

AUGUST 2020 | ISSUE 4

AMWA RESIDENT QUARTERLY NEWSLETTER

Quarterly newsletter for resident and fellows

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PRESIDENT'S CORNER

Residency Match Panel 2020

The AMWA Residents' Division had 2 successful Surgical and Non-Surgical Residency Match Panels in June 2020!

If you are interested in serving as a panelist for a future AMWA Resident Webinar on the themes of mentorship, research, advocacy, medical/surgical subspecialties, or others -- please register here:

<https://forms.gle/cgxMPersYT73SHbL6>

AMWA AMWA RESIDENCY MATCH PANELS
The Vision and Voice of Women in Medicine
Medicine - June 10, 7pm ET
Surgery - June 11, 7pm ET

Merryjean Losso Neurology	Monique Mun Psychiatry	Elizabeth Jeans Rad Onc	Shaliesha Hinds Internal Med	Tara Shrout Internal Med	Sachi Singhal Internal Med
Abhita Reddy ENT	Brette Harding ENT	Sonia Bhandari Ob/Gyn	Alexandra Goodwin Ob/Gyn	Leah Schoel Gen Surgery	Madeleine Menka Urology

MENTORSHIP DATABASE

Coming soon – a revamping of the Membership Database. Stay tuned!

MENTORSHIP CONNECTION



Dr. Katie Sharkey, MD, PhD

Specialty: Sleep Medicine (also board certified in Internal Medicine and Psychiatry)

Clinical interests: The interplay between sleep and circadian rhythms and mood regulation, sleep disorders and women's health
What do you like most about working with trainees: I love doing research projects with trainees because it is a great shared experience where we both learn. It is so exciting to start developing an idea together and then to collaborate on data analyses and move on to produce a paper and presentation while adding new information to the biomedical literature.
Collaborating is my jam!

What advice do you have for trainees: In the professional realm, don't be afraid to ask for what you want - whether it's a meeting with a potential mentor or resources to advance your career - you will not get what you do not ask for! On the personal side, do not put your life on hold while you are in training. Your career is going to be intertwined with the other aspects of your life forever and always - so you should go "all in" with your work AND your personal goals, relationships, and outside interests.

Email address: katherine_sharkey@brown.edu

ADVOCACY

Highlight an AMWA Resident on Instagram!

Do YOU or a fellow AMWA resident have an advocacy goal? Starting soon, one resident per week (on Fridays) will be highlighted on AMWA Instagram and we are seeking nominations. As women in medicine, we learn from each other; please nominate yourself and/or others!

Mobile-friendly

link: https://qfreeaccountssjc1.az1.qualtrics.com/jfe/form/SV_7TCbZNJSYyqH7Ap

Advocacy in Action:

AMWA Leadership recently wrote an article with a call for action entitled "**How COVID-19 Impacts Pre-Existing Racial/Ethnic Disparities and Casts a Spotlight on Health Inequity in the United States.**" Watch AMWA emails and twitter for link once published!

UW medical students in Seattle, WA successfully advocated for the elimination of race-based eGFR reporting after accumulating evidence demonstrated a lack of rational and challenges original assumptions for different cut-offs based on race. This change parallels similar changes by BIDMC in 2017 and Massachusetts General Brigham in June 2020.

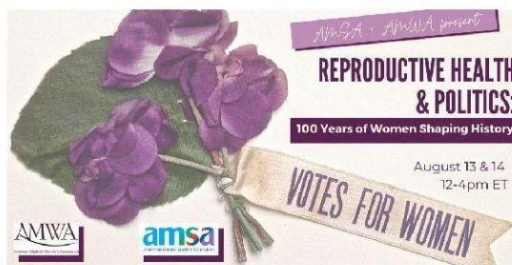
PLEASE read and learn how UW medical students achieved their advocacy goals and made a stance for systemic racial bias in medicine!

<https://medicine.uw.edu/news/uw-medicine-exclude-race-calculation-egfr-measure-kidney-function>

We need YOUR feedback!

What is one **advocacy goal** you would like to see via the AMWA Advocacy Leadership Team achieve this year? Email your Resident Advocacy Chair, Tara at advocacy@amwa-resident.org with your ideas!

ADVOCACY DAY AUGUST 13 & 14 2020



Reproductive Health & Politics: 100 Years of Women Shaping History

A special virtual event sponsored by the
American Medical Student Association
and the
American Medical Women's Association

Dynamic Speakers * Skill-building Breakout Sessions * Virtual Congressional Visits

Join us online August 13 & 14 from 12:00 - 4:00pmET

[Full scholarships are available to AMSA & AMWA members - Apply & Register Today!](#)

Join AMSA and AMWA in a celebration of 100 years of women's suffrage! The movement for reproductive rights has come so far in the last century - though we still have work to do. Hear from our incredible speakers, including the founder of the Black Women's Health Imperative, the founding chair of Physicians for Reproductive Health, and one of our US House Representatives. Learn how to be an advocate in your own spaces - and contribute to moving reproductive health forward in just and equitable ways.

Speakers include:

- Wendy Chavkin, MD, MPH, Physicians for Reproductive Health, Founding Board Member, and Co-founder of Global Doctors for Choice
- Bylye Avery, Black Women's Health Imperative, Founder and Linda Goler Blount, MPH, Black Women's Health Imperative, President & CEO
- Nicole Sandhu, MD, PhD, American Medical Women's Association, President
- U.S. House Representative Jan Schakowsky (IL-9), Senior Chief Deputy Whip and Chair of the Energy and Commerce Consumer Protection and Commerce Subcommittee
- And more...

APPLY AND REGISTER TODAY!

[https://amsa.ps.membersuite.com/events/
BrowseEvents.aspx](https://amsa.ps.membersuite.com/events/BrowseEvents.aspx)

RESIDENT/FELLOW MEMBER SPOTLIGHT

Chung-Sang Tse, M.D.

Q: Tell us about your work:

A: Gastroenterology Fellow at Brown University; President of the AMWA Residents Division 2020-2021.

Q: What helped you get there?

A: I have been a member at AMWA for 9 years, first starting as a medical student at Yale School of Medicine. I was involved with the AMWA Residents' Division's leadership board by first serving as the AMWA-AMA



(American Medical

Association) Liaison in 2017-2018, given my prior experience as a Council Member for the Connecticut State Medical Society (2012-2014) and Chapter Co-President of the American Medical Association at the Yale School of Medicine (2012 - 2013). Thereafter, I continued to serve on the leadership board by becoming the AMWA Residents' Division Conference Co-Chair for the Centennial Congress of Medical Women's International Association (MWIA) hosted by AMWA in New York City in July 2019. I am grateful and honored to be nominated as the President of the AMWA Residents Division, the position which I currently service. I am also a Core Faculty Member for AMWA Ignite, a new program developed by women physicians for women medical students to explore issues that are encountered in medical training and throughout a career in medicine.

Q: What advice do you have for women in medicine?

Do not be shy about taking opportunities; apply for positions and awards; ask peers and experienced members for advice and support; seek relationships and work that sustain and nourish you.

If YOU want to be featured on the AMWA Resident/Fellow Member Spotlight, or you know someone who should be featured, please fill out the brief questionnaire below:

<https://forms.gle/R9fxFEKX3B9VFzaq5>

CONFERENCE CO-CHAIRS

The AMWA Annual conference has been moved to **March 25-28th 2021 in Indianapolis** and of course we hope to see you all there! Your new resident conference co-chairs are Nandini Nittur and Sonia Bhandari Randhawa! Please contact us with any suggestions, input or questions! In order to see what you all would find useful, we've created a google form.

We look forward to hearing your input:

https://docs.google.com/forms/d/e/1FAIpQLSfEpexStfbxWvVw3H3cg_IzyXPIxaUTUKJYbWz7zrE82UscHg/viewform?usp=sf_link

***See you at the next
AMWA Annual
Conference!***

***Mark your calendars:
March 25-28, 2021
Indianapolis, Indiana***



RAFFLE WINNER FOR AMWA END OF YEAR SURVEY

Thank you ALL who participated in the end-of-the-year survey! Those who participated were entered into a raffle to get the chance to win a FREE medical textbook!

Congratulations to **Hazel Mathes, D.O.** for being the winner!

WOMEN IN MEDICINE SUMMIT -- INVITATION FOR SUBMISSION

The Women in Medicine Summit (WIMS) is accepting submissions for perspective pieces, original research, and editorial pieces that address gender differences. Accepted pieces will be published this winter in a special edition of the International Journal of Academic Medicine (IJAM) dedicated to #WomenInMedicine.

Deadline: Friday August 21st, 2020 at 5:00 PM CST.

Details: <https://www.amwa-doc.org/event/2020-women-in-medicine-summit/>

MONTHLY INITIATIVES

Did you know AUGUST is...

- National Breastfeeding Month
- National Immunization Awareness Month
- World Breastfeeding Week

Did you know SEPTEMBER is...

- Healthy Aging Month
- National Childhood Obesity Awareness Month
- Ovarian Cancer Awareness Month
- National Yoga Awareness Month
- Pain Awareness Month
- National Women's Health and Fitness Day
- World Suicide Prevention Day
- World Heart Day

Did you know OCTOBER is...

- Domestic Violence Awareness Month
- National Breast Cancer Awareness Month
- Health Literacy Month
- National Bullying Prevention Month
- Mental Illness Awareness Week
- Red Ribbon Week
- National Mammography Day

WE WOULD LOVE TO HEAR FROM YOU!

PLEASE SEND US UPDATES AND PHOTOS OF YOUR BRANCH'S ACTIVITIES TO:
RECRUITMENT@AMWA-RESIDENT.ORG. WE WILL INCLUDE IT IN THE NEXT
RESIDENT QUARTERLY NEWSLETTER. PHOTOS ARE ALWAYS WELCOMED!

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IF YOU WOULD LIKE TO
CONTRIBUTE OR BE A PART OF
THE EDITORIAL TEAM, PLEASE
EMAIL: RECRUITMENT@AMWA-RESIDENT.ORG

AMWA The Vision and Voice of
Women in Medicine
Since 1915
American Medical Women's Association

WEBINAR: “TAKING BACK OUR FREEDOM AS WOMEN PHYSICIANS OF COLOR: HOW TO STOP SETTling FOR THE LIFE YOU HAVE AND START LIVING THE LIFE YOU WANT”.

Please join the AMWA Mentorship Committee for our next webinar **“Taking Back Our Freedom as Women Physicians of Color: How to Stop Settling for The Life You have And Start Living The Life You Want”.**

Dr. Omolara Uwemedimo is an Associate Professor of Pediatrics at Zucker School of Medicine at Hofstra/Northwell and Program Director of the Global & Immigrant Health at Cohen Children’s Medical Center in New York. Her career has been defined by a passion for social justice, an advocate, a professor & researcher committed to ensuring that women and children, no matter their race, income, or background have an equal right to thrive. She has also worked as a global physician internationally including 12 countries across sub-Saharan Africa, Asia and the Caribbean. Additionally, her work has been featured in several media outlets including Essence.com, Newsweek, Crain’s, Politico, Reuters, NPR and CNN Español. Please sign-up here to attend this webinar!

https://docs.google.com/forms/d/e/1FAIpQLSchY0M3luv-bO_tJnFhYT80A1Ht4uW63d_RtqSpaad8QqBA8A/viewform?usp=pp_url