

WHAT'S A STATE OF THE PROPERTY OF THE PROPERTY

Volume XII, Number 1/Fall 1986

1986 Annual Meeting Meet Us in St. Louis

The Mississippi River cuts through the heart of the country winding through half a dozen states. At its center is the city of St. Louis, importer and exporter of people, ideas and jazz rhythms—a fitting setting for AMWA's 71st annual convention. This year, members from across the country will gather in this crossroads city November 11 through 16 for five days of scientific plenary sessions, workshops, tours and receptions to begin AMWA's eighth decade. The plenary sessions and workshops provide CME accreditation.

This year's keynoter is columnist and Pulitzer Prize winner, Ellen Goodman whose wit and incisive social commentary entertains and educates millions of readers of her syndicated column. Goodman is a crusader with words that strike a familiar cord for many women as she expresses their hopes, fears and aspirations.

opmental basis of sexuality to lead off the scientific sessions. Experts Sheldon Kule, DO, and Anne Berndeen give their unique insights about human sexuality as the program addresses questions of sex and the single woman, sex in the workplace, and sex and the older woman. And, there will be a lively discussion period in which the panel will answer participants' questions. AMWA business will be handled at meetings of the House of Delegates, Executive Board, Student Senate and standing committees. This is your opportunity to have a voice in the future of the association. Delegates will elect new officers and Mary Jane England, MD will be inaugurated as President for 1987. In addition, two new task forces (anti-smoking and

- The wit and wisdom of Ellen Goodman.
- An expert look at human sexuality.

Continuing its committment to developing members leadership potential, AMWA will sponsor a two-day program designed to give women physicians the boost they need to make personal and professional headway. Dr. Helen Gorman of National Tax Seminars will provide tips on making and keeping your money. And, a special workshop sponsored by the

 Strategies for holding on to your money and keeping taxes at bay.

• Tips to help keep your career on track.

AMWA's traditional "Take a Student to Lunch" program, alumnae receptions—including a special gathering for foreign medical graduates—a unique breakfast to encourage networking and mentoring, and a luncheon to inaugurate the exhibit hall highlight the days' events.

Popular sex educator Dr. Mary Calderone will provide a look at the devel-

Task Force on Leadership examines the gap in female leadership in organized medicine.

For residents and fellows there will be "Career Development: Issues and Strategies," led by Laurel Ferris of Karen Zupko Associates, a nationally known expert in resident issues. leadership) that are outgrowths of the new Strategic Plan will meet to plan future activities.

In between these ambitious scientific and business programs, there will be plenty of time to tour the city, listen to dixieland and soak up Mississippi River atmosphere.

The St. Louis Medical Society and its first female president, Carol Williams, MD, host a welcome reception, and there will be a special tour of the Science Center's exhibit of "Send Us a Lady Physician," a multimedia presentation on the history of women in medicine. More entertainment will be provided by "Hot Docs," a medical student jazz group from Washington University, cruises of the river in paddleboats and the President's Banquet with music from a dixieland band.

The convention is a grab bag of serious business and serious fun. Take advantage of this opportunity to meet colleagues and make new friends. Return the registration form attached between pgs. 4 & 5. "Meet Us in St. Louis."

Strategic Plan: Work in Progress

Two years ago, AMWA asked itself some tough questions: who are we, why are we here, what makes us unique and how can we stay that way? Concerned that the organization wasn't keeping pace with changes in medicine or attracting enough members from the growing numbers of women in medicine, AMWA embarked on an ambitious plan to reclarify its goals and revitalize the organization.

The result was the First Strategic Planning Document—a plan to move AMWA ahead into its eighth decade. Central to this plan was the formation of two task forces. The first was charged with examining an important issue of women's health—smoking—and with developing a strategy to prevent smoking in young girls. The second was asked to focus on professional development and examine ways to help women physicians attain leadership positions in other medical organizations.

Susan C. Stewart, MD, Co-chair of the Strategic Planning Committee, reports on the Task Forces' activities.

Anti-Smoking Task Force

Dr. Mary Ann Cromer, Task Force Chair, is assembling AMWA members from across the country to participate in an innovative effort to prevent young girls from starting to smoke, and to help female smokers guit. The Task Force is recruiting students, membersin-training, physician branch representatives and members-at-large. Representatives from leading clean-air states - Minnesota and California have been tapped for their expertise. Key organizations including the American Cancer Society, the American Lung Association, GASP (Group Against Smoking Pollution) and DOC (Doctors Ought to Care) are providing consultation and materials.

Important AMWA committees are helping. The Women's Health Committee has sent out a questionnaire recruiting speakers and the Legislative Committee is tracking important legislative action we should support. Please note the Legislative Alert (page 3) in this issue and immediately write your congressional representative asking for support of Representative Mike Synar's (D-Okla.) bill (HR4972) to ban advertising of tobacco products.

The Task Force plans to develop materials to be used by AMWA members in conducting programs in schools, particularly for fifth and sixth graders. Over the next few months, books, films and videotapes will be collected and evaluated for teaching purposes.

The Task Force will be highly visible at the Annual Meeting in St. Louis in November. Task Force members will staff a table where literature and advice

about smoking prevention and cessation will be available. Dr. Cromer, a dedicated dynamo on the subject, will be conducting a workshop with Laurie Radozsky of DOC, and Suzanne Miller, MD, a pediatric neurologist from Minnesota. Dr. Miller has information about the *Smoke-free Generation* pilot program in that state. Rita Addison, an outstanding authority from Clean Air Associates, will speak on legislation and hospital policy. The entire Task Force will meet to review progress and initiate new strategies to implement this tremendously important goal.

Leadership Task Force

The AMWA Leadership Task Force will be conducting a survey to evaluate the status of women in a number of medical organizations. Dr. Sharyn Lenhart, Task Force Chair, will appoint three co-chairs representing three areas: organized medicine, specialty societies and academic medicine. AMWA members will serve as liaisons to a number of medical organizations and help to gather data, distribute the questionnaire, and ultimately participate in developing strategies to help women attain positions of leadership and influence.

The organizations being considered represent multispecialty national groups such as the American Medical Association, National Medical Association and house officer and student groups; medical specialty societies; and academic organizations. By mid-September, preliminary data from the survey will be ready for review at the Task Force's first meeting. At this time, the final scope of the survey will be examined and will lead the way for planning of solutions.

At the annual meeting, the Task Force and Program Committee will host the first "Women's Leadership Forum," and more conferences are planned for the future.

The Task Force has asked the Membership Committee to consider using the survey results in a membership drive and the Medical Opportunities and Practice Committee has proposed a project to involve women in state medical organizations.

If you are interested in joining the Anti-Smoking Task Force, please send your name, address and telephone number to Carol Davis-Grossman, Anti-Smoking Task Force, AMWA, 465 Grand St., New York, NY 10002. Please indicate your area of expertise or special interest.

Anyone interested in joining the Task Force on Leadership or in attending its September meeting should contact Patricia Milman, also at the AMWA national office.

Legislative Alert

Congress is considering a piece of legislation that would ban all tobacco advertising including print ads, billboards, matchbook covers and the sponsoring of athletic events. The bill, HR 4972, was introduced by Representative Mike Synar (D-Okla.) and is supported by some pretty powerful health organizations including the American Cancer Society and the AMA. They have called similar acts that banned radio and television advertising of tobacco products adequate precedent, and point to the 350,000 lives lost each year from smoking as a convincing argument for passage.

But, the bill has some very powerful opponents, as well. Led by the Tobacco Institute, they claim the bill is unconstitutional because it violates freedom of speech.

The bill has a long way to go before it is law—initial hearings were held in July by the House subcommittee on health and the environment. AMWA is supporting the legislation. In a letter to Representative Synar, Legislative Committee Chair Frances Conklin, MD, highlighted AMWA's concern for young people who are "seduced at athletic events by the subtle combination of a healthy pastime and a tobacco product." She urges members to contact their representatives to encourage support for HR 4972. Call the National Office, at (212) 477-3788 if you need the name and/or address of your representative.

Report on the Denver Interim Meeting

Politics and medicine were "not such strange bedfellows" at the July Interim Meeting in Denver. Martha Ezzard, a member of the Colorado legislature, commiserated with AMWA members on the state of women in power in politics and medicine. Ezzard led off a look at the "Feminization of Medicine" that brought seven expert speakers from several areas of medicine. There was a bit of good news and bad. While women physicians are making headway in once forbidden specialties such as ob/gyn and general surgery, they are not breaking into areas of academic medicine as deans or department chairs, and only six percent are

full professors. And, predictably, there are, what one speaker called, "staggering pay inequities." Still, women in medicine, several speakers agreed, bring more humanistic and dedicated care.

From the business of women in medicine participants tackled the business of AMWA. A slate of officers was nominated: President Elect: Doris T. Bartuska, MD; Vice President: Roselyn P. Epps, MD and Asha P. Wallace MD; Secretary: Ruth Ann Fitzpatrick, MD and Dolores Shelfoon, MD; Councilor of Organization: Jean E. Hayward, MD and Estherina Shems, MD; and Director of Members-in-Training: Anne E. Bernstein, MD.

The Finance Committee drafted a balanced budget and announced funding for a full-time membership director and a part-time communications director.

Final decisions were made for sites and dates of upcoming meetings. The 1987 Interim Meeting will be held in Seattle, Washington. The 1987 Annual Meeting will be Nov. 10-15 in Daytona Beach, FL.

There was good news from the student quarters—14 new medical schools have started branches.

Finally, a new committee was given permanent status. The Management Review and Oversight Committee will act as the administrative committee of the board.

Rounding out the three days of meetings were tours of Colorado's highest peak, and traditional crossing of the continental divide. The meeting ended with a productive networking dinner where participants exchanged ideas, shared experiences and made vital contacts.

STUDENT SENATE SECTION

Message from the Director of Students

This special edition of What's Happening in AMWA is an invitation to entering medical students. You are beginning your career in medicine. The AMWA network can provide you with personal contacts and career information throughout medical school and beyond. Friends and colleagues are one of the most important elements to success in medical school, and AMWA is one way to acquire both. We are an active and growing organization geared to the personal and professional needs of women in medicine. Students play a large part in the association's success and are equal partners with our physician members. I encourage you to say 'yes' to this invitation to join AMWA and welcome you to the profession.

The AMWA Annual Meeting this year is in St. Louis, right in the middle of the U.S.A. National Coordinators, Janet Shiley, Linda Brzustowicz and I have been sharing one dream—to have a student representative from every branch in the country attend. In order for a branch to have a delegate, it must have eight AMWA members in good standing. Even if it is a very new branch and does not have enough members for a delegate representative we encourage members to come. The experience will give you the knowledge, motivation and leadership skills to build your branch so that it will have a delegate next year. It will give you a chance to learn about the National Committees and Task Forces. You may even want to join one.

I have just returned from the Interim Meeting in Denver, and I was very impressed with the vitality and enthusiasm of the student representatives there. The Student Senate devised a questionnaire in order to canvass student organizations about their programs and membership. This survey has been given to Sharyn Lenhart, MD, chair of the Leadership Task Force, who is formulating a composite questionnaire about leadership for a broad range of medical organizations. Dr. Lenhart is interested in including student groups and would like to have students on her Task Force to study the issues of leadership and help to formulate strategy. (See Leadership Task Force update, page 2.)

The Student Senate was asked to assess what students' needs are in order to help develop guidelines for the AMWA Student Branch Sponsor. These will be sent out to the Student Committee for input. The goal is to write a composite set of guidelines for the Student Branch Development Workbook.

Finally, it has occurred to me that the programs and activities of the physician and student branches compliment each other well. We share common goals of giving personal support and providing information on career options and development. A study has already been started to assess contacts between student and physician branches. Both the Student and the Strategic Planning Committees will be evaluating this data. I look forward to a special Student Senate session on this topic at the Annual Meeting.

Susan C. Stewart, MD

"The greatest resource of our organization is its national network of members."

POINTS OF ORDER . . .

- Any student interested in running for the position of National Student Coordinator (NSC) or Regional Coordinator (RC) is encouraged to write to the National Office for a copy of the position description detailing the responsibilities of the office.
- Interested students may submit a statement of interest and a curriculum vitae to the National Office by October 15 for disribution at the Student Senate.
- Candidates may alternatively declare themselves at the Annual Meeting, anytime
 prior to the second meeting of the Student Senate. A statement of interest/
 curriculum vitae may be given to a current NSC to be copied and distributed at
 the next meeting of the Student Senate.
- Candidates for NSC will have the opportunity to address the Student Senate for five minutes each at the second meeting of the Student Senate. The election of the NSCs will follow.
- NSCs will be elected by students who are delegates to the AMWA House of Delegates.
- Following the election of the NSCs, the Student Senate will break up by region
 for election of the RCs. Candidates for RC will each have the opportunity to
 address the members of their region. Students present from each Region who are
 delegates to the AMWA House of Delegates will elect the RC for their region.

From the National Student Coordinators

Linda Brzustowicz Columbia College of Physicians and Surgeons

The past eight months have been busy for AMWA's student membership. Fourteen schools began new branches or reinstated inactive ones. Nationwide, approximately 55 percent of medical schools now have active AMWA student branches. A student branch information questionnaire was developed and distributed to all regional coordinators to gather information about the structure and function of the branches. By early fall, this information will help us learn the needs of student members and guide the strategic planning committee in developing new student services.

Several projects are being developed, including a joint effort with the medical student section of the AMA-a report on current issues in graduate medical education funding. It will be distributed to student members this fall. The consortium of medical student organizations is planning to provide students an opportunity to file complaints about illegal or unethical questions asked during residency interviews. It is hoped that this program will be in place for the fall 1986 interviewing season. Work is also progressing rapidly in the anti-smoking and leadership task forces. Each plans a strong role for students.

There is a great deal of activity on the horizon for the AMWA student members, but a very real problem threatens our success. Many student branches have not kept the national office informed of changes in mailing addresses or leadership. Without accurate information, we may not be able to contact your branch and some of these projects will pass you by.

The greatest resource of our organization is its national network of members. It is a shame when that network breaks down simply because the national office hasn't been notified of changes in address. If you've moved recently or if your branch has elected new officers, take the time to drop a line to the national office.

The following months promise to be exciting for students in AMWA, and we would like to be certain all student members have the opportunity to participate. Good communication will help realize our full potential.

Janet Shiley Northeastern Ohio Universities College of Medicine

AMWA is a very unique organization with a philosophy that encourages participation by *all* its members. It is "a national membership organization of women physicians and allopathic/

"We are the only professional organization that affords all its members equal voice."

osteopathic students that seeks equal access and unbiased participation for its members in medicine. This equity is ensured by empowering the individual student/physician through proportional representation." That means, we are the only professional organization that affords *all* of its members an equal voice. To utilize this venue, we must attract new student members and have

Need Help Making it to the Annual Meeting?

Here are some tips on raising money for travel:

- Ask the Dean of your medical school. There are often funds available to sponsor student travel. Remember to stress the importance of having the school represented at a national forum.
- Talk to the alumni office. It may fund you or provide the names of women alumni you can contact for donations.
- Contact your local physician AMWA branch. Some branches have funds to help students attend national meetings.
- Talk to drug company representatives. Some companies donate money for student travel. Ask your student affairs office for possible contacts.
- Raise the funds yourself. Be enterprising—sell baked goods, sell a service or sponsor aerobics classes.

Remember, your chances are better if you try more than one approach. Persistence pays off in cash.

Student Special

continued

them registered at the national office before mid-October. Remember, at the House of Delegates meeting in November, each branch is entitled to one delegate seat for every eight to thirty members and an additional seat for each additional thirty members or major fraction of that number. The more members each branch has, the more powerful an influence we are.

Remember, the House of Delegates sets policy for AMWA and has the power to pass a resolution, elect officers and amend the bylaws. The Executive Board can not take any action that contravenes any resolutions passed by the House.

I encourage you to get involved regardless of the status of your local branch. I invite you to come to the annual meeting in St. Louis or come to an interim meeting and join us at the Student Senate. This is a meeting of medical students from around the country and their enthusiasm is positively infectious. The forum is open for discussion and debate is encouraged.

The Student Senate is responsible for electing the National Student Coordinators and the Regional Coordinators during the annual meeting. The National Student Coordinators are full voting members of the Executive Board. Try and find another professional organization that has that much faith in its student assembly.

The national Annual Meeting in St. Louis this year gives us one opportunity to be heard. As a student member, you have several routes to take to become involved in AMWA. You can be heard through representation in the House of Delegates, but what do you do if your branch is not active? You are perfectly welcome to participate in all local, regional and national events as a general member. And, you may participate in any committee or task force. You may even start a new local branch.

If you still feel confused, a lesson in AMWA's organization hierarchy may help.

- The House of Delegates, comprised of representatives of all national, state and local membership, elects the national officers.
- The Executive Board is made up of national officers (including the Director of Students), Immediate Past President, National Student Coordinators, selected committee chairs, regional governors, and AMWA's National Corresponding Secretary to the Medical Women's International Association. It serves as the Board of Directors of the Association and is accountable to the House of Delegates through the electoral process.
- There is a Student Senate representing medical student members and there is the Regional Board comprised of the presidents of student and physician branches, state directors and student regional coordinators.
- And most important, there is the general membership—the physicians and medical students that are the heart of AMWA.

As students, we can assure that our voices are heard by authoring resolutions to be presented before the House. Any resolution must be submitted to the resolutions committee by September. Timely resolutions may be brought to the committee meeting just prior to the House of Delegates. A complete explanation is in the Bylaws but remember that resolutions take a specific form. There is a preamble or introduction and subsequent supporting paragraphs each beginning with "whereas" and a concluding statement beginning with "therefore be it resolved."

If you want to be involved, but can't be present for the Student Senate, contact your regional coordinator or national student coordinator. They are usually available by phone or mail or may be contacted through the national office. Once you make an initial effort, we can contact you to save you the expense of the call.

Networking is another good way to keep involved with AMWA. The leadership directory gives the names and telephone numbers of all AMWA leaders and is available through the national office. It tells you who sits on what committee and how to get in touch with them.

Finally, there is Lea Scialo, staff person at the national office working on student affairs. She can answer questions, serve as a contact or provide a branch with the *Student Branch Development Workbook*, a handy reference for new branches.

Good luck in the coming year. Hope to see you in St. Louis.

TAKE NOTE:

Last Call for Italy—

The International Congress in Sorrento, Italy is drawing near; the dates are April 26 to May 2, 1987. Early registrations, which will save you money on fees, are due on September 30. If you need registration forms, call the national office (212-477-3788) at once.

Pre- and post-Congress tours for North American participants have been planned. A do-it-yourself stay in London and trip through Europe on the Orient Express will be offered before the Congress, and following it will be a quiet journey through the hill towns. There will be stays (away from the tourist hotels) in Assisi, Siena, and others, with day trips to Florence and Pisa. Any combination of the three can be arranged. For information, contact Cindy Zalesky, AAA Keystone Travel, 2040 Market St., Philadelphia, PA 19103; 215-864-5074.

Anyone who attends the Congress and who would like to be a delegate should write or call Anne Barlow, MD, National Corresponding Secretary (856 Grove Ave., Flourtown, PA 19031; 215-233-4069). AMWA can send 25 delegates and 25 alternates, but names must be ratified by the Executive Board.

New England Conference—

AMWA Region I is holding a regional conference at Sturbridge Village, Massachusetts March 6 through March 8, 1987. The conference will take a look at the choices, changes and challenges facing women in medicine and their families. There will be a workshop for dual career couples, and the weekend in this historic New England town will include lots of activities for children.

Annual Meeting Update—

The Executive Board of AMWA urges local branches to financially support a delegate (the branch president or her designee) and send her to the annual convention.

Handbook Available—

Copies of the *Student Branch Development Workbook* are available from the national office on request. This is a comprehensive guide to setting up, running and maintaining a student branch.

Psychiatric Victory—

In late June, the American Psychiatric Association board voted to exclude a new diagnostic category of a self-defeating personality disorder in the revised edition of its *Diagnostic and Statistical Manual of Mental Disorders* (DSM II). The move has been hailed as a major victory by women psychiatrists and psychologists who were united in their opposition against including the diagnosis which listed characteristics that are normative for many women in our society. Among these are putting serving another person's goals ahead of one's own, and characteristics typical of women who have been abused or victimized.

Premenstrual syndrome (PMS) was retired as a diagnostic classification after similar women's protests and a proposed diagnosis of paraphilic rapism, which would have exempted some rapists from punishment on the basis of a psychiatric disorder, was also dropped.

AMWA— Inkeeper for the Nation?

Not exactly. But, AMWA's new Bed and Breakfast program is aiming high. Once underway, volunteer AMWA members will provide housing for members-in-training who are traveling in search of residency positions, clinical clerkships or a job. A friendly and free place to stay is welcome relief to pocketbooks and dispositions.

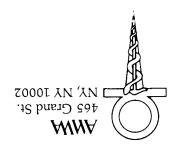
If you've got an extra bed and want to help, volunteer to be an AMWA Hostess. Send your name, address, and home and office telephone numbers to Fredrica Sprayregen, 435 East 79th St., New York, NY 10021, (212) 570-6749.

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Volume XII, Number 1 Fall, 1986

In This Issue:

- Student Special
- Countdown to the Annual Meeting

WHAT'S HAPPENING IN

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MAIL TO: AMERICAN MEDICAL WOMEN'S ASSOCIATION 465 GRAND ST., NEW YORK, NY 10002

- ☐ Regular Member \$100
- ☐ Member-In-Training \$40
- □ Student Member
 - □ one year \$10
 - □ four years \$35 (including one year's subscription to JAMWA)
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REGISTRATION SELECTION

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ADDITIONAL SPECIAL WORKSHOPS—REGISTRATION DEADLINE 10/29/86 lection of one) HELD WEDNESDAY, NOVEMBER 12th—ALL DAY (lunch included)

\$95 **EFFECTIVE TAX STRATEGIES** 95 II. MEMBERSHIP CRISIS IN ORGANIZED MEDICINE

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TOTAL COST OF REGULAR SELECTION INCLUDING SPECIAL EVENTS & WORKSHOPS \$ SPECIAL EVENTS REGISTRATION **REGISTRATION DEADLINE 10/29/86** (Additional cost for each of the following events)

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Message from the Director of Students

ing in AMWA is an invitation to enterand are equal partners with our physithroughout medical school and beyond. the personal and professional needs of This special edition of What's Happenway to acquire both. We are an active cian members. I encourage you to say medical students. You are beginning most important elements to success in sonal contacts and career information to this invitation to join AMWA large part in the association's success Friends and colleagues are one of the your career in medicine. The AMWA women in medicine. Students play a and growing organization geared to welcome you to the profession. medical school, and AMWA is one network can provide you with per-

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have been sharing one dream—to have branch in the country attend. In order edge, motivation and leadership skills The AMWA Annual Meeting this year good standing. Even if it is a very new members for a delegate representative we encourage members to come. The must have eight AMWA members in [anet Shiley, Linda Brzustowicz and is in St. Louis, right in the middle of the U.S.A. National Coordinators, experience will give you the knowla student representative from every branch and does not have enough to build your branch so that it will for a branch to have a delegate, it

nave a delegate next vear. It will

^{*}Includes physician-in-training weekend sessions.