



WHAT'S HAPPENING IN

AMWA

Interim
Meeting
June 24-27

Volume XIV, Number 3/June 1994



Kaaren A. Nichols, MD; Surgeon General Joycelyn Elders, MD; Susan C. Stewart, MD; and Fran M. Murphy, MD; pause for a photo following a health care reform briefing at the White House in March.

White House Predicts Reform Bill Vote By October

Health care reform bills are expected to be reported out of five key House and Senate committees by June, in conference committee this summer, and to be voted on in early October, Administration officials told more than 20 AMWA leaders at two White House health care reform briefings in May.

The briefings - one on May 6 which focused on women's health and included patients of AMWA physicians, and a second held on May 12 to brief physicians - featured First Lady Hillary Rodham Clinton; Ira Magaziner, Senior Health Advisor to the President; and Harold Ickes, Deputy Chief of Staff, among the noted speakers.

continued on p. 5

Interim Meeting Topics Announced

As the health care reform debate enters a pivotal phase with Congress hammering out details of reform legislation, it is imperative that women physicians make themselves heard.

To enable women physicians and medical students to be part of the health care reform debate, AMWA is holding its 1994 Interim Meeting, *Women's Health in Health Care Reform*, June 24-27, 1994, at The Washington Court Hotel, Washington, DC.

At AMWA's Interim Meeting, AMWA members will be provided with the timely details on the health care reform proposals. Leaders from the Hill, the press and advocacy organizations, as well as AMWA's own health care reform experts, will brief participants.

Topics include the potential impact of reform on medical education and the physician workforce; the prospects for full reproductive health coverage; the implications of the current mammography controversy for health care reform; and the proposals for financing the health care.

For the Interim Meeting, AMWA is accredited by the Accreditation Council on Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. AMWA designates this continuing medical education activity for up to 8.5 credit hours in Category 1 of the Physician's Recognition Award of the AMA.

For an Interim meeting registration brochure, contact AMWA.

Advanced Curriculum on Women's Health To Be Held

Part II of AMWA's Advanced Curriculum on Women's Health, an educational program designed for all physicians who care for women patients, will be held October 14-17, 1994, at the Adam's Mark Hotel, in Philadelphia, Pennsylvania. Part II will focus on the early years (birth-18), young adult (19-39) and advanced years (80+).

The curriculum will train physicians to: recognize and manage conditions unique or more common in women and whose manifestations are different in women; eliminate fragmentation of women's health care; enhance the development of women patient/physician partnership; and evaluate new research data and its impact on women's health care.

The successful Part I of the Advanced Curriculum on Women's Health was held October 1993.

The early years' workshops feature topics such as caring for the adolescent patient, detecting and treating abuse, and family planning and teenage pregnancy.

The young adult workshops highlight seminars on menstrual disorders, contraception, occupational health, migraines and breast masses.

Advanced years workshops discuss falls and fractures, pharmacokinetics and drug use, urinary incontinence and mental health. The Curriculum is being sponsored by Aetna Health Plans, Astra/Merck, Bristol-Myers Squibb Co. and The Upjohn Co.

continued on p. 7

Naomi Wolf To Address Annual Meeting

Naomi Wolf, best-selling feminist author of *The Beauty Myth* and *Fire with Fire: The New Female Power and How It Will Change the 21st Century*, will address AMWA's 79th Annual Meeting, *Women Promoting Women's Health: Empowering Our Global Family*, from November 2-6, 1994, at Disney's Contemporary Resort, in Lake Buena Vista, Florida.

In *Fire with Fire*, the 31 year-old Yale graduate and Rhodes Scholar writes that all women waver between victim and power feminism and that we need to be aware of those reflexes and teach ourselves appropriate responses.

Ms. Wolf presents strategies to get the new feminist message out. She says that women of all backgrounds need to learn how to tap unclaimed sources of political and personal power, and evolve a new feminine psychology.

Ms. Wolf is scheduled to speak on Thursday, November 3, 1994 at 10 a.m. For an annual meeting registration packet, contact AMWA.

AMWA, in conjunction with the Federation of Medical Women of Canada, will host the first North American Regional Meeting of the Medical Women's International Association (MWIA).

AMWA Foundation Update

AMWA Foundation Chair, Anne E. Barlow, MD, is pleased to announce the receipt of a grant from the Commonwealth Fund to the AMWA Foundation.

It is a six-month research grant, to permit AMWA to research current literature on the subject of a woman's relationship with her physicians as well as conduct focus groups of physicians and patients and meet with leaders of various women's groups in order to determine what form a guide should take.

The purpose of the guide is to help women in all walks of life select a physician, understand what tests are needed and how frequently they should be administered, to know what questions to ask — in short, to take charge of her own health care.

In order to accomplish this task in a six-month period, AMWA will employ a project manager. Willa Brown, MD, will chair the volunteer committee to work on the project.

Through the Foundation, AMWA also is the recipient of an educational grant from DuPont Radiopharmaceuticals to conduct a "train the trainers" project on cardiovascular disease in women. Debra R. Judelson, MD, will chair the committee to design and conduct the training program.

The AMWA Foundation congratulates board member, Nancy Cahill, JD, who is a recipient of AMWA's 1994 Camille Memorial Award. r

AMWA's 1994 Award Recipients

To recognize outstanding achievements of women in medicine and dedication to AMWA, the association announces its 1994 national award recipients.

Anne H. Flitcraft, MD, New Haven, Connecticut, is the recipient of the Elizabeth Blackwell Award, named in honor of the first woman to receive an MD from a recognized medical school. Dr. Flitcraft is being honored for her outstanding contributions to combatting violence against women, most notably through her Domestic Violence Training Program, as well as her creating and defining the term "battered woman syndrome."

Marilyn North Arnold, Kansas City, Missouri, is one of two recipients of the Camille Mermod Award, which is presented to non-physicians providing outstanding service to AMWA. Ms. Arnold generously donated her personal time in support of AMWA's activities and projects aimed at improving the status of women's health and the professional lives of women physicians.

Nancy Cahill, JD, Chicago and Lighthouse, Florida, is the other recipient of the Camille Mermod Award. An AMWA Foundation Board member, Ms. Cahill has ensured the growth of the AMWA Foundation and planned strategy to guarantee the Foundation's solid future. Ms. Cahill proposed the concept of Charter Corporate Membership to the Foundation and helped secure three Charter Corporate Memberships of \$100,000 each for the Foundation.

For her dedication to AMWA as volunteer Editor-in-Chief of the *Journal of the American Medical Women's Association (JAMWA)*, **Kathryn E. McGoldrick, MD**, Stamford, Connecticut, is the recipient of the Bertha Van Hoosen Award honoring a woman physician who has provided exceptional leadership and service to AMWA. During her 13 years as editor of *JAMWA*, Dr. McGoldrick helped implement many improvements to *JAMWA* and wrote numerous editorials on social and political issues.

As a researcher, investigator and educator, **Marjorie N. Luckey, MD**, New York City, has provided information to women consumers on critical issues such as osteoporosis and bone loss during early menopause, particularly as it affects women of various backgrounds. For her contributions, Dr. Luckey is the recipient of The Calcium Nutrition Education Award, which is awarded to a woman physician who has contributed to understanding how calcium nutrition relates to osteoporosis.

The award recipients will be honored during AMWA's 79th Annual Meeting, *Women Promoting Women's Health: Empowering Our Global Family*, from November 2-6, 1994, at Disney's Contemporary Resort, in Lake Buena Vista, Florida.

For a conference registration packet, contact AMWA. r

REGIONAL ROUND-UP

Region I Focuses on Reform

Featuring a lively debate with physicians discussing women's health care issues in health care reform, Region I held their annual conference at the Newton-Wellesley Hospital in Massachusetts on April 9th.

Region I Governor Laura McCann, MD, invited speakers to present various sides of the issue on the theme *Women Physicians: Issues in Health Care Reform*.

Kathryn C. Bemann, MD, AMWA President, discussed health care reform and AMWA's activities at the White House.

AMWA's Co-Chair of the Ad Hoc Committee on Health Care Reform, Susan C. Stewart, MD, discussed how the Clinton plan might solve some of the problems in the current system. Dr. Stewart believes that the universal coverage component of the plan would assist women who are unemployed or have part-time or low-paying jobs.

Marcia Angell, MD, the Executive Editor of the *New England Journal of Medicine*, told participants she did not believe there would be any solutions to the health care reform debate in the near future. Dr. Angell said Americans have to decide whether they see health care as a market commodity distributed according to ability to pay, or a social good to be distributed according to need, like public education. Dr. Angell suggested that health care be seen as a social good.

The participants agreed that the discussions and information presented during this conference was relevant and assisted their understanding of how health care policy relates to their practice.

Region III Springs Into Fitness

Willa Brown, MD, MPH

Region III met at the Anne Arundel Medical Center in Annapolis—Maryland's state capitol—April 23-24, 1994. The weather was perfect, the flowers beautiful, and the Chesapeake Bay water views gorgeous.

After introductions, the meeting "kicked off" with Meg Chang, dance movement therapist who relaxed everyone with her stress reduction techniques. After luncheon Kathy Bemann, MD, AMWA president discussed exciting AMWA initiatives for women and women physicians. Marcia Ormsby, MD, AMWA Maryland State Director and Annapolis plastic surgeon taught us skin revitalization and rejuvenation techniques. Elizabeth Kingsley, MD, cardiologist, updated us on cardiovascular fitness.

Jean Katz, Physical Education Professor, led us in a Motown stretch break. Thus energized, we listened to Rebecca Jaffe, MD, Sports Medicine physician from Delaware, consultant for women Olympic skaters describe amenorrhea, disordered eating and osteopenia prevention for athletes.

At the pool Jane Katz, soon had us doing water aerobics and synchronized swimming moves—then a soak in the jacuzzi—before a wonderful dinner accompanied by dulcimer music at the Historic Maryland Inn.

The next day, Cynthia Payne, Greenbriar Resort nutritionist, outlined healthy eating. Marge Mullins, MD, local internist discussed the techniques of complementary medicine. Mary Boergers, Maryland State Senator, shared her experiences with women in politics in Maryland.

The grand finale was a scrumptious, nutritious lunch next to the water at the Annapolis Yacht Club. Fitness—AMWA style—is fun!

Region VIII Holds Conference

Health Care Reform — Impact was the theme of Region VIII's first conference held April 15-17, 1994, in Breckenridge, Colorado. The conference was a two-year effort by Region VIII Governor, Elinor Christiansen, MD, Region VIII Student Coordinator Deborah Wilson, MS IV at University of Arizona, joined by members of a Region VIII Committee, student branches and Branch 47.

The conference focused on the impact of health care reform on medical education and training, women, the medically underserved (rural and urban), and practicing physicians.

AMWA President, Kathryn C. Bemann, MD, provided news about AMWA activities.

From Washington, DC, Amy Slemmer, of the Health Care Reform Project and Lois Schoenbrun, AMWA Deputy Executive Director,

brought updated information from Capitol Hill and the White House on health care reform.

Nationally renowned experts stimulated lively discussions. These experts included Jeanne Arnold, MD; Stephen Berman, MD; Mary Jane England, MD; Peter Jeffries, MD; Ruth Gouge, MD, JD; Evan Klignman, MD; Barbara Newman, MD, MPH; Kaaren Nichols, MD; and Cheryl Weinstein, MD.

According to Dr. Christiansen, the weather was perfect for some participants to enjoy spring skiing. "It was a great educational experience in a beautiful setting," said Dr. Christiansen. ¶

Midwest Student Conference Announced

Forging a Community of Women in Medicine is the theme of a weekend retreat for medical students to foster leadership, empowerment, self-discovery and creativity. The retreat will be jointly sponsored by AMWA Region VI and the American Medical Student Association Standing Committee on Women in Medicine, September 24-25, 1994 at Rush Medical College, Chicago, IL. Contact Jennifer Schroeder, Region VI Student Coordinator, at 513/879-3572. ¶

Dr. Bemann Addresses Physicians in Northern MI

Female physicians in a sparsely populated section of Northern Michigan joined together for the first time to hold the Upper Peninsula Women in Medicine Conference in Marquette, Michigan.

The meeting served as a forum to address the shared concerns of women medical professionals and to provide a basis for networking.

Kathryn C. Bemann, MD, AMWA President, served as the keynote speaker for the historic gathering. Dr. Bemann discussed domestic violence in her presentation and expressed her interest in this group joining AMWA.

According to Debra Morley, MD, PhD, Conference Chair, the physicians represented more than 50% of the women physicians in the Upper Peninsula.

The conference featured workshops addressing assertiveness, day care in the work place, rheumatologic and neurologic problems, and balancing family and career. Dr. Morley hopes the conference will become an annual event. ¶



Susan C. Stewart, MD, Co-Chair of AMWA's Ad Hoc Committee on Health Care reform; and Marcia Angell, MD, Executive Editor of the *New England Journal of Medicine*; address AMWA's Region I conference.

LEGISLATIVE UPDATE

Although health care reform is consuming Capitol Hill, legislators also have taken action recently on some women's health discussed below.

Freedom of Access to Clinic Entrances Act

The House approved a final version of the Freedom of Access to Clinic Entrances Act (FACE), which would protect abortion clinics from blockades and other disruptive behavior by anti-abortion activists. The bill would make it a federal crime to threaten or use force or obstruction to intentionally injure, intimidate or interfere with anyone seeking or providing abortion care or other medical services. Penalties would include up to 18 months in prison and substantial fines. Non-violent offenses would receive lesser penalties. The Senate approved the conference report by a vote of 69-30 on May 12, clearing it for President Clinton's signature on May 26, 1994.

Violence Against Women Act

The Violence Against Women Act (VAWA), the most comprehensive legislation tackling the issue of gender-based violence, moved toward passage. The VAWA was folded into the omnibus crime bill being considered by Congress, which has now gone to conference committee to iron out differences between the House and Senate versions.

House conferees are: Jack Brooks (D-TX), Don Edwards (D-CA), John Conyers, Jr. (D-MI), William Hughes (D-NJ), Mike Synar (D-OK), Charles Schumer (D-NY), Carlos Moorhead (R-CA), Henry Hyde (R-IL), James Sensenbrenner, Jr. (R-WI), and Bill McCollum (R-FL). Senate conferees were not named as of this writing.

SUGGESTED ACTION: If your representative is on the conference committee, urge him to include the Senate bill's civil rights provision, and the House version's battered immigrant spouse section. Call

AMWA for details on the Senate conference committee.

Equity in Health Professions Education Act

This curriculum reform legislation was introduced by Rep. Nita Lowey, (D-NY), who worked closely with AMWA throughout the drafting process. The bill was recently added as an amendment to an omnibus bill, the Minority Health Improvement Act (H.R. 3869). It directs the NIH Office of Research on Women's Health, in conjunction with the Health Resources Services Administration (HRSA), to conduct a national survey of the treatment of women's health concerns in medical school curricula. The study is scheduled to be completed by April 1, 1995. However, it does not appropriate any additional funds from the office to implement this provision.

The survey would be presented to the Secretary of the Department of Health and Human Services with recommendations about how to address any gaps in medical training and appropriately integrate women's health issues into curricula.

Also included in the Minority Health Improvement Act were three other provisions relating to women's health: the permanent establishment of the Office of Women's Health at NIH; a requirement that two studies be conducted on the scarcity of women scientists at NIH; and an outreach program to educate the U.S. public and medical community about the dangers of female genital mutilation (FGM). ↑

AMWA Supports ACGME Proposal

AMWA has sent a letter to the Accreditation Council on Graduate Medical Education (ACGME) supporting its recently proposed new requirements for reproductive health training in Ob-Gyn residency programs. ACGME is responsible for accrediting residency programs.

AMWA's letter stated that it supports the suggested new guidelines:

"The program must provide a structured didactic and clinical training experience in the full range of family planning techniques including contraception, sterilization and abortion. This must include experience in management of complications as well as training in the performance of these procedures. Experience with induced abortion must be part of residency training, except for residents with moral or religious objections. This education can be provided on or off campus."

AMWA members wishing to comment directly should write ACGME, RRC of Ob-Gyn, 515 N. State St., Chicago, IL 60610.

Call for 1994 Resolutions

The deadline for submitting 1994 resolutions is **August 31, 1994**. Resolutions may be submitted by any AMWA member and should follow the format below. Suggestions for resolution topics (based on requests for AMWA policy positions received by the Government Affairs staff) include:

- the link between pesticides and women's health, and environmental health risks generally;
- nutrition;
- new reproductive technologies, such as transplants of ovaries from aborted fetuses;
- the relationship between physicians and nurses, physician assistants, and other "mid-level providers;"
- welfare reform proposals which would withhold AFDC benefits from low-income women who have children out of wedlock; and
- the need for stricter informed consent laws to protect women patients from unnecessary surgeries and sexual abuse by providers.

Writing a Resolution

(Excerpt from the Pennsylvania Medical Society Memo on Resolutions 8/8/83.)

A resolution conveys to the delegation an individual's or a component committee's proposal on a particular subject. The traditional format is basically in two parts.

Statements beginning with "Whereas" comprise the first part. These usually include the introductory facts or circumstances, which logically develop into a formal conclusion or the "resolved" portion.

It is important that those prefacing statements are written so they state facts and include statistics rather than express opinion that may create disagreement and debate to the neglect of the main resolution. However, the "whereas" portions are not included as part of the final accepted resolution.

The formal conclusion is the second part of the resolution which begins with the word "Resolved," which if adopted by AMWA's House of Delegates, becomes the policy of the organization.

For more information, contact Kristen Ebeler at AMWA. ↑

Congressional Recess May 27 - June 7

While senators and representatives are in your home district, arrange personal visits with your legislators. Encourage colleagues and patients to go with you. Discuss the urgent need for health care reform and other issues mentioned in this newsletter. Call Kristen Ebeler at AMWA for more detailed information. ↑

Inclusion of Women in Health Care Reform Policy-Making Bodies

Lillian Gonzalez-Pardo, MD, AMWA Past President

Health care reform provides Americans with a rare opportunity to revamp traditional ways of delivering health care services.

As women dedicating our professional lives to health care, we are in a unique position to fully comprehend the ramifications of excluding women physicians from policy-making decisions that will dramatically alter the future of health care.

Women comprise more than 50 percent of the population and their health care needs must be heard and met. The best advocates to speak on behalf of women's health issues are women physicians.

By the year 2000, women will comprise 25 percent of the physician population.

Currently, close to 50 percent of graduating physicians are women.

There is great potential for women physicians to be active participants and leaders in the health care reform process, regardless of the specific plan that passes.

Most of the health care reform proposals stipulate establishing policy-making boards to determine basic benefits, make decisions on the delivery of health care services, and suggest research on outcomes to guide clinical decisions.

History has taught us a valuable and painful lesson — if women are not full participants of the policy-making bodies in health care, women's issues will be ignored.

Women physicians need to be part of the decision-making process that will serve the best interests of all women — as patients, as decision-makers for their families, as care givers and as physicians.

It is critical that women be included in the policy-making bodies in any health care reform proposal.

AMWA is there, we must be there and we must lead to get there. ¶

Action Alert on Health Care Reform

Congress is considering a variety of health care reform proposals, and many legislators are still resistant to dramatic reform. Opponents of dramatic reform are reinforcing the perception that physicians also are resistant to true reform. In addition, the Christian Coalition and others are working to keep abortion services out of any health care reform benefits package.

SUGGESTED ACTION: Call or write your senators and representative, urging them to support health care reform that:

- ensures universal coverage, with employer contribution;
- includes a comprehensive benefits package;
- assures access to all reproductive health services, including abortion; and
- raises the cigarette excise tax to \$2 per pack.

The Capitol Switchboard number is 202/225-3121, and operators can identify your representative.

Address letters to:

The Honorable _____

U.S. House of Representatives/U.S. Senate

Washington, DC 20515/20510

For sample letters, talking points and other materials, contact Kristen Ebeler at AMWA. ¶

Reform Bill *continued from p. 1*

Participants in the May 6th briefing joined Mrs. Clinton for a second event on the White House South Lawn celebrating Mother's Day, which also included President Clinton, Vice President Gore and Mrs. Gore.

The May 12th event featured a question and answer period with Mr. Magaziner. Immediately following the briefing, several AMWA members had an opportunity to speak with White House officials.

After both meetings, AMWA leaders met with congressional staff members to discuss AMWA's support for and concerns regarding the Clinton Health Security Act and other health care reform proposals. Several AMWA members (and on May 6 some patients) also participated in media interviews that were sent by satellite from the White House to the physician's home town television stations. Participants representing AMWA also were interviewed by home town radio and newspapers via telephone. ¶



Cheryl E. Weinstein, MD, (on right of left photo) and her patient, Mary Mastronicolas, were among the AMWA representatives at the White House on May 6th listening to President Clinton (right) discuss health care reform.

DIRECTOR OF STUDENTS

Carolyn Ann Webber, MD

Help stamp out smoking.

Spring brings Mother's Day, Father's Day, graduation and board examinations, as well as World No Tobacco Day, sponsored by the World Health Organization and the American Association for World Health, which was celebrated on May 31.

As soon-to-be women physicians and proponents of women's health, this day is worth noting since lung cancer and other smoking-related diseases are affecting women in great numbers.

The *Journal of the American Medical Association* (JAMA, April 27, 1994; Nelson et. al.), published a report discussing trends in smoking among U.S. physicians and nurses. According to the report, there is a 3.3 percent self-reported cigarette use among physicians (1990-91) which can be reduced if every medical student resolves not to smoke.

The double-digit smoking rates found for nurses, 18.3 percent for registered nurses (RNs) and 27.2 percent for licensed practical nurses (LPNs), are dismal.

The report concluded that since 1974, "cigarette smoking has declined most rapidly among physicians, at an intermediate rate among RNs and at a lower rate among LPNs. Because of their important role as exemplars and health educators, individuals in these occupations should not smoke."

The high rate of smoking in the nursing profession which is dominated by women, indicates that smoking is a woman's health issue. Perhaps these women continue to smoke as a result of undue stress. Maybe there is a way for physicians to help reduce this stress — try a positive comment to the staff members you work with each day.

To help curb smoking, medical schools should teach smoking cessation strategies. In "A Missed Opportunity Teaching Medical Students to Help Their Patients Successfully Quit Smoking," (JAMA February 23, 1994, Fiore et. al.) written for the National Cancer Institute Expert Panel on Applications of Smoking Cessation Research for Medical Schools, the authors wrote that "Medical schools should establish a goal of incorporating this training as part of every medical student's education by 1995." This article also suggested that the NCI model program, "How to Help Your Patients Stop Smoking," may be a source document for developing nationwide curricula.

This issue of JAMA also contains other articles addressing smoking, including a few about the smoking habits of adolescent and adult women, and addresses the physician's role in stopping smoking in young women.

We still have a long way to go. But as medical students, residents and physicians, we can take an active role in helping to stop this epidemic killer. Ask patients at every visit whether they smoke or not and tell them they must stop. If you smoke yourself, quit. We can't fight the battle without you. †

RESIDENT ROUNDS Transition Time

Kathy G. Keller, DO, Resident Representative

The end of the academic year is here and it's time for transition. Whether your circumstances are changing from medical student to intern, from resident to attending, or second to third year, be prepared for excitement, and possibly increased anxiety and stress.

This is a good time to take extra care of yourself, be sure to sleep and eat well, and allow for personal time whenever possible. I would like to include some "pearls" for those of you new to internship/residency; these are from a workshop I presented at the 1991 and 1992 AMWA annual meetings and represent my own experience.

Rules for Surviving the First Postgraduate Year

1. You will never feel ready.
2. Call someone.
3. It is a terrible year.
4. Remember humor.
5. Plan a vacation.
6. Exercise.
7. Family.
8. Talk to other residents.
9. Keep a diary.
10. Set limits.
11. Prioritize — make a wish list.
12. Go home.
13. Unplug your phone.
14. Put things in perspective.
15. Music and dancing.
16. There is no time for reading.
17. Connect with a colleague.
18. You can always quit if it's bad enough.
19. You don't have to meet everyone's expectations.
20. Patient death is inevitable, and it is not necessarily failure.

Attend the Annual Meeting

Now is the time to begin planning for AMWA's 79th Annual Meeting, *Women Promoting Women's Health: Empowering our Global Family*, from November 2-6, 1994, at Disney's Contemporary Resort, in Lake Buena Vista, Florida.

It is a great opportunity to meet female physicians and medical students from across the country. Work on creative fundraising; ask your department chair, residency director and/or hospital for funding. After all, you will represent your residency program and interact with hundreds of medical students. †

STUDENT SENATE

AMWA National Committees: Students Listen Up

Rose Baghdady and Kristen Savola, National Student Coordinators

Committee work is an important part of being a national AMWA member. Committee members carry out AMWA's mission of promoting women's health and the advancement of women in medicine. Unlike most other medical organizations, AMWA student members are encouraged to join national committees and are considered full committee members with voting privileges.

Committees meet at the Interim and Annual Meetings, and otherwise as needed. However, even if you are not able to attend these meetings, it is still worth joining because many of the committees have conference calls between meetings during which students can contribute their ideas and aid in decision-making.

As a committee member, you will have a great opportunity to get to know other students and physicians with a particular shared interest such as breast cancer, osteoporosis or cardiovascular disease. In addition, students gain a better understanding of how AMWA operates and also a chance to actively participate in national activities. AMWA's 19 committees, six task forces and three ad hoc committees include:

AWHS
Archives
Bylaws
Continuing Medical Education
Credentials
Finance
Governmental Affairs
Leadership Development (Subcommittees):
Leadership in AMWA
Liaison
Generic Leadership Training
Data Bank of Leaders
Membership
Personal Development (Subcommittees):
Bed & Breakfast
Dependent Care
Maternity & Medicine
Gender Equity
Physicians Health & Well-Being

Professional Development
(Subcommittees):
Advanced Career Issues
Early Career Issues
Medical Education
Medical Ethics
Medical Training
Mid-Career Issues
Retirement Issues
Program
Publications
Publicity & Public Relations
Residents
Resolutions
Strategic Planning
Student Loans, Fellowships
& Grants
Students
Women's Health (Subcommittees):
Anti-Smoking

Breast Cancer
Cardiovascular Disease
Cerebrovascular
Eating Disorders
Mental Health
Osteoporosis
Reproductive Health
Violence Against Women
Task Forces:
Children's Day Care Manual
Complementary Medicine
HIV/AIDS
Minority & Diversity
Regional Development
Women's Health Curriculum
Ad Hoc:
Building
Board Comm. Procedures
Health Care Reform

To join a committee, subcommittee, task force or ad hoc committee, fill out an application during the Interim or Annual Meeting or request one from AMWA. Applications should be returned between June 24 and December 15 (to sit on committees beginning January 1995), to the NSCs, Rose Baghdady, 245 Union Blvd., St. Louis, MO 63108; or Kristen Savola, 100 Haven Ave. Apt. 10A, New York, NY 10032. You may apply to join as many committees as you wish, but you should limit your acceptance to only one or two committees so that you can meet the necessary responsibilities without interfering with your course load. Join an AMWA committee now and enrich your AMWA experience. †

BULLETIN BOARD

Congress on Women's Health To Be Held

AMWA announces that it is sponsoring continuing medical education credits for the Second Congress on Women's Health. AMWA designates this continuing medical education activity for 12 credit hours in Category 1 of the Physician's Recognition Award of the AMA. AMWA is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

The Congress will be held immediately following AMWA's Interim Meeting June 28-29, 1994 at the Omni Shoreham Hotel in Washington, DC. Tipper Gore has been invited to speak about mental health issues.

The speakers include many AMWA members. Among them are Susan Blumenthal, MD, Congress honorary co-chair and newly appointed Deputy Assistant Secretary of Health for Women's Health Issues at HHS; Diana Dell, MD; Leah Dickstein, MD; Mary Jane England, MD; Jean Fourcroy, MD; Mary E. Guinan, MD; Karen Johnson, MD; Sharyn Lenhart, MD; Susan Love, MD; Donnica L. Moore, MD, Congress Co-Chair; Vivian Pinn, MD; Lila Wallis, MD; and Anne Colston Wentz, MD, Congress Co-Chair.

These speakers will discuss topics such as heart disease, osteoporosis, cancer, AIDS and gynecological disorders, as well as new initiatives in women's health.

To register, call 301/652-3072.

Alamo's New Policy

Alamo Rent A Car, a new rental car firm to offer benefits for AMWA members, has announced a new policy which was developed in response to the increasing liability and damage losses, and fraud in the car rental industry. Alamo will join with the other major car rental firms in implementing a policy to check both the

validity of driver's license and the overall driving record of renters to determine rental eligibility. The new policy is effective June 1, 1994.

MWIA News

Medical Women International Association's (MWIA) 23rd Congress will be held at The Hague, the Netherlands, May 7-12, 1995. A pre-conference AMWA tour will be held the preceding week. Contact Marie Glanz at AMWA.

The Ninth World Conference on Tobacco and Health will be held in Paris, October 10-14, 1994. Contact SOCFI/TOBACCO and HEALTH, 14, Rue Mandat, 75002-Paris, France.

The Fourth World Conference on Women is scheduled for 1995. The conference will feature topics that affect women globally such as equal rights for women, violence against women, women and economic status and educational opportunities for women. Details to follow.

The World Health Organization (WHO) is making a special effort to increase the proportion of women in its professional and higher-graded posts. WHO wants to increase its roster of qualified professional women candidates for possible vacant posts which may arise. Contact Marie Glanz at AMWA.

AMWA congratulates Lila Stein Krosner, MD, Past President of AMWA, who is a candidate for President-Elect of MWIA.

AMWA Welcomes New Staff

Kelly Trippe has joined AMWA as the Director of Training and Education. Ms. Trippe will manage the Centers for Disease Control Breast and Cervical Cancer Project and design curriculum for other AMWA education projects such as the Reproductive Health Initiative. Most recently, Ms. Trippe was Project Manager of Instructional Development at McGraw-Hill Continuing Education Center where she has worked since 1988.

AMWA's new Legislative Assistant, Kristen Ebeler, joins AMWA from her most recent position as Assistant to the Counsels of the U.S. House of Representatives Energy and Commerce's Subcommittee on Health and the Environment. She possesses a strong comprehension of federal policy process and a background in women's health issues. Ms. Ebeler is a 1992 graduate of Dickenson College (Carlisle, PA) and holds a B.A. in political science and English. Gillian Thomas left AMWA to attend law school.

Jennifer Butera joined AMWA as the Public Affairs/Reproductive Health Ini-

Call for Community Service Award Nominations

If there is an AMWA physician member who you have long admired for her contributions to her local community, nominate her for AMWA's 1994 Community Service Award for her state. You also may nominate yourself. AMWA's goal is an awardee from each state. Send the nominee's name and address with a description of her community service and her CV by July 31, 1994 to Marie Glanz at AMWA, or call Ms. Glanz with any questions. †

tiative Assistant. Most recently, Ms. Butera was Staff Assistant to the U.S. House of Representatives Banking, Finance and Urban Affairs' Subcommittee on Consumer Credit and Insurance. She brings strong public affairs and planning skills to AMWA. A 1993 graduate of Vanderbilt University (Nashville, TN), Ms. Butera holds a B.S. in human and organizational development. Karina Sanchez will work fulltime on the CDC grant.

Carol Westerman is the new part-time AMWA Foundation Clerk. Ms. Westerman has more than 20 years of administrative experience.

With these additions, AMWA staff now consists of: 20 fulltime, three part-time and two consultants working on your behalf. †

PAMWA Meeting Announced

The Pan-American Medical Women's Alliance will hold its XXII Congress, *Women's Health and Family Health Toward the Year 2000*, in Orlando, Florida, October 29-November 2, 1994. PAMWA's meeting immediately precedes AMWA's 79th Annual Meeting in Lake Buena Vista, Florida, November 2-6, 1994. For a PAMWA registration form, contact Marie Glanz at AMWA. †

Curriculum

continued from p. 1

For a registration packet for Part II, contact the Center for Continuing Education, University of Nebraska Medical Center, 600 S. 42nd St., Omaha, NE 68198-5651; Phone 402/559-4152 or use the toll-free MD Advantage number and ask for Continuing Education 1-800-642-1095 (nationwide) or Fax 402/559-5915. †

Cigna Becomes AMWA Organizational Member

AMWA is pleased to announce that Cigna Health Care is AMWA's second Organizational Member, a category that allows organizations interested in advancing women's health to support the goals of AMWA for an annual contribution of \$5,000. AMWA welcomes Cigna Health Care and looks forward to a long and healthy association. †

MARK YOUR CALENDAR

June 24-27, 1994

AMWA's Interim Meeting
Women's Health in Health Care Reform
The Washington Court Hotel
Washington, D.C.

June 28-29, 1994

Second Annual Congress on Women's Health
Omni Shoreham Hotel
Washington, D.C.

October 14-17, 1994

Advanced Curriculum on Women's Health, Part II: Early Years, Young Adult and Advanced Years
Adam's Mark Hotel
Philadelphia, Pennsylvania

November 2-6, 1994

79th Annual Meeting
Women Promoting Women's Health: Empowering Our Global Family
Disney's Contemporary Resort
Lake Buena Vista, Florida

AMWA Thanks Members

AMWA wishes to thank the following individuals who have recruited new members since the April 1994 newsletter was published for the 1993-1994 Leah J. Dickstein, MD, Recruitment Campaign:

Jodi Bayley	Christine E. Haycock, MD	Alta L. Price, MD
Anne C. Carter, MD	Genevieve Helsom	Jo-Ellyn Ryall, MD
Audrey Cheung	Clarita E. Herrera, MD	Kathryn Sowell
May Cohen, MD	Bryna Kane, MD	Gail E. Thomas, MD
Leah J. Dickstein, MD	Stephanie L. Luther	Susan Thrasher, MD
Roselyn Payne Epps, MD	Carol Ness	Ann Ruth Turkel, MD
Rheydene Ferguson	Janet Piehl	
Janet E. Freedman, MD	Lauren Plawner	

Special thanks to the following members who have put extraordinary effort into recruiting and retaining members:

Marny Eulberg, MD
Karen Kade, MD
Rebecca Small
Elizabeth Stewart

Region VII Conference

When: September 24, 1994
Where: Mahoney State Park, Omaha, NE
Topic: "Domestic Violence"
Contact: Kay Shilling, MD; 402/393-4355

Newsletter Committee and Staff

Kathryn C. Bemann, MD, President
Donnica L. Moore, MD, Vice-President of Communication, Newsletter Advisor
Mary E. Guinan, MD, Publications Chair
Carolyn A. Webber, MD, Director of Students
Kathy G. Keller, DO, Resident Rep.
Rose Baghdady, Nat'l Student Coordinator
Kristen Savola, Nat'l Student Coordinator
Eileen McGrath, JD, Executive Director
Sheri L. Singer, Managing Editor
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WHAT'S HAPPENING IN

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