sensitivity: N, Specificity: Y Comments: can get "door-to-door" directions and maps.

Yahoo People Search (www.yahoo.com) Sensitivity: Y, Specificity: Y Comments: listed home addresses when other services listed only businesses.

WhoWhere? (www.whowhere.com) Sensitivity: Y, Specificity: Y, less Comments: listed home addresses when

other services only listed businesses; can send cards and letters.

Bigfoot (www.bigfoot.com) Sensitivity: N, Specificity: Y Comments: many other special features available with adequate personalization.

Four11 (www.four11.com) Sensitivity: N, Specificity: N Comments: every search came up "empty."

NetFind (www.netfind.com) Could not get page to load despite repeated attempts.

None of the services had any obvious geographic predilection or limitation.

As a "searcher," I preferred Switchboard and WhoWhere? as they both seemed the most complete. As a "searchee," I would worry most about InfoSpace, which literally provides a door-to-door map with directions to your house; WhoWhere?, which had less specificity and more detailed home information; and Yahoo People Search, which gave detailed home information. In any event, I would recommend that you spend some time checking each of these for what is listed about YOU and make changes as appropriate.

COME SURFING IN THE WINDY CITY! Here is a quick preview of what the Electronic Media Task Force will be offering at AMWA's Annual Meeting in Chicago, IL, November 5-9:

An expanded Computer Resources Room for hands-on work with computers and their applications.

A series of three workshops for all levels of computer users that will cover such topics as how to buy your first computer to how to use advanced Internet applications. I hope to see you at the meeting and until then...hang ten!

International Congress to be held in Nairobi, Kenya

The dates and location of the 1998 MWVA Congress have been changed. The Congress will now be held in Nairobi, Kenya, November 10-14, 1998. For a mere \$250 (US) you can join national and international colleagues at the Safari Park Hotel in Nairobi. For more information, please contact Dr. Betty Musau, Congress Organizing Committee, PO Box 49877, Nairobi, Kenya; phone (+254) 2-506287/603909; FAX (+254) 2-503239; email KMVA@ken.healthnet.org. The deadline for submission of abstracts is June 30, 1998. A new Congress brochure is being printed that reflects these changes. The call for delegates continues and any AMWA physician members interested in participating are asked to contact Estherina Shema, MD, 1310 Wyngate Road, Wynnewood, PA 19096; phone 610-649-0697.

Medical Education Loans and Scholarships Available

To support women in medicine, AMWA offers loans in the amount of \$2,000 to \$2,500. Contact Marie Glanz at the National Office for more information and for applications. Applications will be mailed beginning in January 1998. The deadline for completed loan and scholarship applications is April 30. All supporting documentation must be submitted by May 15.

AMWA in Chicago continued from p. 1

United States; and Janet Bickel of the Association of American Medical Colleges will discuss the emergence of women in academic medicine.

Come prepared to take advantage of more than 50 continuing medical education workshops. Just added is a workshop entitled "Should Women's Health be a Medical Specialty?" which will offer opposing viewpoints on this controversial topic. Set aside time to visit the exhibits on Friday and Saturday to discuss the latest product information with knowledgeable industry representatives.

Several special events have been scheduled for this year's Annual Meeting, including the President's Banquet, honoring incoming President Sharyn A. Lenhart, MD, on Saturday evening, November 8, at The John G. Shedd Aquarium. Earlier that evening, during the President's Reception at the hotel, guests will be treated to a performance by Scrap Mettle SOUL, a Chicago area multi-generational, multi-cultural, mixed economy, community arts group. On Friday, you may take part in a complimentary breakfast and fashion show at Saks Fifth Avenue. Two Chicago area tours also are available: the Bob Oaks Tour on Friday will venture to the Frank Lloyd Wright Home and Studio, and on Saturday, you may choose to take the Art Institute of Chicago Museum Tour. See the registration form in the preliminary program for more details and price information.

To register for the 82nd Annual Meeting or to receive more information, please contact Gwen Miller at the AMWA National Office: phone 703-838-0500; FAX 703-549-3864; or email gmler@amwa-doc.org.

Glasgow Essay and Birch Awards Announced!

AMWA is pleased to announce that Shefali Shah is the 1997 recipient of the Janet M. Glasgow Essay Award of \$1,000 for her outstanding essay about a woman physician who has been a mentor and role model. Ms. Shah, a third-year medical student at Johns Hopkins University is also a Regional Student Coordinator. Sheri Zink, a third-year medical student at Stanford University School of Medicine received the 1997 Carroll L. Birch Award of \$500. She was honored for her original research paper entitled "Defective Herpes Simplex Virus Vectors Expressing the Rat Brain Stress-Inducible Heat Shock Protein 72 Protect Cultural Neurons from Severe Heat Shock." The awards will be presented at AMWA's Annual Meeting to be held in Chicago, IL, November 5-9, 1997. The deadline for participation in the Glasgow Essay Award for 1998 is May '98. The deadline for the Birch award is June 30. For further information, please contact Marie Glanz at the National Office (mglanz@amwa-doc.org).

AMWA Leaders Discuss Depression continued from p. 1

other serious conditions, such as heart disease.

Current research on depression and heart disease was presented which indicates that people who experienced episodes of major depression were more than four times as likely to have a heart attack as those who were not depressed. Patients who developed depression following heart attack were shown to have a 3.5 times greater risk of dying a cardiac death in the next 6 months than those not diagnosed as depressed. Dr. Musselman stated that surprisingly, the type A personality risk factor for men appears to work the reverse for women, for whom depressive symptoms such as slowness and low levels of awareness are associated with a higher risk of heart disease. Other research findings that were discussed include the fact that women have been found to have a higher incidence of depression during their reproductive years. In some studies, estrogen therapy showed improvement in the depression profile of post-partum women.

Panelists' presentations included an overview of SmithKline-sponsored recent studies that seek to provide a better understanding of depression in women, such as a long-term study on recurrent depression, which has shown that men improve more rapidly with current treatment compared with women. SmithKline is currently sponsoring studies on the use of paroxetine and sertraline in breast-feeding women; paroxetine for the treatment of post-partum depression; and paroxetine, desipramine, and placebo in depressed patients with breast cancer.

The panel concluded that more studies are needed on depression in women and that family and psychiatric history should be required in standard health questionnaires. They recommend that physicians in all disciplines accept responsibility for diagnosing and treating depression and, when appropriate, refer depressed patients to psychiatrists. The panel also recommended the development of physician and patient education programs addressing the interrelation of mind-body issues to raise awareness about depression in women. The Women for Women Summit was sponsored by AMWA with an unrestricted grant from AMWA corporate member SmithKline Beecham.

DIRECTOR OF STUDENTS

Greetings and Farewell

Lynn C. Epstein, MD, Director of Students
lynn_Epstein@brown.edu

Greetings. As my 2-year term as National Director of Students draws to a close, I want to thank AMWA members for the honor of serving you in this capacity. It has been gratifying to see the strong collaboration between AMWA student and physician members. Kudos go to our two National Student Coordinators, Louise Davies and Arielle Stanford, and to the many Regional Student Coordinators, who have worked together to facilitate programs and activities on women's health and on student development. Student input into AMWA helps to energize and to keep us current! As well, special thanks to the members of the Board of Directors, the Committee Chairpersons and to the AMWA staff, for your support and understanding. It has been my privilege to work with you!

From the preliminary program for this year's annual meeting, you can see that there are a number of sessions at the annual meeting in Chicago of particular interest to students. (I have highlighted a few of them below, but please see the program for a complete listing and the particulars.)

Regular student programs: Student Branch Development (Friday), Past and Present RSC Luncheon (Saturday), NSC/RSC Orientation (Saturday), Student/Resident Mixer (Saturday). Two programs piloted last year with 1997 iterations are the Mentoring Breakfast (Saturday) and Branch poster session (Saturday).

Other programs of particular interest to students include two programs on early career development being offered by Dr. Nancy Binder: "Leadership Everywhere" (Friday) and "Making Mentoring Work for You" (Saturday). Drs. Nancy Church and Lesly Mega are offering a program on coping with stress entitled "Stresses in Medical Education" (Saturday).

Once again, Dr. Clarita Herrera and the Program Committee have put together an exciting offering for the annual meeting. I hope you are making plans to attend and look forward to seeing you this November in Chicago.

Scholarship Winner Announced!

Alexis Larson has been selected as the recipient of the 1997 Wilhelm-Frankowski Scholarship of \$4,000 for her outstanding contributions to the community, to women's health issues, and to AMWA. Ms. Larson is a 4th-year medical student at USC School of Medicine and serves as an AMWA Regional Student Coordinator. Ms. Larson will be honored at AMWA's Annual Meeting in Chicago.

AMWA Wins Tobacco Grant!

The National Office is pleased to announce that AMWA has been awarded a grant from the Centers for Disease Control and Prevention to continue its Strategic Coalition of Women and Girls United Against Tobacco! Beginning in October, AMWA will enter into a new 3-year grant with the CDC. With this grant, AMWA will have the opportunity to recruit and train additional members (both student and physician) in tobacco control and prevention advocacy. AMWA will also be able to increase awareness of tobacco as a women's issue. In addition, the grant will provide a means to more effectively address both women's and girls' issues related to tobacco control and prevention and provide an opportunity for AMWA to expand its outreach efforts.

RHI continued from p. 3

September at Brown University School of Medicine in Providence, Rhode Island.

Electives scheduled include Brown University School of Medicine, February 1998; Emory University, October 1997 and March 1998; University of Arizona College of Medicine in Tucson, October 1997; Tufts University School of Medicine in Boston, spring and fall of 1998; Tulane University School of Medicine in New Orleans, TBA in 1998; and the Medical College of Georgia in Augusta, TBA in 1999.

The project has been bolstered once again by a generous grant for its internship program by Marjorie Braude, MD. Through Dr. Braude's support, AMWA is able to recruit and use medical student interns to assist in establishing electives and placing students in electives. RHI also recently received a grant from The Josiah Macy Fund.

AMWA's Model Reproductive Health Curriculum is available from AMWA's National Office at no cost to medical schools that establish electives (the cost for AMWA members is \$125, non-members, \$175).

AMWA is also working with Medical Students for Choice to produce and disseminate a guide with tips on how medical students can improve their curriculum in the area of reproductive health. The guide will be available at AMWA's annual meeting in early November and from the National Office.

Medical students interested in applying for planned electives, in establishing an elective at their schools, or in becoming interns for the project should contact Abbe Bartlett, MA, Project Manager, email: abartlett@amwa-doc.org at the AMWA National Office.

STUDENT SENATE

National Student Coordinators' Message

Louise Davies, ldavies@u.washington.edu

Arielle Stanford, Stanfora@medicine.wustl.edu.

The end of Arielle's and my terms as National Student Coordinator are almost over. As the annual meeting approaches, we want to encourage students to do four things. First - come to the annual meeting! There is no better place to meet great people and be inspired to start new projects at your local branches. The workshops will help you learn practical clinical skills and navigate your way through your career.

When you come to the meeting, the second thing to do is show off your school's great achievements! Submit a poster for the poster session which will give you the chance to show your work, teach others how to do the same, and possibly win a prize. We are looking for creative displays that showcase the unique nature of your work.

Third, the House of Delegates also occurs at the annual meeting. This is an important time to make your voice heard on the issues, AMWA votes on stances to be taken on important issues at these meetings, such as breast cancer genetic testing, international adoption, etc. Your votes count as much as the physician votes. Take advantage of this very unique opportunity.

Lastly, we would like to encourage you to run for Regional Student Coordinator of your area or National Student Coordinator. To do this, prepare a personal statement and a CV to send to the National Office. Please contact us by email if you have questions. We look forward to seeing you at the annual meeting.

New Federal Initiative: Take Time to Care

The FDA Office of Women's Health has developed the program "Women's Health: Take Time to Care" to encourage women to take better care of their health. It seeks to reach women with the greatest need for health information and encourages behavioral changes to improve health outcomes. Health messages emphasize using medications wisely, exercise and a healthy diet, and the need to get screened for disease regularly. "Use Medicines Wisely" kits are available that include a consumer brochure with questions to ask pharmacists or doctors, a chart to keep track of medications, medication reminder stickers, and tips about medication information patients should provide when admitted to a hospital. To request a kit or for more information on the office, please visit www.fda.gov/womens/, call 1-800-532-4440, or write to the Food and Drug Administration, Office of Consumer Affairs, 5600 Fishers Lane, Rm. 16-75, HFE-88, Rockville, MD 20857.

Call for Awards Nominations

Help AMWA honor outstanding women physicians and AMWA supporters with your nominations for the 1998 Elizabeth Blackwell, Bertha VanHoosen, Camille Mermod, and Woman in Science Awards. Nomination forms were recently sent to all members. Please help us recognize AMWA leaders by submitting a nomination form, supporting statement, and nominee's CV to Marie Glanz at the National Office by January 2, 1998. For more information, please contact Marie Glanz, mglanz@amwa-doc.org.

MEMBER NEWS

Debra Judelson, MD, AMWA President, has been appointed to the National Committee for Quality Assurance, Women's Health Measurement Advisory Panel, and Cardiovascular Disease Measurement Advisory Panel Subcommittee.

Donnica Moore, MD, AMWA Vice President, Membership, has been appointed to the National Advisory Board for the *Medici Report*, the only publication to focus exclusively on women's healthcare industry issues.

Omega Silva, MD, Chair, AMWA Leadership Development Committee, is the 1997 recipient of Howard University College of Medicine's Distinguished Service Award.

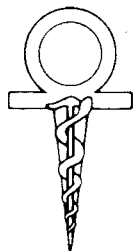
Lila Wallis, MD, MACP, AMWA Past President, received the 1997 Laureate Award from the New York Downstate Region I of the American College of Physicians in recognition for her contributions as a teacher, researcher, and mentor in the area of women's health.



AMWA leader Omega Silva, MD, (center) with AMWA Past President Roselyn P. Epps, MD, MPH, MA, (l) and Roselyn Epps, MD, (r) at the 22nd Annual Outstanding Alumni Dinner of Howard University College of Medicine in Honolulu, Hawaii.

WHAT'S HAPPENING IN

AMWA



AMWA

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What's Happening in AMWA is published six times per year (February, April, June, August, October, December) by the American Medical Women's Association (AMWA). **All editorial material becomes the property of AMWA. AMWA reserves the right to edit all materials.** For a copy of an article or an issue of the newsletter, contact AMWA, 801 N. Fairfax St., # 400, Alexandria, VA 22314; aprit@amwa-doc.org. Phone: 703/838-0500; Fax: 703/549-3864.

Emergency Contraception Resource Packets

For a resource packet that includes provider and consumer information on using emergency contraception properly, please contact Jackie Nichols at the National Office, jnichols@amwa-doc.org

Reproductive Health Remains Key

As participants in the Women's Network for Change, AMWA joins more than 30 leading women's organizations in an effort to maintain a women's right to safe, comprehensive reproductive health services. As reported by the Network, since 1995 alone, Congress has voted more than 70 times to limit a woman's access to family planning and abortion services. AMWA continues to support women by opposing such legislation as HR 1122, which would criminalize a particular abortion procedure even if the health or future fertility of the woman is at risk. AMWA has also opposed parental consent legislation and endorsed legislation to ensure contraceptive coverage by insurers.



Awardees at this year's Region II AMWA summer conference included (from left to right) Kim Clare, Jennifer Wegloski, Dr. Lois Katz, Dr. Satty Keswani, Danielle Brook, Dr. Anne E. Bernstein, and Dr. Annette Kussmaul. The award ceremony was followed by a lecture on cardiovascular disease in women given by Dr. Elsa Giardina of Columbia University, College of Physicians and Surgeons. Dr. Clarita Herrera, Region II Governor, coordinated the event.