

WHAT'S HAPPENING IN

AMWA

Volume XVIII, Number 5/October 1993

AMWA Observes Breast Cancer Awareness Month

October marks the ninth annual National Breast Cancer Awareness Month (NBCAM) and, as a member of the NBCAM Board of Sponsors, AMWA is committed to continuing our public education efforts to promote better physician and patient understanding of the disease. In observation of National Breast Cancer Awareness Month, AMWA will participate in a series of important events.

Together with other NBCAM sponsors, we have selected October 19 as the first annual National Mammography Day. Women across America will be encouraged to receive or sign up for a screening mammogram on this day or to make a commitment to get one. Although there is much controversy over specific mammography screening guidelines, experts universally agree that mammography screening is the single best means of early detection of breast cancer.

AMWA was invited to participate in a two-day Food and Drug Administration sponsored conference entitled *Implementing the Mammography Quality Standards Act (MQSA) of 1992: Roles in Improving Mammography Services*, held September 20 - 22, 1993. The purpose of the conference was to provide a forum for the discussion of MQSA's intent, its scope, and future implementation.

AMWA was also represented at the NBCAM Board of

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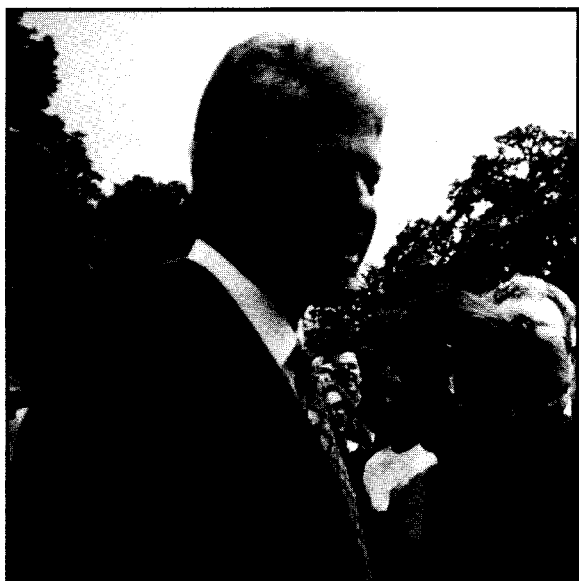
AMWA's Laura McCann, MD, spoke with Senator Kennedy after giving testimony at a field hearing he called of the Senate Labor and Human Resources Committee.

AMWA Advises HHS

In early August, AMWA President Leah J. Dickstein, MD, was one of seven prominent women's health experts asked to deliver comments to representatives from the Department of Health and Human Services (HHS) about progress on the women's health objectives of Healthy People 2000 (HP 2000), a comprehensive strategic plan for health promotion among the American public. HP 2000, initiated in 1987, identified public health data in key areas from nutrition to exercise to sexual activity to cancer, and established target figures for the year 2000 as well as action plans to help meet those goals.

Along with representatives from the Congressional Caucus for Women's Issues, the Senate Labor and Human Resources Committee, and the Black Women's Agenda, Dr. Dickstein assessed the progress made thus far toward achieving HP 2000's women's health goals. Speaking before an audience that included Phil Lee, MD, assistant secretary for health; Agnes Donahue, DDS, MPH, director of the Office on Women's Health; and Vivian Pinn, MD, director of the NIH Office of Research on Women's Health, Dr. Dickstein gave mixed reviews to HP 2000's success in addressing women's

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AMWA Director Eileen McGrath was there when President Clinton signed the Budget Reconciliation Act on the White House lawn.

NBCAM, *continued*

Sponsors 1993 Awards Dinner, *Profiles in Progress*. The September 30 Awards Dinner at the Mayflower Hotel in Washington, DC honored First Lady Hillary Rodham Clinton's dedication to quality health care for all Americans and recognized leaders from the private and public sectors whose compassion and commitment are saving women's lives from breast cancer.

We are also participating in a nationwide distribution of NBCAM promotional kits including camera-ready public service print ads for newsletters and newspapers, how-to's for arranging media coverage, sample press releases, and sample scripts for radio public service announcements. Also included in the promotional kit is an article by AMWA's Janet Rose Osuch, MD, on the importance of mammography in the early detection of breast cancer. (The article is camera ready for use by local publications.) All materials are presented in a simple, ready-to-use fashion, and we encourage all AMWA members to initiate programs in their communities. If you have not received a promotional kit and are interested in promoting awareness activities in your community, kits are available from Ms. Dhulsini de Zoysa at AMWA national headquarters.

Under Dr. Janet Rose Osuch's leadership, AMWA's Breast Cancer Subcommittee has prepared position papers on the prevention, detection, diagnosis, and treatment of breast cancer. Dr. Osuch's leadership in promoting breast cancer awareness, both within AMWA and on a national level, is appreciated. With these papers, which go before the House of Delegates in November, AMWA will emerge as a policy leader in the area of breast cancer.

AMWA Advises HHS, *continued*

health needs.

While applauding the strides made in improving clinical breast exam and mammogram rates and in reducing tobacco use among women, she nevertheless pointed out some trends that are far from encouraging. Despite the rise in breast cancer screening, for example, deaths from breast cancer have actually risen since HP 2000 began in 1987. The number of sexually active teens is also increasing. And in many crucial areas—such as mental health, substance abuse, and calcium intake—no year 2000 goals were even established. Dr. Dickstein also alluded to the controversy surrounding the Women's Health Initiative (WHI), an historic NIH program that aims to uncover the link between diet, exercise, hormone replacement therapy and breast cancer and heart disease. While she applauded the overall aims of the ambitious, multi-year program (which began recruiting participants this year), Dr. Dickstein voiced alarm that only three of the WHI's principal investigators are women and warned that unless more women researchers are installed, recruitment efforts could be hampered.

Dr. Dickstein received an especially positive response to her remarks describing AMWA's Advanced Women's Health Curriculum, which will be presented later this month.

New AMWA Awards

AMWA's Awards Committee is in the process of planning two new national awards to be given for the first time in 1994. They mirror, appropriately, AMWA's twin goals of promoting equity for women in medicine and improving the health of women.

Funding from the Upjohn Company will allow AMWA to honor individuals who have promoted a gender-fair environment for the education and training of women physicians and assured equal opportunity for women to study and practice medicine. Winners will be chosen by those in the best position to judge—medical students themselves. Gender Equity Award certificates will be presented to clinical or preclinical medical and osteopathic school faculty chosen by students in their own institutions. Awards will be presented at graduation ceremonies at each school.

Funding is still being sought for the Women's Health Award, born in a brainstorming session at the 1993 President's Retreat. Winners may be individuals or groups, physicians or laypeople who have made significant accomplishments in women's health. By identifying and publicly honoring those in the forefront of women's health care, the award will increase public awareness of the critical need to make women's health an even higher national priority at the same time it establishes AMWA as a leader in women's health.

Information on the nomination process for both awards will be made available at a later date. Watch for it.

Senate Testimony

AMWA also was asked to present testimony at a Boston field hearing of the Senate Labor and Human Resources Committee chaired by Senator Edward Kennedy (D-MA). The hearing examined the need for preventive services in tackling such crucial women's health issues as breast and cervical cancer, domestic violence, and sexually transmitted diseases (STDs). Testifying for AMWA, Regional Governor Laura McCann, MD, recommended the appropriation of sufficient funds to extend the Centers for Disease Control and Prevention's breast and cervical cancer early screening program to all 50 states (only 12 states currently operate the program). Dr. McCann also stressed the need for adequate funding to implement federal mammography quality standards approved by Congress last year. Dr. McCann praised the work done by the CDC in the area of STD screening, particularly chlamydia and gonorrhea, two major causes of infertility and serious illness in American women. However, Dr. McCann bemoaned the insufficient funds currently awarded for the CDC's STD programs. (For an update on these vital appropriations measures, see the Legislative Update on page 3.)

LEGISLATIVE UPDATE

As this issue of the newsletter goes to press, Congress has returned from its Labor Day recess and is preparing for important action on many of AMWA's target women's health issues before adjourning this fall. Already this year, women's health has gained unprecedented visibility and the health care reform package (scheduled to be released on September 22) will bring the need for even greater scrutiny of women's health concerns. Following is a summary of what has been accomplished so far this session and what legislation is on the horizon.

Abortion

Some of the most important wins—and losses—in the fight to secure equal access to abortion care have occurred during this year's appropriations process, the annual funding battle that dominates much of Congress's agenda throughout the summer, before the beginning of the new fiscal year in October. Appropriations determines the funding for the programs of all of the governmental agencies. Historically, anti-abortion amendments have been added to these various spending bills. This year, however, President Clinton submitted to Congress an FY94 budget that was "clean"—free of such restrictive amendments.

As the health care reform debate heats up—especially the issue of whether to include abortion services under the plan—the appropriations battles have taken on added significance, serving as a litmus test for how the health care package, if abortion is covered, will fare in Congress. Among the successes this year were the inclusion of abortion under the Federal Employees Health Benefits Program (FEHBP), which is administered under the Treasury-Postal-General Government appropriations bill, and has excluded abortion services since 1983. Another victory was scored when the District of Columbia appropriations measure was approved in "clean" form for the first time since 1988, as was the Commerce-Justice-State

appropriations bill, allowing women in federal prisons to obtain abortions, lifting a prohibition in place since 1986.

The biggest disappointment was on the Labor-HHS appropriations bill. HHS administers the Medicaid program, which since 1977 has excluded abortion coverage except to save the life of the mother through the so-called Hyde Amendment, after its original sponsor, Representative Henry Hyde of Illinois. After heated floor debate in the House in June, the Hyde Amendment was once again attached, though an additional exception was made for cases of rape and incest. As this newsletter goes to press, the Senate is preparing to consider its version of the Labor-HHS spending bill, and AMWA and other groups have worked hard to ensure that a "clean" version will be passed, necessitating a compromise bill, and thus providing the opportunity to remove the Hyde language once and for all.

In the disturbing arena of abortion clinic violence, the Freedom of Access to Clinic Entrances Act (FACE) is also awaiting House and Senate floor action as we go to press. The bill has been tightened to insure that legitimate expressions of free speech are not restricted and protections for physicians and clinic workers have been extended to cover them away from abortion facilities.

The heralded Freedom of Choice Act has encountered numerous snags,



AMWA Director Eileen McGrath, left, with HHS Secretary Donna Shalala on the White House lawn during the signing of the Budget Reconciliation Act.

among them division within the pro-choice camp about whether the bill actually lives up to its name—given the loopholes offered to states on the issues of funding and minors' access—and concern that there were not enough votes in either house of Congress to defeat weakening amendments, such as those mandating waiting periods and biased counseling sessions. At press time, it was uncertain what the bill's fate will be this fall.

Interns Needed!

AMWA is now accepting applications for four legislative interns. The one-month internship offers an invaluable opportunity to contribute to AMWA's governmental affairs program, while learning more about how women's health policy gets made in Washington. Interested? Call Gillian Thomas, legislative assistant, for more information. Application deadline: January 31, 1994.

Breast and Cervical Cancer, STDs

Also pending at press time is an omnibus measure to increase authorization levels for various Centers for Disease Control and Prevention (CDC) initiatives targeting women's health. The Early Detection and Preventive Health Act includes funding levels for the CDC's Breast and Cervical Cancer program, which currently offers Papsmears and mammograms to low-income women in just 12 states nationally. The Act would provide sufficient funding to expand the services to all 50 states. Also included in the measure are increased authorizations for the CDC's programs targeting sexually transmitted diseases (STDs), particularly gonorrhea and chlamydia.

Violence Against Women

The historic Violence Against Women Act is still pending in the House Judiciary Committee's Subcommittee on Crime and Criminal Justice, and at press time had yet to be voted on in the

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STUDENT SENATE

Why AMWA?

Sofia Ali and Rachel Curtis

As national student coordinators, we are often asked why someone should join AMWA. What we are seldom asked, however, is why AMWA even exists as an organization. AMWA has been providing advocacy for female physicians and their (our) patients since 1915. Perhaps the founding members hoped that the organization would not be needed more than 75 years later. Yet, as we enter the 21st century with many accomplishments and having made much progress, there is still a lot to do.

- In 1991, female physicians made only 66 cents for every dollar earned by their male counterparts.
- Every 18 seconds a woman in the United States is beaten.
- Women are still only 39% of incoming first-year medical students.
- On average, men are promoted twice as fast as women to the rank of associate professor in medical schools.
- Pap smears have a false negative rate of 15% to 30% depending on the study cited.
- Vasectomy is safer, faster, and less expensive than tubal ligation, yet tubal ligation is the most common form of birth control.
- Fifty percent of all pregnancies each year are unintended.
- Only 17% of US obstetrics/gynecology residencies require abortion training.
- One out of four pregnant women are battered during the pregnancy.
- Approximately 1,000,000 teenage girls are pregnant each year in the United States, 84% are unwanted pregnancies.
- More than 40 million women are postmenopausal, yet little research has been done in this age group.
- Eighty percent of US counties have no abortion provider.
- There are only 4 female deans of the 127 US medical and osteopathic schools.

- The number of battering injuries suffered by women is far greater than the total number of injuries sustained by car accidents, muggings, and rapes combined.
- Battering is the most common cause of traumatic injury to women in the United States.
- One out of three women seen in emergency rooms for any reason have been battered.
- Courts continue to judge rape victims by what they were wearing and past sexual history rather than by the facts of the case.
- The United States is the only industrial nation without a maternity leave law.

Reporter Wanted

Do you like to write? JAMWA is seeking one or two national student reporters to join the editorial staff. Reporters are responsible for writing the "Student Perspective" column in each bimonthly issue. They are also expected to attend and cover AMWA Interim and Annual Meetings. If you have past experience and would like to apply, send a letter of interest and samples of your work to Jane Williamson, Managing Editor, 16 Farnsworth Rd, Colchester, VT 05446.

Clearly, there is still much to accomplish. Join us in New York for AMWA's 78th Annual Meeting and hear the latest updates on health care for women and legislative action on violence against women and freedom of choice. Find out how AMWA committees are addressing issues ranging from gender equity to abortion education for medical students. A lot has changed since the first 11 women met in Chicago in 1915 to organize AMWA, but there is still much to be done.

Why AMWA? Because the world is not perfect—yet.

Message from the Director of Students

Jeanne F. Arnold, MD

Suddenly, it's fourth year! The time has come to think of many things, including transition to residency. Collect information about programs in areas of the country that interest you. Location is very important because you will live there for three years at least. Most students send postcards to 20 to 50 programs. Review the brochures on a rainy weekend for characteristics that fit your learning needs. Fill out the application forms for the programs that interest you; most students will submit 10 to 20 applications.

Most programs require a straightforward demographic form, a one-to-two-page typewritten statement, a dean's letter, and one or two additional supporting letters. Some require transcripts, photographs, etc. Read the instructions! If they require handwritten replies, write them. If only two letters are desired, comply!

Next comes the more difficult personal statement. This is the document that describes you and your long-term goals. Include regional and cultural background, premedical education, emphasis in medical school, what you seek in residency training, interests outside medicine, future plans, special interests or experiences that make you unique, and your interest in the program itself. As your sales piece, it should catch the reader's attention. Avoid gimmicks like purple paper, small fonts, italics, and narrow margins. It should be typewritten on one page; the reader may not turn over to the back and a second page could get separated from the first. A curriculum vitae or resume is a professional touch and should address education, work history, awards, and research.

Once you have the application and personal statement ready for the envelope, you may include a cover letter asking for specific interview dates. Do not hesitate to follow up with a phone call to set the interview date, some programs wait for you to call.

Good luck!

RESIDENT ROUNDS

The Other Side of the Bedrail

Kathy G. Keller, DO

I recently found myself unexpectedly on the other side of the bedrail. It is said that doctors make the worst patients and, in my case, it was true—especially in the early stages. I made a mistake common to people at all levels of medical training and that was trying to diagnose myself. I explained away every symptom as something minor until it got so severe I had to call my family doctor, and ended up on the operating table some six hours later.

What I didn't realize was how poor my judgment had become. Rather than trying to "heal myself" I should have called my physician much earlier. I think my fear was that I would look foolish when it turned out nothing was wrong (and I was in denial—convinced nothing *was* wrong). Instead, I waited too long. The faculty who advised me during residency not to treat my family or myself were surely correct. I have tried hard not to be my daughter Emily's doctor, only her mother, and have been relatively successful. But I failed when it came to myself. It had been easy enough in the past to start myself on antibiotics when I felt it was necessary. I now question that judgment as well.

I urge all of you not to neglect your health during your training, but to choose a doctor and seek his or her advice when you are ill. Also important is health maintenance and yearly exams. Make the time! We have all found it difficult to get everything done during residency—housework is neglected, friends may not hear from us often, things inevitably slide. I once knew an ob/gyn resident who drove with expired license plates for months. Who has time to go to the Department of

Motor Vehicles? But your health needs to be a priority. You can't take care of anyone else if you are ill yourself.

Being a patient in the hospital was a completely new experience for me. It was so different from routine childbirth. I found the loss of control associated with surgery terrifying. Also frightening was feeling I had no alternatives. I was fortunate that I trusted the surgeon completely, the staff was terrific, and the nurses could not have been nicer. Still, it was an unsettling experience. Two days in the hospital was plenty. The anesthesiologist joked that the experience would build character and he was right. I have whole new insights into the feelings of patients. Equally as important, I understand myself better. Next time, I won't try to be my own doctor.

In memoriam: Clemmie DeFors, RN, a tireless advocate for women's health, strong supporter of breastfeeding, patient educator, friendly and vivacious. She is sorely missed.

Emily note: 15 months at this writing: running, climbing; not many recognizable words, but happy and inquisitive. And into everything!



Second-year medical student and AMWA legislative intern Sonia Ramamoorthy, right, is pictured with Surgeon General (then nominee) Jocelyn Elders, MD, at a coalition briefing to coordinate strategy on her nomination. This is only one example of the many exciting projects legislative interns work on. See box at right on how to apply for 1994 openings.

LEGISLATIVE UPDATE, *continued*

Senate. The bill, which takes comprehensive action against gender-based violence and even designates such crimes as civil rights offenses, has garnered broad bipartisan support in both houses. Federal judges, once opponents of the bill because of the civil rights provision, have now adopted a "neutral" stance.

The Women's Health Equity Act

At press time, the Women's Health Equity Act (WHEA), actually not one bill but a group of several women's health bills, was nearing its introduction date. The WHEA will address women's research and treatment needs, from osteoporosis to infertility to breast cancer to tobacco use. More news on this omnibus measure after its introduction.

Dr. Joycelyn Elders

As all of you know by now, Joycelyn Elders, MD, was confirmed on September 7 as the new United States Surgeon General. AMWA was an active participant in the coalition effort to win approval for Dr. Elders. Our members turned out a tremendous amount of support for Dr. Elders, making phone calls, writing letters, and sending postcards on her behalf. AMWA's July and August legislative interns, Teresa DePineres and Sonia Ramamoorthy, were also instrumental in AMWA's effort to win Dr. Elders's confirmation.

And In The Works...

At the suggestion of one of our student members, the national office is developing a Governmental Affairs Handbook, a comprehensive resource guide for all AMWA members to aid in their advocacy activities. We anticipate the Handbook will be ready by the Annual Meeting, where the Governmental Affairs Committee will look it over and make final suggestions. We believe the Handbook will make an important contribution to the impact AMWA members make in their communities and in Washington, DC!

The AMWA Foundation Comes of Age

The AMWA Foundation, created almost three years ago to support projects and programs that fulfill AMWA's long-range goals, is, according to its Chair Anne L. Barlow, MD, "beginning to come into its own."

A Reproductive Health Initiative

On Friday, September 10, Ms. Susan Eisendrath joined the AMWA staff as project coordinator of the Reproductive Health Initiative, a three-year program funded entirely through the efforts of the AMWA Foundation. An initial grant of \$100,000 from the John Merck Fund permits the project—an all-out effort to learn exactly how reproductive health is taught in medical schools and to design an appropriate curriculum for medical students throughout the country—to get underway.

Advanced Curriculum on Women's Health

The Advanced Curriculum on Women's Health is no longer merely a dream, but a reality. Part I of the course, "Midlife and Mature Years," will be presented October 29 to November 1 in New York City just prior to the AMWA Annual Meeting. (Call 402-559-4152 for additional information about course registration.) Dr. Barlow expressed her heartfelt appreciation to Marilyn Arnold of The Upjohn Company, who provided the initial funding for the project.

Foundation Mail Appeals

Dr. Barlow expressed her thanks and appreciation to the many AMWA members who consistently make generous gifts and pledges to the Foundation in response to the mail appeals for AWHs, Student Loans, and the Foundation general fund. In 1993 those gifts and pledges, have thus far totalled nearly \$63,000. According to Dr. Barlow, it is the support of both the AMWA Board and the Foundation Board, plus the broad support of the membership that makes the Foundation's work so rewarding.

In fact, we would like to recognize all those who have donated to the Foundation since we last acknowledged gifts

(June 18, see the May/June JAMWA).

Founders

Diana L. Dell, MD

Leadership Circle

Alma Dea Morani, MD

Dedication Circle

Angenieta A. Biegel, MD
Eleanor S. Bozeman, MD
Michelle M. Condon, MD
Sally L. Davis, MD
Corinne Devereux, MD
Milagros Diaz, MD
Krystyna D. Kiel, MD
Lila Stein Kroser, MD
Wendy Martinez, MD
Anamari C. Milam, MD
Susan A. Miller, MD
Harriett E. Northrup, MD
Caroline G. M. Scott, MD
Elizabeth G. Serrage, MD
Sally K. Severino, MD
Joan M. Sulewski, MD
Sophie C. Trent, MD
Joan T. Williams, MD

American Women's Hospital Service (AWHS)

Dr. Barlow made particular mention of some of the older AMWA programs, which continue to be an active and important part of all the Foundation's efforts. The American Women's Hospital Service continues to respond to the needs of five clinics, providing care to the medically underserved with monthly support. In addition, this year the Foundation is supporting the Zacchaeus Free Clinic in Washington, DC; burn victims in Guayquil, Ecuador with funding for Interplast, Inc; and MAP International, an organization that successfully delivers medicines to war-torn Bosnia.

AWHS also provided funding for five overseas assistance grants to women medical students in 1993. Pamela Gardiner worked in Kolofata, Cameroon; Rochelle Bagatell went to Nigeria; Yamini Goswami just returned from the outback of Australia; Heidi Queen is now in Gabon, West Africa; and Deborah Ottenheimer provided

primary care in Yaounde, Cameroon. These are medical students who continue the AWHs legacy of providing medical care to those medically underserved throughout the world.

Through the efforts of Suzanne A. Widrow, MD, and Roberta G. Rubin, MD, using discretionary funds allotted to them as board members of the Morris Area Community Foundation, much needed medical equipment continues to find its way to AWHs-supported clinics and programs.

A recent bequest of \$25,000 from the estate of Katherine Grace Snyder, a resident of New York County, who died in January 1936, was received by AWHs. Mrs. Snyder had created a trust for the benefit of her niece, Gertrude L. Maiden. Ms. Maiden died in 1989, at which time the trust terminated, and was divided among the several charitable organizations Ms. Snyder had named in the original trust agreement.

Student Loans and Grants

In 1993, the Student Loan Program provided 61 medical education loans of \$1,400. More than \$86,000 was available for loans in 1993, up from 1992's disbursement of \$65,000. The Student Loan, Fellowships and Grants Committee Chair Lesly T. Mega, MD, expressed her gratitude for the support this program receives, and looks forward to a continued increase in available funds. Along those lines, Dr. Mega reported that a recent bequest from Dr. Hazel Wilhelm is being held in a Scholarship Fund until it reaches \$100,000, after which the income from the fund will be used annually to award a medical scholarship to a deserving student.

A Direction for the Future

The Snyder and Wilhelm bequests point out the direction in which the Foundation needs to move. We must convey to you, the members, the importance and the value of remembering the AMWA Foundation, AWHs, or the Student Loan Program in your will. These kinds of gifts provide the depth and longevity the Foundation needs. They also provide a memorial to the donor that is, in the words of one sage, "more lasting

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BULLETIN BOARD

New Regional Governor

AMWA's Board of Directors has appointed Kay M. Shilling, MD, as governor for Region VII. Dr. Shilling replaces Lila Z. Furman, MD, who died unexpectedly this past summer.

Delegate Reminder

Physician branch presidents have until October 15 to submit names of the members who will be representing them when the House of Delegates convenes at the Annual Meeting in November. Delegates and alternates must be active members of national AMWA; branch-only members are ineligible to serve as delegates. Student branch presidents must submit delegate names by October 22.

Mail Ballots Due

Mail ballots for the Nominating Committee, regional governors of even-numbered regions, and state directors are due in the national office no later than October 20. Make your vote count—get your ballot in on time.

Staff News

Elizabeth S. Woods has been promoted to the newly created position of membership development manager. In her new capacity, Liz will develop and implement policies and plans to increase AMWA membership, expand membership services, and support various AMWA committees. Liz brings to the position almost 20 years of marketing and customer service experience, including four years in AMWA's Membership Department. Director of Membership Regina D. Sanborn will assume responsibility for regional development activities as well as overseeing the work of the entire Department. An opening for a membership administrative assistant was still unfilled at press time.

Award Nominations Wanted

It's time to start thinking about who among your colleagues and friends deserves special recognition. Winners of AMWA's 1994 awards will be chosen at

the President's Retreat early in the year and nominations are due January 3. The Awards Committee seeks suggestions for the Elizabeth Blackwell Award, Camille Mermod Award, Bertha Van Hoosen Award, and Calcium Nutrition Education Award. To make a nomination or for more information, call or write Marie Glanz at the national office.

Workshop Proposals Due

AMWA's Annual Meeting has gained a reputation for offering a diverse and stimulating array of educational workshops. Proposals for those workshops are due November 15, so if you have a program you'd like to offer, now is the time to get organized. Workshops for the 1994 meeting in Orlando, Florida should relate to some aspect of the theme, "Women Promoting Women's Health: Empowering Our Global Family." To obtain a copy of the proposal form, call or write Lisa McClendon at the national office.

Correction

The notices announcing the search for a new editor-in-chief of JAMWA included "MD degree" among the qualifications. It should have read "MD/DO degree." We apologize for the error and encourage any DOs who did not apply because of it to call Eileen McGrath at the national office.

M-G-M Drive Continues

The Lillian Gonzalez-Pardo, MD, Recruitment Campaign for 1992-1993 has brought in nearly 600 new AMWA members. If your name is not among those whose efforts we acknowledge below, make a commitment now to be part of the campaign for 1993-1994.

Noel Bairey, MD
Heather Bartlett
Moir Burke, MD
Setsuko Chambers, MD
Andrea Crane
Leah J. Dickstein, MD
Maria Dizon
Robin Edward, MD

Margaret Engdahl
Elaine Feldman, MD
Patricia Harper, MD
Clarita Herrera, MD
Day Hills
Mary Jackson, MD
Margery Johnson, MD
Cathy Kocarek
Mary Kraft, MD
Gunnbjorg Lavoll, MD
Margaret Mullins, MD
Martha Regan-Smith, MD
Ann Selzer, MD
Rochelle Shapiro, MD
Jennifer Thie, MD
Pauline Titus-Dillon, MD
Allison Tonkin
Lila A. Wallis, MD
Lana Zarlenga

Foundation, *continued*

than bronze."

In future months AMWA members will be hearing from the Foundation with exciting news about the many ways members can give to the AMWA Foundation programs of their choice, while retaining lifetime income for themselves. In today's low interest environment, with money market funds paying as low as 2% and 3%, it is possible for a gift annuity to pay as high as 12%, providing the donor a lifetime guaranteed income, an income tax deduction, partially tax-free income, and, if appreciated property is used to fund the gift, more often than not, a total avoidance of capital gains taxes. The Foundation will be sending you periodic information on these and many other tax-approved plans to help you make a generous gift, while still providing for your family and loved ones, and for your own future as well. Subjects such as lead trusts, charitable remainder trusts, annuities, the use of insurance to make a gift, and many other subjects that will provide useful tax information for you will be provided through the Foundation's newest project: an informative newsletter, *Focus on the Future*. Phyllis Tritsch at national headquarters is available to answer your questions or to provide additional information for you and your tax advisor.

MARK YOUR CALENDAR

October 30 - November 2, 1993

AMWA Women's Health
Curriculum
New York City

November 3-7, 1993

AMWA Annual Meeting
New York City

June 24-26, 1994

AMWA Interim Meeting
Washington, DC

November 2-6, 1994

AMWA Annual Meeting
Orlando, Florida

June 23-25, 1995

AMWA Interim Meeting
Washington, DC

November 1-5, 1995

AMWA Annual Meeting
Seattle, Washington

AMWA MEMBERSHIP APPLICATION

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE (H) _____ (W) _____

MEDICAL SCHOOL _____ GRAD YEAR _____

SPECIALTY(S) _____

LICENSE(S) _____

SPECIALTY BOARD CERTIFICATION(S) _____

- ☐ Regular Member \$195
 - ☐ Resident \$70
 - ☐ Student Member \$45
four years including
subscription to Journal
 - ☐ Check Enclosed
- VISA/MC # _____

(\$40 minimum charge)

Signature _____

Exp. Date _____

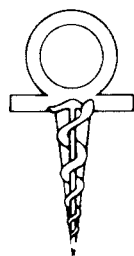
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WOMEN'S ASSOCIATION
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ALEXANDRIA, VA 22314**

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**WHAT'S
HAPPENING
IN**

AMWA



AMWA

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STUDENT INFO FOR THE BIG APPLE

Details

The National Conference will be held at the **Marriott Marquis** which is located at 1535 Broadway (between 45th and 46th streets) nearest to the Times Square subway stop. Hotel # (212) 704-8700

Train - arrive into Penn station and then take a cab to the Marriott

Plane - easiest to fly into Laguardia and then take an airport shuttle into town.

The shuttle is called **Carey Airport Express** and costs \$10 per person one-way. It runs 6:30 am until 11:30 pm.

A **taxi** from the airport will run \$25 and can accommodate up to 4 people for that price.

Cost

Cut costs for the conference by registering early, sharing hotel rooms, and choosing affordable entertainment (we will have lists of reasonable restaurants, clubs, theaters etc. compiled by the New York City student branches)

Safety

For many students big cities are home, but it is important for all of us to remember the following:

The Marriott is in the heart of the theater district so there are lots of people around until about midnight.

Don't go out alone at night.

It is best to stick to groups of four or more.

Know where you are going ahead of time.

Do not carry many valuables.

Do not keep all of your cash in one place; you may choose traveller's cheques or to keep your money in the hotel safe.

Trust your instincts- if you feel unsafe take action (either cross the street, go into a store, hail a cab).

Ask a New Yorker- they are the best source for practical guidelines.

Don't look like a victim- walk with purpose and keep an eye out around you.

Most of all **enjoy!** New York is an exciting, vibrant city with something to please any taste.

Theater

You may order theater tickets through your registration form, or, if you can't afford full price, try the New York way. Half price tickets are available the day of the show at a booth just outside of the hotel. You must stand in line and take your chances, but you could see a Broadway show for \$17 - \$35. Some shows currently playing are: Phantom of the Opera, Miss Saigon, Les Miserables, Tommy and Kiss of the Spider Woman. For up to date lists of all Broadway shows pick up the New York Times or an issue of New York Magazine. You can often get these in your home town at better book stores and newsstands.

LEGISLATIVE UPDATE, continued

Senate. The bill, which takes comprehensive action against gender based violence and even death penalties such crimes as civil rights offenses, has garnered broad bipartisan support in both houses. Federal judges, once opponents of the bill because of the civil rights provision, have now adopted a "neutral" stance.

The Women's Health Equity Act

At press time, the Women's Health Equity Act (WHEA), actually not one bill but a group of several women's health bills, was nearing its introduction date. The WHEA will address women's research and treatment needs, from osteoporosis to infertility to breast cancer to tobacco use. More news on this omnibus measure after its introduction.

Dr. Joycelyn Elders

As all of you know by now, Joycelyn Elders, MD, was confirmed on September 7 as the new United States Surgeon General. AMWA was an active participant in the coalition effort to win approval for Dr. Elders. Our members turned out a tremendous amount of support for Dr. Elders, making phone calls, writing letters, and sending postcards on her behalf. AMWA's July and August legislative interns, Teresa DePineres and Sonia Ramamoorthy, were also instrumental in AMWA's effort to win Dr. Elders's confirmation.

And In The Works...

At the suggestion of one of our student members, the national office is developing a Governmental Affairs Handbook, a comprehensive resource guide for all AMWA members to aid in their advocacy activities. We anticipate the Hand-