American Medical Women's Association

AMWA Resident Quarterly Newsletter

President's Corner By Dr. CS Tse

The recording of the **Mastering the Virtual Interview** is now available!

Interviews can be stressful and anxiety-provoking. Over 150 attendees from 8 countries participated in our "Mastering the Virtual Interview" webinar with Dr. Cherilyn Cecchini. AMWA members have exclusive access to a recording of this session. Over 40 questions were asked, and a selected number of answers from our Moderators Dr. Brette Harding and Dr. Tara Shrout are available on the event website for members and non-members.

Coming soon... a NEW AMWA Mentoring Platform. AMWA is partnering with Qooper to bring innovation to mentoring pairing and relationships. Look for emails soon to sign up as a mentor and mentee. For further questions, please email mentorship@amwa-resident.org

resident per week (on Fridays) will be highlighted on AMWA Instagram and we are seeking nominations. As women in medicine, we learn from each other; please nominate yourself and/or others!

and of course we hope to see you all there! Your resident conference co-chairs this year are Nandini Nittur and Sonia Bhandari Randhawa! Please contact us with any suggestions, input or questions! In order to see what you all would find useful, we've created a google form.

The award season is upon us - a time to lift up our colleagues who have furthered

AMWA Resident Awards By Dr. Madeleine Manka

AMWA's mission. Particularly during a year fraught with unprecedented challenges, it is

important we recognize those who have gone above and beyond! Please consider nominating a member of the resident division for the 3 awards below. Your nominations are very meaningful to your mentors and leaders!

 Charlotte Edwards Maguire, MD Outstanding Resident Mentor Award Susan L. Ivery, MD Courage to Lead Award

- Elinor T. Christiansen, MD Altruism Award
- Resident members, please submit a short essay about women in medicine to be

considered for this award! Many submissions, not just the winner, may be **published** by AMWA. • Susan Love Resident Writing Competition

year! Be the first branch to receive this award!!

Resident Division Outstanding Branch Award

We want to recognize what your branch has done to engage in AMWA's mission this

Nominations are due by November 30th at 11:59 p.m. PST. Winners awarded \$50 and recognized at the national meeting

Refer-a-Colleague Conest -- Win AMWA Merchandise! By Dr. Monique Mun

that advances women in medicine! If you have recruited the MOST members, you will get an official AMWA T-shirt! (See shop at amwadog.org to preview shirt) You will also get special recognition in the quarterly newsletter.

AMWA?" (this is important, otherwise we can't track it)

Membership benefits include: ~member-only discounts ~ mentorship ~ advocacy ~ leadership opportunities ~ awards and scholarship ~ professional development and more! 1. Direct new members to **amwa-doc.org** to fill out the online membership form

2. Make sure they include YOUR name and email under "How were you referred to

Encourage your co-residents and colleagues to join AMWA and be part of an organization

4. Winner will be contacted via email

Questions? Email: recruitment@amwa-resident.org

MerryJean Losso, MD, Resident Physician

Resident/Fellow Member Spotlight

3. Contest ends on March 1st, 2021

leadership in implementing strategies to increase, enhance and sustain diversity and inclusion within the organization and serve as

AMWA Diversity Dialogues series, which is now a very exciting podcast.

Q: Tell us about your work:

the primary advisory body to the organization's chapters and other affinity groups related to racial, ethnic, LGBTQ, military and veteran, rural affairs as well as community partnership. We focus on scholarship for diversity and inclusion research from medical students by creating the National Excellence in Diversity and Inclusion Awareness in Medical Research Award. I developed the first AMWA Clinical Research Elective through Rush Heart Center for Women that focused on medical students being able to utilize community outreach based research in Chicago as an instructive model in teaching about socio-economic health inequities. I now work as the resident liaison to the SoDI and alongside the resident division leadership on assessing the extent of diversity and inclusion throughout our resident section, highlighting areas for recruitment, growth, and expansion. I helped develop the

A: I am currently the Resident Division Diversity and Inclusion Chair. I started my involvement in AMWA as my medical school's chapter Community Service Outreach Chair. I then transitioned to working as the national Medical Student Diversity and Inclusion Chair in the Section of Diversity and Inclusion (SoDI). Instituted in 2014, the charge of the Section of Diversity and Inclusion (SoDI) is to guide

Additionally, I work with the AMWA Board of Directors and President of AMWA on various projects such as the Anti-Racism Initiative, initiated this year. Q: What helped you get there? A: I have worked in various aspects of diversity and inclusion since high school. I give

AMWA SoDI Chief Diversity Officer, who encouraged my ideas and helped facilitate my career and professional development along the way. Q: What advice do you have for women in medicine?

A: Stay close to the passions you have both inside and outside of medicine but remember that this journey requires different phases and stages of you. Where you find passion

large credit to my supportive and longitudinal mentors, namely, Dr. Neelum Aggarwal,

there is always resolve to press forward in your pursuits! Look for ways to help others and remember there are hands to help you as well. If YOU want to be featured on the next AMWA Resident/Fellow Member Spotlight, or you

know someone who should be featured, please fill out the brief questionnaire.

Seeking Submissions for Literary AMWA Special Call for Pieces

for creative writing submissions that focus on anti-racism work and advocacy,

intersectionality, and experiences of race and culture in healthcare. We invite you to share stories of how you, your colleagues, and your patients have faced systemic injustice and oppression. As an inclusive and diverse literary forum, we will always strive to highlight the narratives of marginalized communities, especially those of Black women. We continue to wholeheartedly encourage pieces from BIPOC, LGBTQIA+, and all underrepresented writers. Please **share** your nonfiction, fiction, and poetry with us.

To amplify the voices of Black physicians and physicians-in-training, Literary AMWA calls

We Would Love to Hear From You

Please send us updates and photos of your branch's activities to: <u>recruitment@amwa-resident.org</u>.

We will include it in the next resident quarterly newsletter. Photos are always welcomed!

Editors of this issue: Monique Mun. MD Shelby M. Reimer, MD

(847) 517-2801

American Medical Women's Association 1100 E Woodfield Road, Suite 350 Schaumburg, IL 60173

associatedirector@amwa-doc.org







Highlight an AMWA Resident on Instagram!

AMWA Annual Conference By Dr. Sonia Bhandari and Dr. Nandini Nittur

The AMWA Annual conference is going to be held on March 25 - 28th 2021 (virtually),