



WHAT'S HAPPENING IN

AMWA

Annual
Meeting
Highlights

Volume XIX, Number 6/December 1994



AMWA's Board of Directors (l to r seated in front): N. Church, MD; C. Nicolaides, MD; E. Shems, MD; L. Young, MD; D. Dell, MD; K. Nichols, MD; M. Braude, MD; W. Brown, MD; C. Mueller, MD. (l to r standing in back): C. Webber, MD; L. Brzustowicz, MD; L. Mega, MD; J. Schroeder; E. Christiansen, MD; S. Lenhart, MD; K. Bemmman, MD; J. Fourcroy, MD, PhD; C. Henry, MD; D. Helentjaris, MD; and C. Weinstein, MD. Not pictured: J. Allen; L. McCann, MD; D. Moore, MD; J.E. Ryall, MD.

Annual Meeting Workshop Highlights

Eating disorders, controversies in breast cancer, health care reform, sexual harassment and gender bias in medicine, and cardiovascular disease were among the 50 workshops topics presented to more than 600 participants during AMWA's 79th Annual Meeting, *Women Promoting Women's Health: Empowering our Global Family*, November 2-6, 1994, at Disney's Contemporary Resort in Lake Buena Vista, Florida.

"AMWA's Annual Meeting reflects the important role of women physicians dedicated to improving women's health," said Gerrie Gardner, DO, AMWA's Program Chair. "The workshops and many nationally recognized speakers addressed the professional development, personal well-being and patient issues challenging women physicians today."

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Advanced Curriculum Attracts Primary Care Physicians

AMWA's Advanced Curriculum on Women's Health: Part II provided information to primary care physicians to better address the needs of their women patients. Part II of the Advanced Curriculum focused on the life phases birth to 18, 19 to 39 and beyond age 80.

The innovative three-day program, held October 14-17 in Philadelphia, featured well-known physician experts presenting the latest information on women's health care topics such as how to detect and treat child abuse, occupational health concerns, sexually transmitted diseases, and how gender affects the information exchange during medical visits.

A highlight of the meeting was the keynote address featuring Bernadine Healy, MD, the first woman Director of the National Institutes of Health. Dr. Healy believes the future of women's health at NIH needs to include additional research, investing in women's health issues, and encouraging political grassroots action to influence policy.

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Diana L. Dell, MD, FACOG, Named AMWA President



Diana L. Dell, MD, FACOG, Assistant Professor, Department of Obstetrics/Gynecology at Duke University Medical Center in Durham, North Carolina, was inaugurated as AMWA's 1994-95 President on November 5th during AMWA's 79th Annual Meeting, *Women Promoting Women's Health: Empowering Our Global Family* at

Disney's Contemporary Resort in Lake Buena Vista, Florida.

At the annual transfer of AMWA leadership, members bade farewell to outgoing AMWA President, Kathryn C. Bemmman, MD, who presided over a successful conference and an eventful year of active women's health advocacy, which Dr. Bemmman summarized in a Farewell Address on November 5th.

Delegates to the meeting elected Jean L. Fourcroy, MD,

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PhD, as President-Elect. Dr. Fourcroy is a Medical Officer with the Food and Drug Administration in Rockville, MD, who also holds clinical appointments at Uniformed Services University of Health Sciences' F. Edward Hebert School of Medicine and Walter Reed Army Hospital.

Also elected at the meeting were Vice President of Membership, Catherine A. Henry, MD, an internist at The Cleveland Clinic Foundation, OH; and Vice President of Finance, Elinor T. Christiansen, MD, a recently retired internist from Englewood, CO. Re-elected as Director of Residents was Cheryl A. Weinstein, MD, an internist at The Cleveland Clinic Foundation; as Speaker of the House, Jo-Ellyn M. Ryall, MD, a psychiatrist in St. Louis, MO; and as Vice Speaker of the House, Christine Mueller, MD, a family practitioner from West Dundee, IL.

Continuing to serve the second year of their two-year terms are Vice President of Communication, Donnica L. Moore, MD, Director, Professional Relations, Sandoz Pharmaceuticals Corporation, NJ; Vice President of Program, Diane Helentjaris, MD, Director, Loudoun County Department of Health, VA; Vice President of Career Development, Sharyn A. Lenhart, MD, a psychiatrist in Concord, MA; and Director of Students, Carolyn A. Webber, MD, a pathologist at Kings County Hospital, Brooklyn, NY.

The new Resident Representative is Christina Nicolaidis, MD, a second-year internal medicine resident at Oregon Health Sciences, Portland.

Elected as National Student Coordinators were Jennifer Allen, a second-year medical student at the University of North Carolina, Chapel Hill; and Jen Schroeder, a third-year medical student at Wright State University, Dayton, OH.

Dr. Dell

Through her responsibilities as a professor, physician, former nurse and consumer educator, Dr. Dell has worked publicly and privately on a broad range of women's health issues. Her 20-year commitment to women's health care quality will continue as AMWA President.

Dr. Dell is a founding member of three AMWA chapters and has served as AMWA Region IV Regional Governor, Chair of the Reproductive Health Subcommittee, Chair of the Program Committee, Vice President of Program, and President-Elect. She has been on the AMWA Board of Directors since 1989 and has served as a member of the Board's Executive Committee since 1991. Dr. Dell has been an active supporter of The AMWA Foundation since its founding in 1990.

Dr. Dell has participated in many AMWA programs including the Advanced Curriculum on Women's Health, the Breast and Cervical Cancer Screening Education Project, and the Understanding Menopause program.

Dr. Dell has a B.A. in psychology from the University of New Orleans; a B.S. in nursing from William Carey

College; and an MD from the Louisiana State University Medical Center in New Orleans. She joined a private ob-gyn practice in Baton Rouge and served as clinical instructor at Earl K. Long Hospital from 1986 to 1993. In 1993, Dr. Dell left private practice to join the Duke University faculty.

Call for Nominations

It's not too early to begin thinking about yourself or a colleague for election to AMWA national office in 1996. To qualify, candidates must have been members in good standing for five years and in a national leadership position for two years. Offices to be filled in the 1996 election are:

**President-Elect
Vice President of Communication
Vice President of Program
Vice President of Career Development
Director of Students
Resident Representative
National Student Coordinators
Speaker of the House
Vice-Speaker of the House**

Candidates will be asked by the Nominating Committee to submit a curriculum vitae and to complete a questionnaire. Questionnaires are available from, and should be returned to, Jackie DeSarno at AMWA. The deadline for submission is **April 1, 1995**.

AMWA Thanks Annual Meeting Sponsors

AMWA thanks the following organizations for their continued support of its 79th Annual Meeting. Their support helped ensure the success of AMWA's meeting.

Burroughs Wellcome
Cadillac Motor Car Division
CompHealth
Dean Witter Reynolds, Inc.
DISTA Products
DuPont Radiopharmaceuticals
Lilly Research Laboratories
Marion Merrell Dow
Miles Pharmaceuticals Division
Ocean Spray Cranberries, Inc.
Ortho Pharmaceutical Corporation
Roche Laboratories
Roussel Uclaf
Sandoz Pharmaceuticals Corporation
The AMWA Foundation
The Upjohn Company
Wyeth Ayerst Laboratories

National Award Recipients Honored

Anne H. Flitcraft, MD, an internist in New Haven, CT, and Chair of AMWA's Violence Against Women Subcommittee, is the recipient of AMWA's most prestigious national award, the Elizabeth Blackwell Award, for her outstanding contributions in the area of domestic violence.

Two women shared the 1994 Camille Mermod Award given to a non-AMWA member for outstanding contributions in women's health and to AMWA.

Marilyn North Arnold, Medical Relations Manager with The Upjohn Company, Kansas City, MO, has generously donated her personal time in support of AMWA's activities and projects aimed at improving both the status of women's health and the professional lives of women physicians.

Nancy E. Cahill, JD, Chicago and Lighthouse, FL, has many achievements as an attorney in the health care field addressing women's concerns. She is an AMWA Foundation Board member and has worked to guarantee the Foundation's solid fiscal future.

For her dedication to AMWA as volunteer Editor-in-Chief of the *Journal of the American Medical Women's Association (JAMWA)*, **Kathryn E. McGoldrick, MD**, Stamford, CT, received AMWA's Bertha Van Hoosen Award. During her 13 years as editor, Dr. McGoldrick helped to implement changes to JAMWA and to include important social issues in her editor's column.



Elizabeth Blackwell, MD, Award recipient, Anne H. Flitcraft, MD, addresses Annual Meeting participants.

Marjorie M. Luckey, MD, New York City, has educated women patients and physicians on osteoporosis and bone loss during early menopause. For her contributions, Dr. Luckey is the recipient of The Calcium Nutrition Education Award. Dr. Luckey is the Director of the Bone Densitometry Laboratory, Co-Director of the Osteoporosis and Metabolic Bone Disease Program, and Assistant Professor at the Mt. Sinai School of Medicine.

The Carroll L. Birch Award, given for the best student written research paper, was received by **Sascha Dublin**, University of Washington, St. Louis, MO, for her paper titled *Methods of Rapid Detection of Recurrent Nonsense Mutation and Documentation of Phenotypic Features in Neurofibromatosis Type 1 Patients*.

For her inspiring essay about her mentor, **Susan Michelle "Shellie" Yussman**, a second-year medical student at the University of Louisville, was honored with the Janet M. Glasgow Essay Award. Ms. Yussman wrote her essay about Leah J. Dickstein, MD, a past president of AMWA. Dr. Dickstein received the Janet M. Glasgow Mentor Certificate.

The Woman in Science President's Award was received by **Suzanne W. Fletcher, MD, MSc**, Professor of Ambulatory Care and Prevention, and Professor of Medicine at Harvard Medical School, Boston, for her contributions to medical science and women's health.

Kathryn C. Bemann, MD, presented four President's Recognition Awards: Anna Glazier, MD, for her international work in reproductive health; Ellen Malcolm, founder of Emily's List; Physicians for a Violent-Free Society; and Liz Claiborne, Inc., for its work to stop domestic violence.

Dr. Flitcraft also was honored with Liz Claiborne, Inc.'s Women's Work Award for Exceptional Work in the Field of Domestic Violence.

The AMWA Award for Positive Portrayal of Women Physicians was given to McNeil Consumer Products Company.



Kathryn Bemann, MD, (l) outgoing President, talks with Gerrie Gardner, DO (r), Program Chair, and Willa Brown, MD, Region III Regional Gov. at the Annual Meeting.

The following women physicians received AMWA's Community Service Awards which recognize members who have provided outstanding service to their communities: CA-Marjorie Braude, MD; CO-Ida Nakashima-Schneck, MD; FL-Mona Jain, MD, PhD; GA-Rachel Schonberger, MD; IA-Linda Railsback, MD; KY-Letitia Kimsey, MD; LA-Lucy C. Young, MD; ME-Ann M. Babbitt, MD; MA-Elaine J. Alpert, MD; MO-Meredith J. Payne, MD; NE-Mary Lou Flearl, MD and Ann E. Haskins Olney, MD; NY-Clarita E. Herrera, MD; PA-Tamar Earnest, MD; RI-Patricia N. Wold, MD; TN-Susan Rogers Rose, MD; VA-Louise Fernbach, MD; WA-Bernice C. Sachs, MD; and WI-Ann Bardeen-Henschel, MD.

The national award recipients were honored during AMWA's 79th Annual Meeting.

JAMWA Themes for 1995*

January	No specific theme, various articles
March	Large-Scale Cohort Studies of Women
May / July (double issue)	Women and HIV
September	Prenatal Care and Women's Health
November	Domestic Violence

* = These are preliminary topics subject to change.

AMWA/PPNYC Hold News Conference

To publicize the need for a reintegration of abortion into mainstream medicine, AMWA and Planned Parenthood of New York City (PPNYC) held a news conference in New York City on December 8, 1994.

PPNYC and AMWA were brought together by PPNYC's interest in the September/October issue of the *Journal of the American Medical Women's Association* (JAMWA) which focused on "Medicine and Abortion."

The news conference included brief comments by AMWA's Reproductive Health Initiative Advisory Committee member, Deborah Smith, MD; JAMWA Editor-in-Chief, Wendy Chavkin, MD, MPH; U.S. House of Representatives member The Honorable Nita Lowey (D-NY); abortion training specialist and AMWA's Reproductive Health Initiative Advisory Committee member, Carolyn Westoff, MD; abortion provider, Irving Rust, MD; abortion law expert, Donna Lieberman, JD; and PPNYC President, Alex Sanger.

PPNYC has supported the re-printing of another 10,000 copies of the "Medicine and Abortion" issue which will be distributed nationwide.

Coronary Heart Disease CME Workshop Available

AMWA's Master Faculty members are available to present a CME workshop on coronary heart disease and women nationwide. Plan to hold a workshop with your AMWA branch members, hospital colleagues, members of your group practice or local medical society. To arrange a workshop, contact Jennifer Butera at AMWA.

FOUNDATION NEWS

GynoPharma, Inc., has joined U.S. Surgical, Bristol Myers-Squibb, Upjohn and NYCOMED (formerly Sanofi Winthrop Pharmaceuticals) as a Charter Corporate Member of The AMWA Foundation according to Anne L. Barlow, MD, Chair of the Foundation.

The AMWA Foundation Board of Directors met during AMWA's 79th Annual Meeting in November. The board members reviewed the accomplishments of the Foundation since its inception in 1990, which include:

- More than \$1 million raised through grants
- Approximately \$300,000 raised or pledged from corporations
- More than \$100,000 raised through individual contributions.

This funding has been used to sponsor programs such as the Advanced Curriculum on Women's Health, the Reproductive Health Initiative, and AMWA's Education Project on Coronary on Heart Disease in Women.

The Foundation board members are planning for the future by holding a strategic planning session which will compliment AMWA's strategic plans.

In other Foundation news, The AMWA Foundation announces the retirement of Phyllis Tritsch, CAE, CFRE, Director of Development, effective December 9, 1994. Ms. Tritsch's efforts and dedication ensured the successful first three years for The AMWA Foundation. From her new home in Florida, Ms. Tritsch will be available on a consulting basis.

Effective January 3, 1995, Ellen Morgenstern will be joining The AMWA Foundation as Development Consultant. Ms. Morgenstern is the former Executive Director of the International Women's Media Foundation and a professional fund raiser. Ms. Morgenstern will focus her efforts on major and corporate giving.

Ms. Morgenstern will attend the President's Retreat in January. Please welcome her to our AMWA family.

GOVERNMENTAL AFFAIRS UPDATE

Government Affairs Handbook Available

To encourage AMWA members to bring their views to Congress and the Administration, AMWA has published its *Government Affairs Handbook* for physicians and medical students interested in becoming more active in AMWA's legislative affairs.

This handbook, which is a response to member requests, is a tool for starting or improving communication with elected officials about AMWA's policy positions.

The handbook will never be outdated since AMWA staff will update the 100-page three-ring binder regularly.

The cost is \$15 for AMWA members and \$25 for nonmembers.

To place an order, contact Janice Tracey at AMWA.

WANTED: Medical Students for Policy Internships

AMWA is soliciting applications for four legislative and four Tobacco Control Project internships. Medical students accepted for either program will spend one month at the national office, receive a stipend of \$500, and live with a Washington, DC, AMWA physician member.

Legislative interns will work with AMWA's Governmental Affairs program. Tobacco Control interns will assist in building a coalition of women's and girls' organizations to create tobacco control networks.

Applicants should send a CV, two faculty references, a transcript, and a cover letter indicating the month(s) of availability and preferred project to Janice Tracey at AMWA.

The Curriculum featured a combination of lectures with question and answer periods, a choice of interactive small group workshops, and round table discussions. As a special feature, the Curriculum included three-hour evening workshops on topics such as induced abortion, improved techniques of breast and pelvic examinations, and introduction to colposcopy.

"Baby boomers are about to reach menopause," said Lila A. Wallis, MD, Director of the Curriculum, "and physicians caring for them must be knowledgeable about estrogen replacement, osteoporosis, breast cancer as well as heart disease."

AMWA expresses its deep gratitude to the co-sponsors of AMWA's Advanced Curriculum on Women's Health which included **Aetna Health Plans, Astra/Merck, Bristol Myers-Squibb Company, Burroughs Wellcome Company** and **The Upjohn Company**.

To ensure that the Advanced Curriculum on Women's Health met its stated goals and objectives, AMWA relied on the volunteer efforts of physicians who are specialists in the early, young adult and advanced years.

AMWA thanks the following physicians who were module co-leaders:

Early Years module co-leaders included - Elizabeth A. Alexander, MD, MS, East Lansing, MI; Angela Diaz, MD, New York, NY; Leah J. Dickstein, MD, Louisville, KY; and Lillian Gonzalez-Pardo, MD, Kansas City, KS.

Young Adult module co-leaders included - Barbara D. Bartlik, MD, New York, NY; Mary T. Herald, MD, FACP, Summit, NJ; Sharyn A. Lenhart, MD, Boston, MA; and Donnica L. Moore, MD, East Hanover, NJ.

Advanced Years module co-leaders included - Diana J. Galindo, MD, Miami, FL; Ira R. Katz, MD, PhD, Philadelphia, PA; and Eleanor Z.

Dues Increase Supports Future AMWA Growth

To support AMWA's recent growth and expansion of services to its members, AMWA's House of Delegates voted to increase AMWA's membership dues 15 percent effective January 1995. This proposed change affects all membership categories.

"This increase is necessary to enable AMWA and women physicians to meet the future challenges facing women in medicine," said Diana L. Dell, MD, FACOG, AMWA President. "The increase will allow us to move forward with projects such as continuing to improve the quality of JAMWA, increasing AMWA's visibility and influencing public policy."

The values of AMWA membership include:

- Subscription to the newly redesigned scientific peer-reviewed *Journal of the American Medical Women's Association* (six times per year).
- Subscription to *What's Happening in AMWA*, a bimonthly newsletter bringing you the latest news about your colleagues.
- CME through training conferences which meet the professional and personal needs of women physicians and medical students.
- Training to develop skills in areas of interest that enhance necessary professional skills. Training offered in 1994 included video/media training, writing for excellence, computer skills, presentation training and addressing policy makers.
- Participation in AMWA's innovative Master Faculty programs where AMWA members train other physicians and provide knowledge to consumers on women's health issues such as osteoporosis, breast and cervical cancer screening, coronary heart disease and reproductive health.
- A voice in legislative policy that affects women physicians

and women's health.

- Access to AMWA's national speakers' bureau.
- Professional development opportunities at the local and regional level.
- Member-only discounts on registration fees, low-cost group life and health insurance plans, a credit card program, long-distance telephone service, car rentals and financial planning programs.
- National, regional and local networking opportunities with other women physicians and medical students from across the country.
- Satisfaction of supporting a national network of women physicians who have an agenda which contributes to the improvement of medicine for women patients and to the future of women in medicine.

The 1995 dues are as follows:

Regular members	\$225
Retired physician members	\$150
Resident members	\$80
Student members (one-time fee for all student years)	\$52
Affiliate members (international)	\$105
FAMWA members	\$46
FAMWA student members (one-time fee for all student years)	\$52
Life members	\$3,500
Organizational members	\$5,750

As the practice of medicine gets more complex, so do the challenges.

AMWA will help you meet those challenges and improve the status of women physicians and of women's health care.

We look forward to your continued participation in our efforts during 1995.



Outgoing President, Kathryn Bemmann, MD, pins the AMWA President's pin on new President, Diana L. Dell, MD, FACOG.



Plenary speaker, Judge Wellington, talks about the justice system's response to domestic violence.



Keynote speaker, best-selling author Naomi Wolf, discusses the new era in feminism.



Plenary speaker, Beverly Coleman-Miller, MD, talks about how environment influences the domestic violence patient.



Donnica Moore, MD, (l) Vice President of Communication, and Jean Fourcroy, MD, PhD, (c) President-Elect, talk with Christine Whitmore, MD, (r), urologist, at the Annual Meeting Welcome Reception sponsored by Cadillac Motor Car Division.



National Reproductive Health Award recipient, Jane Hodgson, MD, addresses participants.

Annual Meeting, continued from p. 1

The Annual Meeting was held in conjunction with the Federation of Medical Women of Canada which with AMWA, jointly hosted the First North American Regional Meeting of the Medical Women's International Association. In addition, for the first time in AMWA's history, the Annual Meeting featured the presentation of nine international papers.

Beginning on Wednesday, November 2nd, a two-hour workshop on health care reform introduced participants to AMWA's positions and types

of legislation that might be introduced in January when Congress returns to Washington.

"With the shift to a more conservative Congress, it is crucial that AMWA be heard during the 104th Congress so that we do not lose the ground we have worked so hard to gain," said Janet E. Freedman, MD, Co-Chair of AMWA's Ad Hoc Committee on Health Care Reform and workshop leader.

On Thursday, November 3rd, a seminar titled, *Teaching Gender Equity in Health Care* examined how gender

bias can prevent medical students, house officers and health care professionals from providing appropriate patient care.

Another seminar on eating disorders provided in-depth background on the medical and psychological consequences of this problem that is increasingly prevalent among women.

During the Opening Ceremony, keynote speaker, best-selling author Naomi Wolf, discussed the new era of feminism in which she believes women will embrace their power.

Following the Opening Ceremony,

seminars were presented on the following topics: planning for a career in academic medicine, complementary medicine, improving the working relationship between women physicians and nurses, and career and volunteer options available to older physicians.

An afternoon seminar addressed how women physicians might improve their ability to negotiate contractual agreements.

Thursday evening provided a chance to enjoy excellent food and a festive atmosphere at the Welcome Reception hosted by the Cadillac Motor Car Division.

Friday, November 4th, featured several workshops devoted to reproductive health including *New Contraceptive Options*, *Contraception in Scotland*, the *Reproductive Health Initiative*, *When Abortion was Illegal* and *Post-Abortion Medical Care*.

Also on Friday, AMWA honored the national and local recipients of its first Reproductive Health Awards.

"By introducing the first Reproductive Health Awards, AMWA became the first organization of women physicians to recognize physicians who have contributed significantly to advancing women's reproductive health particularly in the area of abortion services," said Kaaren A. Nichols, MD, Co-Chair of AMWA's Reproductive Health Subcommittee, workshop leader and Medical Director, Seattle Medical and Wellness Clinic. (See article p. 10.)

AMWA's new tobacco control grant project was discussed in another seminar. (See article p. 10.)

Human rights for women around the globe was the topic of a seminar which focused on the inhumane treatment of women in hostile or military occupations, rape as a war crime, circumcision of girls in Africa and the Middle East, and how AMWA can work toward eliminating these practices. A workshop also was presented discussing women's health care in other countries.

Sharyn A. Lenhart, MD, AMWA's Vice President of Career Development and a psychiatrist in private practice in

Concord, MA, led a workshop on sexual harassment and gender bias in medicine which focused on a national survey AMWA is undertaking in cooperation with the YWCA.

Saturday morning's well-attended Plenary Session featured remarks from AMWA's distinguished international guests including Dorothy Ward, MD, President of the Medical Women's International Association; Susan Swiggum, MD, Immediate Past-President of the Federation of Medical Women of Canada; Hannah Reeve-Sanders, MD; Carolin Roos, MD, anesthesiologist, Universiteit Van Amsterdam, Academisch Medisch Centrum, Amsterdam, The Netherlands; and Gunilid Kleiverda, MD, PhD, Amsterdam, The Netherlands.

Wanda Jones, PhD, Acting Associate Director for Women's Health, CDC, Atlanta, discussed the future of women's health at the CDC.

The plenary speakers addressed various aspects of domestic violence including the justice system's response to violence against women, how environment influences violence against women, what physicians can do to help prevent this epidemic, and ways to encourage women to discuss their situations.

At the close of the plenary session, Diana L. Dell, MD, FACOG, Assistant Professor, Department of Obstetrics-Gynecology, Duke University Medical Center, Durham, NC, was inaugurated as AMWA's 80th President. (See article p. 1.)

Saturday afternoon featured some special topic seminars. One topic was coronary heart disease in women. In a mini-symposium on violence against women, a detailed profile of the abused woman was presented by national experts.

The Saturday evening President's Banquet included a terrace reception followed by a casual dinner and show at Disney World's Hoop-Dee Doo Musical Revue.

The conference concluded on Sunday morning with workshops on cerebrovascular disease in women, managing migraines, breast feeding,

coping with perinatal loss, maternity and medicine, and a woman's unique way of practicing medicine.

A seminar on reproductive cancer management in women included the latest information on Pap smears and breast cancer treatment.

The final conference seminar addressed the stresses of medical school and residency training and offered practical advice to students.

"AMWA's 79th Annual Meeting profiled some of the most important topics in women's health," said Dr. Dell, AMWA President. "The 600 AMWA members who joined us for this conference will be better equipped to meet the professional and personal challenges of the future."

(NOTE: AMWA's bylaw changes and resolutions will be detailed in the February 1995 issue of the newsletter.)

Call for Papers 1995 Annual Meeting

AMWA announces the theme for its 80th Annual Meeting, *Women Empowering Women: Planning Our Global Family*.

The conference will be held at The Westin Hotel in Seattle from October 31-November 5, 1995.

"Women's worldwide reproductive health rights are connected to the global status of women," said Diana L. Dell, MD, FACOG, AMWA President. "Our 80th Annual Meeting will feature workshops addressing this and other critical women's health issues."

Papers will be considered that promote women's health and provide for the professional development and personal well-being of women physicians and medical students. Papers investigating new or innovative ideas in women's health are of particular interest.

To submit a paper for consideration, send a one-page abstract and CV by **January 16, 1995** to AMWA's Meetings Department.

RESIDENT ROUNDS

A Plan for the Future

Christina Nicolaidis, MD

In my one-year term, I have two goals: to increase resident membership and participation and to promote women's health in residency training.

AMWA has had difficulty retaining its students as members once they become residents. Residents unanimously cite cost as the reason for not renewing their membership. With a huge debt and salary that amounts to minimum wage, this is not surprising.

Although, in reality, AMWA resident dues cost about \$6 per month.

Why is joining AMWA worthwhile? What elements would encourage residents to be active? And why does AMWA care about residents?

One of AMWA's strategic goals is to encourage leadership and promote the advancement of women physicians. Resident members help AMWA achieve this objective.

The value of membership to residents rests in the personal and professional support that AMWA provides.

AMWA is a great place for residents to advance professionally, often at a more reasonable cost than the medical specialty organizations. Looking at the leadership opportunities residents have in AMWA, the professional and

personal contacts, the CME workshops, the influence AMWA has in the policy arena, and the information on women's health issues, AMWA appears to fit this role.

But the low number of resident members reflects that either AMWA does not do so sufficiently, or that residents do not recognize it, or both.

My plan is to start a Leader-Make-A-Leader Mentorship Program. I am asking AMWA members in the Leadership Directory to adopt one or two residents and show them how AMWA has positively affected their careers.

We can match members with residents in their specialty and region. Residents that had been active as students will be our target audience.

AMWA members need to encourage residents to hold leadership positions. This has been achieved previously by Gerrie Gardner, DO, Linda Brzustowicz, MD, and Nancy Church, MD, to name only a few AMWA resident leaders.

Residents, let me know what you want from AMWA by writing me at 124 SE 63rd Ave., Portland, OR 97215.

Students, learn from residents who have been active as students.

And physicians, please reach out to residents. They can be a great addition to AMWA.

STUDENT SENATE

Changing of the Guard

Jennifer Allen and Jen Schroeder
National Student Coordinators

AMWA's Annual Meeting was exciting with students networking and sharing ideas. The meeting also signified a "changing of the guard."

We would like to thank the past NCSs and RSCs for their hard work during the last year and we look forward to their continued participation.

We would like to introduce ourselves. Jennifer Allen is a second-year medical student at University of North Carolina, Chapel Hill. Jen Schroeder is a third-year student at Wright State University, Dayton, OH, and is interning this year with AMWA on the Reproductive Health Initiative and with Medical Students for Choice.

Here are our addresses:

Jennifer Allen
617 B Hibbard Dr.
Chapel Hill, NC 27514
919/914-6930
elliott@unc.med.edu

Jen Schroeder
2120 O St. NW
Washington, DC 20037
202/833-1133

Here are the 1994-95 Regional Student Coordinators:

Region I (ME, NH, VT, MA, CT, RI)
Phyllidia Ku
Brown Univ.
401/272-3357

Region II (NY, NJ)
Bianca Grand
NY College of Osteopathic Medicine
8 Marseille Dr.
Lattingtown, NY 11560

Region III (DE, MD, PA, VA, DC)
Rachel Gilman
Temple Univ.
215/844-1877

Region IV (FL, GA, NC, SC, PR)
Kimberly Beavers
Univ. of NC School of Medicine
919/929-7559



(L to r standing): Jen Schroeder, NSC; Carolyn Webber, MD, Director of Students; Regina Sanborn, AMWA's Director of Membership; Kristen Savola, outgoing NSC. (L to r in front): Jennifer Allen, NSC; Rose Baghdady, outgoing NSC.

Sarah Frank
Univ. of NC School of Medicine
919/942-0338

Region V (AL, AK, LA, MS,
TN, OK, TX)
Missy Markley
Univ. of TX, Galveston
409/762-7429

Devi Merchant
Univ. of TX, Galveston
409/763-4786

Region VI (IL, KY, OH, MI,
WV, WI, ID)
Kristen Pytynia
Univ. of IL, Chicago
312/278-2686

Sarah Woolsey
Univ. of IL, Chicago
312/563-0045

Region VII (IA, KS, MN,
MO, ND, NE, SD)
Sarah VanOrman
MN Mayo Medical School
507/280-825

Region VIII (AZ, CO, NM,
UT, WY)
Emily Garabedian (Acting)
Univ. of WA Medical School
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Region IX (CA, NV, HI)
Bridget Fahy
Univ. of CA, Irvine
310/633-8401

Keather Kehoe
USC
818/457-9321

Region X (AK, ID, MT, OR, WA)
Catherine Blish
WA Univ. School of Medi-
cine, Seattle
206/329-0706

Our goal is to improve communi-
cation between student members,
branch presidents, RSCs, NSCs,
AMWA and other student medical
organizations.

The RSCs need to communicate
with the branch presidents in their
region. The NSCs will communicate
with the RSCs. And we are only a
phone call away from every student.

In addition, AMWA student
members are encouraged to join
national committees as committee
members with voting privileges. To
request a committee application,
contact Jackie DeSarno at AMWA.

Leah J. Dickstein, MD, 1993-94 Recruitment Campaign

AMWA announced the results for
the 1993-1994 Leah J. Dickstein, MD,
Recruitment Campaign, the program
that rewards AMWA members who
recruit colleagues into the organiza-
tion. Hundreds joined in the mem-
bership drive that registered 837 new
AMWA members in the past year.

The 1993-1994 Individual Re-
cruitment Winners include:

Kathryn Sowell (27 new members, Branch
501, University of AL School of Medicine,
Birmingham)
Jennifer Tash (25 new members, Branch 511)
Leah J. Dickstein, MD (16 new members,
Branch 49)
Janet Piehl (11 new members, Branch 611)
Lisa Christopher (10 new members, Branch
25)

Kathryn Sowell was the top indi-
vidual recruiter bringing in 27 new
members. Ms. Sowell also recruited
the greatest number of student mem-
bers.

For her efforts, she will receive a
prize of her choice from the U.S.
Sprint Callers Plus Program. She
and the other four top recruiters
were recognized during the Annual
Meeting.

For her efforts in recruiting the
greatest number of physician mem-
bers, Leah J. Dickstein, MD, also won
a prize of her choice from the U.S.
Sprint Callers Plus Program.

Each of the five winners was rec-
ognized for her achievement with
prizes and a Certificate of
Appreciation. Each had her name
engraved on a plaque that was on
display at the Annual Meeting and
hangs permanently at AMWA.

Thanks to the AMWA members
who participated in this campaign,
including 127 members, one physi-
cian branch, and 113 student branch-
es.

The leading recruiter in the
branch categories was Loyola
University Stritch School of
Medicine. Several medical schools

qualified for one free registration to
the 79th Annual Meeting.

Kathryn Sowell 1994-95 Recruitment Campaign

The AMWA Member-Get-A-
Member recruitment campaign for
1994-1995 has begun. The campaign
has been named in honor of the
recruiting accomplishments of med-
ical student Kathryn Sowell.
The top individual recruiter from
October 1, 1994 to September 30,
1995, will win the new Kathryn
Sowell Recruitment Campaign. The
next four achievement levels of the
1994-1995 campaign are named in
honor of the 1993-1994 recruitment
winners as follows:

Jennifer Tash Club, Level 4: 20+ new mem-
bers

Leah J. Dickstein, MD, Club, Level 3: 10 to 19
new members

Janet Piehl Club, Level 2: 5 to 9 new mem-
bers

Lisa Christopher Club, Level 1: 1 to 4 new
members

Campaign participants who
recruit new members will receive
gifts based on the number of mem-
bers recruited. Each recruiter will be
recognized in the newsletter.
Awards will be announced at
AMWA's 80th Annual Meeting.

Iowa Branch Conference Announced

Iowa Branch #19 is sponsoring a
conference entitled, "Women In
Medicine: The Balancing Act," on
January 20-21, 1995, at the Embassy
Suites Hotel in Des Moines. The con-
ference objectives are to learn more
about heart disease and hormonal
replacement in women, and to learn
skills for balancing the demands of
medical practice and personal life.

Susan Johnson, MD, Professor of
Obstetrics/Gynecology at the
University of Iowa, will speak on
"Heart Disease And Hormone
Therapy: What We Know And What

We Don't Know" on Saturday morning, January 21, 1995.

Other conference workshops include a panel discussion and seminars on various "balance" topics as well as more sessions on hormone replacement therapy. All women physicians, residents and medical students are invited to attend. CME credits will be provided.

For more information, please call Jane D. Winston, MD, 515/278-6721.

Thanks to Dr. Rubin

AMWA thanks Roberta G. Rubin, MD, Branch 04, New Jersey, for her generous contribution to AMWA which funded the publishing of the last issue of the student newsletter, *AMWAtch*.

Ambassadors Needed

The Membership Department currently has several requests from physician and student branches for 1995 Ambassador visits. If you are interested in meeting with a physician or student branch, please notify the Membership Department.

Dues Reminder

Membership dues invoices were mailed to Regular Members in November. If you did not receive one, please contact AMWA.

AMWA's National Speakers' Bureau Seeks Experts

AMWA is seeking AMWA women physician members to add to its 45-member Speakers' Bureau. Please obtain the approval of the AMWA member before suggesting her name.

Self-nominations are encouraged. Submit potential speakers' bureau candidate nominations to Jennifer Butera at AMWA.

AMWA Launches Tobacco Control Project

To help reduce tobacco use and fight smoking-related disease, disability and death among vulnerable population groups, AMWA has launched its Tobacco Control Project.

AMWA was one of the nine organizations chosen for the grant project funded by the Centers for Disease Control and Prevention (CDC).

"This project represents an exciting challenge for AMWA members," said Michele H. Bloch, MD, PhD, AMWA's Chair of the Tobacco Control Subcommittee. "As women physicians, we have an opportunity to help women stop smoking and perhaps to prevent their untimely demise from lung cancer."

AMWA will create tobacco control networks through a number of women's and girls' organizations nationwide. It will help to develop and offer training to those organizations currently not involved in tobacco control.

AMWA intends to work with the media to increase the coverage of tobacco and health issues, including the influence of the tobacco industry's advertising and promotion practices targeted to females.

During the next three years, the CDC will provide a total of \$3.6 million to the nine organizations. AMWA is expected to receive \$125,000 each year it participates in the program.

The other eight organizations working on the national CDC-funded tobacco control project include the following: the Asian Health Services, the Coalition for Health and Agricultural Development, Inc., the National Association of African Americans for Positive Imagery, the National Coalition of Hispanic Health and Human Services Organizations, the National Medical Association, the California Chapter of the National Organization for Women, the Northwest Portland Area Indian Health Agency and the Student Coalition Against Tobacco.

Reproductive Health Awards Recipients Honored

As the first multi-specialty medical association to recognize physicians with an award for their dedication to women's reproductive health, AMWA presented its 1994 Reproductive Health Awards to six individuals. The awards recognize physicians who have made significant contributions to advancing women's reproductive health, specifically in the area of abortion services.

The one national and five local awardees exemplify physicians who have dedicated their careers to improving reproductive care for women and who have made profound contributions on national and local levels, often at personal and professional risk.

The National Reproductive Health Award was presented to **Jane Hodgson, MD**, St. Paul, MN, for more than 50 years of providing reproductive care to women. She is a Clinical Associate Professor in Ob-Gyn at the University of Minnesota and serves on the Board of Directors at the Women's Health Center in Duluth.

The five Local Reproductive Health Award recipients include:

James Armstrong, MD, Kalispell, MT, has been serving his rural community since 1963. Dr. Armstrong has served on the national board of the National Abortion Federation and has testified before Congress on reproductive issues.

Mildred S. Hanson, MD, St. Paul, MN, has devoted 35 years of her life to reproductive health care, 23 of which have been spent as the medical director for Planned Parenthood of Minnesota. She is in private practice in Minneapolis.

Elizabeth W. Karlin, MD, Madison, WI, left her internal medical practice in 1990 to found the Women's Medical Center of Madison. Dr. Karlin is Co-Chair of AMWA's Reproductive Health Subcommittee. She frequently lectures to medical students on wom-

en's reproductive health issues.

Benjamin Major, MD, MPH, Kensington, CA, is a senior physician at the Sacramento County Health Department and consultant to Planned Parenthood, Kaiser Permanente Medical Center and the Pregnancy Consultation Center. He has supported women's reproductive rights for 35 years.

Maureen Paul, MD, MPH, Boston, has been an abortion provider for 25 years. Her involvement in women's reproductive rights began before she entered medical school as co-founder of one of the first feminist health centers in the U.S.

As an AMWA member, Dr. Paul is participating as a member of AMWA's Reproductive Health Initiative Master Faculty.

MEMBERS IN THE NEWS

Glenda D. Donoghue, MD, has been appointed as Vice Provost at the Medical College of Pennsylvania and Hahnemann University. Dr. Donoghue, a nuclear radiologist, has served as Senior Associate Dean for Postgraduate Medical Education at the Medical College of Pennsylvania for the past two years and as Vice President for Graduate Medical Education in the Medical College of Pennsylvania Hospital since January 1994.

She is a Co-Coordinator of the National Academy of Women's Health Medical Education, of which AMWA is a charter member. Dr. Donoghue is an AMWA leader and serves on AMWA's Professional Development, Scientific Evaluation and Advanced Curriculum on Women's Health Committees.

Leslie J. Kohman, MD, an associate professor of thoracic surgery at the State University of New York in Syracuse, was recently appointed to the AMA's Residency Review Committee for Thoracic Surgery. Dr. Kohman is the first woman to be appointed to this AMA committee.

President's Trip to MWIA's 23rd Congress

If you are a current AMWA physician member in good standing, you automatically belong to the Medical Women's International Association (MWIA), an organization of women physicians across the globe. This entitles you to attend MWIA activities as a member.

One of those activities is MWIA's 23rd Congress to be held in The Hague from May 7-12, 1995. This conference will serve as the 1995 President's Trip led by AMWA's President, Diana L. Dell, MD, FACOG.

To present your name as an AMWA member interested in serving as a delegate to the Congress, or for more information about the President's Trip, contact Marie Glanz at AMWA.

Medical Education Loans Available

AMWA offers \$1,000 to \$2,000 loans at 10 percent interest to its student members in their first, second or third year of medical school. For an application, contact Marie Glanz at AMWA. Deadline for receipt of applications is **April 15, 1995**.

Dependent Care Manual Completed

Child care problems may adversely affect the job performance, attendance and career potential of medical personnel and ultimately the quality of patient care. Yet fewer than 20 percent of U.S. hospitals provide day care facilities for their personnel.

To help hospitals and medical centers establish on-site child care facilities for the families of health care workers, AMWA has completed a *Dependent Care Manual*.

The manual was written by AMWA members under the direction of

Roselyn Payne Epps, MD, AMWA past president, with assistance from the National Association of Hospital-Affiliated Child Care Providers.

AMWA committee members involved with this project include: Constance U. Battle, MD; Leah J. Dickstein, MD; Betty B. Mathieu, MD; Victoria I. Paterno, MD; Lila A. Wallis, MD; and student member Katherine A. Schneider.

The manual, which provides a step-by-step guide for setting up a child care center on-site, is expected to be published in the spring of 1995.

Tobacco Petition Signatures Sought

The Coalition on Smoking OR Health (American Cancer Society, American Lung Association, and American Heart Association) has launched a campaign to generate public support for the regulation of tobacco products by the FDA. To show public support, the Coalition is circulating petitions which can be signed by your patients, colleagues and friends. For a petition form, contact Janice Tracey at AMWA. Completed petitions should be returned to AMWA.



AMWA outgoing President, Kathryn C. Bemmann, MD, presents the Janet M. Glasgow Mentor Certificate to Immediate Past President, Leah J. Dickstein, MD.

CALENDAR

June 23-26, 1995

Interim Meeting
Washington, DC

October 31-November 5, 1995

AMWA's 80th Annual Meeting
*Women Empowering Women:
Planning Our Global Family*
The Westin Hotel
Seattle, WA

AMWA thanks the following members for participating in the Leah J. Dickstein, MD, 1993-94 Membership Recruitment Campaign:

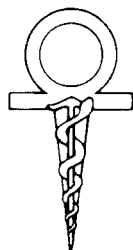
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Allison J. Batchelor, MD	Lisa Gonzalez	Kathryn Parker
Doris G. Bartuska, MD	Lillian Gonzalez-Pardo, MD	Monica Peek
Jodi Bayley	Melissa Halvorson	Janet Piehl
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