



WHAT'S HAPPENING IN

AMWA

Volume XVIII, Number 2 / April 1993



AMWA President Leah J. Dickstein, MD, briefs reporters at a press conference on violence while AMA trustee William E. Jacott, MD, looks on.

Physicians Denounce Violence

On March 10, 1993, Dr. David Gunn, a fellow of the American College of Obstetricians and Gynecologists (ACOG), was shot and killed as he tried to enter a clinic in Pensacola, Florida where he provided abortion services. AMWA immediately denounced the violence, and reaffirmed its commitment to end the harassment and isolation of abortion providers.

"Murder in the name of religion or politics has no place in American society," said AMWA President Leah J. Dickstein, MD, at a March 16 Washington press conference called by the American Medical Association to spotlight the rising tide of violence against medical and nursing professionals. "Quality women's health care cannot be provided in an atmosphere of intimidation," she said.

Joining AMWA and the AMA at the conference were leaders of ACOG, the American Nursing Association, and the American College of Emergency Physicians. The groups called for laws to protect the safety of health care workers, and urged President Clinton and Attorney General Janet Reno to make investigations of violence at health facilities a top national priority.

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Women's Health Agenda on Tap for Interim

Over two hundred medical women will converge on Washington for "Women Promoting a Women's Health Agenda," the 1993 AMWA Interim Meeting scheduled for June 25-28 at the Washington Court Hotel.

AMWA members are coming to Capitol Hill to promote the interests of women in health care reform. "We are meeting at a pivotal time for American health care," notes Diana Dell, MD, AMWA's Vice President of Program. "We have an opportunity to reach lawmakers just weeks after the May release of President Clinton's Task Force Report on Health Care Reform."

A workshop on Sunday, June 27, will highlight "Health Care Reform: Dynamics of the Leading Plans," a panel presentation on leading reform proposals including managed competition, pay or play, and national health care. Janet Freedman, MD, AMWA's representative to the Health Care Professionals Review Group of the White House Health Care Reform Task Force, will moderate discussions of the President's recommendations.

Discussion will include AMWA's proposed "Model Benefits Package for Women" — a listing of the basic women's health services that should be covered in any health plan, which was presented to the White House in March. Experts in law, medicine and congressional affairs will brief participants on the latest legislative proposals. Topics include medical school curricula in women's health;

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White House Consults AMWA on Reform

The White House has invited AMWA representation on a committee of the White House Health Care Reform Task Force, the working group chaired by First Lady Hillary Rodham Clinton that in May will announce major recommendations for reforming the nation's health care system. AMWA has also advised the Task Force on model benefits for women's health care.

Dr. Janet Freedman, Co-Chair of AMWA's own Task Force on Health Care Reform, represents AMWA on the Health Care Professionals Review Group to the White House Task Force. The advisory group includes physicians, nurses, and other health professionals, and meets regularly to give the views of providers on Task Force proposals. Dr. Freedman's participation gives AMWA important access to the Task Force, which has been criticized for not seeking enough input from organized medicine.

Dr. Freedman will discuss the Task Force process on June 27 at AMWA's Interim Meeting in Washington.

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Interim, continued

domestic violence; reproductive health; and the proposed excise tax on tobacco products.

At a Saturday luncheon, Representative Connie Morella (R-MD), will discuss women's health bills. Sunday afternoon, Marilyn North Arnold of the Upjohn Company offers a popular program, "Preparing for Capitol Hill Visits," featuring advice on public speaking and videotaped "dress rehearsals" for Lobby Day.

On Monday, participants undergo an orientation, visit their representatives, then enjoy a luncheon debriefing session.

AMWA business is also conducted during Friday and Saturday board and committee meetings. Student events include a Friday evening workshop and the "Take A Student to Lunch" program on Sunday.

The registration fee is \$225 for AMWA Physician Members, \$150 for Resident Members and \$100 for Student Members. Prices include continental breakfast each day, and lunch on Saturday and Monday. The student rate includes a student workshop on Friday evening, June 25.

For hotel accommodations, contact: Washington Court Hotel, 525 New Jersey Ave. N.W., Washington, DC 20001-1527, tel. 202-628-2100. Room rate is \$97 single/double.

Watch for your AMWA flyer. Contact Lisa or Landon at the national office, at tel. 703-838-0500, or fax 703-549-3864. Or write AMWA, 801 N. Fairfax Street, Suite 400, Alexandria, VA, 22314.

Announcing 1993 Award Winners

Yoshiye Togasaki, MD, of Lafayette, CA, receives AMWA's highest honor, the Elizabeth Blackwell Award, in recognition of her years of service in public health and her work as a physician while living in the relocation camps for Japanese-Americans during World War II.

Mary Ann Cromer, MD, of Somerville, MA, is this year's winner of the Bertha Van Hoosen Award, recognizing Dr. Cromer's AMWA service and leadership, her commitment to smoking prevention and cessation, and her promotion of a smoke-free environment.

Laurie R. Rockett, Esquire, of New York City, AMWA's attorney for over ten years, will receive the Camille Mermod Award, AMWA's highest honor to a non-physician.

Donnica L. Moore, MD, of Neshanic Station, NJ, is this year's winner of the Calcium Nutrition Education Award in recognition of her achievements in the field of prevention, diagnosis, and treatment of osteoporosis.

Awardees will be profiled in the *Journal of the American Medical Women's Association* and honored on November 4, 1993, during AMWA's Annual Meeting in New York City.

A Word from the President

by AMWA President Leah J. Dickstein, MD

After an invigorating and inspiring President's Retreat in early February, featuring strategic planning sessions ably led by consultant Denise Cavanaugh, many AMWA members turned their attention to Capitol Hill. On Lobby Day, AMWA members and staff consulted with congressional staffers on the Hill about important issues we want heard and acted upon. The young women and men staffers appeared eager to listen to our concerns and the information we offered about health care reform. Our issues included mental health care; needed research in women's health, including breast, lung, and ovarian cancers; cardiovascular diseases; osteoporosis; and the importance of prevention through education for all areas of women's health.

I would encourage everyone to make time to lobby in person or by mail in Washington, in your state capitols, and locally. Encourage your patients to do the same. Our joint efforts can make a distinct difference!

I also invite you to take advantage of an excellent opportunity to lobby about health care reform. Join us for the next Lobby Day on Monday, June 28, during the Interim Meeting.

The President's Retreat was also a time for our current new leaders to become acquainted. AMWA is definitely good for our profession and equally good for our professional self-esteem and professional and personal support systems.

Everywhere I go to lecture and attend conferences, I carry our messages and membership applications. I encourage all of you to do the same. Don't forget to ask your significant others to join us in Friends of AMWA (FAMWA) membership.

Please join us at the June Interim Meeting, the November Annual Meeting, and think about the July President's Trip to the Baltics. (See page 7.) From my prior professional trips to Eastern Europe, our contacts should offer professional opportunities of a lifetime.

Have a good Spring!



White House, continued

In mid-March, Dr. Leah Dickstein wrote the First Lady and met with Task Force officials to present AMWA's proposed Model Benefits Package, a document developed by AMWA's Task Force under the leadership of Dr. Freedman and co-chair Susan Stewart, MD. AMWA's model of a comprehensive women's health benefits package stresses the major needs of women in preventive, primary, acute and long-term care. Sample AMWA recommendations include coverage for: physical exams including gynecological and breast exams; appropriate screening including Pap smears, STD tests, osteoporosis screening, mammograms and other breast imaging techniques; and treatment of mental as well as physical health conditions. Watch for updates at the Interim Meeting and in future issues.

LEGISLATIVE UPDATE

Taxing Tobacco

By Michele H. Bloch, MD,
Chair, AMWA Anti-Smoking Task Force

As Congress anxiously awaits the report of the Task Force on Health Care Reform, the idea of a significant excise tax on cigarettes has been gaining popularity. A tax hike of \$2 a pack will raise approximately \$35 billion in deficit-busting revenue, greatly discourage young people from starting to smoke, and help to convince current smokers to quit.

AMWA is hopeful that such a tax would have a major effect on smoking among women. This population has been aggressively targeted by the tobacco industry. Advertisements touting "slim" and "thin" cigarettes play upon women's obsession with body image and dieting. Young women have proven especially susceptible to such tactics, taking up smoking at a much higher rate than young men.

Public opinion polls show up to 76% of Americans favor an excise tax as a way to ease the tobacco-related burden on our health care system. In addition, a \$2 tax per pack is projected to produce a 23% decline in tobacco use and to encourage seven million Americans not to smoke in the first place. This would both

reduce health care costs and prevent an estimated two million premature deaths over time.

Not surprisingly, the tobacco industry is the primary opponent to the idea of an excise tax. Although no specific legislation has yet come forward on the Hill, industry forces are already lobbying to prevent a tax hike's introduction and passage. It is crucial that lawmakers hear from constituents now to ensure there is an effective tax proposal.

Here are some suggested activities:

1. **Contact President Clinton and Hillary Rodham Clinton.** Their early, vocal support of an excise tax would help build momentum on the Hill. Also contact key Cabinet members Shalala, Bentsen and Panetta, to garner their immediate support.
2. **Write Your Representatives.** Letters to all members of Congress are crucial, particularly those on the Senate Finance Committee and House Ways and Means Committee. Your letters should not only include statistics and facts about a tax's potential impact, but also any personal or professional examples you have to offer (e.g., the effect of tobacco upon newborns that you've observed in your practice).

Violence, Continued

Remarked Kaaren A. Nichols, MD, Chair of AMWA's Reproductive Health Subcommittee, "Dr. Gunn's murder highlights two AMWA priorities: the need for Congress to enact legislation protecting providers, facilities, and patients; and the need to end the isolation and shortage of abortion providers — in part through more residency and student training programs in abortion."

You can help. Here's how:

1. **Support Your Colleagues Who Provide Abortions.** If a medical colleague is a target of harassment, call or write her/him, and offer support and encouragement. Ask how you might help.

2. **Speak Out Against Violence.** Write letters to the editor or op-ed pieces for your local paper, denouncing violence and describing your own or your colleagues' experiences. Invite reporters or legislators to tour a clinic "hit" by butyric acid, "phantom" appointments, and constant blockades.
3. **Get Your Medical Organizations Involved.** Push your local medical societies and medical specialty groups to do three things: denounce violence; support colleagues who provide abortions; and push for more medical school and residency training programs in abortion. Urge local teaching institutions to offer abortion training.

Key Players to Contact

President Bill Clinton
First Lady Hillary Rodham Clinton
The White House
1600 Pennsylvania Ave., N.W.
Washington, D.C. 20500
tel. 202-456-1414

Senator:
The Honorable (name)
US Senate
Washington, DC 20510
tel. 202-224-3121

Representative:
The Honorable (name)
US House of Representatives
Washington, DC 20515
tel. 202-224-3121

Dr. Donna Shalala, Secretary
Dept. of Health and Human Services
200 Independence Avenue, S.W.
Washington, D.C. 20201
tel. 202-245-7000

Hon. Leon Panetta, Director
Office of Management and Budget
Old Executive Office Building
17th St. & Pennsylvania Ave., N.W.
Washington, D.C. 20503
tel. 202-395-4840

Hon. Lloyd Bentsen, Secretary
Department of Treasury
1500 Pennsylvania Avenue, N.W.
Washington, D.C. 20220
tel. 202-622-5300

3. **Encourage Colleagues to Act.** Give your friends the facts from this newsletter and urge them to write their representatives. Encourage other medical associations to take a stand.
4. **Take Local Action.** Urge the editors of your local newspaper to write an editorial in support of higher tobacco taxes. Write letters to the editor of local and regional publications.
4. **Write to Congress.** Urge passage of the Reproductive Freedom Protection Act (H.R. 519) and Freedom of Access to Clinic Entrance Act (H.R. 796). Letters to all representatives are important, but especially to the members of the House Crime and Criminal Justice Subcommittee: Schumer (D-NY), Edwards (D-CA), Conyers (D-MI), Mazzoli (D-KY), Glickman (D-KS), Sangmeister (D-IL), Washington (D-TX), Mann (D-OH), Sensenbrenner (R-WI), Smith, L (R-TX), Schiff (R-NM), Ramstad (R-MN), and Gekas (R-PA).
5. **Encourage Colleagues to Get Involved.** Urge them write letters to Congress, and to join you in contacting your state/local medical society.

STUDENT SENATE

Updates

by Sofia Ali and Rachel Curtis
National Student Coordinators

Report from the Capital

Hello again! We hope that your studies are going well! This year promises to be an exciting one for us student members of AMWA. Having recently returned from the AMWA President's Retreat in Alexandria, VA, we can tell you that we students have some wonderful supporters in our President and Board of Directors.

Because this meeting was such an active one, we can only touch on the business that transpired. Of special note was the Board of Directors meeting where the various committees provided reports of current activities. Although not all committees reported, those that did exemplified how active our fellow AMWA members are!

Currently in the works are position papers on medical student abuse and elder care; continued and improved access to the gender equity hotline; improved help for impaired physicians (with a female physician health survey to help identify those at need and their needs); the transfer of AMWA's archives from Cornell University to the Medical College of Pennsylvania; the continued quest for female physicians who will be

willing to participate in the speaker databank; and several ideas on increasing AMWA's public profile through media, meetings and sponsorship.

Health Policy

Perhaps the most timely comments and concerns at this meeting were directed at the new Clinton Administration and its impact on national health policy. As an organized group of women physicians, our overwhelming concern is that we have a role in the development of a health care policy that will correctly and adequately address the needs of women and children. AMWA has developed a proposed model benefits package for women, highlighting what care should be basic to a woman's health. If you personally would like to become involved, contact Sofi at 215-848-6480 or Rachel at 915-585-1925.

Newsletter Proposals

As a result of discussions at the AMWA President's Retreat, the next year could see some proposed changes in the format of both the *Journal of the American Medical Women's Association (JAMWA)* and the newsletter, *What's Happening in AMWA*. AMWA editors and the Publications Committee will be reviewing how to implement two priorities identified at the Retreat:

Region II Information

Note the following changes in address/telephone numbers for the two Regional Student Coordinators for Region II. Kristen Savola has a new home phone number: 212-923-3937. The correct address for Amy Ferry is 73-3 West Somerset Apartments, West Amherst, NY 14228.

expanding the newsletter to have more feature articles and coverage of AMWA regional news, and streamlining *JAMWA* to make it more of a scholarly journal and less of an AMWA news magazine.

The newsletter may be expanded, but largely to accommodate the need for many AMWA news items now left out due to lack of space — i.e., leadership bulletins, senior news, and more regional and national news. Thus, for the student section, we want to have input in planning, and make the best use of available space, when the newsletter is redesigned.

This planning period is a good time for us to ask you what you would like to see in student sections of the newsletter, or in *JAMWA* articles. What do you think is important to cover, and what would you like to hear about? Again, let us hear from you: call Sofi at 215-848-6480 or Rachel at 915-585-1925.

One other note: the students have been given, with many thanks to Flora Danque and Jennifer Tuteur, a \$2000 newsletter budget which should provide for two national student newsletters this year.

Meetings Ahead

As meetings make up an important part of the AMWA experience, we would like to close by reminding you of some important upcoming events...

1) *The 1993 AMWA Interim Meeting, June 25-28, 1993*, at the Washington Court Hotel, Washington, DC. This meeting promises to be great for practicing/improving our leadership and political skills. Plan on being there!!! If you need registration,

Mental Health Awareness

Facts about mental illness will soon be hitting the airwaves, with the launching of major public education campaigns on mental health. May is Mental Health Month, and a "Message of Hope" is the theme chosen by campaign co-sponsors, the American Psychiatric Association and the National Mental Health Association (NMHA). And AMWA is a co-sponsor of NMHA's National Public Education Campaign on Clinical Depression. A massive media blitz will convey this message: clinical depression is an illness; treatments are available; see a doctor for help. AMWA representatives in 31 target cities will help spread the message.

For a free booklet on clinical depression, call the NMHA Hotline, 1-800-228-1114.



Message from the Director of Students



Spring is in the air! Next come final exams, Boards and clinical rotations. You will pass and you will Match! The work is hard but manageable if you keep up with the schedule.

Third year is when you not only begin to acquire clinical expertise but also must begin your plans for postgraduate training. Third year usually requires clerkships where you learn to apply the knowledge acquired in the first two years. Your job during this year is to *collect the data* about patients and to *synthesize the data* into a problem list with tentative diagnoses or differential diagnoses. You will have the opportunity to do physical evaluations and procedures such as blood pressure, venipuncture or peripheral pulses. These required clerkships usually last 8-12 weeks.

You may find yourself going from one location to another. It is helpful to ask senior students about how to find your way. You will want to know: where you go to begin the rotation, whom you look for, what time to be there, what you should bring, and what you do with your back pack. You need directions to the hospital and for parking. Is there public transportation?

Surgical rounds start at 6:00 a.m. and medical rounds at 7:00 or 7:30 a.m. The nurse on the unit can be very helpful with information about routines. Earlier, you will want to gather information about the overnight events and current lab results before rounds. It is helpful to have a summary card with key information on each patient.

— Jeanne Arnold, MD

Call for Community Service Nominations

Is there an AMWA physician member who should be recognized for her contributions to her local community? Nominate her for our 1993 Community Service Award. Send your nominee's name and address, along with her CV and a paragraph describing her community service, to Marie Glanz, AMWA, 801 N. Fairfax, Suite 400, Alexandria, VA 22314, by July 31, 1993.

AMWA Changes

Leaders at the February President's Retreat identified some important new priorities for AMWA projects. Watch for these changes as plans are implemented in the year ahead:

A New and Improved JAMWA — AMWA will review, revise, and redesign the *Journal of the American Medical Women's Association*, with more emphasis on scholarly articles. Editors may also expand the newsletter, for more coverage of national and regional AMWA news.

More Regional Activity — A key goal is to develop and strengthen AMWA membership at the local, state and regional level. A regional development specialist will be proposed for the national staff, and more regional news will be featured in the newsletter.

A Special AMWA Health Award — Plans are in the works for launching a major AMWA health award, which will draw national attention both to AMWA and to those working in the field of women's health. Watch for a special announcement in future issues.

Student, continued

housing or information, please call Lisa or Landon at the national office, 703-838-0500.

2) *The First Annual Congress on Women's Health*, June 3-4, 1993, at the Omni Shoreham Hotel, Washington, DC. This meeting is to be co-sponsored by AMWA and promises to be a great event. Call the national office for more information.

3) *The AMWA Region X Conference*, September 10-12, 1993, at the Hallmark Resort in beautiful Cannon Beach, OR, promises to be a great event with many prominent women physicians speaking on current issues in women's health. For more information, contact Kaaren Nichols, MD, at 206-625-0202 or Debbie Davis, MSIII at 503-229-0178.

Remember, as your National Student Coordinators, we have a responsibility to keep you informed. Call us if you have questions, comments, or just need to talk!!

— Sofia and Rachel

Awards Reminder

May 31, 1993 is the deadline for receipt of manuscripts for the Janet M. Glasgow Essay Award, presented to an AMWA student member for the best essay of approximately 1,000 words about a women physician who has been a significant role model. The prize is a \$1,500 cash award.

June 30, 1993 is the deadline for receipt of entries for the Carroll L. Birch Award, presented for the best original research paper by a student member of AMWA. The winner receives a cash prize of \$500. Entries should include two copies of the manuscript, a letter from your faculty sponsor, and a cover letter stating your medical school, graduation date, permanent mailing address and telephone.

For both awards, mail entries to Marie Glanz, AMWA, 801 N. Fairfax St., Suite 400, Alexandria, VA 22314. Questions: call Marie at 703-838-0500.

RESIDENT ROUNDS

News from the Resident Consortium

by Kathy Keller, DO,
Resident Representative

A Gathering of Residents

On February 19-21, I attended the Second Annual National Residents' Forum of the National Consortium of Resident Physician Organizations in Washington, DC, along with AMWA's Director of Residents, Cheryl Weinstein, MD.

The purpose of the National Consortium is to promote communication between resident leaders and the groups they represent. The Forum is a great way to exchange ideas and discuss policies or other areas of concern to residents.

AMWA was one of 21 participating organizations. Other groups included the major medical specialty organizations, the AMA Resident Physicians Section, American Association of Osteopathic Postdoctoral Physicians, National Medical Association, and the California Association of Interns and Residents (represented by Gerrie Gardner, DO, another active AMWA member).

During this meeting, sponsored by the Health Resources and Services Administration (HRSA) of the Department of Health and Human Services, many topics came up in casual conversation that seem to be of universal concern to residents — regardless of their specialty or geographical area — including such diverse issues as HIV, moonlighting, resident salaries and work hours, the Clinton administration's plan for health care reform, and workplace safety.

The forum was an exciting blend of shared ideas and formal presentations regarding health care reform as it relates to the physician workforce, residency training, and the role of the generalist physician. Opening speakers included Robert G. Harmon, MD, MPH, Administrator of HRSA; Fitzhugh Mullan, MD; Marc

L. Rivo, MD; and F. Lawrence Clare, MD, MPH, all of the Bureau of Health Professions. These last three gentlemen were instrumental in forming the consortium. Their vision and hard work lead to this important gathering of resident leaders.

The Push for Primary Care

The first three presentations centered on physician workforce issues. The Council on Graduate Medical Education (COGME) has determined that while physicians are in oversupply in terms of raw numbers, generalists (family practice, general internal medicine, and general pediatrics) are underrepresented, and physicians are in short supply in rural and some urban areas. While this is not news to any of us, what was news to me is that the government and the councils regulating medical education are ready to step in. They have identified this geographic and specialty "maldistribution" as a substantial problem complicating our current health care crisis and have identified physician workforce reform as a key goal.

The main idea is to not only use inducements (such as loan packages) to encourage medical students to enter primary care, but also to limit residencies in subspecialties, so that more students will be forced into primary care. This has students across the country up in arms, but we have to realize that such rationing is already taking place, particularly in the surgical subspecialties. We cannot all choose to be neurosurgeons.

The larger issue is really public service. One of the speakers, Preston Reynolds, MD, PhD, a clinical scholar at the Robert Wood Johnson Foundation, argued that as much as she loved cardiology, she could not ignore the need for general internists

and therefore chose that future.

Mixed Feelings

We all chose to become physicians in order to serve people. The trite "I want to help people" reason for becoming a physician was largely the truth. It is a rare person who is willing to go through the toil and sweat and debt just for the admiration or the money perceived as being at the end of the tunnel. However, after all this hard work and staggering sums of debt, we feel entitled to receive the reward we so justly deserve.

I myself view lifestyle issues as the most significant concern in my own practice search. I intend to work hard, be dedicated to my patients, and spend as much time as possible with my family. The old country docs of forty years ago who were on call 24



Resident Rep. Kathy Keller, DO, (right), confers with AMWA member Michele H. Bloch, MD, at President's Retreat. Emily dreams on.

hours a day for 365 days a year don't exist any more, and I'm not sure they should. Stress among physicians is significant, and seems to be growing with the complexity of health care in our nation.

So I have mixed feelings about "forcing" people into primary care. I would prefer to see financial inducements to encourage family practice and pediatrics, so those of us who enjoy them are adequately compensated for our hard work.

We must face the fact that change is coming. The "Third Report" put out by COGME stated that only 33% of MDs were generalists in 1988 (DOs do better, approximately 60%) and that the current goal is 50% overall. So be prepared for both a carrot and a stick coming towards medical students in the future, prodding them towards primary care.

Emily Note

9 months; crawling, bouncing, standing; she makes me tired!

BULLETIN BOARD

Join Trip to Baltics

For this year's President's Trip, AMWA's annual tour and CME course offering, President Leah J. Dickstein has selected a special trip to the Baltic States and Poland on July 10 - July 25, 1993. Join other AMWA members abroad for a 10-credit-hour CME course on "The Role of Prevention in Women's Health Care in Eastern Europe." Then see the fascinating changes taking place in sections of newly independent Baltic states like Latvia and Estonia, and tour major cities and sights in Eastern Europe and Poland.

The sixteen-day tour fee of \$2,420 includes round trip air fare, first class accommodations, itinerary meals, an English speaking guide, and travel and portage within Europe. For information and a complete schedule, contact Diana Blue of Rich Travel at 502-451-4671 or Lisa McLendon at 703-838-0500.

Reminders

Send Us Your Press Clips

Have you been in the news as a representative of AMWA, or because of a referral from the AMWA press office? We would love to see your press clips. Send copies to Diane Helentjaris, MD, Chair, AMWA Publicity and Public Relations Committee, 801 N. Fairfax, Suite 400, Alexandria, VA. 22314.

Branch Officers' Alert

All AMWA branches: remember to notify the AMWA National Office, Membership Department, whenever there is a change in one of your branch officers. This helps AMWA communicate effectively with all branches.

Branch Dues Assistance

The AMWA National Office currently collects dues for 42 of the 78 physician branches. Many of these branches now report an increase in branch members. If your branch

wants to participate in this program, please contact the Membership Department at 703-838-0500.

AMWA Deadlines

Bylaws Revisions

Proposed Bylaws Revisions are due to the AMWA Bylaws Committee by May 31, 1993. Address your recommended changes to: Chair of the Bylaws Committee, c/o Regina D. Sanborn, AMWA National Office, 801 N. Fairfax Street, Suite 400, Alexandria, VA 22314.

The Committee will review the proposed amendments at the Interim Meeting. The compilation of proposed bylaws amendments accepted by the Bylaws Committee will be distributed to the AMWA membership in late August and will be considered by the AMWA House of Delegates at the November Annual Meeting.

Ad Award

Don't forget to submit your entries for the annual "AMWA Award for the Positive Portrayal of Women Physicians" by **May 31, 1993.**

Send copies of advertisements that depict a woman physician in a positive manner to: Mary Guinan, MD, Centers for Disease Control, M.S.D.-21, Atlanta, GA 30333.

Our Thanks

AMWA wishes to thank the following members who recruited 362 new members into AMWA during the period October 1, 1992 - January 31, 1993:

Jeanne F. Arnold, MD; Jennifer Rae Baxter; Jodi Bayley; Emogene Bedrosian, MD; Maureen Behr; Anne Bernstein, MD; LeClair Bissell, MD; Emily Brewer, MD; Michelle Brochner; Marlene Calderone; Teresa Cheon; Margaret Davies, MD; Pat Dawson, MD; Vickie DeVito, MD;

Leah J. Dickstein, MD; Martha Dodson; Joan Durbin, MD; Lynn Epstein, MD; Jean L. Fourcroy, MD; Deborah Friedman, MD; Gerrie Gardner, DO; Lisa Garza; Linda Getz-Larson, MD; Gita Gidwani, MD; Lillian Gonzalez-Pardo, MD; Janet Gorkin, MD; Dana Grbic;

Toni Harris, MD; Esterbelle Heceta, MD; Sheryl Heron; Nicole Hydock; Marie Johantgen, MD; Leslie Kohman, MD; Erin Lynch; Kathy Maupin, MD; Debra McCormack; Lesly T. Mega, MD; Connie Micek; Maureen Nelson, MD; Kaaren Nichols, MD; Barbara Nylund, MD; Dena Peterson;

Luz Racela, MD; Roya Rezaee; Kathleen Santi, MD; Margaret Scandura, MD; Eileen Schweickert, DO; Mary Tarail; Mary Templeton, MD; Christina Verna; Lila A. Wallis, MD; Carolyn Wepman; Laura Willenborg; Julia Winter; Joan Wurmbbrand, MD; and Cheryl Zaret, MD.

Win Prizes for Recruitment

When you recruit new members, you can also win big prizes in the 1992-93 Lillian Gonzalez-Pardo, MD, Recruitment Campaign.

The top individual recruiter for the period (Oct. 1, '92 - Sept. 30, '93) will have the 1993-94 campaign named in her honor. The next four award-levels of the campaign will be named in honor of the next four winning recruiters. All participants who recruit a new member will receive gifts based on the number of members recruited.

Gifts range from a lapel pin (Level 1 recruiters), an AMWA mug (Level 2), and an AMWA watch (Level 3), to a free Annual Meeting registration for those who recruit more than 20 new members. The individual(s) who recruit the most Regular, Resident, or Student Members will be eligible for fabulous travel prizes sponsored by U.S. Sprint. Each recruiter is recognized in the newsletter. Top awards are announced at the 1993 Annual Meeting, and the names of these winners are added to plaques displayed at the national office.

Call AMWA's Membership Department at 703-838-0500 for recruitment supplies.

MARK YOUR CALENDAR

June 3-4, 1993 Congress on Women's Health
Washington, D.C.

June 25-28, 1993 AMWA Interim Meeting
Washington, D.C.

July 10-25, 1993 AMWA President's Trip
Tour to Eastern Europe

September 10-12 1993
AMWA Region X Conference
Cannon Beach, Oregon

October 30 - Nov. 2, 1993
AMWA Women's Health
Curriculum
New York City

November 3-7, 1993
AMWA Annual Meeting
New York City

AMWA MEMBERSHIP APPLICATION

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE (H) _____ (W) _____

MEDICAL SCHOOL _____ GRAD YEAR _____

SPECIALTY(S) _____

LICENSE(S) _____

SPECIALTY BOARD CERTIFICATE(S) _____

MAIL TO: AMERICAN MEDICAL
WOMEN'S ASSOCIATION
801 NORTH FAIRFAX STREET
ALEXANDRIA, VA 22314

- ☐ Regular Member \$195
- ☐ Resident \$70
- ☐ Student Member \$45
four years including
subscription to Journal
- ☐ Check Enclosed
VISA / MC # _____

(\$40 minimum charge)

Signature _____

Exp. Date _____

Newsletter Committee and Staff

Leah J. Dickstein, MD, President

Kathryn Bemann, MD, President-Elect

Jean Fourcroy, MD, PhD, Vice-President of

Communication, Newsletter Advisor

Mary E. Guinan, MD, Publications Chair

Omega Silva, MD, Governmental Affairs
Chair

Jeanne Arnold, MD, Director of Students

Sofia Ali, Nat'l Student Coordinator

Rachel Curtis, Nat'l Student Coordinator

Lesly Mega, MD, Regional Governor

Kathy Keller, DO, Resident Rep.

Eileen McGrath, JD, Executive Director

Alice Kirkman, JD, Managing Editor

WHAT'S HAPPENING IN

AMWA



AMWA

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1993 AMWA REGION X CONFERENCE AT CANNON BEACH, OREGON

SEPTEMBER 10-12, 1993
Friday 6pm thru Sunday noon

CURRENT ISSUES IN WOMEN'S HEALTH

Hallmark Resort (**beachfront!!**) in beautiful Cannon Beach on the Pacific Ocean.
80 miles west of Portland (1.5 hr drive). Call 1-800-345-5676 for more information.

Partial list of speakers:

Leah Dickstein, MD, AMWA President, Psychiatrist, Professor, University of Louisville
"Women in Academic Medicine".

Jean L. Fourcroy, MD, Ph D, Urologist with FDA in Drug Evaluation and Research:
"Roles of Government in Inclusion of Women in Clinical Trials".

Anne Bernstein, MD, FAPA, Psychoanalyst, Clinical Professor of Psychiatry at
Columbia University:
"Dealing with the Put Down".

Elinor Christiansen, MD, Family Physician in Black Hawk, Colorado:
"Rural Practice - Challenges and Opportunities".

1992 AMWA Delegation to People's Republic of China:
"China - It's Hospitals, Physicians, and Medical System".

and many more superb speakers and topics!!!

For more information/registration details, contact:

Kaaren A. Nichols, MD
AMWA Region X Governor
1305 4th Ave. Suite 1105
Seattle, WA 98101
(206) 625-0202 (office)
M-F (9am - 5pm)

or

Debbi Davis, MSII
AMWA Region X RSC
(503) 229-0178 (msgs. only)

***OPEN TO ALL WOMEN PHYSICIANS AND MEDICAL STUDENTS!!!
***YOU DO NOT HAVE TO BE AN AMWA REGION X MEMBER TO ATTEND!!!

Call for Community Service Nominations

Is there an AMWA physician member who should be recognized for her contributions to her local community? Nominate her for our 1993 Community Service Award. Send your nominee's name and address, along with her CV and a paragraph describing her community service, to Marie Glanz, AMWA, 801 N. Fairfax, Suite 400, Alexandria, VA 22314, by July 31, 1993.

AMWA Changes

Leaders at the February President's Retreat identified some important new priorities for AMWA projects. Watch for these changes as plans are implemented in the year ahead:

A New and Improved JAMWA — AMWA will review, revise, and redesign the *Journal of the American Medical Women's Association*, with more emphasis on scholarly articles. Editors may also expand the newsletter, for more coverage of national and regional AMWA news.

More Regional Activity — A key goal is to develop and strengthen AMWA membership at the local, state and regional level. A regional development specialist will be proposed for the national staff, and more regional news will be featured in the newsletter.