

WHAT'S HAPPENING IN

AMWA

Annual
Meeting
Highlights

Volume XV, Number 6/December 1995



AMWA's 1995-1996 Board of Directors: (l to r seated): Drs. N. Church, C. Henry, D. Judelson, J. Fourcroy, D. Dell, K. Nichols, M. Braude, B. Thulin. (l to r standing): Drs. L. Mega, C. Herrera, Ms. M. Merideth, Ms. E. Skirm, Drs. F. Hulka, E. Christiansen, E. Shems, J. Ryall, C. Mueller. (l to r in back): Drs. B. Desper, D. Helentjaris, W. Brown and C. Weinstein.

80th Annual Meeting Highlights

Seattle was the site of the American Medical Women's Association's 80th Annual Meeting, *Women Empowering Women: Planning Our Global Family* which was held November 1-5, 1995 at the Westin Hotel. More than 700 women physicians and medical students attended the meeting.

Career development seminars were featured prominently reflecting AMWA's commitment to this topic as it pertains to women physicians. Seminars included leadership training, retirement planning, maternity and medicine, global opportunities for physicians, preventing, protecting and defending against educational and workplace abuse, and gender equity in medicine.

"AMWA's Annual Meeting reflects the increasingly important role of women physicians in medicine," said Gerrie Gardner, DO, AMWA's Program Chair. "The workshops and many nationally recognized speakers addressed not only the career development issues of women physi-

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Jean L. Fourcroy, MD, PhD, Named AMWA President

Jean L. Fourcroy, MD, PhD, a Medical Officer with the Food and Drug Administration, U.S. Department of Health and Human Services, Rockville, Maryland, was named AMWA President during the 80th Annual Meeting.

Dr. Fourcroy holds clinical appointments at the Uniformed Services University of Health Sciences, F. Edward Hebert School of Medicine and the Walter Reed Army Hospital. She is a Captain (Ret.) of the Medical Corps of the United States Naval Reserve. She is a board-certified urologist.

As the 1995-1996 President of AMWA, Dr. Fourcroy hopes that AMWA will continue its efforts as a leader in policy, practice and training activities which benefit and provide a meaningful and supportive environment for women physicians. She hopes to provide resources in women's health and disease prevention to consumers, business and government leaders, and the media.



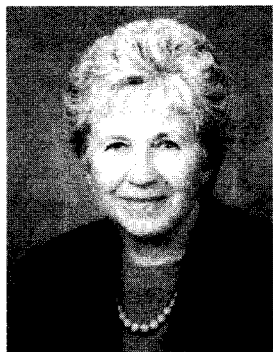
Vivian Pinn, MD, the recipient of AMWA's Elizabeth Blackwell Award, given to a physician who has made an outstanding contribution to women in medicine, addresses conference participants. For more on national award recipients, see page 5.

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PRESIDENT'S MESSAGE

Now is the Time to Get Involved

Jean L. Fourcroy, MD, PhD, AMWA President



The year to come may be troubling: our practice patterns are threatened, our autonomy weakened and our patients' choices at risk. Although change, indeed chaos, is difficult to live through, we must effectively work with and use the moment of change to our advantage to improve women's health, address gender equity, and enhance the future of medicine. Within AMWA, we

have the goals and mechanisms to work with and through these changes. It will require the active participation of every committee and every active member.

The Governmental Affairs Committee will be particularly active this year. Issues of decentralization, health care access, managed care and contracts, and affirmative action are only a few of the the issues that will affect us and our position on each. If you would like to contribute to our efforts, contact Omega Silva, MD, Chair of the Governmental Affairs Committee through AMWA's national office.

We know from the COGME report that "gender bias, remains the single greatest deterrent to women achieving their full potential in every aspect of the medical profession and is a barrier throughout the professional life cycle." AMWA will be in a unique position to implement the actions of this report. Contact Bea Desper, MD, Vice President of Career Development through AMWA's national office to become involved.

AMWA will continue to prioritize advocacy on key women's health issues. We are the leading voice for women's health. The Women's Health Committee is co-chaired by Corinne Devereux, MD, and Sharyn Lenhart, MD. The interaction between this committee and the Ethics Committee will continue to be important issues such as pre-disease diagnoses, health care access and reproductive tissue abuse are defined. The recent position statement drafted by Janet Rose Osuch, MD, on *Genetic Testing for Breast and Ovarian Cancer Susceptibility* is an excellent example. We urge your participation in these areas.

To achieve our goals, we cannot and should not depend solely on our excellent staff. Our staff of 21 -- many managing funded projects, e.g. cardiovascular disease in women, osteoporosis and tobacco control -- cannot carry out all of those dreams and we would lose sight of our dreams if they did. We must work together to carry out these visions. In some cases, the implementation will be entirely local. Community service awards are one exam-

ple of decentralization. This also will demand better continuity and growth of our branches.

Decentralization can be moved forward dramatically through electronic communication. I have appointed a task force to review the successes and failures of our branches. Susan Sklar, MD, (Long Beach) and Roberta Glick, MD, (Chicago), will be carrying out this review and helping us to implement identified changes. If you have ideas to share, contact Dr. Sklar at SUSinLB@AOL.COM.

Because the electronic highway will be so important for the future of AMWA, I have appointed an Electronic Task Force chaired by Angela Tiberio, MD (ATIBERIO@AOL.COM). We hope to establish local points of help. E-mail is a cost-saving communication necessity. I encourage each of you to join us on-line. You can reach me at sljfbhr@AOL.COM. We are looking to implement bulletin boards, local web pages and a current directory.

I look forward to the year ahead and remind you to prepare for the 81st Annual Meeting in Boston.

Call for 1996 Awards Nominations

AMWA is seeking nominations for its Elizabeth Blackwell Award presented to a woman physician who has made the most outstanding contribution to the cause of women in medicine; the Bertha Van Hoosen Award to a physician member who has demonstrated exceptional leadership and service to AMWA; and the Camille Mermod Award for a non-physician who has rendered exceptional service to AMWA or a physician member whose service is unrelated to her capacity as a physician. Send your personal statement indicating reasons for the nomination and the nominee's current CV to Marie Glanz at AMWA by **January 2, 1996**.



(L to r) Omega Silva, MD, Chair, Governmental Affairs; Diane Helentjaris, MD, Vice President of Communications; and Estherina Shems, MD, MWIA Secretary, enjoy a moment at the Welcome Reception.

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In her diverse professional career, Dr. Fourcroy has practiced medicine and has a distinguished academic career. She was the fifth woman in the U.S. to receive board certification in urology. She founded the *Women in Urology* newsletter.

For the past 10 years, she has been active in AMWA serving as Vice President of Communications, Chair of the Publications, and Medical Opportunities Committees and as a member of the Finance, Governmental Affairs and Nominating Committees. She helped found the AMWA Foundation.

Dr. Fourcroy has been published in more than 20 publications. She has written and delivered more than 30 abstracts and meeting presentations. She is an expert in the areas of urology, male reproductive health, women's health and drug development.

She holds a B.A. and M.A. from San Jose State University; an M.D. from the Medical College of Pennsylvania; and a PhD (anatomy) from the University of California at San Francisco. She holds medical licenses from California, the District of Columbia, Maryland, New Jersey and Pennsylvania.

Debra R. Judelson, MD, a senior partner with the Cardiovascular Medical Group of Southern California, was elected President-Elect. Dr. Judelson has served AMWA on the national and local levels as Vice President of Membership, and as Chair of the Program, Publicity and Public Relations, Cardiovascular Disease in Women, and Medical Ethics Committees. She has been Regional Governor and President of her branch. Dr. Judelson founded AMWA's *Education Project on Coronary Heart Disease in Women*, a nationwide program that uses a Master Faculty to, as of this date to train more than 1,000 physicians to recognize heart disease in women.

Other newly elected AMWA officers include:

Vice President of Career Development: Beatrice Desper, MD, Ob-Gyn, Plainville, CT

Vice President of Communications: Diane Helentjaris, MD, Medical Director, Loudoun County Health Dept. Leesburg, VA

Vice President of Program: Willa Brown, MD, Bureau Director, Howard County (MD) Health Department, Preventive Medicine

Director of Students: Lynn Epstein, MD, Associate Dean of Medicine, Brown University School of Medicine, Providence, RI

Resident Representative: Frieda Hulka, MD, General Surgery Residency, Oregon Health Sciences University, Portland, OR

National Student Coordinators: Melissa Merideth, Johns Hopkins University, and Elizabeth Skirm, University of Washington.

AMWA Thanks Sponsors of Annual Meeting

AMWA Branch I, Washington, DC
Cadillac Motor Car Division
Centers for Disease Control and Prevention
Eli Lilly & Company
Glaxo Wellcome
Group Health Cooperative
Hoechst Marion Roussel, Inc.
Merck Human Health Division
Northwest Permanente, PC

Ocean Spray Cranberries, Inc.
Pfizer Pharmaceuticals
The AMWA Foundation
The Bayer Corporation
The Procter & Gamble Company
The Upjohn Company
The DuPont Merck Pharmaceutical Company
Virginia Mason Medical Center
Wyeth-Ayerst Laboratories



Kaaren Nichols, MD, Chair of the Seattle Host Committee, received Dr. Dell's President's Award for her contributions to AMWA in the area of reproductive health.

Call for Nominations

Leadership skills are applicable in pursuing your career path, developing strong social relationships and for professional and personal growth.

To this end, AMWA encourages its members to consider holding a national AMWA office.

It is not too early to begin thinking about yourself or a colleague for election to AMWA national office in 1996. To qualify, candidates must have been AMWA members in good standing for five years and in a national leadership position for two years.

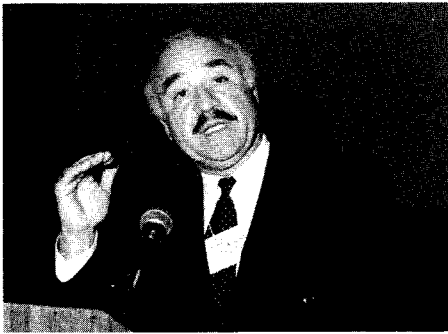
The following national offices will be filled in 1996:

President-Elect
Vice President of Membership
Vice President of Finance
Director of Residents
Resident Representative
National Student Coordinators
Speaker, House of Delegates
Vice-Speaker, House of Delegates

Candidates will be asked by the Nominating Committee to submit a curriculum vitae and to complete a questionnaire.

Questionnaires are available from and should be returned to Deona Minor at AMWA.

The deadline for submissions is **April 1, 1996.**



Plenary speaker, Kenneth Edelin, MD, discusses how he was sent to jail for legally terminating a pregnancy.



(L to r): Jean L. Fourcroy, MD, PhD, AMWA President; Debra R. Judelson, MD, President-Elect; and Janet Rose Osuch, MD, recipient of the Bertha Van Hoosen Award, spend a moment together during the Welcome Reception sponsored by the Cadillac Motor Car Division.



(L to r): JAMWA's Editor-in-Chief Wendy Chavkin, MD; Keynote speaker, Linda Hawes Clever, MD, Managing Editor, the Western Journal of Medicine; and 1994-1995 AMWA President, Diana L. Dell, MD.



Dr. Fourcroy presents the Camille Mermod Award to Roberta Rubin, MD, for her years of financial advice and counsel to AMWA.

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cians and medical students, but also many of the emerging women's health issues."

Obesity, depression, stroke, urinary tract infections, AIDS, adjuvant breast disease, RU486 and chronic pain management, were among the women's health topics featured during the four day conference.

The Opening Ceremony featured keynote speaker, Linda Hawes Clever, MD, Managing Editor of the

Western Journal of Medicine. Dr. Clever provided participants with an inspiring speech as she talked about her trials and tribulations as a woman physician. She challenged the conference attendees to go back to their community and make a difference.

The Opening Ceremony also honored AMWA's 1995 national award recipients. The Elizabeth Blackwell Award, which is presented to a woman physician who has made the most outstanding contribution to

women in medicine, was awarded to **Vivian Pinn, MD**, Director of the Office on Women's Health Research at the National Institutes of Health for her commitment to the education, research and promotion of women's health. The Bertha Van Hoosen Award was given to **Janet Rose Osuch, MD**, Assistant Professor of Surgery at Michigan State University, for her exemplary leadership to AMWA in the area of breast cancer. **Roberta G. Rubin, MD**, a pathologist



AMWA's 1995-1996 President, Dr. Fourcroy, presents a gift of appreciation to AMWA's 1994-1995 President, Dr. Dell.



Keynote speaker, Linda Hawes Clever, MD, Managing Editor, the Western Journal of Medicine, makes a point in her inspiring keynote presentation.



Plenary Session speaker Sarah Weddington discusses her victory as the attorney arguing Roe v. Wade in her plenary address.



AMWA President, Dr. Fourcroy, entertains the President's Banquet attendees.



Resident Rep., Frieda Hulka, MD, (center), talks with VP, Finance, Elinor Christiansen, MD, (l), and Program Chair, Gerrie Gardner, DO, during the President's Banquet.

at Chilton Memorial Hospital, New Jersey, received AMWA's Camille Mermod Award for her exceptional service providing financial counsel to AMWA for more than 10 years.

The Welcome Reception, sponsored by Cadillac Motor Car Division, provided attendees with a chance to expand their professional networks and socialize with colleagues.

The Plenary Session featured four outstanding speakers well-known for

their commitment to reproductive health. Claudia Morrissey, MD, Frederick, Maryland, discussed reproductive rights globally; Elizabeth Karlin, MD, Madison, Wisconsin, talked about daily life as an abortion provider in a hostile area; Kenneth Edelin, MD, Boston, Massachusetts, shared how he was convicted of murder for performing a legal abortion; and Sarah Weddington, Austin, Texas, gave a humorous and inspirational address

about what she has learned in life from when she served as the lead attorney in the *Roe v. Wade* trial until today.

The conference concluded with the inauguration of Jean L. Fourcroy, MD, PhD, as AMWA's 1995-1996 President and the President's Banquet at the beautiful Tower Club.

"I look forward to continuing AMWA's role as a leader in women's health," said Dr. Fourcroy. "I challenge each of you to join me."

CAREER DEVELOPMENT

Thoughts on Careers

Lynn C. Epstein, MD, Associate Dean of Medicine, Brown University

While few of us can predict the intricacies of our careers, "successful" careers do not occur by chance. Regardless of how you define success, achieving goals is a function of professional development.

This process should be proactive with short-and long-term goals serving as guideposts. Time lines monitor progress, while feedback and information lead to plan updates.

Forming the foundation of the career plan is your individual needs assessment. Create an outline of personal and professional responsibilities, combined with an awareness of life-stage issues. A key ingredient is how to balance the two.

Remember that your current priorities may change as you move across the life cycle. As Mary Catherine Bateson points out, life is made up of multiple commitments and beginnings, and continuity is the exception rather than the rule. Similarly, individual values and priorities impinge significantly on which pathways beckon.

Another parameter is the development of professional networks. Be aware of a range of options and strategies to draw reasonable conclusions about what is possible.

Learning to "work the system" can maximize the effectiveness of your efforts. You do not have to do it alone. Many people can offer valuable insight to assist you in making good choices and not one person has all the answers. However, the ultimate decisions should be made by you.

An essential aspect of career development is analyzing the institutional and external environments -- such as knowing the rules, being aware of what behaviors are rewarded, naming the obstacles, recognizing the opportunities for advancement, resolving conflicts, predicting how local/national change might affect you, and preserving the aspects of medicine most important to you. Remember the need for compensation and recognition.

Professional development is ongoing and there is no one answer. Therefore, it is imperative to keep within your own comfort level, and address your needs at each stage.

STUDENT SENATE

Hi...we are Melissa Merideth (410/675-3557; mmeridet@welchlink.welch.jhu.edu), a fourth-year student at Johns Hopkins University taking a year to pursue her MPH; and Elizabeth Skirm (206/781-4897; skirmish@u.washington.edu), a third-year student at the University of Washington. Here are our e-mail addresses and phone numbers and those of the new Regional Student Coordinators. Please feel free to contact us!

Region I: ME, NH, VT, MA, CT, RI - 9 schools. Seeking nominations.

Region II: NY, NJ - 12 schools: Danielle Brook 212/694-5662 dl30@columbia.edu; and Jennifer Weglowski-908/463-7704, weglowsk@umdnj.edu

Region III: DE, MD, PA, VA, DC-17. Alison Swift 410/235-8824/801-5909, aswift@welchlink.welch.jhu.edu; and Gayle McDermot, 202/338-2470, mcdermog@medlib.georgetown.edu

Region IV: FL, GA, NC, SC, PR-17. Michele (Shelley) O'Neil, 803/723-7825; oneillml@musc.edu
Region V: AL, AR, LA, MS, TN, OK, TX-21. Shannon Tipton 205/978-5537, sctipton@bosco.meis.uab.edu; and Jodi Stengem 713/790-7924 JS691679@EXPRESS.BCM.TMC.EDU

Region VI: IL, IN, KY, OH, MI, WV, WI-29. Kim Brown 312/243-9355; kbrown7@icarus.cc.nic.edu; Ruchi Gupton 502/897-3048; rsguptz1@ulkyvm.louisville.edu

Region VII: IA, KS, MN, MO, NE, ND, SD-16. Sarah Lerana 314/874-8108; C571757@muccmail.missouri.edu

Region VIII: AZ, CO, NM, UT, WY-4. Hillary Fetterman Wallace; wallacep@ucsu.edu

Region IX: CA, NV, HI-11. Alexis Larson, 818/280-0344; alexisla@hsu.usc.edu; and Delaran Ghadishah; dghadish@medcd.com.uci.edu

Region X: WA, AK, MT, ID, OR-2. Louise Davies; ldavies@u.washington.edu.

RESIDENT ROUNDS

Bi-Lingual Physicians

Frieda Hulka, MD, Resident Rep.

As the newly elected Resident Representative, my first job is this column. My hope is to make this a quick reference for a current topic...and requests are welcome.

Coming from the state (Oregon) leading the pack in managed care, I will attempt to make some sense of this new language we are being forced to learn. Here is an analogy...

You own a gas station (gatekeeper). Customers pull in, buy gas and get their cars fixed when necessary for a usual and customary fee. A new credit card company (preferred petrol organization-PPO) changes the structure of the reimbursement. The new credit card firm told the car owners' boss that they will cover all the car owners at a lower fee than the previous credit card firm. The new firm can do this because they will offer the gaskeepers all these new car owners as customers. They will pay you \$12 per car owner per month, regardless whether the car owner uses your service. But if they need gas more frequently, it is still \$12 per car owner per month (capitation).

For cars that break down, the PPO will set aside another \$12 per car owner per month to pay for special repairs. If you are a good gaskeeper and the cars are kept in good repair, the extra money will accrue and the PPO will give you a percentage of it at year end (reward system).

But a few cars limped along and could have benefitted from a special repair (referral). The car owners discover that the gaskeeper made money by not referring for a special repair. The owners jointly sue the gaskeeper for allowing financial benefits to cloud his/her judgment.

These issues can be followed in the newspaper as they play out before us. I hope this provides insight to managed care. It is imperative that physicians are bilingual now.

AMERICAN MEDICAL WOMEN'S ASSOCIATION: Member Survey

1. Age Group (Check one)

- ☐ under 35 years of age
☐ 35-44 years of age
☐ 45-54 years of age
☐ 55 years of age or older

2. AMWA Member Classification (Check one)

- ☐ Regular ☐ Student
☐ Retired ☐ Life
☐ Resident ☐ Emeritus
☐ Associate ☐ Other _____

3. How long have you been an AMWA member? (Circle one) 1 yr or less 2-5 yrs 5-10yrs more than 10 yrs

4. Are you a member of your local branch? (Circle one) Yes No

5. Did you join AMWA as a student member? (Circle one) Yes No

6. Please describe the importance to you of the following aspects of AMWA's Mission using the following numbers:

1=very important 2=important 3=somewhat important 4=not important 5=don't know

- a) To educate physicians, patients & the public about women's health issues _____
- b) To provide gender equity & promote leadership _____
- c) To provide practical career tools (i.e., negotiating contracts) _____
- d) To provide networking opportunities _____
- e) To provide employment assistance _____
- f) To conduct CME courses on women's health _____
- g) To provide mentoring programs _____
- h) To represent the expert views of women physicians on medical issues _____
- i) To provide a powerful legislative voice advocating for women's health _____
- j) Other, please specify _____

7. Using the same scale, please rate the importance of the following AMWA activities and services:

- a) Journal of the American Medical Women's Association _____
- b) AMWA Newsletter _____
- c) AMWA Annual Meeting _____
- d) AMWA Interim Meeting _____
- e) Multi-State Regional Meetings _____
- f) Local Branch Meetings - Educational _____
- g) Local Branch Meetings - Social/Networking _____
- h) CME Programs _____
- i) Master Faculty Programs _____
- j) AMWA Foundation _____
- k) Student Loan Program _____
- l) Disability Insurance _____
- m) Medical & Life Insurance _____
- n) Other, please specify _____

8. I would like to see AMWA develop the following programs and/or cover the following issues:

9. I would like to see AMWA provide members with the following services/member benefits:

Name (optional): _____ **Phone (_____)** _____ **E-mail** _____

May we contact you for additional information? ☐ Yes ☐ No

Complete this survey and receive a five dollar voucher good towards registration fees or AMWA's saleable items. Thank you.

Please return this survey by January 20, 1996 to: Membership Department, American Medical Women's Association, 801 N. Fairfax St., Suite 400, Alexandria, VA 22314; 703/838-0500; Fax: 703/549-3864; E-mail: awmaleg@aol.com.

CALENDAR

June 28-30, 1996

Interim Meeting

The Washington Court Hotel
Washington, DC

Call for 1996 Annual Meeting Abstracts

AMWA is soliciting abstracts for its 81st Annual Meeting to be held in Boston, November 1996. For a form, contact AMWA. Submission deadline is **February 15, 1996**.

Medical Education Loans Available

First, second and third year AMWA medical students may apply for the Wilhelm-Frankowski Scholarship of approximately \$4,000. Criteria include community service, participation in AMWA activities, women's health activities. For information or an application, contact Marie Glanz at AMWA. Deadline for applications is **April 30, 1996**.

Newsletter Committee and Staff

Jean L. Fourcroy, MD, PhD, AMWA President
Diane Helentjaris, MD, VP, Communications
Donnica L. Moore, MD, Chair, Publications
Lynn Epstein, MD, Director of Students
Melissa Merideth, Elizabeth Skirm, National Student Coordinators
Frieda Hulka, MD, Resident Representative
Eileen McGrath, JD, Executive Director
Sheri L. Singer, Managing Editor (Consultant)
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1994-95 Member-Get-A-Member Campaign

Level 4 (20+ members) Jennifer Tash Club

Sarah J. Lerand	20
Michele Scott	22

Level 3 (10-19 members) Leah J. Dickstein, M.D. Club

Lisa Christopher	11
Leah J. Dickstein, M.D.	15
Elizabeth Skirm	15

Level 2 (5-9 members) Janet Piehl Club

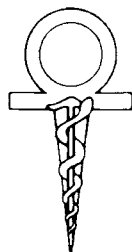
Michelle Brochner	5
Bridget N. Fahy-Chandon	5
Stephanie Fein	5
Christine Ferrone	6
Lesly T. Mega, M.D.	7
Kathleen Schick	6
Kathryn Sowell	8

Level 1 (1-5 members) Lisa Christopher Club

Kimberly Applegate, MD	Esterbelle Heceta, MD	Zinaida Pelkey, MD
K. Rae Ambroz	Diane Helentjaris, MD	Jamie J. Perry
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Deborah Friedman, MD	Jenny M. Libien	Jennifer Wink
Lara Friel	Susan M. List, M.D.	Jane D. Winston, MD
Leah S. Gendler	Kristine M. Lohr, MD	Teri Wolf
Mary P. Gordon	Deborah S. McPherson	NOTE: Due to lack of
Gail Granof	Sara A. Michaels	space, physician and
Nancy M. Grant, MD	Christine Mueller, MD	student branches will be
Laurie Hamilton, MD	Kaaren A. Nichols, MD	listed in a future issue.

WHAT'S HAPPENING IN

AMWA



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