

Kathryn Ashley Marino Jobbins, DO, MS, FACP

Department of Medicine
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Education

Doctor of Osteopathic Medicine, Ohio University College of Osteopathic Medicine, Athens, OH	2010
Master of Science, Nutrition Science, Case Western University, Cleveland, OH	2005
Bachelor of Science, Nutrition Science, special focus Geriatrics, Syracuse University, Syracuse, NY	2002

Postdoctoral Training

Chief Resident Internal Medicine, Baystate Medical Center, Springfield, MA	2015-2016
Internal Medicine Residency, Baystate Medical Center, Springfield, MA	2012-2015
General Surgery Residency, The Cleveland Clinic-South Pointe Hospital, Warrensville Heights, OH	2010-2012

Academic Appointments

Associate Professor—Department of Medicine, UMass Chan-Baystate, Springfield, MA	2024-present
Assistant Professor-- Department of Medicine, UMass Chan-Baystate, Springfield, MA	2018-2024
Clinical Associate --Tufts University School of Medicine, Boston, MA	2012-2015

Other Positions and Employment

Academic Hospitalist, Baystate Medical Center, Springfield, MA	2020-present
Clinician Educator/Ambulatory Preceptor, High Street Health Center Adult/Baystate Medical Practices, Springfield, MA	2023-present
Academic Primary Care Physician, High Street Health Center Adult/Baystate Medical Practices, Springfield, MA	2018-2023
Primary Care Physician, Baystate Wing Hospital and Palmer Medical Center Palmer, MA	2016-2018
Academic Primary Care Physician, Baystate Medical Center/Tufts University School of Medicine, High Street Health Center, Springfield, MA	2015-2016

Major Leadership Positions

Medical Staff Executive Committee, Treasurer, Baystate Health, Springfield, MA	2025- Present
Medical Staff Executive Committee, Voting Member, Baystate Health, Springfield, MA	2022-2024

Honors and Awards

National

American College of Physicians, Women in Medicine Month Peer Recognition	2022
American Medical Women's Association Exceptional Mentor Award	2021
American Medical Association Women Physician Section Inspiration Award Honoree	2019
Fellow, American College of Physicians	2019

Regional

American College of Physicians Massachusetts Chapter Early Career Leadership Award	2018
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Local

Baystate Medical Practices Physician Excellence Awards, "Physician Engagement Award", Baystate Health, Springfield, MA.	2025
Gold Humanism Honors Society Leonard Tow Humanism in Medicine Award, UMass Chan Medical School, Nominee	2022, 2023
President's Excellence Award, Distinguished Performer Award in Experience, "Be the Change: Establishment of an Anti-Racism of an Anti-Racism Working Group Across Three Residency Programs", Baystate Health, Springfield, MA.	2020
Martin I. Broder, MD "Outstanding Outpatient Teacher of the Year" Award—Internal Medicine, UMMS-Baystate	2020
Martin I. Broder, MD "Outstanding Outpatient Teacher of the Year" Award—Internal Medicine, UMMS-Baystate	2019
Kevin T Hinchey, MD "Resident Teaching Award" – Internal Medicine Baystate Medical Center	2015

Educational Activities

Educational Leadership, Administration and Service

PURCH Assistant Clerkship Director, Director of Acting Internship, Internal Medicine, UMass Chan Medical School- Baystate	2024-present
PURCH Admissions Committee Member, Application reviewer and Interviewer, UMass Chan Medical School-Baystate	2022-2024

Updated: 07/13/2025

Co-Director, Mentors Matters, Baystate Health, Springfield, MA	2021-present
Director, Baystate Education Research and Scholarship of Teaching (BERST) Academy Trainee Track, Baystate Health, Springfield, MA	2021-2024
Director, Social Justice Working group UMass Chan Medical School - Baystate, Springfield, MA	2020-present
Director of Wellness for Internal Medicine Residency, UMass Chan Medical School - Baystate, Springfield, MA	2020-present
Baystate Education Research and Scholarship of Teaching (BERST) Faculty Member, UMass Chan Medical School - Baystate, Springfield, MA	2019-2024
Associate Program Director, Internal Medicine, UMass Chan Medical School - Baystate, Springfield, MA	2018-present
Director, Chief Resident Leadership Curriculum, UMass Chan Medical School - Baystate, Springfield, MA	2018-present
Supervisor, Resident Ambulatory Quality Improvement/Process Improvement Curriculum, Internal Medicine, UMass Chan Medical School - Baystate, Springfield, MA	2018-2023
Director, Resident Case Report Curriculum, Internal Medicine, UMass Chan Medical School - Baystate, Springfield, MA	2018-2024

Teaching Activities in Programs and Courses

PURCH Interstitial Curriculum for Third Year Medical Students. Presenter, <i>Death and Dying</i> Learners 25 students	2023-present
Academic Half Day, presenter, Combined IM-EM, <i>Restorative Justice</i> , 90 internal medicine, medicine- pediatric and emergency medicine residents	2022
Academic Half Day, presenter, <i>What I Need Sessions- "Joy with Jobbins"</i> , 70 internal medicine and medicine pediatric residents. 5 sessions per year.	2021-present
Academic Half Day, presenter, Combined IM-EM, <i>Diabetes</i> , 90 internal medicine, medicine- pediatric and emergency medicine residents	2021
Academic Half Day, presenter, <i>Wellness Sessions</i> , 70 internal medicine and medicine pediatric residents. 4 sessions per year.	2021- present
Academic Half Day, presenter, <i>Emergency in Primary Care</i> , 70 internal medicine and medicine pediatric residents	2020
Academic Half Day for UMass Chan-Baystate Medical student Lectures, <i>"Preventive Health and Primary care."</i> 10- 3 rd medical student every quarter of academic year while on Medicine clerkship.	2020-present
Academic Half Day, presenter, Combined IM-EM, <i>Chest pain</i> , 90 internal medicine, medicine- pediatric and emergency medicine residents	2020
Academic Half Day, presenter, <i>Primary Care Approach to Hypertension</i> , 70 internal medicine and medicine pediatric residents.	2019, 2020
Academic Half Day for UMMS-Baystate Medical student Lectures, <i>"Other ideas to Consider.... Resiliency."</i> 30- 3 rd and 4 th year medical student.	2019- 2020
Ambulatory noon conference, Lecturer, <i>"Nutrition In Practice"</i> , 15 internal medicine residents.	2018-2023
Ambulatory Morning Report, Facilitator/Director, Daily, 15 residents and medical students	2015-2023
Academic Half Day, presenter, <i>Women's Health in Primary Care</i> , 70 internal medicine and medicine pediatric residents	2019, 2020
Academic Half Day, presenter, Combined IM-EM <i>Asymptomatic Hypertension</i> , 90 internal medicine, medicine- pediatric and emergency medicine residents	2019
Resident Quality Council, Lecturer, Presentation <i>"How to apply quality principles to real life Quality Metrics in medicine."</i> 10 Residents.	2018, 2020
Intern Orientation, Lecturer, 20 Internal medicine residents, <i>"Self-Reflection"</i> , <i>"Redefining Failure—Improv."</i>	2018-present

Educational Development: Curricula and Educational Materials National

Live Your Best Life, American College of Physicians. Philadelphia, PA.	2023-2025
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Local

Intervening to Address Racial Trauma at Work: Learning How to Tackle Racism Through Active Bystander Training, UMass Chan Baystate. Springfield, MA	2021-present
Telehealth Simulation Curriculum for Internal Medicine Residents, UMass Chan Baystate. Springfield, MA	2020-2024
Wellness Curriculum, UMass Chan Baystate. Springfield, MA	2020-present
Humanities Curriculum, UMass Chan Baystate. Springfield, MA	2019-present
Self-Reflection Curriculum, UMass Chan Baystate. Springfield, MA	2018-present
Chief Resident Leadership Curriculum, UMass Chan Baystate. Springfield, MA	2018-present
Case Report Curriculum, UMass Chan Baystate. Springfield, MA	2015-2024

Education for the Public/Community Education

"Ozempic, Zepbound, and More: Behavioral Interventions & Weight Loss Medications For Heart Health" Heart & Vascular Heart Health Series, Baystate Health, Springfield, MA	Feb, 2024
"Healthy Habits for the New Year" Better Western Mass News, Springfield, MA	2019

"Don't Give Up On New Year's Resolutions" Healthcare News. https://healthcarenews.com/dont-give-up-on-new-years-resolutions/	2019
"Baystate Physician Encourages Regular Primary Care Visits" Healthcare News. https://healthcarenews.com/baystate-physician-encourages-regular-primary-care-visits/	2017
"Healthy Habits", Baystate Wing/ Health New England, Senior Class lecture Series, Health New England Senior Citizens, Palmer MA	2017
"Not a Primary Concern—For these young doctors, There was a clear career path", Healthcare News. https://healthcarenews.com/not-a-primary-concern-for-these-young-doctors-there-was-a-clear-career-path/	2015
Featured article in the <i>Boston Globe</i> "Precarious future for primary care." By Karen Brown. https://www.bostonglobe.com/metro/2015/06/22/the-thinning-ranks-medicine-front-line/GdG27Z26BD1i5u4Fh6aM6H/story.html	May 2015
<u>Health Care Delivery</u>	
Leadership Positions	
Co-Chair Baystate Medical Practices Wellbeing, Baystate Health	2023- present
Certification and Licensure	
Diplomate, American Board of Obesity Medicine	2023-present
Mind Firm Method Life Coaching Certification, The Coaching Firm (Professional Coaching Certification)	2021-present
Diplomate, American Board of Internal Medicine	2015-present
Clinical Discipline	
Obesity Medicine, Baystate Medical Center, Springfield, MA	2024-present
General Internal Medicine, Baystate Medical Center, Springfield, MA	2015-present
<u>Scholarship</u>	
Peer-reviewed publications	
Jobbins, K. The Perfection Trap: The Enemy of Progress in Medicine. SGIM Forum: Sign of the Times.	Nov. 1, 2024
Donat C, Farah M, Jobbins K. Necrotizing Pancreatitis After Cardiac Arrest With Cardiopulmonary Resuscitation. ACG Case Rep J. doi: 10.14309/crj.0000000000001223. PMID: 38125871; PMCID: PMC10732485.	Dec 20, 2023
Bhardwaj P V, Clarke A C, Knee A, Gottlieb A, Jobbins K . Representation of Women Among Grand Rounds Speakers at an Academic Health System Early in the COVID-19 Pandemic. Cureus 15(6): e41150. doi:10.7759/cureus.41150	June 29, 2023
Gupta K, Groudan K, Jobbins K , Hans B, Singhanian R. Single-Center Review of Appropriateness and Utilization of Upper Endoscopy in Dyspepsia in the United States. Gastroenterology Res. 2021 Apr;14(2):81-86. doi: 10.14740/gr1370. Epub 2021 Apr 21. PMID: 34007349; PMCID: PMC8110238	April 21, 2021
Jobbins, K . Listening with Grace and Dignity. Journal of Graduate Medical Education. 2020 April, Vol 12, No 2, pp 223-224.	April, 2020
Luciano G, Jobbins K , Rosenblum M. A curriculum to teach learners how to develop and present a case report. <i>MedEdPORTAL</i> . 2018;14:10692	2018
National	
"Getting Started as a Clinical Educator: How to Incorporate Teaching into Your Practice" Jobbins K , Ruff A. American College of Physicians (ACP) National Meeting, New Orleans, LA.	April 2025
"Podcast Episode 120: Heading Off Perfectionism and Finding Joy." Vital Signs: Thriving as a Woman in Medicine. Boston, MA (National Podcast)	September 2024
"Transforming Healthcare from Within: A Wellness Champion's Perspective" Reinventing the White Coat with Dr. Jennifer Shaer. New York, NY (National Podcast)	September 2024
"Getting Started as a Clinical Educator: How to Incorporate Teaching into Your Practice" Jobbins K , Ruff A. American College of Physicians (ACP) National Meeting, Boston, MA.	April 2024
"Fostering For Others And Creating For Yourself A Sense Of Belonging On Your Teams" Live Your Best Life, Virtual, American College of Physicians. Philadelphia, PA.	August 2023
"Designing a Career Path that Supports Your Values and Strengths." Live Your Best Life, Virtual, American College of Physicians. Philadelphia, PA.	June 2023, July 2024
"Navigating Disappointment." Jump Start Coaching Program. Virtual. Life Coaching for Women Physicians, Chadds Ford, PA.	February 2023
"Joy & Gratitude. What We Really Need More Of." Jump Start Coaching Program. Virtual. Life Coaching for Women Physicians, Chadds Ford, PA.	February 2023
"Create Your Purpose-Driven Individual Development Plan." Jump Start Coaching Program. Virtual. Life Coaching for Women Physicians, Chadds Ford, PA.	January 2023
"Women in Nielson Summit: Confidence is Currency." Virtual, Nielsen Holdings Media Company, NY, NY.	September 2022
"How Shame Affects How We listen and Feel as Physicians and Mothers." See Hear Feel Podcast. New Haven, CT (National Podcast)	July 2022
Transformation Amidst COVID-19, Life Coaching for Women Physicians, Chadds Ford, PA.	May 2021

Primary Care Updates in the age of COVID, **Jobbins K**, Gilwee J. Society of General Internal Medicine (SGIM), Virtual Meeting of New England and Mountain West. November 2020

Finding Moments of Self-Reflection, Medicine Mentors Podcast, <https://themedicinementors.libsyn.com/finding-moments-of-self-reflection-with-dr-kathryn-jobbins-0> October 2020

Regional

"Cultivating Joy: Elevating Passion and Purpose in Health Science Education." Health Education Academy for Leadership and Learning (HEALL) Plenary, Second Annual Education Day. UMass Chan Medical School. Worcester, MA. June 2025

"Rediscovery Joy in Medicine: Finding More in Med Ed." University of Connecticut School of Medicine, Department of Family Medicine faculty meeting, Farmington, CT. Virtual. October 2024

"Navigating Disappointment as an Education" University of Connecticut School of Medicine, Department of Family Medicine faculty meeting, Farmington, CT. Virtual. January 2024

"Purposeful Leadership: Designing your Individualized Development Plan" University of Connecticut School of Medicine, Department of Family Medicine faculty meeting, Farmington, CT. Virtual. November 2023

"What ACTUALLY Makes Your CV." American College of Physicians Massachusetts Annual Meeting. Waltham, MA., In-person November 2022

IMBite, Asthma Updates, Presenter: Khan A, Mentor: **Jobbins, K**. American College of Physicians Massachusetts Annual Meeting. Waltham, MA, Virtual. October 2021

Applying to Residency: Mastering the Interviews and Discovering Where You Belong, Virtual, Panelist. American College of Physicians Massachusetts Chapter event. Waltham MA, Virtual. September 2021

Leadership Development Women in Medicine- Closing the Leadership Gap. Panelist. American College of Physicians Massachusetts Chapter event. Waltham, MA, Virtual. June 2021

Local

Rediscovering the Joy in Medicine: Finding more in Medical Education. My Time: Educating the Educator. UMass Chan Baystate, Springfield, MA January 2024

Navigating Disappointment as an Educator. My Time: Educating the Educator. UMass Chan Baystate, Springfield, MA November 2023

Improvise Teaching on the Fly. My Time: Educating the Educator. UMass Chan Baystate, Springfield, MA. October 2023

Imposter Syndrome. Department of Medicine Leadership Conference, UMass Chan Baystate, Springfield, MA August 2023

Imposter Syndrome. Medicine-Pediatrics Evening Conference, UMass Chan Baystate, Springfield, MA April, May 2023

Clinical Pathological Conference. UMass Chan School of Medicine- Baystate Internal Medicine Grand Rounds. Springfield, MA. November 2022

Imposter Syndrome. BMC Advanced Practice Provider Council, UMass Chan Baystate, Springfield, MA August 2022

Harvey R, **Jobbins K**, Wretzel S. *Intervening to Address Racial Trauma at Work: Tackling Racism Through Active Bystander Training, Part 1 – Recognizing Microaggressions and Opportunities for Intervention.* Obstetrics and Gynecology Grand Rounds, Baystate Medical Center May 19, Springfield, MA May 2022

Imposter Syndrome. Advanced Hospital Medicine Fellows, UMass Chan Baystate, Springfield, MA April 2022

You are Enough: Exploring Imposter Phenomenon. Baystate Health Every Woman Virtual Event. Baystate Health March 2022

BERST Bite. Imposter Syndrome. BERST Academy BERST Bite. Baystate Health, Springfield, MA October 2021

Wretzel S, Duncan L, Greeff Y, **Jobbins K**. *Implicit Bias Training for Residency Interviews, Part 2: Applications, Bias and Next Steps.* Internal Medicine and Medicine-Pediatrics Program Director Meeting, Baystate Medical Center, Springfield, MA. October 2021

Wretzel S, Duncan L, Greeff Y, **Jobbins K**. *Implicit Bias Training for Residency Interviews, Part 1: Applications, Bias and Next Steps.* Internal Medicine and Medicine-Pediatrics Program Director Meeting, Baystate Medical Center, Springfield, MA. October 2021

Greeff Y, **Jobbins K**, Wretzel S. *Intervening to Address Racial Trauma at Work: Tackling Racism through Active Bystander Training.* General Internal Medicine Division, Baystate Health, Springfield, MA. September 2021

Greeff Y, Harvey R, **Jobbins K**, Maharaj N. *Intervening to Address Racial Trauma at Work: Tackling Racism Through Active Bystander Training.* 3 lectures given to Medicine, Medicine-Pediatrics and Pediatric residents. Baystate Health, Springfield, MA. June 2021

Maharaj N, **Jobbins K**, Greeff Y, Wretzel S. *Addressing the Other Pandemic: What 2020 Taught Us About Addressing Racism in Medicine.* Oral Presentation, April 2021

Internal Medicine Grand Rounds. Baystate Medical Center, Springfield, Massachusetts

Jobbins K, Bryson C. *BERST Bite. Humanities and Resiliency.* BERST Academy BERST Bite. Baystate Health, Springfield, MA November 2020

Wretzel S, Duncan L, Bryson C, Greeff Y, Harvey R, **Jobbins K**. *Implicit Bias in Residency Recruitment, Part 2: Applications, Bias and Next Steps.* Internal Medicine and Medicine-Pediatrics Program Director Meeting, Baystate Medical Center, Springfield, MA. September 2020

Wretzel S, Duncan L, Bryson C, Greeff Y, Harvey R, **Jobbins K**. *Implicit Bias in Residency Recruitment, Part 1: Applications, Bias and Next Steps.* Internal Medicine and Medicine-Pediatrics Program Director Meeting, Baystate Medical Center, Springfield, MA. September 2020

Other Presentations, Posters & Abstracts

National

Jobbins, K, Greeff, Y, Sabir, R, Belforti, R. *"Resilience Amidst Disappointment: Navigating Challenges in Medical Education."* Oral Presentation. Presented at Alliance for Academic Internal Medicine National Meeting, Columbus, OH. April 2024

Jobbins, K , Boomer, L, Stierman, S, Zeien, M. " <i>Curating Connection for Growth & Advancement: How Women Physicians can Thrive in Medicine, Breakdown Barriers, and Make their mark like never before.</i> " Oral Presentation. Presented at Women Physician Wellness, Grand Cayman. In-person Workshop	February 2024
Elder P, Duncan L, Greeff Y, Jobbins K, Munoz M, Walia R, Wretzel S <i>Addressing the Other Pandemic: What 2020 Taught Us about Addressing Racism in Medicine</i> . Oral Presentation. Presented at Alliance for Academic Internal Medicine National Meeting, April 13. Charlotte, NC	April 2022
"Addressing the Other Pandemic: What 2020 Taught Us About Addressing Racism in Medical Education" Accepted workshop for New England/Mt West SGIM virtual Meeting. Workshop Presentation.	November 2021
Incorporating Anti-Racism and Social Justice into Your Training Program. Jobbins K , Belforti R, Shaaban R, Churchill E, Wretzel S, Oral Presentation. Presented at Alliance for Academic Internal Medicine National Meeting. Virtual Presentation.	April 2021
Regional	
Kathryn Jobbins, DO , Raquel Belforti, DO. "Navigating Disappointment: Understanding, Adapting, and Advancing" Health Education Academy for Leadership and Learning (HEALL) Workshop, Second Annual Education Day. UMass Chan Medical School. Worcester, MA.	2025
Chris Bryson, DO, Reham Shaaban, DO, Prarthna Bhardwaj, MD, Kathryn Jobbins DO , "How do we refill our cup? A unique solution to burn out and resident fulfillment through implementation of a Humanities Curriculum." NEGEA 2020 Preconference Symposium, <i>Health Humanities as A Teaching and Learning Strategy</i> . Virtual.	2020
Academic Service	
Co-Chair, Provider Wellness Council, Baystate Medical Practices, Springfield, MA	2022-present
Baystate Women in Medicine & Science (BWIMS), UMass Chan Medical School-Baystate	2023-present
Chair (2025), Chair-Elect (2024), Awards Committee Member (2023)	
Professional Memberships and Activities	
Gold Humanism Honor Society, UMass Medical School Chapter.	2020-present
American Medical Association, Member	2016-present
ACP National Delegate to the Young Professionals Section (2023-2025)	
Massachusetts Medical Society, Member	2012-present
American College of Physicians, Member	2012-present
- ACP National Representative, American Diabetes Primary Care Council (2024-Present) - ACP National, Education Committee Member (2024-2025) - ACP National, Physician Peer Coach (2024- present) - ACP National, Council of Early Career Physician Member (2022-2025) - ACP National, Membership Committee Member (2022-2023) - ACP- MA Chapter, Well-being Champion (2022-present) - ACP-MA Chapter, Early Career Physician Council member (2016- Present), Co-Chair (2018-2021) - ACP- MA Chapter, Planning Committee for Regional Conference (2018-2019, 2020-2021) - ACP-MA Chapter, Leadership Development Women In Medicine Council Member (2019-2023)	
American Medical Women's Association	2018-present
- AMWA National, Education Committee Member (2024-present), Awards Selection Committee, Advocacy Committee Member (2025-present) - AMWA National, EVOLVE Coach (2024-Present)	
Society of General Internal Medicine, Member	2012-present
- Immediate Past President, New England Chapter (2024-present), President, New England Chapter (2023-2024), President-elect, New England Chapter (2022-2023) - Meeting Chair, New England Chapter, (2021-2022), Program Planning Committee (2019-present) - Secretary/Treasurer, New England Regional Chapter (2020-2021), Secretary/Treasurer Elect, New England Regional Chapter (2019-2020)	
External Professional Service	
East Longmeadow Board of Health, Vice Chair	2022-Present